

What Is Rec-PAC?



Rec-PAC is a six-week, structured recreation program operated by the Fairfax County Park Authority for elementary school children. Participants enjoy activities such as fitness, indoor and outdoor games, team sports, nature, crafts, special events, talent shows and play sessions. Weekly activities incorporate character-building activities. A ratio of at least one staff person to 18 participants is our standard. Our enthusiastic leaders include college students and school teachers who bring a variety of skills.

Theme Sessions

Choose one or choose them all!

Session 1 • June 24-28
Let's Get Animated

Calling all superheroes and villains. Create your own superhero costume by having campers design their own capes, gloves, masks and belts. Once you create your character, how will you bring them to life?

Session 2 • July 1-3
(3-day week)

Take Me Out to the Ballgame

Patriotic week of red, white and blue. Make your way around the bases with America's pastime or huddle up for the next flag football play. Campers are sure to have a great time while celebrating our country. No Rec-PAC on July 4 and 5.

Session 3 • July 8-12
Pass the Baton

Get active! Race to the finish line as campers face silly games, matches, tournaments and challenges. Wear your favorite sports jersey while you're getting fit and having a ball! This is a week to show the campers that teamwork really makes the dream work.

Session 4 • July 15-19
A Breath of Fresh Art

Learn about sea creatures and sea life while exploring the beauty of the sea through art. Water day is sure to be a blast! Chomp through the week playing sharks and minnows and much more!

Session 5 • July 22-26
Showtime Anytime

It's your time to shine — be wacky and crazy at the circus with crazy hair day, wacky outfit day and more! Have fun with temporary tattoos, carnival games, popcorn and music!

Session 6 • July 29-August 1
(4-day week)
Summer Flashback!

Rec-PAC needs YOU! Come make a difference as you and your friends get involved in the community where you live. This community service week is all about helping others and giving back. Join us at the Rec-PAC Showcase for a camper performance. No Rec-PAC on August 2.

Talent Show: RPS (Rec-PAC Showcase)