



# Behavioral Health Clinicians Services Directory

Taking care of our children's mental health is always important. Healthy Minds Fairfax created this directory to assist you in finding a behavioral health clinician who is available for new clients and how they are delivering services.

You can locate this directory and other important information at [fairfaxcounty.gov/healthymindsfairfax](https://fairfaxcounty.gov/healthymindsfairfax). Our email address is: [dfshealthymindsfairfax@fairfaxcounty.gov](mailto:dfshealthymindsfairfax@fairfaxcounty.gov).

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## DISCLAIMER FOR DIRECTORY OF BEHAVIORAL HEALTH

Professionals Inclusion in this directory does not represent an endorsement by Fairfax County. Selecting a mental health professional for your child(ren) is a parental/guardian responsibility. If you have insurance, please go to your insurance company's provider directory to find out if the provider accepts your insurance. Every effort has been made to ensure that the information provided herein is accurate. If there is an error in an organization's listing or you would like your organization to be included in our directory, please contact our office at [dfshealthyminds@fairfaxcounty.gov](mailto:dfshealthyminds@fairfaxcounty.gov).

## Behavioral Health Resource Guide

This resource guide has been created to help families identify a behavioral health provider for their children and family. The providers listed in this directory have been identified as offering free or low-cost services for behavioral health services.

### Does my child have a mental health concern?

**Have a talk with your child to find out how they are doing.** Given them your full attention. Listen carefully, repeat what you heard and ask if you got it right. When they feel heard and understood, they're more likely to share with you.

**Notice what is going on with your child.** You know your child best.

#### Here are some behaviors to look for:

- Becoming more irritable, hyperactive, energetic, fidgety, or aggressive.
- Excessive sadness, fears or worries.
- A drop in grades, getting into trouble at school or not want to attend school.
- Loss of appetite, significant weight gain or loss, lack of sleep or too much sleep.
- Withdrawal from activities, family, or friends.
- Alcohol or drug use.
- Thoughts of suicide or harming themselves or others – do not be afraid to ask your child if they are having these thoughts. Asking your child these questions will not put these thoughts in their head. Rather, it tells them you care and that you will help keep them safe.

### How to get help:

Below are options for you to speak with a mental health professional. Do not worry about making the wrong choice. Every number leads to someone who can help.

- Contact your child's pediatrician or health care provider.
- Call your health insurance company or visit their website to search for a behavioral health/mental health provider.
- Contact the [Fairfax-Falls Church Community Services Board](#) at 703-383-8500, weekdays from 9 a.m. to 5 p.m.
- Contact your child's school counselor, school public health nurse, social worker or psychologist.
- [The Teen Line](#) is staffed by teens trained in crisis prevention who are available by text 839-863 or call 1-800-852-8336 between the hours of 6 pm – 10 pm PST.
- Contact [The Trevor Project](#) at 1-866-488-7386 for support for LGBTQ youth.

- [The Jed Foundation](#) is a mental health and suicide prevention organization that you can text 741-741 or call at 1-800-273-8255.
- Take a free, confidential [online mental health screening](#) and practice talking with your child about mental health concerns by taking a free, online [Kognito](#) training. Though these courses are designed for educators/teachers, parents can use the same skills in talking with their own children.
- Visit [Healthy Minds Fairfax](#) or the [Fairfax-Falls Church Community Services Board](#) to get mental health information and local resources.

### **If your child is having a mental health crisis, these services are available 24/7:**

Please contact one of the services below for immediate assistance if your child is experiencing a mental health crisis:

- Call the [CrisisLink](#) hotline at 703-527-4077, 1-800-273-8255 or text “CONNECT” to 855-11.
- Call [Children's Regional Crisis Response](#) (CR2) at 571-364-7390.
  - 24-hour rapid response for youth (17 and younger) facing a mental health and/or substance use crisis.
- Call [CSB Mental Health Emergency Services](#) at 703-573-5679.
- Bring your child to the emergency intake at [Merrifield Crisis Response Center](#) at: 8221 Willow Oaks Corporate Drive, Fairfax, VA 22031.
- Call [The National Suicide Prevention Lifeline](#) at 1-800-273-8255.

### **Police and life-threatening emergencies**

Please notify the operator that it is a psychiatric emergency and ask for a crisis intervention specialist.

- Call 911 in a life-threatening emergency
- Non-emergency number: (703)691-2131

## Guide to Payment Options

**Children's Services Act (CSA)** is a pool of state and local funds that are used to provide free support services for eligible youth and their families who are struggling with behavioral health needs. For help in coordinating resources for your child a referral can be made from a provider such as a school counselor or you can call directly 703-324-7938 or email [DFSCSA@fairfaxcounty.gov](mailto:DFSCSA@fairfaxcounty.gov).

**Flexible Spending Account (FSA)** is a tax-free account offered through some employers which allows you to put money away annually for your out-of-pocket healthcare expenses including deductibles, co-payments and medicines.

**Health Savings Account (HSA)** is an account that allows you to put money aside tax-free for health expenses and unlike a flexibility spending account it does not need to be spent/used within a 12-month time period. HSA may not be used for health insurance premiums, but it can be used for your co-pay fees and other medical expenses.

**Medicaid** A Federal and state program that helps with health care costs for persons with limited income. There is no enrollment fee for coverage if you are income eligible. You can apply for Medicaid on the phone by calling 1-855-242-8282 (Monday – Friday) between 8 am – 7 pm, or online at [www.commonhelp.virginia.gov](http://www.commonhelp.virginia.gov).

**Private Pay Insurance** Private pay refers to health insurance that is available for purchase by a private organization instead of the state or federal government. It is often available through one's employer and may be partly subsidized but is still costly.

**Sliding Scale Fee (SSF)** A sliding scale is a type of fee structure that therapist sometimes use in order offer patients an affordable payment option for those people who have fewer financial or insurance options

[Healthy Minds Fairfax](#) coordinates a full range of mental health and substance abuse services for children and youth across multiple county agencies, the school system and private treatment providers. Healthy Minds Fairfax works to help youth and families in the Fairfax-Falls Church Community access mental health and substance abuse services and improve the quality of those services.

**AUTUMNLEAF GROUP, INC.**

[www.autumnleafgroup.com](http://www.autumnleafgroup.com)

**Telephone:** 703-658-7103

**Current Status:** Accepting referrals based on appropriateness for telehealth/telemental health services

**Populations Served:** Children  
Adolescents  
Young Adults  
Adults

**Services Provided:** Individual Therapy – Telehealth: Yes  
Group Therapy – Telehealth: Yes  
In-Home Services

**Payment Options:** Sliding fee scale/low or no-cost options  
HSA/FSA, CSA

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**BEST LIFE THERAPEUTIC SERVICES, LLC**

[www.bestlifetherapeutics.com](http://www.bestlifetherapeutics.com)

**Telephone:** 571-455-5206

**Current Status:** Accepting new clients

**Populations Served:** Children  
Adolescents  
Young Adults  
Adults

**Services Provided:** Individual Therapy – Telehealth: Yes  
Group Therapy – In-Person: Yes  
Support Groups – In-Person: Yes  
Other – Telehealth: Yes

**Payment Options:** Sliding fee scale/low or no-cost options

## **BEST, LAURIE, LPC**

**Telephone:** 571-229-5584

**Current Status:** Accepting new clients

**Populations Served:** Children  
Adolescents  
Young Adults  
Adults

**Services Provided:** Individual Therapy – Telehealth: Yes  
Note: Speaks Spanish

**Payment Options:** Private insurance  
Medicaid

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## **BLUSPRING HEALTH**

[www.bluspringhealth.com](http://www.bluspringhealth.com)

**Telephone:** 703-682-2471

**Current Status:** Accepting new clients

**Populations Served:** Children  
Adolescents  
Young Adults  
Adults

**Services Provided:** Individual Therapy – In-Person & Telehealth  
Group Therapy – In-Person and Telehealth  
Support Groups – In-Person and Telehealth  
Other -- Medication management for children,  
adolescents and adults

**Payment Options:** Medicaid  
Private insurance  
Self-pay

## **BRICKEL AND ASSOCIATES, LLC**

[www.BrickelandAssociates.com](http://www.BrickelandAssociates.com)

**Telephone:** 703-518-8883

**Current Status:** Accepting new patients

**Populations Served:** Adolescents  
Young Adults  
Adults

**Services Provided:** Individual Therapy –Telehealth  
Group Therapy –Telehealth  
Family therapy - all telehealth at this time

**Payment Options:** Sliding fee scale/low or no-cost options

A self-pay practice but are offering no fee options for some patients during the crisis

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## **BRIDGES THERAPY AND WELLNESS CENTER**

[www.bridgestherapyandwellness.com](http://www.bridgestherapyandwellness.com)

**Telephone:** 703-865-4900

**Current Status:** Accepting new clients

**Populations Served:** Children  
Adolescents  
Young Adults  
Adults

**Services Provided:** Individual Therapy – Telehealth: Yes  
Group Therapy – Telehealth: Yes  
Support Groups – Telehealth: Yes  
Other Detail:

**Payment Options:** Sliding fee scale/low or no-cost options  
self-pay

## **CABUSH, JOE & ASSOCIATES**

[www.cabush.com](http://www.cabush.com)

**Telephone:** 703-691-0036

**Current Status:** Accepting new clients

**Populations Served:** Children  
Adolescents  
Young Adults  
Adults

**Services Provided:** Meeting in person and online  
Individual Therapy – Telehealth: Yes  
Group Therapy – Telehealth: Yes  
Support Groups – Telehealth: Yes

**Payment Options:** Sliding fee scale/low or no-cost options

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## **CARDWELL, JESSICA L., PSYD**

[www.drjcardwell.com](http://www.drjcardwell.com)

**Telephone:** 571-335-0893

**Current Status:** Accepting new clients

**Populations Served:** Children  
Adolescents  
Young Adults  
Adults

**Services Provided:** Individual Therapy – In-Person: Yes  
Individual Therapy – Telehealth: Yes  
Other – In-Person: Yes  
Other – Telehealth: Yes  
Other: Psychological Testing and Family Therapy

**Payment Options:** Sliding fee scale/low or no-cost options



## **CENTER FOR ADOPTION SUPPORT AND EDUCATION**

[www.Adoptionsupport.org](http://www.Adoptionsupport.org)

**Telephone:** 301-476-8525

**Current Status:** Accepting new clients

**Populations Served:** Children  
Adolescents  
Young Adults  
Adults

**Services Provided:** Individual Therapy – Telehealth: Yes  
Group Therapy – Telehealth: Yes  
Support Groups – Telehealth: Yes  
Other – Telehealth: Yes

Note: For families with challenges connected to foster care and adoption

**Payment Options:** Private insurance  
Sliding fee scale/low or no-cost options

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## **CENTER FOR ATTACHMENT & TRAUMA SERVICES, INC.**

[www.familyattachment.org](http://www.familyattachment.org)

**Telephone:** 703-913-8563

**Current Status:** Accepting new clients

**Populations Served:** Children  
Adolescents  
Young Adults  
Adults

**Services Provided:** Individual Therapy – Telehealth: Yes  
Other – Telehealth: Yes  
Other Detail: Family Therapy. We would also be interested in developing group therapy for parents only, (parenting support group).

Note: Agency's primary focus is family therapy for children and families who have suffered trauma and/or who have attachment weaknesses or disorders.

**Payment Options:** Sliding scale (up to 25% discount).  
Does not offer no cost options for clients (unless their fees are covered by CSA funds).

**CENTER FOR AUTISM AND RELATED DISORDERS (CARD)**

[www.centerforautism.com](http://www.centerforautism.com)

**Telephone:** 818-345-2345

**Current Status:** Accepting new clients

**Populations Served:** Children  
Adolescents  
Young Adults  
Adults

**Services Provided:** Individual Therapy – In-Person: Yes  
Individual Therapy – Telehealth: Yes  
Group Therapy – In-Person: Yes  
Group Therapy – Telehealth: Yes  
Support Groups – In-Person: Yes  
Other – In-Person: Yes  
Other – Telehealth:  
Other Detail: Assessments, Evaluations

**Payment Options:** Private insurance  
Medicaid

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**CHILD AND FAMILY COUNSELING GROUP; CANDICE HOLM, PSY.D.**

[www.childandfamilycounseling.com](http://www.childandfamilycounseling.com)

**Telephone:** 703-352-3822

**Current Status:** Accepting new clients

**Populations Served:** Children  
Adolescents  
Young Adults  
Adults

**Services Provided:** Individual Therapy – In Person & Telehealth: Yes  
Groups – Telehealth: Yes  
Other: Parenting/behavioral support and family therapy

**Payment Options:** Sliding fee scale/low or no-cost options

**COMPREHENSIVE NEUROPSYCHOLOGY, DR. SONAL PANCHOLI**

[www.compneuropsych.com](http://www.compneuropsych.com)

**Telephone:** 703-849-9476

**Current Status:** Accepting new clients

**Populations Served:** Children  
Adolescents  
Young Adults  
Adults

**Services Provided:** Individual Therapy – Telehealth: Yes  
Other – In-Person: Yes  
Other – Telehealth: Yes  
Other: Psychological, Neuropsychological, Educational, Evaluations

**Payment Options:** funding through county or state (CSA, etc.)  
self-pay

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**COVIELLO, GEORGE S., LPC**

**Telephone:** 703-780-3543

**Current Status:** Accepting new clients

**Populations Served:** Children  
Adolescents  
Young Adults  
Adults

**Services Provided:** Individual Therapy – Telehealth: Yes

**Payment Options:** Medicaid  
Sliding fee scale/low or no-cost options  
Private insurance

**DOMINION HOSPITAL**

<https://dominionhospital.com>

**Telephone:** 703-536-2000

**Current Status:** Accepting new clients

**Populations Served:** Children  
Adolescents  
Young Adults  
Adults

**Services Provided:** Individual Therapy – In-Person: Yes  
Group Therapy – Telehealth: Yes

**Payment Options:** Private insurance  
Medicaid is accepted for individuals under the age of 21

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**FAIRFAX COUNTY DEPARTMENT OF FAMILY SERVICES (DFS),  
DOMESTIC & SEXUAL VIOLENCE SERVICES (DSVS)**

<https://www.fairfaxcounty.gov/familyservices/domestic-sexual-violence>

**Telephone:** 703-360-7273 Hotline 24/7 domestic and sexual violence  
703-324-5730 Counseling Services

**Current Status:** Accepting new clients

**Populations Served:** Children  
Adolescents  
Young Adults  
Adults

**Services Provided:** Individual Therapy- Telehealth: Yes  
Group Therapy – Telehealth: Yes

**Payment Options:** No cost short-term  
Private Insurance  
Medicaid

## **FAIRFAX-FALLS CHURCH COMMUNITY SERVICES BOARD**

<https://www.fairfaxcounty.gov/community-services-board/>

<b>Telephone:</b>	703-383-8500
<b>Current Status:</b>	Some programs are accepting new clients, some are putting them on a prioritized waitlist, some are not currently accepting new clients.
<b>Populations Served:</b>	Children Adolescents Young Adults Adults
<b>Services Provided:</b>	Individual Therapy – In-Person & Telehealth: Yes Group Therapy – In-Person & Telehealth: Yes Support Groups – In-Person & Telehealth: Yes Other: Psychotherapy Groups, case management, intake for County programs, family therapy, clinical supervision, employment/education, peer support, medication management
<b>Payment Options:</b>	Private insurance Medicaid Sliding fee scale/low or no-cost options Self-pay

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## **FAMILY COUNSELING CENTER OF GREATER WASHINGTON**

[www.fccgw.org](http://www.fccgw.org)

<b>Telephone:</b>	703- 761-2225
<b>Current Status:</b>	Accepting new clients
<b>Populations Served:</b>	Children Adolescents Young Adults Adults
<b>Services Provided:</b>	Individual Therapy – In-Person: Yes Individual Therapy – Telehealth: Yes

**Payment Options:** Sliding fee scale/low or no-cost options

**FAMILY INSIGHT, PC**

[www.familyinsight.net](http://www.familyinsight.net)

**Telephone:** 703-310-7665

**Current Status:** Accepting new clients

**Populations Served:** Children  
Adolescents  
Young Adults  
Adults

**Services Provided:** Individual Therapy – In-person & Telehealth: Yes  
Group – In-Person & Telehealth: Yes  
Other: ABA Parent Support; ABA Telehealth

**Payment Options:** Private insurance  
Medicaid  
CSA

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**FAMILY PRIORTY**

<https://familypriority.com/>

**Telephone:** 703-537-0700

**Current Status:** Accepting new clients

**Populations Served:** Children  
Adolescents

**Services Provided:** Individual Therapy – Telehealth: Yes  
Other - Telehealth - Yes

**Payment Options:** Private insurance  
Medicaid  
CSA funding  
Private Insurance for ABA

## **FAR BEYOND**

<https://farbeyond.us/>

**Telephone:** 703-994-4754

**Current Status:** Accepting new clients

**Populations Served:** Children  
Adolescents

**Services Provided:** Individual Therapy – In-Person: Yes

**Payment Options:** CSA  
Private insurance  
Medicaid

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## **FOR CHILDREN'S SAKE**

[www.fcsva.org](http://www.fcsva.org)

**Telephone:** 703-817-9890

**Current Status:** Not accepting new clients for STBH services

**Populations Served:** Children  
Adolescents  
Young Adults  
Adults

**Services Provided:** Individual Therapy – Telehealth: Yes  
Support Groups – Telehealth: Yes  
Other – In-Person: Yes  
Other – Telehealth: Yes  
Other Detail: Case Management

Note: All services are primarily in-person. There is 1 virtual parent/caregiver group.

**Payment Options:** Private insurance  
Medicaid  
CSA Funding

## **FORMED FAMILIES FORWARD**

[www.formedfamiliesforward.org](http://www.formedfamiliesforward.org)

<b>Telephone:</b>	703-539-2904
<b>Current Status:</b>	Accepting new clients
<b>Populations Served:</b>	Adolescents Young Adults Adults
<b>Services Provided:</b>	Support Groups – Telehealth: Yes
<b>Payment Options:</b>	Peer groups are free for participants

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## **GIL INSTITUTE FOR TRAUMA RECOVERY AND EDUCATION**

[www.gilinstitute.com](http://www.gilinstitute.com)

<b>Telephone:</b>	703-560-2600
<b>Current Status:</b>	Accepting new clients
<b>Populations Served:</b>	Children Adolescents Young Adults Adults
<b>Services Provided:</b>	Individual Therapy – Telehealth: Yes Group Therapy – Telehealth: Yes
<b>Payment Options:</b>	Fee for service & county Contracts



## **GEORGE MASON UNIVERSITY CENTER FOR PSYCHOLOGICAL SERVICES**

<https://psyclinic.gmu.edu/>

**Telephone:** 703-993-1370

**Current Status:** New clients are added to a wait list

**Populations Served:** Children  
Adolescents  
Young Adults  
Adults

**Services Provided:** Individual Therapy – Telehealth: Yes  
Group Therapy – Telehealth: Yes  
Support Groups – Telehealth: Yes  
Other – Telehealth: Yes  
Other Detail: workshops

Note: This agency is currently providing services in-person and via telehealth, depending on client and provider agreement.

**Payment Options:** Sliding fee scale

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## **GRAFTON INTEGRATED HEALTH NETWORK**

<https://www.grafton.org/>

**Telephone:** Telephone: (Corporate) 888-955-5205,  
(Berryville) 540-955-2400,  
(Winchester) 540-542-0200,  
(Winchester – Elm Street) 540-722-9172

**Current Status:** Accepting new clients

**Populations Served:** Children  
Adolescents  
Young Adults  
Adults

**Services Provided:** Individual Therapy – In-Person: Yes  
Individual Therapy – Telehealth: Yes  
Group Therapy – In-Person: Yes  
Support Groups – In-Person: Yes  
Other – In-Person: Yes  
Other – Telehealth: Yes

Other Detail: OT, SLP, ABA, Education, Developmental Services

**Payment Options:** Private insurance  
Medicaid

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## **GROUP THERAPY ASSOCIATES**

[www.grouptherapyassociates.com/](http://www.grouptherapyassociates.com/)

**Telephone:** 703-644-8041

**Current Status:** Accepting new clients

**Populations Served:** Children  
Adolescents  
Young Adults  
Adults

**Services Provided:** Individual Therapy – Telehealth: Yes  
Other – Telehealth: Yes  
Other Detail: Couples and family therapy

**Payment Options:** Private insurance  
Sliding fee scale/low or no-cost options

## **HARBOR POINT BEHAVIORAL HEALTH CENTER**

[www.harborpointbhc.com/](http://www.harborpointbhc.com/)

**Telephone:** 757-393-0061

**Current Status:** Accepting new clients

**Populations Served:** Children  
Adolescents

**Services Provided:** Individual Therapy – In-Person: Yes  
Group Therapy – In-Person: Yes  
Other – In-Person: Yes  
Other – Telehealth: Yes  
Other Detail: Clinical Treatment team meetings and parent visits

**Payment Options:** Private insurance

## **HEALTH CONNECT AMERICA**

<http://www.healthconnectamerica.com/>

<b>Telephone:</b>	703-680-9527
<b>Current Status:</b>	Accepting new clients
<b>Populations Served:</b>	Children Adolescents Young Adults Adults
<b>Services Provided:</b>	Individual Therapy – In-Person: Yes Individual Therapy – Telehealth: Yes Group Therapy – Telehealth: Yes Support Groups – Telehealth: Yes Other – In-Person & Telehealth: Yes Other Detail: IIH, ABA, MHSB
<b>Payment Options:</b>	Private insurance Medicaid Sliding fee scale/low or no-cost options

## **HEALTHWORKS for Northern Virginia (North County/Reston)**

<http://hwnova.org>

<b>Telephone:</b>	703-689-2180
<b>Current Status:</b>	Accepting new clients
<b>Populations Served:</b>	Children Adolescents Young Adults Adults
<b>Services Provided:</b>	Individual Therapy – In Person: Yes Individual Therapy – Telehealth: Yes  Note: Bi-lingual providers available
<b>Payment Options:</b>	No cost options/Sliding Fee Scale Medicaid/Medicare

**HERITAGE MULTICULTURAL PROGRAMS & SERVICES, INC**

<https://www.heritagemulticultural.com>

**Telephone:** 571-982-5143

**Current Status:** Accepting new clients

**Populations Served:** Children  
Adolescents  
Young Adults  
Adults

**Services Provided:** Individual Therapy – Telehealth: Yes  
Group Therapy – Telehealth: Yes  
Other Detail: Intensive in home services, Mentoring, some assessments (DUI, DWI, Parenting) other telehealth services as requested

**Payment Options:** Private insurance  
Medicaid  
CSA, Counties and other agency sponsorship

**HOEKSTRA, DIANE, PHD, LLC**

<https://drdianehoekstra.com/>

**Telephone:** 540-212-2374

**Current Status:** Accepting new clients

**Populations Served:** Adolescents  
Young Adults  
Adults

**Services Provided:** Individual Therapy – In-Person: Yes  
Individual Therapy – Telehealth: Yes

**Payment Options:** Sliding fee scale/low or no-cost options

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## **IMPROVING OUTCOMES, LLC**

<https://improvingoutcomes.wordpress.com/home-based/>

<b>Telephone:</b>	703-533-1996
<b>Current Status:</b>	Accepting new clients
<b>Populations Served:</b>	Children Adolescents Adults (Limited)
<b>Services Provided:</b>	Individual Therapy – In-Person: Yes Individual Therapy – Telehealth: Yes Other – In-Person: Yes Other – Telehealth: Yes Other Detail: Family Support Services, Individual Support Services, Intensive in Home Services
<b>Payment Options:</b>	Private insurance CSA Medicaid Sliding fee scale/low or no-cost options

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## **INOVA KELLAR CENTER**

<https://www.inova.org/our-services/inova-kellar-center>

<b>Telephone:</b>	855-694-6682
<b>Current Status:</b>	Availability fluctuates. Limited access to medication management
<b>Populations Served:</b>	Children Adolescents
<b>Services Provided:</b>	Individual Therapy – Telehealth: Yes Group Therapy – Telehealth: Yes Support Groups – Telehealth: Yes Other – Telehealth: Yes Other Detail: Medication Management, Intake, Psychological/Educational Testing
<b>Payment Options:</b>	Private insurance Medicaid Sliding fee scale/low or no-cost options

## **INSPIRED LIFE PSYCHOLOGICAL SERVICES, LLC**

<https://www.inspiredlifepsychsvcs.com/>

**Telephone:** 540-368-6470

**Current Status:** Accepting new clients

**Populations Served:** Children  
Adolescents  
Young Adults  
Adults

**Services Provided:** Individual Therapy – Telehealth: Yes  
Other: Couples and family therapy; Limited psychological testing

**Payment Options:** Private insurance  
Sliding fee scale/low or no-cost options

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## **JONES, JOCELYN, LPC**

<https://thriveworks.com/mclean-counseling/mclean-va-counselors/>

**Telephone:** 703-223-8492

**Current Status:** Accepting new clients

**Populations Served:** Children  
Adolescents  
Young Adults  
Adults

**Services Provided:** Individual Therapy – In-Person: No  
Individual Therapy – Telehealth: Yes  
Other – Telehealth: Yes  
Other Detail: Family Therapy, Couples Therapy

**Payment Options:** Sliding fee scale/low or no-cost options  
Private Insurance

## **LIFEWORKS OUTREACH SERVICES**

[www.familyteamwork.net](http://www.familyteamwork.net)

**Telephone:** 703-580-7210

**Current Status:** Accepting new clients

**Populations Served:** Children  
Adolescents  
Young Adults  
Adults

**Services Provided:** Individual Therapy – Telehealth: Yes  
Other – Telehealth: Yes  
Other Detail: MHS, Family Therapy, Parent Coaching.  
Mentoring, Respite

**Payment Options:** Private insurance  
Medicaid  
Sliding fee scale/low or no-cost options  
CSA, self-pay

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## **MOVING FORWARD PLC**

<http://www.movingforwardplc.com/>

**Telephone:** 571-483-0306

**Current Status:** Accepting new clients

**Populations Served:** Children  
Adolescents  
Young Adults  
Adults

**Services Provided:** Individual Therapy – In-Person & Telehealth: Yes  
Group Therapy – Telehealth: Yes  
Other – Telehealth: Yes  
Other Detail: Family and couples counseling

**Payment Options:** Tri-care Insurance  
Sliding fee scale/low or no-cost options

## **MULTICULTURAL CLINICAL CENTER**

<http://www.mccva.com/>

<b>Telephone:</b>	703-354-0000
<b>Current Status:</b>	Accepting new clients. Current there is a waiting list for ABA
<b>Populations Served:</b>	Children Adolescents Young Adults Adults
<b>Services Provided:</b>	Individual Therapy – In-Person: Yes Individual Therapy – Telehealth: Yes Support Groups – Telehealth: Yes
<b>Payment Options:</b>	Private insurance Medicaid CSA funded

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## **NATIONAL COUNSELING GROUP**

<http://www.ncgcommunity.com/>

<b>Telephone:</b>	877-566-9624
<b>Current Status:</b>	Accepting new clients
<b>Populations Served:</b>	Children Adolescents Young Adults Adults
<b>Services Provided:</b>	Individual Therapy – In Person & Telehealth: Yes Group Therapy – Telehealth: Yes Support Groups – Telehealth: Yes Other – In-Person: Yes Other – Telehealth: Yes Other: Homebased Counseling on a case by case basis
<b>Payment Options:</b>	Medicaid and out of pocket



## **NEIGHBORHOOD HEALTH (Merrifield)**

[www.neighborhoodhealthva.org](http://www.neighborhoodhealthva.org)

**Telephone:** 703-535-5568

**Populations Served:** Children  
Adolescents  
Young Adults  
Adults

**Services Provided:** Individual Therapy – In Person & Telehealth: Yes

**Payment Options:** Medicaid/Medicare  
Private pay  
Sliding fee scale based on income eligibility

Note: Clients must be receiving their primary care with this agency in order to access behavioral health services.

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## **NEIGHBORHOOD HEALTH (South County/Alexandria)**

<http://www.neighborhoodhealthva.org>

**Telephone:** 703-535-5568

**Current Status:** Accepting clients

**Populations Served:** Children  
Adolescents  
Young Adults  
Adults

**Services Provided:** Individual Therapy – In Person & Telehealth: Yes

**Payment Options:** Medicaid/Medicare  
Private pay  
Sliding fee scale based on income eligibility

Note: Clients must be receiving their primary care with this agency in order to access behavioral health services.

## **NORTH SPRING BEHAVIORAL HEALTHCARE**

<http://www.northspringleesburg.com/>

**Telephone:** 703-777-0800

**Current Status:** Currently not accepting new clients

**Populations Served:** Children  
Adolescents

**Services Provided:** Individual Therapy – In-Person & Telehealth: Yes  
Group Therapy – Telehealth: Yes  
Other – In-Person: Yes  
Other – Telehealth: Yes  
Other Detail: Intake and Assessment, Inpatient Acute and RTC Services

Note: Currently, all therapy is provided via telehealth

**Payment Options:** Private insurance  
Medicaid

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## **NORTHERN VIRGINIA FAMILY SERVICE (YOUTH INITIATIVES AND MULTICULTURAL CENTER)**

<http://www.nvfs.org/>

**Telephone:** 571-748-2500

**Current Status:** Accepting clients on our waitlist and doing triage for all

**Populations Served:** Children  
Adolescents  
Young Adults  
Adults

**Services Provided:** Individual Therapy – In-person & Telehealth: Yes  
Group Therapy - Telehealth

**Payment Options:** Sliding fee scale/low or no-cost options

## **OAK HILL PSYCHOLOGICAL SERVICES**

<http://www.oakhillpsychological.com/>

<b>Telephone:</b>	703-214-4924
<b>Current Status:</b>	Accepting new clients (varies per clinician)
<b>Populations Served:</b>	Children (over 8 years old, varies per clinician) Adolescents Young Adults Adults
<b>Services Provided:</b>	Individual Therapy – Telehealth: Yes Other – Telehealth: Yes Other Detail (not primary service): Family therapy; couples therapy
<b>Payment Options:</b>	Sliding fee scale options (case by case basis) Out of Network; superbills provided

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## **OCOCOQUAN COUNSELING**

<b>Telephone:</b>	703-494-6830
<b>Current Status:</b>	Currently not accepting new clients
<b>Populations Served:</b>	Children Adolescents Young Adults Adults
<b>Services Provided:</b>	Individual Therapy – Telehealth: Yes Other – Telehealth: Yes Other Detail: Family therapy via telehealth
<b>Payment Options:</b>	Medicaid

## **PHILLIPS FAMILY PARTNERS**

<http://www.phillipsprograms.org/>

**Telephone:** 703-658-9054

**Current Status:** Accepting new clients

**Populations Served:** Children  
Adolescents  
Young Adults  
Adults

**Services Provided:** Individual Therapy – Telehealth: Yes  
Group Therapy – Telehealth: Yes  
Other Telehealth – Yes

**Payment Options:** Medicaid  
CSA funding  
Private Pay

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## **POTOMAC CENTER, INC.**

<http://www.mypotomaccenter.com/>

**Telephone:** 703-379-7350

**Current Status:** Accepting new clients. Current waitlist for counseling.

**Populations Served:** Adolescents  
Young Adults  
Adults

**Services Provided:** Individual Therapy – Telehealth: Yes

**Payment Options:** Private insurance (varies per provider)  
Medicaid

## **PROFESSIONAL PSYCHOLOGICAL SERVICES**

<http://www.professionalpsych.com/>

**Telephone:** 703-879-2482

**Current Status:** Current not accepting new clients

**Populations Served:** Children  
Adolescents  
Young Adults  
Adults

**Services Provided:** Individual Therapy – Telehealth: Yes  
Group Therapy – In-Person: Yes  
Group Therapy – Telehealth: Yes  
Support Groups – Telehealth: Yes

Note: Check for status update.

**Payment Options:** Private insurance  
Sliding fee scale/low or no-cost options

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## **RUBY, DR. LAURENTIA**

<http://www.drlruby.com/>

**Telephone:** 703-688-2523

**Current Status:** Accepting new clients

**Populations Served:** Adolescents  
Young Adults  
Adults

**Services Provided:** Individual Therapy – In-Person: Yes  
Individual Therapy – Telehealth: Yes  
Other Detail: Will do telehealth if it's critical that therapy be virtual.

**Payment Options:** (Limited) Sliding fee scale

## **SECOND STORY**

<http://www.second-story.org/>

<b>Telephone:</b>	703-506-9191
<b>Current Status:</b>	Accepting new clients for emergency housing and crisis
<b>Populations Served:</b>	Children Adolescents Young Adults Adults
<b>Services Provided:</b>	Individual Therapy – In-Person: Yes Individual Therapy – Telehealth: Yes Family Therapy – In-Person: Yes Other – In-Person: Yes Other: Case Management Services, emergency housing, counseling. Services for Young and Pregnant Mother's (housing and counseling)
<b>Payment Options:</b>	All services are free to clients

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## **PRS, INC.**

[www.prsinc.org](http://www.prsinc.org)

<b>Telephone:</b>	703-536-9000
<b>Current Status:</b>	Accepting new clients
<b>Populations Served:</b>	Children Adolescents (16 and above) Adults (Primary focus population)
<b>Services Provided:</b>	Individual Group/Family Peer Supports

Other: Life skills training, Substance Abuse, Recovery Academy/School

**Payment Options:** Private Insurance, County Contracts  
Medicaid  
Medicare

## **UMFS**

<http://www.umfs.org/>

**Telephone:** 866-252-772

**Current Status:** In residential not accepting COVID 19 positive or exposed; TFC is dependent upon the situation; community-based services are offered via telehealth

**Populations Served:** Children  
Adolescents  
Young Adults

**Services Provided:** Other – In-Person: Yes  
Other – Telehealth: Yes  
Other Detail: Residential; Treatment Foster Care; FSP; Community services; Family therapy

**Payment Options:** Private insurance  
Medicaid  
CSA

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## **VICTORIA TRANSCULTURAL CLINICAL CENTER**

<http://www.vtccnet.com/>

**Telephone:** 703-218-6599

**Current Status:** Accepting new clients

**Populations Served:** Children  
Adolescents

**Services Provided:** Other - In-Person – Yes

Other - Telehealth – Yes

**Payment Options:** Medicaid  
CSA

**VIRGINIA HOME BASED COUNSELING, PC**

<http://www.chooseyourprovider.org/>

**Telephone:** 703-367-7800

**Current Status:** Accepting new clients

**Populations Served:** Children  
Adolescents  
Young Adults  
Adults

**Services Provided:** Other – In-Person: Yes  
Other – Telehealth: Yes  
Other Detail: IIH and MHSS mostly telehealth but some in person with precautions when necessary.

**Payment Options:** Medicaid  
Self Pay

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**WISE FAMILY, THE, COUNSELING & ASSESSMENT**

<http://www.thewisefamily.com/>

**Telephone:** 844-947-3326

**Current Status:** Accepting new clients

**Populations Served:** Children  
Adolescents  
Young Adults  
Adults

**Services Provided:** Individual Therapy – In-Person: Yes  
Individual Therapy – Telehealth: Yes  
Group Therapy – Telehealth: Yes



Support Groups – In-Person:  
Support Groups – Telehealth: Yes  
Other Detail: Family therapy via telehealth

**Payment Options:** Sliding fee scale/low or no-cost options  
Private pay for service

**WOMEN'S CENTER, THE**

<http://www.thewomenscenter.org/>

**Telephone:** 703-281-2657

**Current Status:** Currently suspending walk-in intake

**Populations Served:** Children (5 years old and up)  
Adolescents  
Young Adults  
Adults

**Services Provided:**

Individual Therapy – In-person: Yes (as requested)  
Telehealth: Yes  
Group Therapy – Telehealth: Yes  
Support Groups – Telehealth: Yes  
Other: Workshops, Financial Advising, Domestic Violence  
advocacy

Note: Spanish services available

**Payment Options:** Private insurance  
Sliding fee scale  
Range of fees for counseling services is from \$55 - \$165

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**YOUTH FOR TOMORROW**

<http://www.youthfortomorrow.org/>

**Telephone:** 703-368-7995

**Current Status:** Accepting new clients

**Populations Served:** Children  
Adolescents  
Young Adults  
Adults

**Services Provided:** Individual Therapy – Telehealth: Yes  
Group Therapy – Telehealth: Yes  
Other Detail: Family therapy, medication management

**Payment Options:** Private insurance  
Medicaid  
Sliding fee scale/low or no-cost options