

HEALTH CARE ADVISORY BOARD

Meeting Summary

January 9, 2017

MEMBERS PRESENT

Marlene Blum, Chairman
Bill Finerfrock, Vice Chairman
Rose Chu, Vice Chairman
Ellyn Crawford
Francine Jupiter
Deborah Leser
Dr. Michael Trahos, DO
Dave West
Tim Yarboro, MD
Ann Zuvekas
Rosanne Rodillosso

STAFF

Sherryn Craig

GUESTS

Dominic Bonaiuto, Inova Health System
Rachel Lynch, Inova Health System
Dr. Gloria Addo-Ayensu, Health Department
Rosalyn Foroobar, Health Department

Call to Order

The meeting was called to order by Marlene Blum at 7:34 pm.

December 12, 2016 Meeting Summary

The meeting summary from December 12, 2016 was approved as submitted.

Inova Health System 2017 Capital Update

Dominic Bonaiuto, Director of Advocacy and Community Outreach, presented Inova's 2017 Capital Update. Using the TURNER Building Cost Index, the project notification threshold has increased 3.9% because of increased private sector development and investment as well as material price increases and is valued at \$2,209,581 in 2016 dollars. Mr. Bonaiuto reported this year's costs index is slightly higher than the 25-year average of 3%, but lower than the national average of 4.9%.

Inova Mount Vernon Hospital (IMVH)

Since 2013, Inova has invested \$80 million to enhance and improve IMVH. 2014 marked the opening of the Mark and Brenda Moore Patient Tower, which added 40 private inpatient rooms (part of IMVH's total of 237 beds) with plans for 20 additional medical/surgical patient rooms by 2020. Two new operating rooms also opened at IMVH. In 2015, Inova completed its renovated patient/visitor lobby plus an expansion of its Sterile Processing Department. IMVH opened the new Veatch Family Emergency Department (ED) in November 2016. The new ED is 22,800 square feet, nearly triple the former ER size, and has 24/7 staffing by board-certified emergency medicine physicians and 24/7 radiology and lab services. The new ED also has 35 large, all-private treatment rooms and seven "fast track" treatment rooms for faster care of less serious injuries. There are two dedicated resuscitation rooms and new pediatric treatment rooms with child-friendly amenities. The ED design is open to visually aid the medical team in patient care and includes a spacious lobby with a family-friendly play area. Besides the ED, IMVH also renovated its MRI scan room.

Inova Fair Oaks Hospital (IFOH)

Inova's \$38 million improvement to IFOH is nearly complete. In October 2016, Inova opened a two-story surgery expansion with 15,500 square feet of new construction, six new ORs (net add of two), a renovation of existing ORs, and an expanded Post-Acute Care Unit (PACU) (i.e., surgical recovery). In 2017, Inova will renovate and retrofit IFOH's front lobby, atrium, surgical waiting area, Sterile Processing Department, and other staff areas. Construction is scheduled for completion in April.

Inova Fairfax Medical Campus (IFMC)

The new \$431 million, 660,000 square foot Women's and Children's Hospital opened in January 2016, representing Inova's largest capital investment project to date. The hospital is a 12-story structure with 192 private women's beds, 118 private pediatric beds, 8 ORs, 33 Labor Delivery Rooms, 6 C-Section Rooms, and 108 NICU Beds (54 private, 54 semi-private). System wide, Inova recorded over 19,000 births in 2016.

Traffic and road improvements around IFMC cost \$9.8 million and include improvements to the I-495 off-ramp and Woodburn Road and additional turn lanes and improved traffic signals on Gallows Road.

Inova Center for Personalized Health (ICPH)

Inova is in the master planning process to develop ICPH (i.e., former Exxon-Mobil campus). The Inova Schar Cancer Institute (ISCI) will be the first project and will

include the renovation of one of the four buildings (Building B) and tower (263,000 square feet) on the existing campus for the purpose of housing multiple cancer center clinics and infusion spaces. An additional four-story structure (78,000 square feet) will be constructed behind existing Building A to house radiation oncology, imaging, and women's cancer services. The project received zoning approval in late 2015 and construction began April 2016. The Building B Renovation is scheduled for completion in the second quarter of 2018 and the Building A addition is scheduled for completion in the first quarter of 2019.

Inova plans to make ISCI an international center for advanced cancer care. Inova is investing in translational research and individualized treatments to better understand, predict, prevent, and eliminate cancer. Patients will have access to a holistic team: researchers, clinicians, genetic counselors, nutritionists, navigators and wellness coaches.

Additionally, given Inova's recent announcement of partnering with the University of Virginia, the ICPH will also house educational programs and administrative offices. In response to Inova's existing relationship with Virginia Commonwealth University (VCU), Mr. Bonaiuto said that it is under evaluation and changes may be forthcoming. Inova is in discussions regarding a partnership with Shenandoah University.

Mr. Bonaiuto will follow up with HD staff on spend estimates for ICPH/ISCI as well as what equipment and technologies may be acquired. Mr. Bonaiuto did not have any information to indicate that Inova would consolidate the system's cancer services at the ICPH campus. The HCAB expressed some concern regarding the system's capital investment/building strategy in light of the changing nature of healthcare delivery – particularly the goal of payment policies to keep people out of the hospital and out of the ER.

Mr. Bonaiuto was not able comment on whether Inova has any plans to develop any additional HealthPlexes. He stated that Inova recently opened its Simplicity Clinics to provide primary care to uninsured and underinsured adults.

Mr. Bonaiuto also agreed to return to the HCAB for a discussion of high rates of patient injuries, especially at IFMC and Inova Alexandria Hospital. Mr. Bonaiuto explained that Hospital Acquired Infections account for 85% of the ratings. In addition to hospital acquired infections, Inova has also prioritized injury prevention across the system.

The HCAB agreed to send a memo to the Board of Supervisors once the ICPH/ISCI spend estimates are provided informing them that Inova has complied with the lease agreement in presenting its Capital Investment Plan (CIP).

Inova Community Health Needs Assessment

Rachel Lynch, Program Outreach Administrator, provided a brief overview of the system's Community Health Needs Assessment (CHNA) and implementation plans for IMVH, IFOH, and IFMC. CHNAs were conducted for each hospital in order to identify specific needs among the communities Inova serves. Nine to 12 issue areas rose to the top as the most significant health needs for those communities.

Members of the hospital, health department, and subject matter experts were assembled to prioritize these issues into two or three focus areas where Inova could make that greatest impact. Inova does not want to duplicate efforts/programs that exist in the community. Rather, it wants to enhance those investments and focus on areas where Inova demonstrates strength and expertise. For example, although affordable housing continues to be a need, Ms. Lynch said it fell outside Inova's area of expertise. However, some HCAB members felt that Inova's influence and large workforce positioned the system to move the needle on affordable housing options.

Ms. Lynch said that Inova hasn't closed the door on non-clinical care activities, like transportation and community gardens. Ms. Lynch said there is flexibility to look at other issue areas that influence community health.

In conducting its CHNA, Inova looked at Fairfax County's Community Health Improvement Plan (CHIP) and incorporated several CHIP priority areas into its assessment.

Based on the CHNAs, mental health and substance abuse needs cut across the community, along with access to care, cultural competency, and the care of aging adults. While implementation components are system-wide (e.g., SNAP benefits), others are hospital-based. Diabetes, for example, remains a specific focus area at IMVH.

But as Ms. Lynch explained, while diabetes was not identified as a specific focus area among other communities, Inova would continue its programming and prevention efforts system-wide. Ms. Lynch also recognized that many of the issue areas overlap (e.g., diabetes as a risk factor for overweight and obesity) and involve cross-cutting strategies.

Inova is working with other community partners to develop and implement key strategies and action areas. For example, Inova is interested in using the County's storytelling project to train providers and educate patients about cultural competency. Inova is also working closely with the CSBs to integrate primary care with mental health

services. Inova's new Simplicity Clinics are addressing access to care issues in the community.

Ms. Lynch shared that a process had been developed to evaluate the system's implementation efforts. Inova recognizes that the most effective way to sustain change is to work upstream, solving the root causes and inequities that lead to health disparities.

The Inova Board recently approved the CHNA implementation plans, which can be found, along with the assessments, on the Inova website under "Inova in the Community."

Other Business

The Fairfax County FY 2018 budget will be released on February 14. The Human Services Council has identified March 7 and 9 for its Community Dialogue meetings. If the HCAB wants to participate in the HSC process, its budget meetings, usually scheduled during March, need to be scheduled at the end of February.

The HCAB will discuss the County Executive's FY 2018 Advertised Budget at its Committee of the Whole meeting on Tuesday, February 28. Budget recommendations will be developed and approved at the full HCAB meeting on Monday, March 6. There will be no meeting on the second Monday, March 13. Budget meetings are in addition to the HCAB's Monday, February 13 meeting when the HCAB will consider assisted living proposal in the Hunter Mill district from Kensington Senior Development.

The HCAB's April meeting conflicts with Passover and the Fairfax County Public School's Spring Break. Sherryn Craig will survey the HCAB on alternative meeting dates and times. Ms. Craig will also identify an alternative meeting location to Conference Rooms 2-3 due to the poor assisted listening system.

There being no further business, the meeting adjourned at 8:50 pm.