

Celebrating Women's History Month



Join us for a women's-focused program to celebrate the extraordinary women who provide the inspiration, leadership and vision that has contributed to the creation of many of our parks.

Spy Craft (7-adult)

March 10 • 1-2 p.m.
Ellanor C. Lawrence Park

Women's Work in the 19th Century

March 16 • 12-3 p.m.
Colvin Run Mill

Women's Work at Green Spring Gardens (adult)

March 24 • 1-3 p.m.
Green Spring Gardens

Build Her Business Camp (7-12 years)

March 25-29 • 9 a.m.-4 p.m.
Ellanor C. Lawrence Park

Self-Defense for Women (13-adult)

Mondays starting April 1 • 7-7:55 p.m.
Oakmont Rec Center

Self-Defense for Women I (13-adult)

Tuesdays starting April 2 • 7-8:25 p.m.
South Run Rec Center

Self-Defense for Women (13-adult)

Thursdays starting April 4 • 7:05-8 p.m.
South Run Rec Center

Self-Defense for Women (13-adult)

Thursdays starting April 4 • 7:05-8 p.m.
Audrey Moore Rec Center

Weight Training for Women I (16-adult)

Fridays starting April 5 • 12-12:55 p.m.
Spring Hill Rec Center

Self-Defense for Women (13-adult)

Saturdays starting April 6 • 4-4:55 p.m.
South Run Rec Center

Weight Training for Women I (16-adult)

Sundays starting April 7 • 9-9:55 a.m.
South Run Rec Center

Fitness for Women (16-adult)

Sundays starting April 7 • 5-5:55 p.m.
Spring Hill Rec Center

Spy Craft (7-adult)

May 5 • 5:30-6:30 p.m.
Ellanor C. Lawrence Park

Self-Defense for Women II (13-adult)

Tuesdays starting May 7 • 7-8:25 p.m.
South Run Rec Center

Visit www.fairfaxcounty.gov/parks/topics/womens-history-month for details



A Fairfax County, Va.
publication • 2/24



For ADA and inclusion accommodations, please call 703-324-8563
TTY: Va. Relay 711



SCAN ME