



FAIRFAX - FALLS CHURCH

Community Services Board

Behavioral Health Oversight Committee

Merrifield Center
8221 Willow Oaks Corporate Drive, Fairfax, VA 22031
Room 1-308 A/B, West

Wednesday, April 10, 2019

5:00 p.m.

AGENDA

1. Meeting Called to Order 5:00 p.m.
 - Gary Ambrose
2. Opening Remarks, Introductions, and Announcements
3. Approval of the March 13, 2019 Committee Meeting Minutes
4. Priority Initiatives
 - Priority Access Guidelines
 - Partner Feedback Update
5. Associate Member Reports, Updates, and Concerns
6. Matters of the Public
7. Associate Member Presentations
 - Concerned Fairfax, Bill Taylor
 - ServiceSource, Lauren Goldschmidt
8. Staff Reports
9. Adjournment

Behavioral Health Oversight Committee Meeting Minutes

Date: March 13, 2019

Location: Merrifield Center, First Floor, Room 1-308 A/B, West

Committee Members Present: Chair, Gary Ambrose and CSB Board Member Daria Akers

CSB Board Members Absent: CSB Board Member Captain Basilio ‘Sonny’ Cachuela, Jr; and CSB Board Member Diane Tuininga

Associate Members Present: Peter Clark, No. VA. Mental Health Foundation (NVMHF); Lauren Goldschmidt, ServiceSource; Lisa Goodwin, Recovery Program Solutions of VA (RPSV); Wendy Gradison, Psychiatric Rehabilitation Services, Inc. (PRS); Lisa Jackson-Wardlaw, CRI; Heather Peck, Laurie Mitchell Empowerment and Career Center (LMECC); and Bill Taylor, Concerned Fairfax

Staff: Georgia Bachman, Asst. Deputy Acute & Therapeutic Treatment Services; Lucy Caldwell, Communications Director; Evan Jones, Employment & Day Services; and Lyn Tomlinson, Deputy Dir. Clinical Services

Guest(s): Jaime Popik, Fairfax County Sheriff’s Office, Avneet Himebaugh, Shatterproof Ambassador

Topic	Action	Responsible Party	Due Date
Meeting Call to Order	Meeting was called to order at 5:04 p.m.	Gary Ambrose	
Opening Remarks Announcements	Gary Ambrose welcomed Committee and Associate Members as well as staff and members of the public, who then introduced themselves including staff position or agency affiliation. Mr. Ambrose offered a reminder of the Ad Hoc Partner Feedback Meetings including an overview of the purpose, outcomes, and follow up plans noting that further feedback is welcome and may be emailed directly to Mr. Ambrose.		
Meeting Minutes	Due to the lack of a quorum review and committee approval of the February 13, 2019 draft meeting minutes were tabled to a future meeting until a full quorum is present.	Committee Members	
Matters of the Public	Avneet Himebaugh, representing Shatterproof, provided an overview of the program and some current concerns related to availability and publicization of resources for parents/families of individuals receiving services. Ms. Himebaugh will forward materials to Erin Bloom for distribution to Committee and Associate members. Attendees were encouraged to visit the Shatterproof website at www.shatterproof.org .		

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STAR – Striving to Achieve Recovery Program	<p>Captain Jaime Popik distributing several handouts, provided background and an overview of the STAR program that launched November 1, 2018 in the Fairfax County Adult Detention Center (ADC). Some highlights of the presentation include:</p> <ul style="list-style-type: none"> • This jail-based program is peer run, assisted by CSB jail staff, four deputies, and two inmate mentors. • The curriculum used in this program is Living in Balance, a two-phase, multi-step program. Additional resources include a 12-step program, utilizing both Narcotics Anonymous and Alcoholics Anonymous, (NA/AA), as well as guest speakers. • A primary focus is related to employment opportunities post-discharge. Some key efforts include assistance with obtaining certifications, employment partners, and skills training. It was noted that safety concerns limit the options related to skills training. Additionally, continuing education including GED, post-secondary education, and online courses with Northern Virginia Community College are offered. Typical employment opportunities include hardware stores and, in the construction, and restaurant industries. • Both phases of the Living in Balance program are limited in size due to supervisory staff. • In response to a question, Captain Popik confirmed that about 50% of the participating inmates are dual-diagnosed with a co-occurring mental health diagnosis, further confirming that age is not a deciding factor. • To be eligible, inmates must be residents of Fairfax. Co, Fairfax City, or Vienna and must volunteer for the program. Additional eligibility requirements include a history of substance use, no conviction of violent crime within 10 years, and a positive jail adjustment. • Inmates with gang affiliations and convicted sex offenders are not eligible. It was further noted that eligibility may be impacted by the balance of their sentence. • Noting ongoing efforts to locate additional funding, it was further noted that future plans include expanding the program to the female inmates. <p>Associate and Committee members engaged in robust discussion with Captain Popik.</p>	Captain Jaime Popik, Fairfax County Deputy Sheriff	
Associate Member Reports, Updates, and Concerns	<p>Gary Ambrose opened the floor to Associate Members. Some information provided included the following:</p> <ul style="list-style-type: none"> • Wendy Gradison, PRS, Inc. announced that Springtopia, the PRS Annual Fundraiser, is scheduled for Saturday, May 11, 2019 at the Tysons Hyatt. 	Associate Members	

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	<ul style="list-style-type: none"> ○ Additionally, a recent interview with PRS staff Laura Mayer by NBC4 was aired Sunday, March 10th. Topics included CrisisLink, a suicide prevention hotline and textline, and CareRing, a community outreach program for seniors ages 60 and older. ● Heather Peck with LMECC, noting the expansion of their employment support program is near completion, commended the CSB for their support during this expansion. ● Lisa Goodwin provided an overview of RPSV noting there are five Recovery Centers; four are located in Fairfax County with one in Arlington County. They are currently seeking a program coordinator for the Arlington location. Additional highlights included: <ul style="list-style-type: none"> ○ RPSV anticipates serving a total of 9500 unique (non-duplicative) individuals in 2019 ○ A schedule for the Spring 2019 WRAP (Wellness Recovery Action Plan) training sessions was distributed. ○ Noting a current focus is fundraising, Ms. Goodwin announced a Summer fundraiser is planned. Tentatively scheduled for August, more information will be shared at the April BHOC meeting. Additionally, plans for growth and expansion are underway. ● Bill Taylor offered thanks to Lyn Tomlinson, and Michael Lane for attending a recent Concerned Fairfax and providing information on the CSB. ● Lauren Goldschmidt <ul style="list-style-type: none"> ○ Spring Wine Dinner Fundraiser planned for May 9th, event includes a raffle (\$25.00/ticket) for several tiered prizes, 4-night hotel stay, 2-night hotel stay, and an Apple i-pad. ○ In honor of Developmental Disabilities Awareness & Acceptance Month and Autism Awareness & Acceptance Month, an art exhibition highlighting artists on the spectrum is planned for Thursday, April 18th from 12:30 – 2:00 p.m., during Spring Break 2019. ○ Additional details for both events will be shared at the April BHOC meeting. 		
Staff Reports	<p>Lyn Tomlinson provided an overview of recent activities, some highlights of which include:</p> <ul style="list-style-type: none"> ● Employment updates included <ul style="list-style-type: none"> ○ the recent hiring of a full-time recruiter, Donna Chittum, noting she will be attending an upcoming job fair. 		

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	<ul style="list-style-type: none"> ○ Executive staff has implemented a plan to reach out, via telephone, to newly hired staff. A follow up call at 60-90 days is also planned. ● Attendees were encouraged to attend the 2018 Sprit of Excellence Awards, celebrating CSB staff on April 4, 2019 at the Government Center from 9:30 – 11:00 a.m. ● A reminder was offered that County Executive Bryan Hill has launched a countywide strategic plan with a goal of 7-10 priorities. In addition to the survey that was developed to solicit community support, several meetings were scheduled to receive feedback from the business and philanthropic communities as well as BACs (Board Authorities, and Commissions), noting that approximately 37,000 responses were received. ● Use of the DLA-20 was launched March 1, 2019, assists with assessing activities of daily living. ● Attendees were encouraged to join the CSB at the Government Center for a proclamation of the CSB 50th Anniversary on May 7, 2019. Lucy Caldwell added that there is a pre-proclamation reception in the Government Center Forum. ● There are two BeWell Health Fairs scheduled for April, at Merrifield on Wednesday, April 24th from 12:00 p.m. – 5:00 p.m. and at Gartlan on April 30th from 1:30 p.m. - 2:00 p.m. Some of the offerings include healthy snacks, health testing including blood pressure, and nutritional coaching. <p>Attendees were asked to reach out via email or phone with feedback regarding the staff updates provided at the meetings. Initial feedback was positive with a request to include VACSB updates.</p> <p>Lucy Caldwell and Lauren Goldschmidt announced the next WIN (Welcoming Inclusion Network) meeting was scheduled for Monday, March 18th at 6:30 p.m. – 8:00 p.m. at ServiceSource. Agendas items include, review of prior goals, a modified SWOT (Strengths, Weaknesses, Opportunities, and Threats) analysis identifying opportunities and challenges in Fairfax County.</p> <p>Lucy Caldwell announced a Children’s Mental Health Awareness Recognition event on Thursday, May 9, 2019 from 3:30 – 6:30 at Merrifield. Presenters include representatives from SCYPT (Successful Child and Youth Policy Team), other speakers, and authors. A Save the Date announcement and more detailed information is forthcoming.</p> <p>Evan Jones and Lucy Caldwell reported that staff from Turning Point and the related program for youth who are clinically high-risk for a first episode, and staff from Emergency Services spoke before 60 Northern</p>		

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	<p>Virginia Community College (NOVA) counselors. NOVA requested this presentation as the current student population includes 'first episode' and 'at risk' as well as those with Substance Use Disorders as well as an increasing number of students with autism and other developmental disabilities.</p> <p>Michael Lane reported he will attend the April BHOC meeting, at which he will provide information on the Peer Workforce including plans for recruitment.</p> <p>Georgia Bachman announced that the State Supreme Court had approved establishment of a Mental Health docket. It is not known if the Supervised Release Program docket will remain active, this information will be reported once confirmed.</p>		
Adjournment	There being no further business to come before the Committee, the meeting was adjourned at 6:34 p.m.	Gary Ambrose, Chair	
	The next BHOC meeting is Wednesday, April 10, 2019, 5:00 p.m. at the Merrifield Center, 8221 Willow Oaks Corporate Drive, Fairfax, VA, Room 1-308 A/B, West		

Date Approved

Prepared by Erin Bloom