

# Fairfax-Falls Church Community Services Board

## September 26, 2018

The Board met in regular session at the Merrifield Center, 8221 Willow Oaks Corporate Drive, Fairfax, VA.

The following CSB members were present: Suzette Kern; Chair; Jennifer Adeli; Daria Akers; Gary Ambrose; Thomas Burger; Basilio ‘Sonny’ Cachuela Jr.; Rachna Sizemore Heizer; Sheila Coplan Jonas; Bettina Lawton; Edward Rose; Nancy Scott; Diane Tuininga; Adrienne Walters, and Jane Woods

The following CSB members were absent: Ken Garnes

The following CSB staff was present: Daryl Washington; Mike Goodrich; Evan Jones; LaKeisha Kennedy-Flores; Elizabeth McCartney; Victor Mealy; Linda Mount; Jerome Newsome; and Lyn Tomlinson

Guests: Lisa Potter

### Meeting Called to Order

Suzette Kern called the meeting to order at 5:02 p.m.

#### 1. Recognition

Suzette Kern, acknowledging Lisa Potter’s recent acceptance of the position as Director of the Diversion First Program, presented Ms. Potter with a certificate. Reading aloud from the certificate Ms. Potter’s many contributions and accomplishments to the CSB and to the Board were highlighted. Ms. Kern added her own sentiments and thanks, praising Ms. Potters’ thorough professionalism and broad support of the Board. Following which Ms. Potter offered her thanks for the opportunity to work with the Board, emphasizing the members’ commitment to the individuals served by the CSB.

#### 2. Legislative Presentation

Claudia Arko, Fairfax County Legislative Director, provided an overview of County Legislative Office operations. Highlights included:

- Ms. Arko reported involvement in the development of the State Legislative Program, noting the CSB participates in this process through their work on the Human Services Issues paper, an annual process.
- Noting the Board of Supervisors (BOS) is very interested and active on legislative issues, taking a position on many of the bills during the general assembly session, Ms. Arko reported the Legislative Office took positions on approximately 250 bills last year. A reminder was offered that among these was a bill submitted by the CSB that was shepherded by the Legislative Office through the submission process to eventual approval by the General Assembly.

- A Brief overview of the county Lobbying Policy was provided. Ms. Arko offered a reminder that the Legislative Office requests notification of communication between the Board and members of the General Assembly, noting this is a valuable tool that can inform her office of the interests of the Legislators as the legislative sessions begin. It was further noted that communication includes Board member visits with Legislators, tours of CSB facilities, etc.

3. Matters of the Public

None were presented.

4. Amendments to the Meeting Agenda

The meeting agenda was provided for review. Following acknowledgement that no recommendations were forthcoming, the agenda was accepted as presented.

5. Approval of the Minutes

Draft minutes of the August 22, 2018 meeting of the Fairfax-Falls Church Community Services Board were presented for review. As no suggestions for revision were offered, Bettina Lawton made a motion for approval, which was seconded and passed.

6. Matters of the Board.

Daria Akers spoke about an article recently sent to Board members that highlighted the shortage of state mental health hospitals for youth. Ms. Akers related her familiarity with this topic, confirming the information provided in the article, and noting the hospital bed crisis, an ongoing topic of Board discussion, is also affecting youth in VA.

Diane Tuininga, encouraging attendance, offered a reminder of the 17<sup>th</sup> Annual Wellness and Recovery Conference scheduled for Friday, October 12, 2018, 8:00 a.m. – 3:00 p.m. at the Fairfax County Government Center. Breakfast and a light lunch will be provided. The morning agenda includes a featured speaker and discussion, with several sessions offered in the afternoon.

Rachna Sizemore Heizer reported a Mental Health and Wellness Conference on Saturday, September 29, 2018 at Fairfax High School from 8:00 a.m. to 1:30 p.m. hosted by Fairfax County Public Schools, noting the event includes a teen summit.

Ms. Heizer further reported attending a recent WIN (Welcoming Inclusion Network) meeting noting her primary interest and support for two of the established workgroups that address two topics including 1) employment resources for individuals with developmental disabilities and 2) inclusion.

Ms. Heizer provided a further report on a new policy recently developed by the VDOE (Virginia Department of Education) that will allow high school students with disabilities that are passing grade level classes to receive credits and qualify for a standard diploma, noting that this will provide a pathway to further education and greater opportunities for employment.

Jane Woods, also reporting on the recent WIN meeting, noted the enthusiastic contributions and positive achievements of the workgroups.

Ms. Woods also announced that SPAN (Suicide Prevention Alliance Network) is seeking volunteers to serve on the council, noting that they meet quarterly at Merrifield. Interested Board members were directed to reach out to Jane for further information.

Suzette Kern, offered a reminder of the recent airing of a streaming program, *Inside Scoop*, hosted by Board Vice Chair Bettina Lawton. Ms. Kern reported that several CSB staff members including Daryl Washington, Lyn Tomlinson, Georgia Bachman, Evan Jones, Victor Mealy, and Jim Gillespie were interviewed by Ms. Lawton, providing basic and valuable information about the CSB.

## 7. Committee Reports

### A. *Behavioral Health Oversight Committee (BHOC):*

Gary Ambrose, reported two speakers presented information at the September meeting and provided highlights of each to include:

- Wendy Gradison provided background and history of PRS, Inc. noting the populations served include individuals with mental illness, substance use disorders, mild intellectual disabilities, and individuals on the autism spectrum. Services provided include education for living healthier lives, personal recovery, and community integration through programs that include Recovery Academy Day Program, BeWell, PRS CrisisLink, Community Housing, Coordinated Specialty Care Programs, Employment Services, and Community Support Services. Of particular note is the level of collaboration between PRS, CSB's, and other community partners to deliver integrated services. Mr. Ambrose noted the well-presented graphical outcomes and metrics provided by PRS.
- Marlene Blum, co-Chair with Partnership For a Healthier Fairfax (PFHF) presented background information, describing the group as a diverse community coalition of stakeholders that includes government agencies, community based organizations, schools, health care providers, businesses, faith communities, and individuals. The last four years have been spent in development of a five-year plan of action (CHIP, Community Health Improvement Plan) that collects data and encourages community feedback and involvement to identify areas of advocacy for improving quality of life for all residents of Fairfax County and the cities of Fairfax and Falls-Church. Attendance at the next meeting was greatly encouraged, announcing that it is scheduled to be held Wednesday, October 24, 2018 from 2:00 p.m. – 4:00 p.m. at the Stacy C. Sherwood Community Center in Fairfax City.

**The next BHOC meeting is Wednesday, October 10, 5:00 p.m. at the Merrifield Center, Level 1-Room 308A/B, West.**

### B. *Compliance Committee*

Suzette Kern provided details of the recent meeting noting the role and expectations of the committee were clarified, to include

- Understanding the process for effectively managing risk,
- Ensuring compliance with external regulations and internal rules and procedures,
- Managing contracts,

- Establishing a process for timely Board notification of potentially significant events,

To address the possible need for a closed session at each meeting, a standing item will be added to the agenda,

Ms. Kern provided an update to the software demonstration of ComplyTrack, noting the program remains under consideration for possible use. Noting that the committee is made up of Executive Committee members, Ms. Kern encouraged attendance by all interested Board members.

**The next meeting is Friday, October 17, at 4:00 p.m. at the Merrifield Center, Level 1 - Room 308 A/B, West.**

*C. Developmental Disabilities (DD) Committee:*

Sheila Jonas, offering a reminder that there was no September meeting, provided several updates to include:

- Ms. Jonas reported attendance at a recent LogistiCare meeting, offering a reminder that LogistiCare is the sole Medicaid transportation source for the DD population. Discussions at the meeting included installing cameras inside and outside the vehicles. The next LogistiCare meeting agenda includes Medicaid Expansion and Cover Virginia a new health care coverage for adults ages 19-64.

**The next meeting is Wednesday, October 3 at 5:30 p.m. at the Merrifield Center, Level 1-Room 308A/B, West.**

*B. Fiscal Oversight Committee:*

Captain Basilio ‘Sonny’ Cachuela, Jr., provided an overview of the August meeting, highlights included:

- Jerome Newsome provided an overview of the Business Intelligence (BI) tool, Yellowfin, that works with Credible, the CSB’s Electronic Health Record (EHR) to provide a graphical interpretation of data called Key Performance Indicators (KPI). The information provided will inform leadership of operational trends, efficiencies, and inefficiencies. There is a two-year rollout plan that has been implemented in Emergency Services and Detox, followed by planned implementation in Adult and Youth Outpatient.
- At three months into the Fiscal year, the financial status is good. The FY 2019 projections and the modified Fund Statement will be provided in the October financial reports.
- Mr. Washington provided additional information on the projected impact of Medicaid Expansion, noting discussions with DMB are ongoing.
- A reminder of the Budget 101 Board Member Training/Workshop directly preceding the October 24<sup>th</sup> CSB board meeting was offered.
- It is anticipated that the new Chief Financial Officer will start at the CSB in late October or early November.

- As of September 15, 2018, the vacant general merit positions totaled 139. It was noted that the vacant position count includes new positions awarded July 1, 2018.
- Further discussions included the FY 2020 Budget in Concept, the Springfield Mental Health Center closure and transition, and Diversion. Captain Cachuela noted that further information on these topics will be provided in the Director's Report later in the meeting.
- Offering a reminder of the development of the FY 2018 End of year report, Ms. Kern noted one final revision to be incorporated, following which, the report will be transmitted to the Board of Supervisors and the Mayors of the cities of Falls Church and Fairfax.

**The next meeting is Friday, October 19 at 9:00 a.m. at the Pennino Building, Room 836A**

#### D. *Other Reports*

Suzette Kern offered a final reminder of the CSB Board Member Retreat, Saturday, September 29, 2018, noting that the preliminary manual had been emailed to the members. Review of the documents was greatly encouraged.

Ms. Kern, on behalf of Ken Garnes, offered an update to the most recent Ad Hoc Legislative Committee Meeting attended by Ms. Kern, Mr. Garnes, and CSB legislative staff Elizabeth McCartney. Requesting feedback from members, Ms. Kern reported the key issue areas for the development of talking points were determined to include Medicaid Expansion, Step-VA, the Opioid Epidemic, and DD Waivers. Ms. McCartney will develop draft talking points and email them out to the members for initial review and feedback. Ms. Kern offered a reminder that the talking points would be included in the folders that are prepared for members to share with legislators. Jennifer Adeli and Daria Akers asked that information on the Hospital Bed Shortage be included, which prompted Ms. Kern to confirm that enclosed literature will also include a variety of CSB topics to include Diversion First, affordable housing, and the CSB Annual Report. Five folders will be provided to each member from Board Clerk Erin Bloom, unless a different number is requested.

Ms. Kern directed attention to the General Assembly assignments handout provided in the meeting materials and requested that members alert Ms. Bloom with any assignments swapped between members.

#### 8. Information Item

##### A. *CSB Board Review and Approval of the Human Services Issue Paper*

Elizabeth McCartney, directing attention to the copy of the FY 2019 Human Services Issues Paper in the board materials, provided an overview of the most recent revisions. Ms. Kern requested that all data (numbers) provided in current reports be reviewed to ensure agreement in all data. Ms. McCartney highlighted some areas including recent revisions to emphasize the concern over the impact of Medicaid Expansion, further noting that the two new legislative positions have been removed from the Issues Paper and submitted separately.

## 9. Action Item

### A. *Public Review and Comment of Proposed changes to FY 2019 CSB Fee Related Documents*

Gary Ambrose provided an overview of the process for reviewing and updating the Fee Related documents, noting four meetings of the Ad Hoc Fee Policy Committee, attended by CSB staff LaKeisha Kennedy-Flores, and CSB Board Members Suzette Kern, Jane Woods, and Mr. Ambrose.

Mr. Ambrose made a motion to approve posting the proposed changes to the fee related documents for public review and comment, which was seconded and approved.

### B. *CSB FY 2020 Budget in Concept*

Mike Goodrich provided an overview of the Budget in Concept approval process noting that the attachment provides conceptual numbers, further noting that upon adoption, the actual numbers will be added with the information scheduled to be published in February 2019. Ms. Kern requested more informal (layman's) language be used in future Budget in Concept documents. Board members and staff engaged in robust discussion.

Captain Cachuela made a motion to approve the FY 2020 Budget in Concept as presented, which was seconded and approved.

## 10. Director's Report

Daryl Washington provided updates to agency activities, some highlights of which include:

- Handouts provided in the meeting materials included the following:
  - Heat Maps: using data from Credible and the County GIS system, maps illustrating the concentrations of individuals served, by CSB site, have been developed. It was noted that each map illustrates a different service area. Copies of these maps were requested to be included in the Board Retreat Manuals, noting further that each members' District Supervisor may find this document helpful. Diane Tuininga and Edward Rose inquired if it may be possible to clearly identify the areas of the cities of Fairfax and Falls Church in future iterations.
- The Deeds Commission, SJ47, will be touring the Northern Virginia Mental Health Institute and the Merrifield Center on October 1, 2018. Erin Bloom was asked to email visit information to the members.
- Additionally, the Commissioner of the Department of Behavioral Health and Developmental Services (DBHDS) will be visiting the Gartlan Center on Thursday, October 18, 2018
- The Drug Court docket will launch in early October.
- The Electronic Health Record in the Sheriff's Department has been implemented. Once running smoothly, an interface will be developed to allow the both the CSB's and the Sheriff's EHR programs to communicate.
- Recent activities related to the closure of the Springfield Mental Health Center include:

- Meetings with individuals continue. Matters discussed include providing information on local food resources.
- Behavioral Health Outpatient (BHOP) Adult has successfully completed their move to Merrifield.
- The final move is the CRSP (Community Readiness and Support Program). It is scheduled for late October or early November, including time to advise the regulatory authorities of planned program changes.
- The CSB was awarded two Department of Justice Grants, one is for improving data sharing related to Diversion First efforts, the other assists with the launch of the Drug Court docket, reported earlier in this report.
- On Monday, September 24, 2018, persons from Texas, Ohio, and Massachusetts visited the Merrifield Center and the Adult Detention Center, reviewing the Diversion First program.
- The Board of Supervisors approved the Community Services Performance Contract (CSPC) on Tuesday, September 25, 2018.
- Paul Gilding and Joel Rothenberg with DBHDS, are both scheduled to retire this fiscal year and within 30 days of each other. Mr. Washington noted some changes to the CSPC process is anticipated.
- Drawing attention to the FY 2018 4<sup>th</sup> Quarter and Year End Status Report in the meeting materials, Mr. Washington highlighted some of the information to include:
  - The total number of individuals served increased. A reminder was offered that a reduction is anticipated for next quarter reflecting the transfer of the Infant & Toddler Connection (ITC) to Department of Family Services (DFS).
  - Emergency Services and Support Coordination numbers served have increased. It was further noted that the percentage of individuals seen within one hour has increased, attributed to implemented business operation efficiencies.
  - There continues to be a significant increase in Emergency Custody Orders (ECO's), as anticipated.
  - Noting an increase in the number of individuals with a Primary Care Provider (PCP). Mr. Washington confirmed increased efforts to encourage and assist individuals with enrollment in Medicaid and selection of a PCP, noting the anticipated impact of Medicaid Expansion.
- Evan Jones reported the recent award of a SAMHSA (Substance Abuse and Mental Health Survives Administration) grant for the CHRP (Clinically High Risk for Psychosis) program. Clarifying that the program addresses youth *at risk* of an initial psychotic episode, the grant provides \$400K annually. Mr. Jones offered further clarification noting that the Turning Point program, which addresses youth who have *already experienced* their first psychotic episode, will work in concurrence with CHRP.

## 11. CLOSED SESSION

At 6:49 p.m. a motion was offered, seconded and passed to meet in closed session for consultation with legal counsel employed or retained by a public body regarding specific legal matters requiring

the provision of legal advice by such counsel on a reimbursement matter, as permitted by Virginia Code Section 2.2-3711(A)(8).


At 7:25 p.m. the Board reconvened the open session at which time a motion was offered, seconded and passed, certifying to the best of the Board's knowledge that only public business matters lawfully exempted from open meeting requirements prescribed by the Virginia Freedom of Information Act and only such public business matters identified in the motion to convene a closed meeting, were heard, discussed or considered by the Community Services Board in closed session. Immediately following, a motion to adjourn was offered, seconded and carried.

Actions Taken--

- The August 22, CSB Board Meeting minutes were approved
- The Board approved to post for public review and comment, proposed changes to FY 2019 CSB fee related documents
- The Board approved the FY 2020 Budget in Concept as presented,

October 24, 2018

Date



Staff to Board