CUB RUN REC CENTER
4630 Stonecroft Blvd.
Chantilly, VA 20151 | 703-817-9407

#### COMPETITION POOL CALENDAR

SUNDAY (9am-6pm)	MONDAY (6:30am-9pm)	TUESDAY (6:30am-9pm)	WEDNESDAY (6:30am-9pm)	THURSDAY (6:30am-9pm)	FRIDAY (6:30am-9pm)	SATURDAY (9am-6pm)
			1 NO SHALLOW SPACE 10AM-11AM 5PM-8:30PM LIMITED LANES 4PM-9PM	2 NO SHALLOW SPACE 9AM-10AM 5PM-8:30PM LIMITED LANES 4PM-9PM	NO SHALLOW SPACE 5PM-8:30PM LIMITED LANES 5:30PM-9PM	SWIM CLASSES 9AM-2PM LIMITED LANES
5 SWIM CLASSES 9AM-1PM LIMITED LANES NO SHALLOW SPACE 2PM-3:15PM	6 NO SHALLOW SPACE 5PM-8:30PM LIMITED LANES 5:30PM-9PM	7 NO SHALLOW SPACE 9AM-10AM 5PM-8:30PM LIMITED LANES 4PM-9PM	8 NO SHALLOW SPACE 10AM-11AM 5PM-8:30PM LIMITED LANES 4PM-9PM	9 NO SHALLOW SPACE 9AM-10AM 5PM-8:30PM LIMITED LANES 4PM-9PM	10 No shallow space 5pm-8:30pm Limited Lanes 5:30pm-9pm	SWIM CLASSES 9AM-2PM LIMITED LANES
SWIM CLASSES 9AM-1PM LIMITED LANES  NO SHALLOW SPACE 2PM-3:15PM	13 No shallow space 5pm-8:30pm Limited Lanes 5:30pm-9pm	14 NO SHALLOW SPACE 9AM-10AM 5PM-8:30PM LIMITED LANES 4PM-9PM	15 NO SHALLOW SPACE 10AM-11AM 5PM-8:30PM LIMITED LANES 4PM-9PM	16 NO SHALLOW SPACE 9AM-10AM 5PM-8:30PM LIMITED LANES 4PM-9PM	17 No shallow space 5pm-8:30pm Limited Lanes 5:30pm-9pm	18 SWIM CLASSES 9AM-2PM LIMITED LANES
SWIM CLASSES 9AM-1PM LIMITED LANES  NO SHALLOW SPACE 2PM-3:15PM	20 No shallow space 5pm-8:30pm Limited Lanes 5:30pm-9pm	21 NO SHALLOW SPACE 9AM-10AM 5PM-8:30PM LIMITED LANES 4PM-9PM	22 NO SHALLOW SPACE 10AM-11AM 5PM-8:30PM LIMITED LANES 4PM-9PM	23 NO SHALLOW SPACE 9AM-10AM 5PM-8:30PM LIMITED LANES 4PM-9PM	24 No shallow space 5pm-8:30pm Limited Lanes 5:30pm-9pm	No Classes POOL OPEN 9AM-6PM
26 No Classes Pool open 9am-6pm	No Classes POOL AND REC CENTER OPEN 6:30AM-6PM	28 NO SHALLOW SPACE 9AM-10AM 5PM-8:30PM LIMITED LANES 4PM-9PM	29 NO SHALLOW SPACE 10AM-11AM 5PM-8:30PM LIMITED LANES 4PM-9PM	30 NO SHALLOW SPACE 9AM-10AM 5PM-8:30PM LIMITED LANES 4PM-9PM	31 No shallow space 5pm-8:30pm LIMITED LANES 5:30pm-9pm	

#### **Know Before You Go!**

- Pool space and calendar is subject to change without notice.
- Avoid the wait and peak times, our lap lane availability information is available at the Front Desk or on the website.
- The pool may be open during class, rental and camp swim times.
- When the pool is open AT LEAST 3 lanes are available to the public while the pool is open. Please be aware of the open space during swim lessons. Please note class and lap swimming only times on weekdays and weekends noted on the calendar.
- Any person not in classes must pay the admission fee to use the pool. Non-swimmers or those using lifejackets must be under direct supervision of an adult.
- Keep an eye on your child! In-water supervision required for all children under 5. Those who can not swim 25 yards without stopping must not go in to water past their shoulders. Children under 10 years must have actively engaged supervision.
- Please lock all valuables. FCPA is not responsible for lost or stolen items.



If accommodations and/or alternative formats are needed, please call (703) 324-8563, at least ten working days in advance of the registration dead-line or event. TTY (703) 803-3354

MONDAY May 11-24 2024

#### No swim lessons May 27 Special hours May 27 6:30am-6:00pm

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. <u>Please note this information is</u> <u>subject to change</u>.

LEGEND	Closed	Re	creational P	lay/Swim/I	Dive	Lap	Swim / Wate	er Walking (	ONLY	FCPA Scheduled Programs			
	Sl	iallow Lar	ies		Lap l	Lanes			Dive	Well			
	A	В	С	1	2	3	4	5	6	7	8		
6:30 AM												6:30 AM	
7:00 AM												7:00 AM	
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4:00 PM												4:00 PM	
4:30 PM									Marlins	4-5:30pm		4:30 PM	
5:00 PM			<u> </u>						1-1411111111111111111111111111111111111	1 oloopiii		5:00 PM	
5:30 PM												5:30 PM	
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7:00 PM	FC	PA lessons 5-9	9pm				Marlins 5:30-9pm						
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7.001111		nallow Lan				Lanes		3		Well		3.33111	
						loses at 9	.00 PM					<u></u>	
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### TUESDAY May 11-24 2024 2024

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. *Please note this information is subject to change*.

LEGEND	Closed	Red	creational P	• .	-		Swim / Wate			FCPA So	ograms	
							·					
	Sh	nallow Lan	es		Lap I	anes			Dive	Well		
	A	В	С	1	2	3	4	5	6	7	8	
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9:30 AM	Arthritis .	Aerobics (9an	1-9:55am)									9:30 AM
10:00 AM									Deen Water	Aerobics (10a	m-10:55am)	10:00 AM
10:30 AM									Deep water	Acrobics (10a	10.554111)	10:30 AM
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4:30 PM									Marlins 4	4-5:30pm		4:30 PM
5:00 PM												5:00 PM
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6:00 PM	FC	PA lessons 5-9	)pm									6:00 PM 6:30 PM
6:30 PM							Marlins 5:30-8pm					
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8:00 PM					FCI	PA lessons 8-9	8-9pm Streamline (8-9:30)					
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9:00 PM	A	B nallow Lan	C	1	2         3         4         5         6         7         8           Lap Lanes         Dive Well						9:00 PM	
	31.	iaiiuw Läll	162				00 DF 4		Dive	well		
					P001 C	loses at 9	UU PM					

#### WEDNESDAY May 11-24 2024 2024

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. *Please note this information is subject to change*.

LEGEND	Closed	Rec	creational P	lay/Swim/I	Dive	Lap	Swim / Wato	er Walking	ONLY	FCPA Scheduled Programs			
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		nallow Lan				Lanes	T 4			e Well_			
	A	В	С	1	2	3	4	5	6	7	8		
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6:30 PM	FO	DA logg 5 0	)									6:30 PM	
7:00 PM	FC	PA lessons 5-9	pin					M	1arlins 5:30-9	pm		7:00 PM	
7:30 PM												7:30 PM	
8:00 PM												8:00 PM	
8:30 PM												8:30 PM	
9:00 PM	A	В	С	1	2	3	4	5	6	7	8	9:00 PM	
	Sł	nallow Lan	ies		Lap l	Lanes			Dive	e Well			
					Pool (	loses at 9	:00 PM						

#### THURSDAY May 11-24 2024 2024

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. <u>Please note this information is subject to change</u>.

LEGEND	Closed	Red	creational P	lay/Swim/E	Dive	Lap	Swim / Wate	er Walking (	ONLY	FCPA S	ograms			
				.1-										
		<u>ıallow Lan</u>				Lanes				Well	_			
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8:30 AM												8:30 AM		
9:00 AM	Arthritic	Aerobics (9an	n-9·55am)									9:00 AM		
9:30 AM	Arthreis	Actobics (7aii	1 7.33amj									9:30 AM		
10:00 AM									Doon Water	· Aorobice (10	am-10.EEam)	10:00 AM		
10:30 AM	Deep Water Aerobics (10am-10:55am)										10:30 AM			
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		nallow Lan			1	Lanes								
-				JI		closes at 9	:00 PM	<u> </u>				T		

### FRIDAY May 11-24 2024 2024

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. *Please note this information is subject to change*.

LEGEND	Closed	Rec	creational P	Play/Swim/I	Dive	Lap S	Swim / Wat	er Walking (	ONLY	FCPA S	cheduled P	rograms
	Sł	nallow Lan	es		Lap L	anes						
	A	В	С	1	2	3	4	5	6	7	8	
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4:00 PM												4:00 PM
4:30 PM								Marlins (4p	om-5:30pm)			4:30 PM
5:00 PM					FCPA swim							5:00 PM
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9:00 PM	A	В	С	1	2	3	4	5	6	7	8	9:00 PM
	Shallow Lanes Lap Lanes Dive Well											
					Pool C	loses at 9:	00 PM					

#### SATURDAY May 11-24 2024 (no swim lessons May 25)

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. <u>Please note this information is subject to change</u>.

LEGEND	Closed	Rec	creational P	lay/Swim/I	Dive	Lap	Swim / Wa	ter Walking	ONLY	FCPA Scheduled Programs				
	S	hallow Lan	ies		Lap I	Lanes			Dive	Well				
	A	В	С	1	2	3	4	5	6	7	8			
9:00 AM												9:00 AM		
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10:30 AM	FCPA swin	ı lessons 9a-										10:30 AM		
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12:00 PM												12:00 PM		
12:30 PM												12:30 PM		
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6.00 535					POOL	CLOSES AT	6:00 PM					6.00.535		
6:00 PM	Foxfield (2	2 SC) 6-7pm										6:00 PM		
6:30 PM					B & D	swim (7 SC)	6-8pm			Streamline	(2 SC) 6-8pm	6:30 PM		
7:00 PM												7:00 PM 7:30 PM		
7:30 PM		T =												
8:00 PM	С	В	A	1	2	3	4	5	6	7	8	6:00 PM		
	S	hallow Lan	ies		Lap I	Lanes			Dive	Well				
					Pool C	loses at 6	6:00 PM							

**SUNDAY May 11-24 2024** 

(no swim lessons May 26)

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. <u>Please note this information is subject to change</u>.

LEGEND	Closed	Rec	reational P	lay/Swim/l	Dive	Lap	Swim / Wat	er Walking	ONLY	FCPA Scheduled Programs			
	<b>S</b> ]	hallow Lan	es		Lap 1	Lanes			Dive	e Well			
	A	В	С	1	2	3	3 4 5 6 7 8						
9:00 AM												9:00 AM	
9:30 AM												9:30 AM	
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11:00 AM	FCPA swin	lessons 9a-					F	CPA swim les	sons 9a-2:00p	ım		11:00 AM	
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2:00 PM												2:00 PM	
2:30 PM	FCPA	adapted swim	2-4pm									2:30 PM	
3:00 PM		_										3:00 PM	
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5:00 PM									Virginia Rur	ı (4 SC) 5-6pm		5:00 PM	
5:30 PM									v ii giiii ii ii	1 (100) 0 op		5:30 PM	
					POOL CLC	SES TO PUB	LIC AT 6PM						
6:00 PM	C11	Station (2.50)	C 7		Coquei- F-	a ( 7mm (4 S)	<u> </u>		Cwaa-l	(4.50) ( 7		6:00 PM	
6:30 PM	Sully	Station (3 SC)	o-/pm		Sequoia Farm	is 6-7pm (4 SC	.)		Greenbriar	(4 SC) 6-7pm		6:30 PM	
7:00 PM													
7:30 PM	Armfie	ld Farms (3 SC	) 7-8pm		Brookfield	(4 SC) 7-8pm			Poplar Tree (	4 SC) 7pm-8pm		7:00 PM 7:30 PM	
8:00 PM	С	В	A	1	2	3	4	5	6	7	8	6:00 PM	
	S	hallow Lan	es		Lap	Lanes			Dive	e Well			
	Pool Closes at 6:00 PM												