



### SPRING HILL RECENTER POOL CALENDAR

1239 Spring Hill Road McLean, Virginia 703-827-0989 Spring Hill REC Center AQUATICS DIRECTOR: DEREK SMITH (DEREK.SMITH@FAIRFAXCOUNTY.GOV)

| SUNDAY<br>9am-6pm                           | MONDAY<br>6:30am-9pm                   | TUESDAY<br>6:30am-9pm                  | WEDNESDAY<br>6:30am-9pm                              | THURSDAY<br>6:30am-9pm  | FRIDAY<br>6:30am-9pm                           | SATURDAY<br>9am-6pm  |
|---|--|--|--|---|--|--|
|   |  |  |  | 2<br>Oen and lap swim<br>6:30am-9pm<br>space available<br>classes in pool | 3<br>Open Lap swim<br>AND beach<br>6:30am-9pm  | 4<br>CLASSES &<br>LAP SWIM<br>ONLY 9AM-1PM<br>OPEN SWIM<br>1PM-6PM |
| 5<br>CLASSES &<br>LAP SWIM<br>ONLY 9AM-1PM  | 6<br>OPEN AND LAP SWIM<br>6:30AM –9PM  | 7<br>OPEN AND LAP SWIM<br>6:30AM -9PM  | 8<br>Open and Lap swim<br>6:30am –9pm                | 9<br>OPEN AND LAP SWIM<br>6:30AM –9PM                                     | 10<br>Open Lap swim<br>and beach<br>6:30am-9pm | 11<br>CLASSES &<br>LAP SWIM<br>ONLY 9AM-1PM                        |
| OPEN SWIM<br>1PM-6PM                        | 4PM-8PM LIMIT                          | ED SPACE AVAILABLE S                   | SWIM TEAM AND CLA                                    | SSES IN POOL  |  | OPEN SWIM<br>1PM-6PM   |
| 12<br>CLASSES &<br>LAP SWIM                 | 13<br>Open and lap swim<br>6:30am -9pm | 14<br>Open and lap swim<br>6:30am -9pm | 15<br>Open and lap swim<br>6:30am -9pm               | 16<br>Open and lap swim<br>6:30am -9pm                                    | 17<br>Open Lap<br>swim and                     | 18<br>CLASSES &<br>LAP SWIM  |
| ONLY 9AM-1PM<br>OPEN SWIM<br>1PM-6PM        | 4PM-8PM LIMITE                         | ED SPACE AVAILABLE S                   | WIM TEAM AND CLA                                     | SSES IN POOL  | ВЕАСН<br>6:30ам-9рм                            | ONLY 9AM-1PM<br>OPEN SWIM<br>1PM-6PM                               |
| 19<br>CLASSES &<br>LAP SWIM<br>ONLY 9AM-1PM | 20<br>Open and lap swim<br>6:30am -9pm | 21<br>Open and lap swim<br>6:30am -9pm | 22<br>Open and lap swim<br>6:30am -9pm               | 23<br>Open and lap swim<br>6:30am –9pm                                    | 24<br>Open Lap swim<br>and beach<br>6:30am-9pm | 25<br>OPEN SWIM<br>9AM-6PM<br>NO SWIM                              |
| OPEN SWIM<br>1PM-6PM                        | 4PM-8PM LIMIT                          | ED SPACE AVAILABLE S                   | SWIM TEAM AND CLA                                    | SSES IN POOL  |  | CLASSES  |
| 26<br>OPEN SWIM<br>9AM-6PM                  | -                                      | 28<br>Open and lap swim<br>6:30am -9pm | 29<br>Open and lap swim<br>6:30am -9pm               | 30<br>Open and lap swim<br>6:30am –9pm                                    | 31<br>Open Lap swim<br>and beach               |  |
| NO SWIM<br>CLASSES                          |  | 4PM-9PM LIMITED                        | TED SPACE AVAILABLE SWIM TEAM AND<br>CLASSES IN POOL |   | 6:30ам-9рм                                     |  |

### Know Before You Go!

• Pool space and calendar is subject to change without notice.

- Avoid the wait and peak times, our lap lane availability information is available at the Front Desk or on the website.
- The pool may be open during class, rental and camp swim times. When the pool is open AT LEAST 3 lanes are available to the public while the pool is open. Please be aware of the open space during swim lessons. Please note class and lap swimming only times on weekdays and weekends noted on the calendar.
- Any person not in classes must pay the admission fee to use the pool. Non-swimmers or those using lifejackets must under direct supervision of a supervising adult.
- Keep an eye on your child! In-water supervision required for all children under 5. Those who can not swim 25 yards without stopping must not go in to water past their shoulders. Children under 10 years must have actively engaged supervision.



If accommodations and/or alternative formats are needed, please call (703) 324-8563, at least ten working days in advance of the registration deadline or event. TTY (703) 803-3354

## Spring Hill RECenter SATURDAY

### 5/1/2024-5/24/2024

| LEGEN    | D      | Recre     | ational Play | /Swim | Lap      | Swim / Wat | er Walking ( | ONLY  | FCPA    | scheduled | programs (S   | Space is sche | eduled) |          |
|----------|--------|-----------|--------------|-------|----------|------------|--------------|-------|---------|-----------|---------------|---------------|---------|----------|
|          |        |           |              |       |          |            |              |       |         |           |               |               |         |          |
|          | Dive   | Well      |              |       |          | Lap l      | Lanes        |       |         |           | Shallo        | ow End        | Beach   |          |
|          | 11     | 10        | 9            | 8     | 7        | 6          | 5            | 4     | 3       | 2         | 1             | 0             |         |          |
| 9:00 AM  |        |           |              |       |          |            |              |       |         |           |               |               |         | 9:00 AI  |
| 9:30 AM  |        |           |              |       |          |            |              |       |         |           |               |               |         | 9:30 Al  |
| 10:00 AM |        |           |              |       |          |            |              |       |         |           |               |               |         | 10:00 Al |
| 10:30 AM |        | FCPA C    | LASSES       |       |          |            |              |       |         |           | FC            | PA CLASS      | SES     | 10:30 AN |
| 11:00 AM |        |           |              |       |          |            |              |       |         |           |               |               |         | 11:00 AM |
| 11:30 AM |        |           |              |       |          |            |              | ECDA  | CLASSES |           |               |               |         | 11:30 AM |
| 12:00 PM |        |           |              |       |          |            |              | гсга  | CLA33E3 | FC        | PA CLASSE     | c             |         | 12:00 PM |
| 12:30 PM |        |           |              |       |          |            |              |       |         | rt        | I A CLASSE    | 3             |         | 12:30 PM |
| 1:00 PM  |        |           |              |       |          |            |              |       |         |           |               |               |         | 1:00 PM  |
| 1:30 PM  | FCPA / | ADAPTED C | LASSES       |       |          |            |              |       |         |           |               |               |         | 1:30 PM  |
| 2:00 PM  | IUAI   |           | LAJJLJ       | WA    | SHINGTON | IANS       |              |       |         |           |               |               |         | 2:00 PM  |
| 2:30 PM  |        |           |              |       |          |            |              |       |         |           |               |               |         | 2:30 PM  |
| 3:00 PM  |        |           |              |       |          |            |              |       |         |           |               |               |         | 3:00 PM  |
| 3:30 PM  |        |           |              |       |          |            |              |       |         |           |               |               |         | 3:30 PM  |
| 4:00 PM  |        |           |              |       |          |            |              |       |         |           |               |               |         | 4:00 PM  |
| 4:30 PM  |        |           |              |       |          |            |              |       |         |           |               |               |         | 4:30 PM  |
| 5:00 PM  |        |           |              |       |          |            |              |       |         |           |               |               |         | 5:00 PM  |
| 5:30 PM  |        |           |              |       |          |            |              |       |         |           |               |               |         | 5:30 PM  |
| 6:00 PM  |        |           | 1            |       |          |            | CLOSED 6     | :00pm |         |           | <i>a</i> , ,, |               | 1       | 6:00 PM  |
|          | Dive   | Well      |              |       | Lap I    | Lanes      |              |       |         | Shallo    | ow End        | Beach         |         |          |
|          |        |           |              |       |          |            |              |       |         |           |               |               |         |          |
|          |        |           |              |       |          |            |              |       |         |           |               |               |         |          |
|          |        |           |              |       |          |            |              |       |         |           |               |               |         |          |

## Saturday 5/11/2024

| LEGE     | ND      | Recreatio | nal Play/S | Swim  | Lap Swi | m / Water V | Valking ON | Iking ONLY FCPA scheduled programs (Space is scheduled) |        |     |              |        |       |          |
|----------|---------|-----------|------------|-------|---------|-------------|------------|---|--------|-----|--------------|--------|-------|----------|
|          |         |           |            |       |         |             |            |   |        |     |              |        |       |          |
|          | D' M    | 11        |            |       |         |             |            |   |        |     |              |        |       |          |
|          | Dive We |           | Lap Lai    |       |         |             | -          |   | 2      | 2   | Shallov      |        | Beach |          |
| 0.00.434 | 11      | 10        | 9          |       | 8       | 7 6         | 5          | 4   | 3      | 2   | 1            |        | 0     | 0.00.414 |
| 9:00 AM  |         |           |            |       |         |             |            |   |        |     |              |        |       | 9:00 AM  |
| 9:30 AM  |         |           |            |       |         |             |            |   |        |     |              |        |       | 9:30 AM  |
| #######  |         |           |            |       |         |             |            |   |        |     | -            |        |       | 10:00 AM |
| 10:30 AM |         | FCP       | A CLASS    | ES    |         |             |            |   |        |     | F            | CPA CL | ASSES | 10:30 AM |
| #######  |         |           |            |       |         |             |            |   |        |     |              |        |       | 11:00 AM |
| 11:30 AM |         |           |            |       |         |             |            |   |        |     |              |        |       | 11:30 AM |
| 12:00 PM |         |           |            |       |         |             |            |   |        |     | FCPA CLASSES |        |       | 12:00 PM |
| 12:30 PM |         |           |            |       |         |             |            | FCPA C  | LASSES |     | FUPAL        | LASSES |       | 12:30 PM |
| 1:00 PM  |         |           |            |       |         |             |            |   |        |     |              |        |       | 1:00 PM  |
| 1:30 PM  |         |           |            |       |         |             |            |   |        |     |              |        |       | 1:30 PM  |
| 2:00 PM  |         |           |            |       |         | •           |            |   |        |     |              |        |       | 2:00 PM  |
| 2:30 PM  | FCPA AD | APTED CI  | ASSES      | WASHI | NGTONIA | NS          |            |   |        |     |              |        |       | 2:30 PM  |
| 3:00 PM  |         |           |            |       |         |             |            |   |        | FCP | A LIFEGU     | JARD   |       | 3:00 PM  |
| 3:30 PM  |         |           |            |       |         |             |            |   |        | TRA | AINING C     | LASS   |       | 3:30 PM  |
| 4:00 PM  |         |           |            |       |         |             |            |   |        |     |              |        |       | 4:00 PM  |
| 4:30 PM  |         |           |            |       |         |             |            |   |        |     |              |        |       | 4:30 PM  |
| 5:00 PM  |         |           |            |       |         |             |            |   |        |     |              |        |       | 5:00 PM  |
| 5:30 PM  |         |           |            |       |         |             |            |   |        |     |              |        |       | 5:30 PM  |
| 6:00 PM  | POOL CL | OSED 6:0  | 0pm        |       |         |             |            |   |        |     |              |        |       | 6:00 PM  |
|          | Dive We | ell       | Lap Lai    | nes   |         |             |            |   |        |     | Shallov      | v End  | Beach |          |

# **Spring Hill RECenter** SUNDAY

### 5/1/2024-5/24/2024

| LEGEN    | ID                  | Recreati | onal Play/Sv | vim/Dive | Lap       | Swim / Wate | er Walking ( | ONLY   | FCPA  | A scheduled | programs (S | Space is schee | luled) |          |  |  |
|----------|---------------------|----------|--------------|----------|-----------|-------------|--------------|--------|-------|-------------|-------------|----------------|--------|----------|--|--|
|          | Dive                | e Well   |              |          |           | Lap I       | lanes        |        |       |             | Shallo      | ow End         | Beach  |          |  |  |
|          | 11                  | 10       | 9            | 8        | 7         | 6           | 5            | 4      | 3     | 2           | 1           | 0              |        | 1        |  |  |
| 9:00 AM  |                     |          |              |          |           |             |              |        |       |             |             |                |        | 9:00 AM  |  |  |
| 9:30 AM  |                     |          |              |          |           |             |              |        |       |             |             |                |        | 9:30 AM  |  |  |
| 10:00 AM |                     |          |              |          |           |             |              |        |       |             |             |                |        | 10:00 AM |  |  |
| 10:30 AM |                     |          |              |          |           |             |              |        |       |             | ECI         | PA CLASS       | 76     | 10:30 AM |  |  |
| 11:00 AM |                     | FCPA CLA | ASSES        |          |           |             |              |        |       |             | гсі         | A CLASSI       | 23     | 11:00 AM |  |  |
| 11:30 AM |                     |          |              |          |           |             |              |        |       |             | -           |                |        | 11:30 AM |  |  |
| 12:00 PM |                     |          |              |          |           |             |              |        |       |             |             |                |        | 12:00 PM |  |  |
| 12:30 PM |                     |          |              |          |           |             |              |        |       |             |             | 12:3<br>1:0    |        |          |  |  |
| 1:00 PM  |                     |          |              |          |           |             |              |        |       |             |             |                |        |          |  |  |
| 1:30 PM  |                     |          |              |          |           |             |              |        |       |             |             |                |        | 1:30 PM  |  |  |
| 2:00 PM  |                     |          |              | WASH     | IINGTONIA | NS          |              |        |       |             |             |                |        | 2:00 PM  |  |  |
| 2:30 PM  |                     |          |              | WASI     |           | 113         |              |        |       |             |             |                |        | 2:30 PM  |  |  |
| 3:00 PM  |                     |          |              |          |           |             |              |        |       |             |             |                |        | 3:00 PM  |  |  |
| 3:30 PM  |                     |          |              |          |           |             |              |        |       |             |             |                |        | 3:30 PM  |  |  |
| 4:00 PM  |                     |          |              |          |           |             |              |        |       |             |             |                |        | 4:00 PM  |  |  |
| 4:30 PM  |                     |          |              |          |           |             |              |        |       | FCP         | A CLASSE    | ES             |        | 4:30 PM  |  |  |
| 5:00 PM  |                     |          |              |          |           |             |              |        |       |             |             |                |        | 5:00 PM  |  |  |
| 5:30 PM  |                     |          |              |          |           |             |              |        |       |             |             |                |        | 5:30 PM  |  |  |
| 6:00 PM  |                     |          |              |          |           | POOL        | CLOSED 6:    | 00pm   |       |             |             |                |        | 6:00 PM  |  |  |
|          | Dive Well Lap Lanes |          |              |          |           |             | Shallo       | ow End | Beach |             |             |                |        |          |  |  |

## Sunday 5/12/2024

| LEGEN    | ID   | Recreati | onal Play/Sv | wim/Dive | Lap         | Swim / Wate | er Walking ( | ONLY    | FCP/    | A scheduled | programs (S | Space is sche | duled) |          |
|----------|------|----------|--------------|----------|-------------|-------------|--------------|---------|---------|-------------|-------------|---------------|--------|----------|
|          | Dive | e Well   |              |          |             | Lap I       | lanes        |         |         |             | Shall       | ow End        | Beach  |          |
|          | 11   | 10       | 9            | 8        | 7           | 6           | 5            | 4       | 3       | 2           | 1           | 0             |        |          |
| 9:00 AM  |      |          |              |          |             |             |              |         |         |             |             |               |        | 9:00 AM  |
| 9:30 AM  |      |          |              |          |             |             |              |         |         |             |             |               |        | 9:30 AM  |
| 10:00 AM |      |          |              |          |             |             |              |         |         |             |             |               |        | 10:00 AM |
| 10:30 AM |      |          |              |          |             |             |              |         |         |             | FC          | PA CLASS      | FC     | 10:30 AM |
| 11:00 AM |      | FCPA CLA | ASSES        |          |             |             |              |         |         |             | ru          | A CLASS       | E3     | 11:00 AM |
| 11:30 AM |      |          |              |          |             |             |              |         |         |             |             | 11:30 AM      |        |          |
| 12:00 PM |      |          |              |          |             |             |              |         |         |             |             |               |        | 12:00 PM |
| 12:30 PM |      |          |              |          |             |             |              |         |         |             |             |               |        | 12:30 PM |
| 1:00 PM  |      |          |              |          |             |             |              |         |         |             |             |               |        | 1:00 PM  |
| 1:30 PM  |      |          |              |          |             |             |              |         |         |             |             |               |        | 1:30 PM  |
| 2:00 PM  |      |          |              | WASH     | HINGTONIANS |             |              |         |         | FCPA I      | LIFEGUARI   | CLASS         |        | 2:00 PM  |
| 2:30 PM  |      |          |              | WASI     |             | 113         |              |         |         |             |             |               |        | 2:30 PM  |
| 3:00 PM  |      |          |              |          |             |             |              |         |         |             |             |               |        | 3:00 PM  |
| 3:30 PM  |      |          |              |          |             |             |              |         |         |             |             |               |        | 3:30 PM  |
| 4:00 PM  |      |          |              |          |             |             |              | FCPALIE | FEGUARD |             |             |               | FCPA   | 4:00 PM  |
| 4:30 PM  |      |          |              |          |             |             |              |         | ASS     | FCP         | PA CLASSI   | ES            | GUARD  | 4:30 PM  |
| 5:00 PM  |      |          |              |          |             |             |              | CL/     | 133     |             |             |               | CLASS  | 5:00 PM  |
| 5:30 PM  |      |          |              |          |             |             |              |         |         |             |             |               |        | 5:30 PM  |
| 6:00 PM  | м    |          |              |          |             | POOL        | CLOSED 6:    | :00pm   |         |             |             |               |        | 6:00 PM  |
|          | Dive | e Well   |              |          |             | Lap I       | Lanes        |         |         |             | Shalle      | ow End        | Beach  |          |

# Spring Hill RECenter MONDAY

### 5/1/2024-5/24/2024

| LEGEN              | ID   | Recreati     | onal Play/Sv | wim/Dive | Lap | Swim / Wate | er Walking ( | ONLY  | FCPA | A scheduled | programs (S | pace is sched | luled)  |                    |
|--------------------|------|--------------|--------------|----------|-----|-------------|--------------|-------|------|-------------|-------------|---------------|---------|--------------------|
|                    | Dive | e Well       |              |          |     | Lap I       | anes         |       |      |             | Shallo      | w End         | Beach   |                    |
|                    | 11   | 10           | 9            | 8        | 7   | 6           | 5            | 4     | 3    | 2           | 1           | 0             |         |                    |
| 6:30 AM            |      |              |              |          |     |             |              |       |      |             |             |               |         | 6:30 AM            |
| 7:00 AM            |      |              |              |          |     |             |              |       |      |             |             |               |         | 7:00 AM            |
| 7:30 AM            |      |              |              |          |     |             |              |       |      |             |             |               |         | 7:30 AM            |
| 8:00 AM            |      |              |              |          |     |             |              |       |      |             | CHALLOW     |               |         | 8:00 AM            |
| 8:30 AM            |      |              |              |          |     |             |              |       |      |             | SHALLOW     | AEROBICS      |         | 8:30 AM            |
| 9:00 AM            |      |              |              |          |     |             |              |       |      |             |             |               |         | 9:00 AM            |
| 9:30 AM            |      |              |              |          |     |             |              |       |      |             |             |               |         | 9:30 AM            |
| 10:00 AM           |      | DEEP WATE    | R            |          |     |             |              |       |      |             |             |               | FCPA    | 10:00 AM           |
| 10:30 AM           |      |              |              |          |     |             |              |       |      |             |             |               | CLASSES | 10:30 AM           |
| 11:00 AM           |      |              |              |          |     |             |              |       |      |             | WATER AF    | RTHRITIS      |         | 11:00 AM           |
| 11:30 AM           |      |              |              |          |     |             |              |       |      |             |             |               |         | 11:30 AM           |
| 12:00 PM           |      |              |              |          |     |             |              |       |      |             |             |               |         | 12:00 PM           |
| 12:30 PM           |      |              |              |          |     |             |              |       |      |             |             |               |         | 12:30 PM           |
| 1:00 PM            |      |              |              |          |     |             |              |       |      |             |             |               |         | 1:00 PM            |
| 1:30 PM            |      |              |              |          |     |             |              |       |      |             |             |               |         | 1:30 PM            |
| 2:00 PM            |      |              |              |          |     |             |              |       |      |             |             |               |         | 2:00 PM            |
| 2:30 PM            |      |              |              |          |     |             |              |       |      |             |             |               |         | 2:30 PM            |
| 3:00 PM            |      |              |              |          |     |             |              |       |      |             |             |               |         | 3:00 PM            |
| 3:30 PM            |      |              |              |          |     |             |              |       |      |             |             |               |         | 3:30 PM            |
| 4:00 PM            |      |              |              |          |     |             |              |       |      |             |             | FCPA          |         | 4:00 PM            |
| 4:30 PM<br>5:00 PM |      |              |              |          |     | FIC         | и смлм те    |       |      |             |             | CLASS         |         | 4:30 PM            |
| 5:00 PM<br>5:30 PM |      |              |              |          |     | F15         | H SWIM TE    | AM    |      |             |             |               | FCPA    | 5:30 PM<br>5:30 PM |
| 6:00 PM            |      |              |              |          |     |             |              |       |      |             |             |               | CLASSES | 6:00 PM            |
| 6:30 PM            |      |              |              |          |     |             |              |       |      |             |             |               |         | 6:30 PM            |
| 7:00 PM            |      | FCPA C       | LASSES       |          |     |             |              |       |      |             |             |               |         | 7:00 PM            |
| 7:30 PM            |      |              |              |          |     |             |              |       |      | FCPA C      | LASSES      |               | 7:30 PM |                    |
| 8:00 PM            |      |              |              |          |     |             |              |       |      |             |             | 8:00 PM       |         |                    |
| 8:30 PM            |      | WASHINGTONIA |              |          |     |             |              |       |      |             |             |               |         | 8:30 PM            |
| 9:00 PM            |      |              |              |          |     |             |              |       |      |             |             |               |         | 9:00 PM            |
| 9:30 PM            |      |              |              |          |     | POOL        | CLOSED 9:    | :00pm |      |             |             |               |         | 9:30 PM            |
|                    | 11   | 10           | 9            | 8        | 7   | 6           | 5            | 4     | 3    | 2           | 1           | 0             |         |                    |

# Spring Hill RECenter TUESDAY

### 5/1/2024-5/24/2024

| LEGEN              | D    | Recreati  | onal Play/Sv | wim/Dive | Lap  | Swim / Wate | er Walking ( | ONLY | FCPA | A scheduled  | programs (S | Space is scho | eduled) |                    |
|--------------------|------|-----------|--------------|----------|------|-------------|--------------|------|------|--------------|-------------|---------------|---------|--------------------|
|                    | Dive | e Well    |              |          |      | Lap I       | Lanes        |      |      |              | Shallo      | ow End        | Beach   |                    |
|                    | 11   | 10        | 9            | 8        | 7    | 6           | 5            | 4    | 3    | 2            | 1           | 0             |         |                    |
| 6:30 AM            |      |           |              |          |      |             |              |      |      |              |             |               |         | 6:30 AM            |
| 7:00 AM            |      |           |              |          |      |             |              |      |      |              |             |               |         | 7:00 AM            |
| 7:30 AM            |      |           |              |          |      |             |              |      |      |              |             |               |         | 7:30 AM            |
| 8:00 AM            |      |           |              |          |      |             |              |      |      |              |             |               |         | 8:00 AM            |
| 8:30 AM            |      |           |              |          |      |             |              |      |      |              |             |               |         | 8:30 AM            |
| 9:00 AM            |      |           |              |          |      |             |              |      |      |              |             |               |         | 9:00 AM            |
| 9:30 AM            | l    | DEEP WATE | R            |          |      |             |              |      |      |              |             |               |         | 9:30 AM            |
| 10:00 AM           |      |           |              |          |      |             |              |      |      |              |             |               |         | 10:00 AM           |
| 10:30 AM           |      |           |              |          |      |             |              |      |      | 147A         | TER AERO    | RICS          |         | 10:30 AM           |
| 11:00 AM           |      |           |              |          |      |             |              |      |      | VV A         | I EK ALKU   | DICS          |         | 11:00 AM           |
| 11:30 AM           |      |           |              |          |      |             |              |      |      |              |             |               |         | 11:30 AM           |
| 12:00 PM           |      |           |              |          |      |             |              |      |      |              |             |               |         | 12:00 PM           |
| 12:30 PM           |      |           |              |          |      |             |              |      |      |              |             |               |         | 12:30 PM           |
| 1:00 PM            |      |           |              |          |      |             |              |      |      |              |             |               |         | 1:00 PM            |
| 1:30 PM            |      |           |              |          |      |             |              |      |      |              |             |               |         | 1:30 PM            |
| 2:00 PM            |      |           |              |          |      |             |              |      |      |              |             |               |         | 2:00 PM            |
| 2:30 PM            |      |           |              |          |      |             |              |      |      |              |             |               |         | 2:30 PM            |
| 3:00 PM            |      |           |              |          |      |             |              |      |      |              |             |               |         | 3:00 PM            |
| 3:30 PM            |      |           |              |          |      |             |              |      |      |              |             |               |         | 3:30 PM            |
| 4:00 PM            |      |           | -            |          |      |             |              |      |      |              |             | DOD 4         |         | 4:00 PM            |
| 4:30 PM            |      |           |              |          | FIC  | II CHUM TE  | 4.34         |      |      |              |             | FCPA          | ECDA    | 4:30 PM            |
| 5:00 PM            |      |           |              |          | FIS  | H SWIM TE   | AM           |      |      |              |             | 1             | FCPA    | 5:00 PM            |
| 5:30 PM<br>6:00 PM |      |           |              |          | 1    |             |              |      |      |              |             |               |         | 5:30 PM<br>6:00 PM |
| 6:00 PM<br>6:30 PM |      |           |              |          |      |             |              |      |      |              |             |               |         | 6:00 PM<br>6:30 PM |
| 7:00 PM            |      | FCPA C    | LASSES       |          |      |             |              |      |      |              |             |               |         | 7:00 PM            |
| 7:00 PM<br>7:30 PM |      |           |              |          |      |             |              |      |      | FCPA CLASSES |             |               |         | 7:30 PM            |
| 8:00 PM            |      |           |              |          |      |             |              |      |      |              |             |               |         | 8:00 PM            |
| 8:30 PM            |      |           | WA           | SHINGTON | IANS |             |              |      |      |              |             |               |         | 8:30 PM            |
| 9:00 PM            |      |           |              |          |      |             |              |      |      |              |             |               |         | 9:00 PM            |
| 9:30 PM            |      |           |              |          |      | POOL        | CLOSED 9:    | 00pm |      |              |             |               |         | 9:30 PM            |
| 2.001.11           | 11   | 10        | 9            | 8        | 7    | 6           | 5            | 4    | 3    | 2            | 1           | 0             |         | 2.001.11           |
|                    |      |           |              | · ~      |      | -           | -            | -    |      |              | -           | -             | 1       | 1                  |

### Spring Hill RECenter WEDNESDAY

### 5/1/2024-5/24/2024

| LEGEN              | D    | Recreati      | onal Play/Sv | wim/Dive | Lap            | Swim / Wate        | er Walking ( | ONLY | FCPA | scheduled | programs (S   | Space is sche | duled)  |                    |
|--------------------|------|---------------|--------------|----------|----------------|--------------------|--------------|------|------|-----------|---------------|---------------|---------|--------------------|
|                    | Dive | Well          |              |          |                | Lap I              | lanes        |      |      |           | Shallo        | ow End        | Beach   |                    |
|                    | 11   | 10            | 9            | 8        | 7              | 6                  | 5            | 4    | 3    | 2         | 1             | 0             |         |                    |
| 6:30 AM            |      |               |              |          |                |                    |              |      |      |           |               |               |         | 6:30 AM            |
| 7:00 AM            |      |               |              |          |                |                    |              |      |      |           |               |               |         | 7:00 AM            |
| 7:30 AM            |      |               |              |          |                |                    |              |      |      |           |               |               |         | 7:30 AM            |
| 8:00 AM            |      |               |              |          |                |                    |              |      |      |           |               | AFRODICC      |         | 8:00 AM            |
| 8:30 AM            |      | 1             |              | 1        |                |                    |              |      |      |           | SHALOW        | AEROBICS      |         | 8:30 AM            |
| 9:00 AM            |      |               |              |          |                |                    |              |      |      |           |               |               |         | 9:00 AM            |
| 9:30 AM            |      |               |              |          |                |                    |              |      |      |           |               |               |         | 9:30 AM            |
| 10:00 AM           | I    | DEEP WATE     | R            |          |                |                    |              |      |      |           | 1             |               |         | 10:00 AM           |
| 10:30 AM           |      |               |              |          |                |                    |              |      |      |           |               |               |         | 10:30 AM           |
| 11:00 AM           |      |               |              |          |                |                    |              |      |      |           | WATER AI      | RTHRITIS      |         | 11:00 AM           |
| 11:30 AM           |      |               |              |          |                |                    |              |      |      |           |               |               |         | 11:30 AM           |
| 12:00 PM           |      |               |              |          |                |                    |              |      |      |           |               |               |         | 12:00 PM           |
| 12:30 PM           |      |               |              |          |                |                    |              |      |      |           |               |               |         | 12:30 PM           |
| 1:00 PM            |      |               |              |          |                |                    |              |      |      |           |               |               |         | 1:00 PM            |
| 1:30 PM            |      |               |              |          |                |                    |              |      |      |           |               |               |         | 1:30 PM            |
| 2:00 PM            |      |               |              |          |                |                    |              |      |      |           |               |               |         | 2:00 PM            |
| 2:30 PM            |      |               |              |          |                |                    |              |      |      |           |               |               |         | 2:30 PM            |
| 3:00 PM            |      |               |              |          |                |                    |              |      |      |           |               |               |         | 3:00 PM            |
| 3:30 PM            |      |               |              |          |                |                    |              |      |      |           |               |               | _       | 3:30 PM            |
| 4:00 PM<br>4:30 PM |      |               |              |          | -              |                    |              |      |      |           |               | FCPA          |         | 4:00 PM<br>4:30 PM |
| 4:30 PM<br>5:00 PM |      |               |              |          | 1              |                    |              |      |      |           |               | CLASSES       |         | 4:30 PM<br>5:00 PM |
| 5:30 PM            |      |               |              |          |                | FIS                | H SWIM TE    | AM   |      |           |               | 1             | FCPA    | 5:30 PM            |
| 6:00 PM            |      |               |              |          | 1              |                    |              |      |      |           |               |               | CLASSES | 6:00 PM            |
| 6:30 PM            |      | EGD : C       | 1.00000      |          |                |                    |              |      |      |           |               |               |         | 6:30 PM            |
| 7:00 PM            |      | <b>FCPA</b> ( | LASSES       |          |                |                    |              |      |      |           | ECDAC         | A CODO        |         | 7:00 PM            |
| 7:30 PM            |      |               |              |          |                |                    |              |      |      |           | <b>FCPA</b> C | LASSES        |         | 7:30 PM            |
| 8:00 PM            |      |               |              | 147.4    | WASHINGTONIANS |                    |              |      |      |           |               |               |         | 8:00 PM            |
| 8:30 PM            |      |               |              | WA       | SHINGTON       | ANS                |              |      |      |           |               |               |         | 8:30 PM            |
| 9:00 PM            |      |               |              |          |                |                    |              |      |      |           |               |               |         | 9:00 PM            |
| 9:30 PM            | PM   |               |              |          |                | POOL CLOSED 9:00pm |              |      |      |           |               |               |         | 9:30 PM            |
|                    | 11   | 10            | 9            | 8        | 7              | 6                  | 5            | 4    | 3    | 2         | 1             | 0             |         |                    |

### Spring Hill RECenter THURSDAY

### 5/1/2024-5/24/2024

| LEGEN              | D    | Recreati | onal Play/S | wim/Dive    | Lap  | Swim / Wat | er Walking ( | ONLY  | FCPA | A scheduled | programs (S | Space is schee | duled)  |          |
|--------------------|------|----------|-------------|-------------|------|------------|--------------|-------|------|-------------|-------------|----------------|---------|----------|
| 1                  | Dive | Well     |             |             |      | Lap l      | Lanes        |       |      |             | Shallo      | ow End         | Beach   |          |
|                    | 11   | 10       | 9           | 8           | 7    | 6          | 5            | 4     | 3    | 2           | 1           | 0              |         |          |
| 6:30 AM            |      |          |             |             |      |            |              |       |      |             |             |                |         | 6:30 AM  |
| 7:00 AM            |      |          |             |             |      |            |              |       |      |             |             |                |         | 7:00 AM  |
| 7:30 AM            |      |          |             |             |      |            |              |       |      |             |             |                |         | 7:30 AM  |
| 8:00 AM            |      |          |             |             |      |            |              |       |      |             |             |                |         | 8:00 AM  |
| 8:30 AM            |      |          |             |             |      |            |              |       |      |             |             |                |         | 8:30 AM  |
| 9:00 AM            |      |          |             |             |      |            |              |       |      |             |             |                |         | 9:00 AM  |
| 9:30 AM            |      |          |             |             |      |            |              |       |      |             |             |                |         | 9:30 AM  |
| 10:00 AM           |      |          |             |             |      |            |              |       |      |             |             |                |         | 10:00 AM |
| 10:30 AM           |      |          |             |             |      |            |              |       |      |             |             |                |         | 10:30 AM |
| 11:00 AM           |      |          |             |             |      |            |              |       |      |             |             |                |         | 11:00 AM |
| 11:30 AM           |      |          |             |             |      |            |              |       |      |             |             |                |         | 11:30 AM |
| 12:00 PM           |      |          |             |             |      |            |              |       |      |             |             |                |         | 12:00 PM |
| 12:30 PM           |      |          |             |             |      |            |              |       |      |             |             |                |         | 12:30 PM |
| 1:00 PM            |      |          |             |             |      |            |              |       |      |             |             |                |         | 1:00 PM  |
| 1:30 PM            |      |          |             |             |      |            |              |       |      |             |             |                |         | 1:30 PM  |
| 2:00 PM            |      |          |             |             |      |            |              |       |      |             |             |                |         | 2:00 PM  |
| 2:30 PM            |      |          |             |             |      |            |              |       |      |             |             |                |         | 2:30 PM  |
| 3:00 PM            |      |          |             |             |      |            |              |       |      |             |             |                |         | 3:00 PM  |
| 3:30 PM            |      |          |             |             |      |            |              |       |      |             |             |                |         | 3:30 PM  |
| 4:00 PM            |      |          |             |             |      |            |              |       |      |             |             | FCPA           |         | 4:00 PM  |
| 4:30 PM<br>5:00 PM |      |          |             |             | FIC  | H SWIM TE  | 'A M         |       |      |             |             | CLASSES        |         | 4:30 PM  |
| 5:00 PM<br>5:30 PM |      |          |             |             | FIS  | n SWIM IE  | AM           |       |      |             |             |                | FCPA    | 5:30 PM  |
| 6:00 PM            |      |          |             |             | 1    |            |              |       |      |             |             |                | CLASSES | 6:00 PM  |
| 6:30 PM            |      |          |             |             |      |            |              |       |      |             |             |                |         | 6:30 PM  |
| 7:00 PM            |      | FCPA C   | LASSES      |             |      |            |              |       |      |             |             |                |         | 7:00 PM  |
| 7:30 PM            |      |          |             |             |      |            |              |       |      |             | FCPA C      | CLASSES        |         | 7:30 PM  |
| 8:00 PM            |      |          |             | ou un omore |      |            |              |       |      |             |             |                |         | 8:00 PM  |
| 8:30 PM            |      |          | WA          | SHINGTON    | IANS |            |              |       |      |             |             |                |         | 8:30 PM  |
| 9:00 PM            |      |          |             |             |      |            |              |       |      |             |             |                |         | 9:00 PM  |
| 9:30 PM            |      |          |             |             |      | POOL       | CLOSED 9:    | :00pm |      |             |             |                |         | 9:30 PM  |
|                    | 11   | 10       | 9           | 8           | 7    | 6          | 5            | 4     | 3    | 2           | 1           | 0              |         | <b>I</b> |

# Spring Hill RECenter FRIDAY

### 5/1/2024-5/24/2024

| LEGEN              | ID   | Recre       | ational Play, | / Swim | Lap | Swim / Wat | er Walking ( | ONLY | FCPA | A scheduled | <b>programs</b> (S | pace is sched | uled)   |                    |
|--------------------|------|-------------|---------------|--------|-----|------------|--------------|------|------|-------------|--------------------|---------------|---------|--------------------|
|                    | Dive | e Well      |               |        |     | Lap l      | Lanes        |      |      |             | Shallo             | w End         | Beach   |                    |
|                    | 11   | 10          | 9             | 8      | 7   | 6          | 5            | 4    | 3    | 2           | 1                  | 0             |         |                    |
| 6:30 AM            |      |             |               |        |     |            |              |      |      |             |                    |               |         | 6:30 AM            |
| 7:00 AM            |      |             |               |        |     |            |              |      |      |             |                    |               |         | 7:00 AM            |
| 7:30 AM            |      |             |               |        |     |            |              |      |      |             |                    |               |         | 7:30 AM            |
| 8:00 AM            |      |             |               |        |     |            |              |      |      |             |                    |               |         | 8:00 AM            |
| 8:30 AM            |      |             |               |        |     |            |              |      |      |             | SHALLOW            | AEROBICS      |         | 8:30 AM            |
| 9:00 AM            |      |             |               |        |     |            |              |      |      |             | -                  |               |         | 9:00 AM            |
| 9:30 AM            |      |             |               |        |     |            |              |      |      |             |                    |               |         | 9:30 AM            |
| 10:00 AM           |      | DEEP WATE   | R             |        |     |            |              |      |      |             |                    |               | FCPA    | 10:00 AM           |
| 10:30 AM           |      |             |               |        |     |            |              |      |      |             |                    |               | CLASSES | 10:30 AM           |
| 11:00 AM           |      |             |               |        |     |            |              |      |      |             | WATER A            | RTHRITIS      |         | 11:00 AM           |
| 11:30 AM           |      |             |               |        |     |            |              |      |      |             |                    |               |         | 11:30 AM           |
| 12:00 PM           |      |             |               |        |     |            |              |      |      |             |                    |               |         | 12:00 PM           |
| 12:30 PM           |      |             |               |        |     |            |              |      |      |             |                    |               |         | 12:30 PM           |
| 1:00 PM            |      |             |               |        |     |            |              |      |      |             |                    |               |         | 1:00 PM            |
| 1:30 PM            |      |             |               |        |     |            |              |      |      |             |                    |               |         | 1:30 PM            |
| 2:00 PM            |      |             |               |        |     |            |              |      |      |             |                    |               |         | 2:00 PM            |
| 2:30 PM            |      |             |               |        |     |            |              |      |      |             |                    |               |         | 2:30 PM            |
| 3:00 PM            |      |             |               |        |     |            |              |      |      |             |                    |               |         | 3:00 PM            |
| 3:30 PM            |      |             |               |        |     |            |              |      |      |             |                    |               |         | 3:30 PM            |
| 4:00 PM            |      |             |               | _      |     |            |              |      |      |             | -                  |               |         | 4:00 PM            |
| 4:30 PM            |      |             |               | _      |     | FISH SW    | IM TEAM      |      |      |             |                    |               |         | 4:30 PM            |
| 5:00 PM            |      |             |               | _      |     |            |              |      |      |             |                    | ECDA CI       | ACCEC   | 5:00 PM            |
| 5:30 PM            |      |             |               |        | 1   |            |              | 1    |      | Adapted     |                    | FCPA CI       | LASSES  | 5:30 PM<br>6:00 PM |
| 6:00 PM<br>6:30 PM |      | CPA CLASSI  | FC            |        |     |            |              |      |      | private     |                    |               |         | 6:30 PM            |
| 7:00 PM            |      | CI A CLASSI | 10            | -      |     |            |              |      |      | private     |                    |               |         | 7:00 PM            |
| 7:30 PM            |      |             |               |        |     |            |              |      |      |             |                    |               |         | 7:30 PM            |
| 8:00 PM            |      |             |               |        |     |            |              |      |      |             |                    |               |         | 8:00 PM            |
| 8:30PM             | -    |             |               |        |     |            |              |      |      |             |                    |               |         | 8:30PM             |
| 9:00PM             |      |             |               |        |     |            |              |      |      |             |                    |               |         | 9:00PM             |
|                    | 11   | 10          | 9             | 8      | 7   | 6          | 5            | 4    | 3    | 2           | 1                  | 0             |         |                    |