

FAIRFAX-FALLS CHURCH COMMUNITY SERVICES BOARD

Suzette Kern, Chair Merrifield Center 8221 Willow Oaks Corporate Drive Level 1 - Room 308 A/B Fairfax, Virginia 22031

Wednesday, January 24, 2018 5:00 p.m.

1. *Meeting Called to Order* Suzette Kern 5:00 p.m.

2. Recognition Suzette Kern

3. *Matters of the Public* Suzette Kern

4. Amendments to the Meeting Agenda Suzette Kern

5. Approval of CSB December 20, 2017 Board Meeting Suzette Kern

Minutes

6. Matters of the Board

7. Committee Reports

A. Behavioral Health Oversight Committee Gary Ambrose

B. Fiscal Oversight Committee Captain Basilio 'Sonny' Cachuela, Jr

C. Developmental Disabilities Committee Sheila Jonas/Jane Woods

D. Other Reports

Legislative Visit Debrief

Ad Hoc Committee Reports
 Ad Hoc Committee Chairs

8. Information Item

A. CSB CIP (Capital Improvement Project)

CSB Staff

B. 9-1-1 Pre-Notification Endorsement

Suzette Kern

9. Director's Report Daryl Washington

1(Adjournment

Fairfax-Falls Church Community Services Board December 20, 2017

The Board met in regular session at the Merrifield Center, 8221 Willow Oaks Corporate Drive, Fairfax, VA.

<u>The following CSB members were present</u>: Suzette Kern, Chair; Jennifer Adeli, Daria Akers, Thomas Burger, Basilio 'Sonny' Cachuela Jr., Ken Garnes, Sheila Coplan Jonas, Bettina Lawton, Paul Luisada, Edward Rose, Diane Tuininga, and Jane Woods

The following CSB members were absent: Gary Ambrose, Molly Long, and Adrienne Walters

The following CSB staff was present: Tisha Deeghan, Daryl Washington, and Michael Lane

1. Meeting Called to Order

Suzette Kern called the meeting to order at 5:04 p.m.

2. Recognition

Retiring Deputy County Executive for Health and Human Services Pat Harrison was honored for her many accomplishments and years of dedicated service including her unwavering support of the CSB.

Offering a reminder that CSB Executive Director Tisha Deeghan has accepted the position of Deputy County Executive for Health and Human Services upon the retirement of Pat Harrison, Ms. Deeghan was presented with a plaque that acknowledged her many dynamic contributions and significant accomplishments during her three years with the CSB. CSB Board Chair Suzette Kern, and Board members Gary Ambrose (Ms. Kern presented on his behalf as he was unable to attend) and Ken Garnes each added individual praise for Ms. Deeghan's performance and accomplishments during her tenure.

Following the presentations, cake was enjoyed by all attendees.

3. Presentation- Affordable Housing

Tom Fleetwood, Director of Housing and Community Development for Fairfax County provided an update to Affordable Housing in Fairfax County which included a slideshow. Highlights of the information provided included:

- Acknowledgement of the successful partnership between Housing and the CSB including the PATH (Projects for Assistance in Transition from Homelessness) program.
- Illustration of the housing difficulties faced by extremely low income families and individuals with disabilities, noting that these individuals, earning minimum wage, would need to work four (4) full time jobs to pay the average rent for a two-bedroom apartment in Fairfax County.
- A report that seniors are the most rapidly growing population in need of housing assistance
- It was further reported that rents have increased 17% between 2010-2015, while incomes have increased 10% making it difficult for an increasing number of people to secure housing unassisted in the County.

- The Housing Authority, the Department of Housing and Community Development, various private for-profit and non-profit partners, and an active advocacy community are some of the members of a robust community working to address housing concerns.
- It was reported that the Housing Choice Voucher Program is the largest program further reporting that the wait list for this program has been closed since 2007.
- The Public Housing Program, Rental Assistance Demonstration Program (RAD), through an opportunity provided by the federal Department of Housing and Urban Development (HUD), has converted all 1,060 public housing properties to a Section 8 subsidy as of December, 1 2017. This was clarified to mean that the units now have a project-based voucher providing a more stable subsidy platform that also offers an opportunity for the resident to have access to a tenant-based voucher when one becomes available. Following this change, the Housing Authority has an opportunity to review the potential strategic redevelopment of some of the older public housing sites to create more affordable housing.
- Further addressing the Housing Choice Voucher Program, several updates were provided to include:
 - Acknowledging that the Housing Authority and the Dept. of Housing and Community Development are greatly dependent on federal funding, it was reported that the funding breakdown is Housing Authority is 25%, the Dept. of H & CD provides 25% and the federal government provides the remaining 50%.
 - The recently approved tax reform bill did not affect the ability of the Housing Authority to access low income tax credit funding, which is a key funding resource. Additionally, it was reported that the Community Development Block Grant (CDBG) and Home Investment Partnerships program which fund the Affordable Housing Development and Rental Subsidies programs were also not affected.
 - Noting current challenges in the Housing Choice Voucher program, it was reported that a significant budget reduction is anticipated over the next several years. Planning for future decreases in funding is underway.

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4. Matters of the Public

No members of the public requested to speak

5. Amendments to the Meeting Agenda

The agenda was provided for review and accepted as presented.

6. Approval of the Minutes

Paul Luisada made a motion for approval of the November 15, 2017 minutes of the Fairfax-Falls Church Community Services Board as presented, which was seconded and passed.

7. Matters of the Board.

None were presented

8. Committee Reports

A. Behavioral Health Oversight Committee (BHOC):

Gary Ambrose, unable to attend this meeting, requested that Suzette Kern provide the meeting update to the board on his behalf and provided Ms. Kern with the following highlights of the December BHOC meeting:

• The Diversion First report included updates from Marissa Farina-Morse and Abbey May, some highlights of which were the development of a 5-year plan,

- noting a key factor is staff recruitment and retention, with an emphasis on filling critical positions.
- Evan Jones provided an update to review of the Psychosocial Rehabilitative Program in anticipation of the implementation of the next phase of STEP-VA (System Transformation, Excellence, and Performance in Virginia).
- Daryl Washington provided clarification to information provided previously on the *Financial Realignment of Virginia's Public Behavioral Health System*, proposed by the Department of Behavioral Health and Developmental Services (DBHDS).

The next meeting is Wednesday, January 10, 5:00 p.m. at the Merrifield Center, Level 1-Room 409308 A/BA.

B. Fiscal Oversight Committee:

Captain Cachuela provided highlights of the December committee meeting, some of which included:

- A Human Resources update noted the number of vacant general merit positions, as of December 4, 2017, was 129 positions, a reduction from the 131 positions in the last reporting period.
- CSB Critical Position recruitment efforts included the following:
 - Merrifield Crisis Intervention Center (MCRC) is almost fully staffed with the recent hiring of a Crisis Intervention Specialist, leaving only 1.5 positions to be filled.
 - Offers are underway at the Adult Detention Center (ADC) to fill four Behavioral Health Specialist positions, an ad for an additional position is closing, and peer position interviews are in process.
- Captain Cachuela, Michael Lane, and Marta Cruz are working to develop a
 more concise and simpler format of the Modified Fund Statement. The revised
 document will be presented to the Committee in draft form at the January
 meeting.
- Accumulated Compensation and Fringe Benefits savings are approximately \$2 million, and if projections hold, a year-end savings of \$5 million is anticipated
- Providing an update to the FY 2019 budget requests, it was noted amounts have now been determined for the support coordinators. Twelve support coordination positions have been proposed at a cost of \$1M, noting that 5 of the 12 positions are revenue producing and are anticipated to provide an estimated \$300K.
- The Time to treatment update noted increased wait time at Springfield for adults and at Reston for youth services, attributed to staff shortages.
- Following some questions raised by Delegate Mark Sickles, additional talking points are being prepared and will be distributed to CSB Board members as further background for discussions with Virginia legislators. The issues include the Governors Access Plan (GAP) for healthcare, permanent supportive housing, financial realignment and same day access.
- Reporting the FY 2019 forecast is improved over previous projections, it was noted the anticipated deficit is \$100M. Information provided in the November 28th joint

meeting of the Board of Supervisors and School Board, included the following highlights:

- There is a projected \$124 million revenue increase in FY 2019 over FY
 2018
- Real estate revenue is expected to increase with nonresidential by 3.2% and residential by 1.93%
- o While the revenues increase, they will not cover the disbursement needs.

The next meeting is Friday, January 19, 9:00 a.m. at the Pennino Building, Room 836A.

C. Developmental Disabilities Committee:

Sheila Jonas, noting there was no December meeting provided the following information:

- A November 2017 update to the implementation of Commonwealth Coordinated Care Plus (CCC+) is available upon request.
- Distributing a calendar of dates and times for CCC+ Provider Conference Calls, which are currently underway, attendees were encouraged to participate in the calls as they are an excellent source of information

The next meeting is Wednesday, February 7 at 5:30 p.m. at the Merrifield Center, Level 1-308A/B. The DD Committee will meet on the first Wednesday of the even months beginning with this meeting.

D. Other Matters

Suzette Kern offered a reminder of two opportunities to provide testimony before the General Assembly. Speakers have volunteered as follows:

- Ms. Kern will provide testimony at the Public Hearings on the Governor's Proposed 2018-2020 Budget on Wednesday, January 3, 2018 at the Northern VA Community College at Loudoun, Waddell Building
- The Fairfax County General Assembly Delegation's pre-2018 Session Public Hearing is. Saturday, January 6, 2018 at the Fairfax County Government Center Board Auditorium. Providing testimony will be Bettina Lawton, Jennifer Adeli, and Diane Tuininga
- A reminder of the VACSB (Virginia Association of Community Services Boards) Legislative Conference, January 16 & 17 was offered, noting Suzette Kern and Gary Ambrose were currently registered to attend.
- Ken Garnes requested scheduling a discussion of the CSB Board interactions/visits with members of the VA General Assembly.

Ad Hoc Committee Chairs provided updates as follows:

- *CSB Board Member Orientation and Ongoing Education*: Committee Chair Edward Rose, announced the second committee meeting is scheduled for Friday, January 19th, at the Pennino Building. This meeting is scheduled to occur directly following the Fiscal Oversight Committee meeting.
- CSB Board Statutory Responsibilities Review Committee: Committee Chair Bettina Lawton offered a reminder that the initial meeting refined statutory information received at the September 2017 CSB Board Retreat. The next

- meeting is planned for early January 2018; committee members will be polled for availability. Once finalized, the date will be published to all board members with encouragement to attend.
- *CSB Board Workforce Review Committee*: Committee Chair Jennifer Adeli reported a well-attended and successful first meeting on November 30. Noting the substantial preparation by staff to provide current staffing data, highlights of the meeting included:
 - The target vacancy rate is approximately 10%, currently trending a little higher at 14%
 - O The breakdown between resignations and retirements was approximately 50/50, with very few involuntary terminations. Staff turnover was largely attributed to voluntary resignations. Data to determine the primary reasons for the high number of voluntary resignations will be researched and provided at the next committee meeting.
 - The January meeting will be scheduled and the date announced once determined.

9. Director's Report

Tisha Deeghan made several announcements including the following:

- CSB Board members were encouraged to participate in the upcoming Board of Supervisors Health, Housing, and Human Services Committee meetings on Tuesday, January 9 and Monday, January 15. Anticipated topics include a report on the opioid crisis, the gang task force, equitable school readiness plan, housing strategic plan, and the human services resource plan.
- A reminder was offered that Ms. Deeghan begins her new position as Deputy County Executive, Department of Health and Human Services on Monday, January 8, 2018.
- Board attention was directed to several publications that were included in the Board meeting materials including the CSB Annual Report for Fiscal Year 2017, the Fairfax County, VA 2018 Human Services Issue Paper, and the Fairfax County, VA 2018 Legislative Program.

There being no further business to come before the Board, a motion to adjourn was offered, seconded and carried. The meeting was adjourned at 6:03 p.m.

Actions Taken • The November 15, 2017 meeting minutes were approved.			
Date	Staff to Board		

Date: December 6, 2017

Location: Merrifield Center, First Floor, Room 1-308A/B West

Board and Associate Members: Chair, Gary Ambrose; CSB Board Member Captain Basilio 'Sonny' Cachuela Jr.; CSB Board Chair Suzette Kern; CSB Board Member Diane Tuininga; Terry Atkinson, Gartlan Advisory Board; Peter Clark, Northern Virginia Mental Health Foundation; Lauren Goldschmidt, ServiceSource, Inc.; Tom Schuplin, PRS, Inc.; Deanne Mullins, Community Residences, Inc.; Sylisa Lambert-Woodard, Psychiatric Rehabilitation Services, Inc.

Staff: Daryl Washington, CSB Deputy Director, Clinical Operations; Mark Blackwell, Director Office of Consumer and Family Affairs; Lucy Caldwell, CSB Communications Director; Jean Hartman, Assistant Deputy Director, Community Living Treatment and Supports; Evan Jones, Director, Employment and Day Services; Abbey May, Service Director Emergency and Acute Services; Marissa Farina Morse: Service Director Diversion First; Lyn Tomlinson, Assistant Deputy Dir., Acute & Therapeutic Treatment Services;. Also present were other private sector staff as well as members of the public

Topic	Action	Responsible Party	Due Date
Meeting Call to Order	Meeting was called to order at 5:00 p.m.	Gary Ambrose	
Opening Remarks Announcements	Gary Ambrose announced that CSB Executive Director Tisha Deeghan had accepted a position as Health & Human Services Deputy County Executive effective January 8, 2018.		
Minutes	The November 8, 2017 Behavioral Health Oversight Committee draft minutes were provided for review. Following review, Suzette Kern made a motion to accept the minutes as presented, which was seconded and passed unanimously.	Committee Members	
Associate Member Presentations and Concerns	 Several Associate Members provided updates to recent agency activities. Tom Schuplin, Psychiatric Rehabilitation Services (PRS); announced the Day Program is moving to a new and expanded space and the Administrative and Crisis Services are moving to a different new location at the end of March, 2018. Peter Clark, Northern Virginia Mental Health Foundation (NVMHF); shared that NVMHF had awarded a record number of grants in 2017. Lauren Goldschmidt, ServiceSource; reported submission of a grant application to the Consolidated Community Funding Pool (CCFP). Terry Atkinson, Gartlan Advisory Board; offered a reminder of the Gartlan Advisory Board Meeting Tuesday, December 12th. 	Associate Members	
Matters of the Public	None were presented		

Topic	Action	Responsible Party	Due Date
Diversion First Update	 Marissa Farina Morse, distributing a handout, offered additional details to recent Diversion First activities. Most prominent among those is development of a 5-Year plan, a key component of which is ongoing recruitment. Additional staff is needed to address the more complex needs of inmates with Substance Abuse and Mental Health recovery needs and to increase access to services while minimizing barriers. Noting the tremendous hiring efforts in the last year, it was highlighted that appointments included 11 staff in Jail Diversion at the Merrifield Center and eight staff to the Jail Based Team at the Adult Detention Center (ADC) with four new staff in the last two weeks Referring to the handout, attention was directed to the update for Jail Based Services, some highlights of which include: Current hiring needs include the recruitment of two Behavioral Health Specialist II (BHS II) for a Recovery Program Coordinator to address administrative and clinical needs in the ADC, and for a Coordinator to liaison with the Supervised Release Program and with Pre-Trial Services for follow up and support of discharged inmates. Development of a Drug court, the formation of which was recently approved by the Supreme Court of VA. Staff is partnering with Circuit Court and Probation to complete the application and will provide training in the eight key disciplines required to launch a drug court. Development of a Mental Health Docket, currently being managed by the Supervised Release Program. Addressing the identified need for three BHS I, six BHS II, and one BHS III in the next five years in the Jail Diversion Program. It was clarified that the position of Peer Support Specialist is particularly valuable with engagement and relationship building for supportive services and community linkage. 		
	Abbey May offered a reminder that the Merrifield Crisis Intervention Center has been operating for two years in January 2018. Emphasizing that recruitment has been a priority due to the increase in the number of Law Enforcement transfer of custody events, recent appointments include six Crisis Intervention Specialists and five Peer Recovery Specialists.		
	A reminder was offered of the increased Law Enforcement coverage to 24-hours, noting that due to the increased coverage, officers are available and are assisting with voluntary intakes. Additionally, it was reported that there is a continuing increase in the number of Emergency Custody Orders (ECO) and diverted individuals.		
	The number of CIT training classes provided at the Criminal Justice Academy have been increased.		

Topic	Action	Responsible Party	Due Date
	Addressing planned expansion of the hours of operation for the second of two Mobile Crisis Units (MCU). It was explained that the unit has added Saturday operation to the schedule and, as of January 1, 2018, will add Sundays to the schedule.		
	It was acknowledged that Peer Recovery Specialists (PRS) provide valuable support in Emergency Services (ES) through interactions with individuals seeking services including guidance through the intake and assessment process, intervention, if needed, when the individual first arrives, and connection to resources. Recognizing a need related to youth intakes, staff recommended development of a youth drop-in group in ES.		
	It was noted that one Jail Diversion staff works in Emergency Services one day each week providing an opportunity to refer the individual to Jail Diversion services while the individual is still in the MCRC.		
	Current recruitment efforts include seeking a Care Coordinator to follow up with individuals who have been diverted to alternative treatment, that may include hospitalization, to ensure treatment recommendations are being followed. There is a focus on individuals who frequently cycle in and out of services including diversion.		
	Another detail of the five-year plan includes the development of a third MCU designed as a co-responder unit in combination with Law Enforcement and Fire & Rescue. Additionally, further Law Enforcement Coverage will be requested for the MCRC.		
	Efforts to provide onsite medical clearance include proposing a partnership with Inova to provide the medical clearances.		
	Daryl Washington provided some additional information to the five-year plan including noting there will be a request for additional funding for housing for individuals discharging from the ADC and for additional youth services.		
CSB Rehabilitative Program	Evan Jones provided an update to the review of the Psychosocial Rehabilitative Program. This review includes three community forums, the first two have already occurred, the third is scheduled for the following evening at the South County Government Center at 7:00 p.m. – 9:00 p.m. Additionally, there is an online option on the CSB website to provide feedback. Attendance at tomorrow night's forum was encouraged.		
DBHDS Financial Realignment	Daryl Washington directed attention to information provided in the meeting materials. Providing a brief synopsis of the Financial Realignment proposal, it was noted that this is a four-year plan proposing to transfer the cost of hospitalizing individuals from the Commonwealth and to the CSB's.		

Topic	Action	Responsible Party	Due Date
	Acknowledging the main driver of this proposal is the high number of patients in state hospitals combined with the much higher cost of patient treatment in a state hospital setting versus community based treatment by CSB's, it was noted that 50% of the behavioral health funding in Virginia is spent on state hospitalization, versus 20% in other states. The primary goal of the proposed plan is to treat more individuals in the community, while paying careful attention to how funding is disbursed throughout the Commonwealth. It was recognized that close attention must be paid to the implementation of the Realignment as updates are provided. Committee attention was directed to a high-level summary of the proposed plan provided in the handout. Committee and Associate members and staff engaged in a robust discussion.		
Staff Reports	No further information to be provided.		
Adjournment	There being no further business to come before the Committee, the meeting was adjourned at 6:13 p.m.	Gary Ambrose, Chair	

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Date Approved

Prepared by Erin Bloom

CSB Fiscal Committee Meeting Notes

Date: December 8, 2017

Attending: Captain Basilio 'Sonny' Cachuela Jr, Chair; Gary Ambrose, Ken Garnes; Bettina

Lawton and Molly Long

Staff: Michael Lane and Marta Cruz

Summary of Information Shared/Decisions:

Review of Meeting Notes

The committee reviewed and accepted the notes of the November 15, 2017 meeting as revised.

Human Resources (HR) Update

Noting reports of the status of positions is being incorporated within the monthly HR updates, Marta Cruz highlighted the following:

- The vacancy rate as of December 4th, is 129 which is down from the previous pay period of 131.
- In November, there were 27 appointments along with 8 terminations, for a calendar year-to-date total of 384 and 129, respectively.
- Among the CSB critical positions, it was noted-
 - A crisis intervention specialist has been hired leaving 1.5 positions still to be filled in Emergency Services (ES).
 - In Youth and Family, hiring packets for 3 behavioral health specialists are finalized, senior clinician resumes are being reviewed, and interviews are underway for a forensics manager.
 - Developmental Disabilities support coordinator hiring packets have been finalized for 6 positions. In addition, interviews for additional positions will soon commence, while an ad for a specialist IV is closing this week.
 - At the Adult Detention Center, 4 offers are underway for behavioral health specialists, an ad for an additional position is closing, and peer position interviews are in process.

In response to a request on the ratio of positions being filled by internal candidates, it was indicated this data can be gathered and presented at the next committee meeting.

Deputy Director Report

- Captain Sonny Cachuela indicated that the Modified Fund Statement is being reviewed
 and efforts are underway to develop a more concise and simpler format that will assist in
 a better understanding of how the budget is impacted throughout the year. This would
 include encumbrances, carryover, projection methodology and other related elements
 affecting the funding levels. In addition, it was noted with a new county executive
 beginning in January, there may be changes as to the budget process and expectations.
- Pay Period Metrics:
 - As of Pay Period 22, accumulated compensation and fringe benefits savings are approximately \$2 million, and if projections hold, a year-end savings of \$5 million is anticipated.

CSB Fiscal Committee Meeting Notes

 Following presentation of a workforce plan to the Department of Management and Budget and HR in October, the CSB is awaiting approval. It was noted that 29% of the workforce is eligible to retire.

• FY 2019 CSB Budget Submission:

- Referencing the additional FY 2019 budget requests, it was noted amounts have now been determined for the support coordinators. Twelve support coordination positions have been proposed at a cost of \$1 million, and as 5 of 12 positions are revenue producing, it is estimated \$300,000 can be generated.
- Amounts associated with Employment and Day Services as well as Fringe Benefits remain outstanding.

Diversion First.

- Merrifield Crisis Response Center is almost fully staffed, with 1.5 crisis intervention positions remaining unfilled as well as 1 peer specialist.
- Individuals receiving medical clearance is increasing, however, use continues to remain constrained due to the limited hours medical assistance is available to process.
- The second Mobile Crisis Unit hours have been expanded to Saturdays and will further be expanded to Sundays in January 2018.
- A care coordination position will be appointed for ES focusing on super utilizers to assist these individuals in receiving treatment.
- A youth drop-in group will soon be started.
- Refurbishing of recovery rooms in ES is underway to provide a quieter and less sterile environment.
- At the Adult Detention Center, two behavioral health specialists as well as a peer support specialist are preparing to start.
- New initiatives continue including administering Vivitrol to individuals leaving the jail which is a 30-day medication to prevent relapse of Opioid dependence following detox.

• Time to Treatment:

o It was indicated the charts demonstrate an increase at the Springfield site for adults and at Reston for youth which is partially attributable to staff resignations/ retirements at those locations. There was mention of the exit interviews to gather information to assess if there may be any climate issues impacting staffing. In addition, clarification was requested on the added charts providing actual numbers at some locations.

Legislative Follow Up:

Following some questions raised by Delegate Mark Sickles, additional talking points are being prepared and will be distributed to CSB Board members shortly as further background for discussions with Virginia legislators. The issues include the Governors Access Plan (GAP) for healthcare, permanent supportive housing, financial realignment and same day access.

CSB Fiscal Committee Meeting Notes

- Separately, it was noted an estimated funding amount to request for assistance with the opioid crisis would be helpful to provide to legislators during discussions.
- FY 2019 County Budget Forecast.
 - It was indicated the FY 2019 forecast is looking better than previous projections, but still forecasts a \$100 million deficit. In highlighting some slides from the November 28th joint meeting of the Board of Supervisors and School Board, it was noted:
 - There is a projected \$124 million revenue increase in FY 2019 over FY 2018
 - Real estate revenue is expected to increase with nonresidential by 3.2% and residential by 1.93%
 - While the revenues increase, they will not cover the disbursement needs.

Action Items/Responsible Party Required Prior to Next Meeting:

Issues to Communicate to CSB Board:

Agenda Items for Next Meeting:

Fiscal Oversight Committee meeting

Friday, January 19, 2017, 9:00 am

Pennino Building, 12011 Government Center Parkway, Suite 836A, Fairfax, VA