Fairfax-Falls Church Community Services Board June 27, 2018

The Board met in regular session at the Merrifield Center, 8221 Willow Oaks Corporate Drive, Fairfax, VA.

<u>The following CSB members were present</u>: Suzette Kern; Chair; Jennifer Adeli; Daria Akers; Thomas Burger; Basilio 'Sonny' Cachuela Jr.; Ken Garnes; Sheila Coplan Jonas; Bettina Lawton; Molly Long; Edward Rose; Nancy Scott; Diane Tuininga; and Jane Woods

The following CSB members were absent: Gary Ambrose; Paul Luisada; and Adrienne Walters

<u>The following CSB staff was present</u>: Daryl Washington; Michael Lane; Mark Blackwell; Lucy Caldwell; Marissa Farina-Morse; Jean Hartman; Evan Jones; Victor Mealy; Lisa Potter; Lyn Tomlinson; and Barbara Wadley-Young

1. Meeting Called to Order

Suzette Kern called the meeting to order at 5:03 p.m.

2. Recognition

Molly Long, resigning from the Board effective this month, was presented with a plaque honoring her many contributions to the Board. Suzette Kern read from the plaque, adding her thanks and the thanks of the Board and the CSB for Molly's accomplishments, including Chairing the Legislative Committee.

Jean Hartman announced her retirement from the CSB following 29 years of service with the CSB. Ms. Kern presented Ms. Hartman with a celebratory plaque, reading the sentiments aloud to share them with all meeting attendees, adding the gratitude of the Board for the collaboration, insight, and true dedication of Ms. Hartman towards the individuals served.

G. Michael Lane accepted a promotion to head the newly formed Office of Strategy management (OSM) effective July 7, 2018. A congratulatory plaque was presented to Mr. Lane paying tribute to his many accomplishments during his tenure as Director of Administrative Operations. In addition, Board members Captain Basilio 'Sonny' Cachuela Jr, Ken Garnes, Bettina Lawton, and Suzette Kern added praise and congratulations on his new position.

3. Matters of the Public

None were presented.

4. Amendments to the Meeting Agenda

The agenda was provided for review and approved as presented.

5. Approval of the Minutes

Draft minutes of the May 23, 2018 meeting of the Fairfax-Falls Church Community Services Board were presented for review. As no suggestions for revision were offered, Edward Rose made a motion for approval, which was seconded and passed.

6. Matters of the Board.

Daria Akers reported taking part in a June 2018 NAMI (National Alliance on Mental Illness) presentation before Parole Officers and Sheriff's Deputies working in the Pre-Release Center (PRC).

Diane Tuininga directed attention to the 17th Annual Pathway to Wellness Conference flyer in the Board materials. Noting the theme of the conference is "*Embracing Our Best Selves*" the date of the conference was announced for October 12, 2018 at the Government Center. Additional information will be provided as it becomes available.

Suzette Kern reported that Braddock District Supervisor John Cook had appointed Rachna Sizemore Heizer to the CSB Board seat just vacated by Molly Long. Noting that Ms. Heizer recently attended a New CSB Board Member Orientation, Ms. Kern offered that although Ms., Heizer was not able to attend the June meeting, she has indicated an interest in joining the Developmental Disabilities Committee.

7. Committee Reports

A. Behavioral Health Oversight Committee (BHOC):

Suzette Kern provided an update to the June meeting in the absence of Gary Ambrose. Meeting details included:

- Gary Ambrose was unanimously re-elected to the position of Committee Chair.
- A brief overview of the nomination and approval process had been offered by Mr. Ambrose, following which the FY 2019 Behavioral Health Oversight Committee Associate Members list was endorsed.
- Following the new procedure of Associate Members presentations, Ginny Atwood with the Chris Atwood Foundation provided a history of the establishment of the foundation. Current efforts include broad support of Substance Use Disorder recovery, extensive access to Naloxone, and comprehensive legislative advocacy. Additionally, it was noted the foundation offers scholarships for placement in Recovery Homes.

The next BHOC meeting is scheduled Wednesday, July 11, 5:00 p.m. at the Merrifield Center, Level 1-Room 308A/B.

B. Compliance Committee

Suzette Kern provided a brief overview of the first Compliance Committee meeting that included the purpose and function of the Committee as well as a review of the Committee Charter and Policy. The July meeting agenda includes a demonstration of some new tracking software 'ComplyTrack' to be provided at that month's meeting.

The next Compliance meeting is scheduled for Wednesday, July 18, 54:00 p.m. at the Merrifield Center, Level 1-Room 308A/B

C. Developmental Disabilities (DD) Committee:

Sheila Jonas provided highlights of the April meeting including:

 At the provider roundtable, 16 volunteer Associate Member agencies were endorsed as nominees to the Developmental Disabilities Committee.
 Attendees introduced themselves and included a brief synopsis of the services

- each offered. Ms. Jonas noted the introductions highlighted the myriad services available to assist the needs of individuals in the DD population.
- CSB staff Evan Jones, Jean Post, Barbara Wadley-Young, and Victor Mealy provided staff updates. At Ms. Jonas' urging, Mr. Evans provided a report to recent activities including participation on a state committee addressing proposed adjustments to Medicaid Waiver Rates. Proposals included increases to personnel costs to address no Cost of Living Adjustment (COLA) or Contract Rate Adjustment (CRA) provision in some time. This proposal is projected at a cost of approximately \$30M, divided equally between state and federal/CMS funding.

The next meeting is Wednesday, August 1 at 5:30 p.m. at the Merrifield Center, Level 1-Room 308A/B.

D. Fiscal Oversight Committee:

Captain Basilio 'Sonny' Cachuela, Jr provided an update to the April meeting noting a full agenda. Some highlights included:

- The year-end balance is projected to be significant, attributed to savings in compensation and fringe benefits, accumulated over the past several years.
- FY 2018 Carryover requests were reviewed, some of which are STEP-VA,
 Opioid Task Force, Medicaid Expansion, and CCC+ (Commonwealth
 Coordinated Care Plus). Requests are due to DMB (Department of
 Management and Budget) by July 5, 2018, with formal approval due from the
 Board of Supervisors (BOS) on September 18, 2018.
- Staff has begun development of the FY 2018 End of Year report that will be distributed to the BOS and the cities of Fairfax and Falls Church by the end of August.
- The FY 2019- FY 2020 Budget Guidance was discussed noting the importance of the County Strategic Plan being developed by County Executive Bryan Hill. It was noted that Mr. Hill plans to establish a stakeholders group to encourage community involvement in developing the Plan that is anticipated to be completed in January 2020. Reporting that Employment and Day Services was highlighted in the Budget Guidance, it was noted that DMB and Human Services Agencies are working with the WIN (Welcoming Inclusion Network) Stakeholders Group to develop funding options.
- As of June 9, 2018, there are 107 General Merit Vacancies including six positions added in the third quarter. Additional vacancies include both Deputy Director Positions, and several from the areas of Compliance and Fiscal
- Diversion First update included a report of 184 Emergency Custody Orders (ECOs) issued in May noting a continued increase is anticipated. Additionally, the soft launch of a co-respondent pilot program embedding a Mobile Crisis Unit with first responders in the Sully District was reported.

The next meeting is Friday, July 20, 9:00 a.m. at the Pennino Building, Room 836A.

D. Other Matters

Suzette Kern announced details of for the CSB Board Member Retreat as Saturday, September 29, 2018 noting a Planning Committee would be established later in the meeting.

Ms. Kern also announced that Paul V. Luisada, MD, representing the Mt. Vernon District had notified Ms. Kern earlier in the day of his resignation citing personal reasons.

8. Action Item

A. Approval of CSB Policies #1108 and #1400

Suzette Kern offered a reminder that CSB Board Policies #1108, Performance Director of Executive Director and #1400, Executive Director, had been posted for public comment following approval of proposed revisions at the June CSB Board meeting. Opening the floor for further recommendations and noting none were forthcoming, the floor was closed.

Edward Rose offered a motion to approve the submitted CSB Board Polices as revised, which was seconded and unanimously passed.

B. CSB Board Officer Elections

Ken Garnes offered a reminder that the following board members were nominated to the FY 2019 CSB Officer Nominating Committee in April; Ken Garnes, Captain Basilio 'Sonny' Cachuela, Jr, and Gary Ambrose. The current slate of officers including Suzette Kern, for Chair, Bettina Lawton, for Vice Chair, and Edward Rose, for Secretary, agreed to serve for a second term as allowed by the CSB Board Bylaws.

The floor was opened for further nominations. Noting none were forthcoming, the floor was closed. Ken Garnes moved to approve the full slate as detailed, which was seconded and unanimously approved.

C. Establish Ad Hoc CSB Board Member Retreat Planning Committee

Suzette Kern, announced the initial meeting was scheduled for Friday, July 6, 2018 at 10:00 a.m. at the Merrifield Center. It is anticipated that this will be a one-time meeting, primarily to set the agenda, encouraging all interested members to please attend.

Edward Rose offered a motion to approve establishment of an Ad Hoc CSB Board Member Retreat Planning Committee, which was seconded and passed.

D. FY19 – FY20 Community Services Performance Contract

Lisa Potter noting a delay in delivery of the FY 2019 – FY 2020 Community Services Performance Contract further noted that the funding allocations received with the Contract lacked the regional funding allocations of approximately several million dollars. The missing allocations have not yet been received, therefore, it is not possible to provide accurate projections. Once received, the contract will be updated and the Regional Partners consulted.

The request before the Board is to approve posting of the Contract for the required 30-day public comment period, following revision to include the new regional data. Ms. Potter highlighted that the Board Item includes a paragraph <u>Administrative</u> <u>Requirements</u> that highlights the changes from last year's contract, further noting that more detailed information may be obtained by accessing the provided link to the Cover Memo.

Bettina Lawton made a motion to approve posting for a 30-day public comment period for the FY 2019-FY 2020 Community Services Performance Contract, once all allocations of state and federal funds have been received, reviewed and accepted

9. Information Item

- A. Behavioral Health Oversight Committee Associate Member Nominations
 Suzette Kern, in the absence of Committee Chair Gary Ambrose, referred members to
 the Board Item included in the materials, highlighted the list of 20 agencies that
 volunteered to become or remain Associate Members of the Behavioral Health
 Oversight Committee. The Board will vote to approve the list of nominated agencies
 at the July CSB Board Meeting.
- B. Developmental Disabilities Committee Associate Member Nominations
 Jane Woods, noting that this is the inaugural effort to add Associate Members to the
 Developmental Disabilities Committee, referred members to the Board Item list of 16
 agencies that volunteered to become Associate Members. The Board will vote to
 approve the list of nominated agencies at the July CSB Board Meeting.

10. Peer Support Program Review

Mark Blackwell provided an overview of the Peer Support Program beginning with the SAMHSA (Substance Abuse and Mental Health Services Administration) definition of recovery as "A process of change through which individuals improve their health and wellness, live a self-directed life, and strive to reach their full potential". Drawing attention to copies of the slide presentation provided in the Board materials, Mr. Blackwell provided additional information, some highlights of which included:

- The Certified Peer Specialist Training program was designed by and for peers and is codified in the Commonwealth of VA. An overview of the program was provided to include:
 - There are currently six CSB Peer Specialists qualified to teach the 72-hour Certified Peer Specialist training class, reporting approximately 100 individuals have been trained in the last year.
 - There is a requirement of 500 hours of Supervised Peer Support Services, a number of paid internships have been established to assist with this requirement.
 - Peers must take a state-sponsored test that is administered by the Virginia Certification Board.

- Noting that employment is considered a key component of recovery, Mr. Blackwell reported that peers have been employed in Emergency Services for approximately 10 years, supporting this critical need.
- The Office of Consumer and Family Affairs works with peers to develop a Professional Development Plan to assist employed peers with honing their professional skills, working within the practice guidelines, and to remain very cognizant of the ethical standards.
- The Laurie Mitchell Empowerment & Career Center (LMECC) provides supportive employment services in support of the CSB employment team. In response to a request, they are initiating a recovery oriented employment readiness program designed to help people develop the business acumen needed to get and keep a job.
- Attention was directed to the organizational charts provided in the materials highlighting the various positions throughout the CSB that are filled by Peers, noting that the vacant positions are so indicated.

Copies of the slides provided at the meeting will be forwarded to the Board members.

11. Director's Report

Daryl Washington provided several updates to recent and planned CSB activities including the following:

- Referring to the literature on the left side of the Board folder, the three flyers provided information on three upcoming events including 1) the Developmental Disability Housing Fair on August 8th, 2) the opening of the Fairfax County RAD Housing Waitlist, noting the waitlist has been closed for the last 10 years and will only be open for a limited time, July 10th through July 23rd. Staff is attending webinars in preparation for assisting individuals in registering, and 3) the 17th Annual Pathways to Wellness Conference, October 12th announced earlier.
- An RFP (Request for Proposal) has been released, involving HCSIS (Health Care Services Information System), part of the Health and Human Services IT Roadmap. This is for a review of the Health Care Information System, examining an integrated approach to health care information together with various County agencies that provide health care including the CSB, the Health Department, the Fire Department, and the Sheriff's Office.
- Medicaid Expansion was approved effective January 1, 2019. Budget negotiations are ongoing, more information will be provided once available.
- Providing an update to Jail Based Services, Mr. Washington reported the BAA
 (Business Associate Agreement) has been signed by the CSB, and the accrediting
 body, the National Commission on Correctional Healthcare (NCCHC). The fully
 executed BAA is anticipated to initiate the full execution of the pending MOU
 (Memorandum of Understanding) with the Sheriff's Office. BAA's with additional
 accrediting bodies are in process.
- Referencing handouts in the materials, Mr. Washington reviewed the information on the critical bed shortage in the state hospital system. It was highlighted that a critical

component of the shortage is the lack of 'willing' beds in private psychiatric hospitals attributed to the individual's clinical profile. Further impact is the increase in Temporary Detention Orders (TDO's) combined with legislation requiring state hospitals to provide a bed of last resort. Mr. Washington confirmed that County Executive Bryan Hill and Deputy county executive Tisha Deeghan are also closely monitoring this situation. An engaged discussion ensued.

- Suzette Kern requested some talking points for further discussion with their District Supervisors. These will be developed and emailed to the full board at the earliest opportunity.
- Ken Garnes offered a reminder that the CSB is in the process of hiring a
 Public Policy/Legislative Analyst who will work closely with the Board on
 legislative matters including concerns of this type to address in visits with
 representatives.
- A reminder was offered that Mr. Washington will be out of the office on leave beginning July 1st and returning on July 12th. Additionally, Michael Lane's last day with the CSB is July 6th. Therefore, Mr. Lane will act as Executive Director July 1st through the 6th and Lyn Tomlinson will be Acting Executive Director July 7th through July 11th.
- Michael Lane provided an update to the Springfield site closure including:
 - o 12 staff are scheduled to move to Merrifield, including seven youth staff and five adult staff.
 - Efforts are ongoing to identify where staff will be temporarily placed as negotiations with FMD (Facilities Management Department) and DMB for space reconfiguration are finalized.
 - Regularly scheduled staff and client meetings are ongoing, attended by Lyn Tomlinson and Jean Hartman. The next meeting is scheduled for July 10th.

12. Closed Session

At 6:48 p.m. a motion was offered, seconded and passed to meet in closed session for discussion of personnel matters pursuant to the Virginia Freedom of Information Act, Virginia Code §2.2-3711 (A)(1)

The Board reconvened the open session at which time a motion was offered, seconded and passed, certifying to the best of the Board's knowledge that only public business matters lawfully exempted from open meeting requirements prescribed by the Virginia Freedom of Information Act and only such public business matters identified in the motion to convene a closed meeting, were heard, discussed or considered by the Community Services Board in closed session.

There being no further business to come before the Board, a motion to adjourn was offered, seconded and carried. The meeting was adjourned at 7:40 p.m.

Actions Taken--

- The May 23, 2018 CSB Board meeting minutes were approved.
- CSB Board Policies #1108 and #1400 were approved.
- FY 2019 CSB Board Officers were re-elected for a second term
- An Ad Hoc CSB Board Member Retreat Planning Committee was established.
- ◆ The Board approved posting of the FY 2019 FY 2020 Community Services Performance Contract for a 30-day public comment period.

July 25, 2018	Cair Decom
Date	Staff to Board