Behavioral Health Oversight Committee

Merrifield Center
8221 Willow Oaks Corporate Drive, Fairfax, VA 22031
Room 1-408/1-509, East

Wednesday, December 5, 2018 5:00 p.m.

AGENDA

1. Meeting Called to Order

5:00 p.m.

- Gary Ambrose
- 2. Legislative Talking Points Overview for Behavioral Health Oversight and Developmental Disabilities Committee and Associate Members

30 Minutes

- a. Developmental Disabilities Committee and Associate Members will adjourn to 1-308 A/B, West
- 3. Opening Remarks/Introductions
- 4. Approval of the November 7, 2018 Committee Meeting Minutes
- 5. Associate Member Reports, Updates, and Concerns
- 6. Matters of the Public
- 7. Staff Report
- 8. Adjournment

Date: November 7, 2018

Location: Merrifield Center, First Floor, Room 1-308 A/B, West

Committee Members Present: Chair, Gary Ambrose; CSB Board Member Daria Akers; CSB Board Member Captain Basilio 'Sonny' Cachuela, Jr; and CSB Board

Member Diane Tuininga

CSB Board Members Absent: CSB Board Chair, Suzette Kern and CSB Board Member Adrienne Walters

Associate Members Present: Jeanne Brown, National Counseling Group/CR2; Peter Clark, No. VA. Mental Health Foundation; Lori Crail, Inova; Lauren Padgett, PRS, Inc.; Heather Peck, Laurie Mitchell Empowerment and Career Center

Staff: Georgia Bachman, Asst. Deputy Acute & Therapeutic Treatment Services; Mike Goodrich, Deputy Dir. Administrative Operations; Jim Kelly, Mental Health Manager, Emergency Services; Jean Post, Northern Virginia Regional Projects Office; and Lyn Tomlinson, Deputy Dir. Clinical Services

Action	Responsible Party	Due Date
Meeting was called to order at 5:03 p.m.	Gary Ambrose	
Gary Ambrose welcomed Committee and Associate Members as well as staff and members of the public, who then introduced themselves including staff position or agency affiliation.		
Draft minutes of the October 19, 2018 meeting were offered for a final review. Acknowledging that no recommendations were forthcoming, Diane Tuininga made a motion to approve the minutes as presented, which was seconded and approved.	Committee Members	
Gary Ambrose provided a brief overview of the purpose and value of this topic offered at each meeting, encouraging Associate Members to provide any or no information as desired. Information provided included the following:		
Heather Peck offered comments on the impending departure of Mark Blackwell from the Office of Consumer & Family Affairs, noting his tremendous value and contributions to the CSB staff and clients and to the peer community. Additionally, Ms. Peck reported that DBHDS, through support from this CSB, is funding distribution of 300 scholarships for on-line Supported Employment Practitioner and Supervisor courses expanding the availability across Virginia of trained employment support for people with trauma, mental health, substance use, or justice system involvement challenges. So far, six Fairfax County service	Associate Members	
	Meeting was called to order at 5:03 p.m. Gary Ambrose welcomed Committee and Associate Members as well as staff and members of the public, who then introduced themselves including staff position or agency affiliation. Draft minutes of the October 19, 2018 meeting were offered for a final review. Acknowledging that no recommendations were forthcoming, Diane Tuininga made a motion to approve the minutes as presented, which was seconded and approved. Gary Ambrose provided a brief overview of the purpose and value of this topic offered at each meeting, encouraging Associate Members to provide any or no information as desired. Information provided included the following: Heather Peck offered comments on the impending departure of Mark Blackwell from the Office of Consumer & Family Affairs, noting his tremendous value and contributions to the CSB staff and clients and to the peer community. Additionally, Ms. Peck reported that DBHDS, through support from this CSB, is funding distribution of 300 scholarships for on-line Supported Employment Practitioner and Supervisor courses expanding the availability across Virginia of trained employment support for people with trauma,	Meeting was called to order at 5:03 p.m. Gary Ambrose welcomed Committee and Associate Members as well as staff and members of the public, who then introduced themselves including staff position or agency affiliation. Draft minutes of the October 19, 2018 meeting were offered for a final review. Acknowledging that no recommendations were forthcoming, Diane Tuininga made a motion to approve the minutes as presented, which was seconded and approved. Gary Ambrose provided a brief overview of the purpose and value of this topic offered at each meeting, encouraging Associate Members to provide any or no information as desired. Information provided included the following: Heather Peck offered comments on the impending departure of Mark Blackwell from the Office of Consumer & Family Affairs, noting his tremendous value and contributions to the CSB staff and clients and to the peer community. Additionally, Ms. Peck reported that DBHDS, through support from this CSB, is funding distribution of 300 scholarships for on-line Supported Employment Practitioner and Supervisor courses expanding the availability across Virginia of trained employment support for people with trauma, mental health, substance use, or justice system involvement challenges. So far, six Fairfax County service

Topic	Action	Responsible Party	Due Date
	obtain scholarships and enroll in December for January Supported Employment courses.		
	 Lauren Padgett provided an overview of recent activities reporting 		
	 A Thanksgiving Holiday Dinner is provided through the Day Program at the Recovery Academy in Mt. Vernon. 		
	 A couple of volunteer groups have assisted with updating the Fairfax Recovery Academy Day Program, planting an herb garden for use with cooking on site and at home. 		
	 Registration week includes presenters on multiple topics including transportation, energy saving, CrisisLink, and therapy (music) and recreation (bowling). 		
	 Peter Clark, briefly noted an upcoming event, Wine Tasting and Silent Auction as a fundraiser for the Northern Virginia Mental Health Foundation. 		
	 Lori Crail of Inova reported attending two BeWell events recently at Merrifield and Gartlan. Further reporting some program updates, it was noted that each program change was employed in a thoughtful and controlled manner. Program changes and implementations included: 		
	 The adolescent inpatient program was opened August 1, 2018 with a 15-bed capacity. The current capacity is limited to 12-beds, noting 80 youth have received services since the program opened. 		
	 The Comprehensive Addiction Treatment Services (CATS) program was expanded to a 25- bed capacity in July 2018, noting a restriction to an 18-bed capacity during implementation. 		
	 The adult inpatient program handles mood disorders and acute psychosis, with a 29-bed capacity. 		
	 The geriatric inpatient program, anticipated to open in January 2019, provides 19 beds providing specialized psychiatry. 		
	 Ms. Crail recommended a tour of the programs, noting follow up would occur in January 2019. 		
	 Jeanne Brown reported Children's Regional Crisis Response (CR2) the adolescent program is growing, noting capacity is based on the needs of the child. 		
Matters of the Public	None were presented		

Topic	Action	Responsible Party	Due Date
Northern Virginia Regional Projects Office (NVRPO)	 Gary Ambrose introduced Director Jean Post who provided an overview of the background, purpose, and responsibilities of the Regional Projects Office. Several handouts were distributed that included the recently completed quarterly report, current 2019 budget priorities for Region 2, and copies of a slide presentation that provided an overview of NVRPO. Ms. Post reviewed each slide in the overview packet, some highlights of which included: Region 2 provides 28% of the Behavioral Health services in the Commonwealth and (approx.) 36% of the Developmental Disability services. There are multiple data reports required that track the effectiveness of programming to meet state goals and modifications as needed and to identify the challenges in meeting the goals. Some partners that work with NVRPO as their needs dictate include National Counseling Group (CR2), Regional Education Assessment Crisis Response System (REACH), and Older Adults Facilities Mental Health Support Program (RAFT) 	Jean Post	
TDO Task Force (Temporary Detention Orders)	• Jim Kelly, Mental Health Manager (Emergency Services), provided background for the development of the Temporary Detention Order (TDO) Taskforce. The process of collaboration between the CSB, General District Court and Circuit Court Special Justices to discuss funding for bed utilization began circa 1970. The process was expanded as needed to incorporate additional partners including local hospitals, Sheriff's Department, and law enforcement. Referring to the handouts, Mr. Kelly clarified that many of the people who attend commitment hearings also attend TDO Taskforce meetings. Mr. Kelly further clarified that a county attorney is provided to ensure the needs of the petitioner are met. Noting a need to provide greater inclusion of community members, participants of the Taskforce meetings have increased to include Circuit, General District and Juvenile& Domestic Relations Courts, Special Justices, Attorneys, Respondents, County Attorneys, Magistrate, Police, Sheriff, Service Recipients, Petitioner/Family members and Advocates, Hospitals, Independent Evaluators, CSN Emergency Services and Mobile Crisis Unit Managers, and CSB ID/Jail Diversion. Referring to several charts provided Mr. Kelly provided an overview that included details clarifying the value of each data point. To end the presentation, Mr. Kelly noted the implementation of televideo in hearings as needed, staff is provided to assist with setup.	Jim Kelly	
Staff Reports	Lyn Tomlinson provided an overview of recent activities, including: • Staff updates included:		

Topic	Action	Responsible Party	Due Date
	 Georgia Bachman, Assistant Deputy Acute & Therapeutic Treatment Services and Jessica Burris, Chief Financial Officer, both started Monday October 29th. As noted earlier, Mark Blackwell, Director, Office of Consumer & Family Affairs (OCFA), has resigned effective Friday, November 16, 2018, having accepted a position with DBHDS as the Director of Recovery Services. An advertisement to fill the vacant position of Director OCFA will be placed on Saturday November 10, 2018. 		
	 Project Insight Open House was recently hosted at the Reston/North West Mental Health Center, at which clients provide artwork in various formats. 		
	 As noted earlier, Sheriff Kincaid's Addiction Recovery jail-based program launched November 1, 2018. Ms. Tomlinson, reporting attendance at the September Reentry Council meeting with Colonel Mark Sites, noted further plans to attend ongoing meetings with dual goals of participation and to elicit material support for discharging individuals. 		
	 The Springfield move was completed November 2, 2018 with the move of the Community Readiness and Support Program (CRSP) individuals and staff to Merrifield. An Open House to welcome CRSP is scheduled for Tuesday, November 13, 2018 at 1:00 p.m. 		
	 A brief report was provided on tours the Joe and Fredona Gartlan Mental Health Center and the Merrifield Center by DBHDS Commissioner Hughes Melton the previous month. 		
	 A reminder was offered that the Board of Supervisors proclaimed October Disability Employment Awareness Month. In follow up a process for the County to broaden inclusive employment practices was implemented. 		
	 Announcing a recently released Recovery Services Video, Erin Bloom was asked to send a link for the video to the Committee members. 		
	 Noting the rare occurrence of being in the right place at the right time, CSB staff Lauren Brunner was at a local (to workplace) at 7-11 when she stopped to assist a distressed individual. This was witnessed by the Lt. Governor, Justin Fairfax, who followed up with some questions. This resulted in a phone call between the Lt. Governor's office and the CSB to discuss services provided by the CSB and what assistance they may be able to provide. 		
	The next BHOC meeting has been moved forward a week to accommodate the holidays to Wednesday,		
	December 5, 2018 at 6:24 p.m. at the Merrifield Center, 8221 Willow Oaks Corporate Drive, Fairfax, VA, Room TBD		

Topic	Action	Responsible Party	Due Date
Adjournment	There being no further business to come before the Committee, the meeting was adjourned at 5:46 p.m.	Gary Ambrose, Chair	

Date Approved Prepared by Erin Bloom