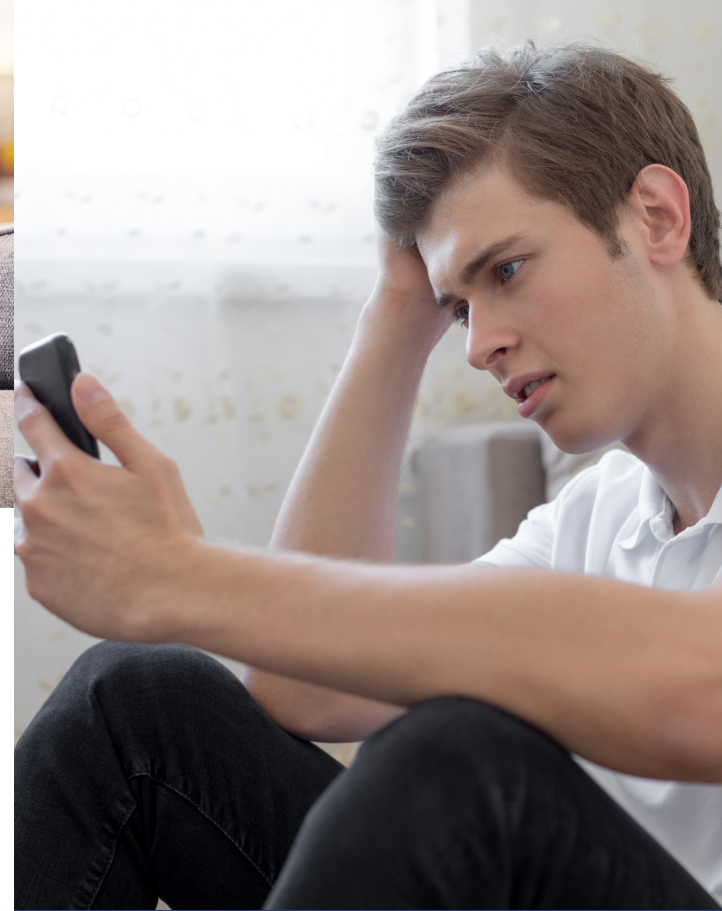


IMMEDIATE HELP IS AVAILABLE

If you are concerned about yourself or someone else, you are not alone. Help is available right now. There are trained mental health professionals available to assist you 24 hours a day, 7 days a week, every day of the year.



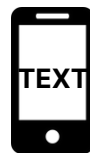
Available 24/7/365

Call, Text, or Chat

Assistance for concerns about mental health, substance use or suicidal thoughts



988
OR
703-527-4077



988
OR
"CONNECT" to
855-11



988lifeline.org/chat

In Fairfax County, the Fairfax-Falls Church Community Services Board (CSB) is working to ensure that mental wellbeing is a reality for all individuals in our community.

www.fairfaxcounty.gov/csb

Sharon Bulova Center for Community Health
8221 Willow Oaks Corporate Dr.
Fairfax, VA 22031

**FAIRFAX COUNTY
MENTAL HEALTH
CRISIS SERVICES**
24/7 Assistance for Concerns Related
to Mental Health, Substance Use, or
Suicidal Thoughts





Call 988 for help.

What is 988?

988 is a 3-digit number to connect anyone in the United States to the Suicide & Crisis Lifeline. Currently 988 is not routed by your physical location, and only by your phone number. For a local response and a connection to local resources, dial 703-527-4077 to directly contact the 988 Lifeline Center located in Fairfax County.

When should I call 988?

Call 988 or 703-524-4077 when you or someone you know is struggling or in crisis (mental health, substance use, or suicidal thoughts). Both numbers connect you to trained mental health professionals that are available 24/7/365. They will talk to you about how to support yourself or someone you are concerned about.

Can I text 988?

Yes. You can text 988 and a trained mental health professional will text you back. To contact the 988 Lifeline Center in Fairfax County directly, text "CONNECT" to 855-11.

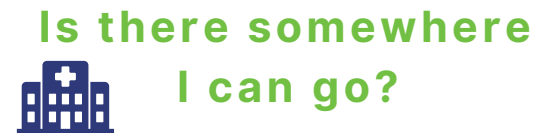
Chat is also available at 988lifeline.org/chat.

If I call or text 988 from a Maryland, District of Columbia, or out-of-area phone number, will I automatically be connected to help in Fairfax County?

No. To ensure connection to the 988 Lifeline Center in Fairfax County and local resources:

Call: 703-527-4077

Text: "CONNECT" to 855-11



Yes. Assistance is available for mental health, substance use, and intellectual or developmental disabilities at:

Sharon Bulova Center for Community Health

8221 Willow Oaks Corporate Drive,
Fairfax, VA 22031.

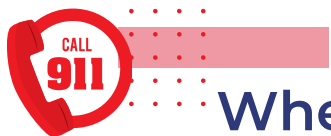
Emergency Services: Available 24/7/365.

Go to Lower-Level Entrance.
703-573-5679 TTY 711

Non-Emergency Entry & Referral: Available Monday – Friday 9 a.m. to 3 p.m.

Go to Main Entrance. Parking level 3.
703-383-8500 TTY 711

Assistance is also available at Hospital Emergency Rooms in Fairfax County that are open 24/7/365.



When should I call 911?

Call 9-1-1 when there is a life-threatening emergency, or you require immediate assistance from law enforcement, Fire & Rescue or Emergency Medical Services.