



Medication Storage Safety

- Secure and take inventory of your prescription and over the counter medications;
- Properly dispose of unused, unwanted, or expired medications;
- Take medications strictly as directed; and
- Talk to your children about the dangers of overdose and prescription drug abuse.



**Call the National Suicide Prevention Lifeline
if you or someone you know is in crisis:
1-800-273-8255; Veteran Crisis Line, press 1
Español 1-888-628-9454
Poison Control Center: 1-800-222-1222**

