



Children's Services Act Program Newsletter

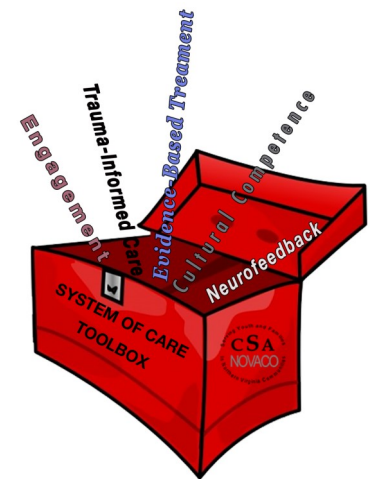
18TH NORTHERN VIRGINIA CSA SYMPOSIUM & PROVIDER EXPO, MARCH 13, 2019

In this Issue:

- CSA Symposium Information
- Introduction to Kishawna Scarborough, NAMI Family Support Partner Supervisor
- FRU Staffing Changes
- Workforce Roles in High Fidelity Wraparound
- Outstanding Performance Award Congrats
- Athletic Community Mental Health Symposium

Have you registered?

Symposium attendees will be able to pick from six workshops designed to build on the skills and knowledge needed to ensure that children and families in our community are getting the services and support they need.



Workshop Sessions

- Neurofeedback of Adolescents in Residential Treatment Having Severe Psychiatric Illness, Michael Griffin, Ed.D, PhD, BCN
- Respectful Curiosity: The Art of Engagement, J. Patrick Slifka, LCSW
- A Guide to Evidence-Based Treatment, Drs. Rebecca Hardin, PsyD & Joanna Marino, PhD
- Trauma-Informed Case Presentation and Narration, Shaina M. Chandler, LPC, CSOTP, CCTP, CATP
- Who is Really the Client? Challenges in Service Delivery as it Relates to Family Dynamics, Maureen Fannin, LCSW
- Too Many Losses Too Soon: Loss and Grief in Foster and Adopted Children, Mari J. Itzkowitz, LCSW

For more info and registration, visit <https://www.fairfaxcounty.gov/healthymindsfairfax/csa-symposium>



GETTING TO KNOW OUR SYSTEM PARTNERS

[NAMI Northern Virginia](#) offers Family Support Partner (FSP) services in our community. FSPs are paraprofessionals who provide peer support to families of children, youth and young adults with behavioral health issues. They are trained parents of teens or young adults with mental health issues, who are experienced in navigating systems to access services. FSPs offer education, support, and assistance in accessing services.

Kishawna Scarborough is NAMI's Family Support Partner Supervisor. She has many years of experience working with youth and their families. She started at KinderCare and went on to become a director at a couple different private schools. She became a Family Support Partner at NAMI Northern Virginia in 2017. Supporting families and helping them navigate the mental health system at challenging times with their children is a passion of hers. As an FSP, she is able to use her lived experience with her child to support other parents and she is able to let parents know they're not alone. Kishawna's oldest of three children struggles with a mental health condition, but continues to improve daily. She was promoted to Family Support Partner Supervisor in September 2018. Kishawna hopes to continue to support families in the community and "let everyone know FSPs are here!" She is currently pursuing an MA degree in psychology. Kishawna is also an assistant basketball coach of 9/10 year old boys' basketball team. "Team Loaded 703 currently holds the state championship as the number #1 9U team in Virginia!"

CANS Certification

The Child Adolescent Needs and Strengths Assessment (CANS) is a mandatory uniform assessment required for children and youth served through the Children's Services Act. New CANS users and those who need to recertify can do so at

<https://www.Schoox.com/login.php>.

Users must pass the CANS exam with a score of .70 or more. Please send a copy of your certificate to CSA via fax at 703.653.1369.

For info on how to create an account on the CANS training website, please download the "How To" Guide at <https://praedfoundation.org/wp-content/uploads/2018/08/Schoox-How-To-08072018.pdf>.

FRU TEAM ON THE MOVE!

Chris Elam has joined the Virginia Tech Federal Reimbursement Unit (FRU); he has assumed the responsibilities that Brian Salazar Zamora performed with the CANS assessments. Brian has taken over the role once held by Peter Flint in working with the CSA Parental Contribution Process.

Both have a "CAN DO" attitude and are very happy to assist parents and case managers with their Parental Contribution Agreements and CANS (respectively). Don't hesitate to reach out to them when you need assistance or have a CANS or CSA Parental Contribution question, they are here to help!

Chris: christopher.elam@fairfaxcounty.gov, 703.324.7204

Brian: brian.salazarzamora@fairfaxcounty.gov, 703.324.5858



COLLABORATIVE PROBLEM SOLVING TRAINING

Tuesday, April 9, 8:30-4:30

This training provides a foundation in learning Collaborative Problem Solving, an evidence-based approach that operationalizes trauma-informed care and provides specific strategies to eliminate power struggles, build positive interactions, and strengthen healthy relationships between children and adults.

Facilitated by Dr. J. Stuart Ablon, Founder & Director of Think:Kids and Associate Professor, Harvard Medical School.

For information and to register, visit

Thinkkids.org

CONGRATULATIONS!

The Healthy Minds Fairfax/CSA staff would like to congratulate Janet Bessmer and Desiree Gordon for their recent Outstanding Performance Awards.

Janet, CSA Program Manager, led the CSA program in preparing for a successful state audit that included a thorough assessment of all program elements, including governance, risk management, internal control, policy and procedural compliance and quality improvement.

She accomplished this by assembling and leading interagency teams through a detailed review of the CSA program to identify and address any issues prior to the audit—as a result, the CSA program’s audit had no findings!



Desi, Healthy Minds Fairfax Management Analyst, effectively coordinated the Short-Term Behavioral Health Service for Youth. Her prompt response to Fairfax County Public Schools’ mental health referrals resulted in quick connections of children and families to contracted mental health providers, and an increase of services from 30 children in 2016 to more than 120 in 2018.

Upcoming Trainings & Public Meetings

County employees can register through Employee U by searching for “CSASOC”. Non-county and FCPS staff can register at:

CSA New Staff Trainings

Part 1: Introduction to System of Care

Tuesday, April 9

9 am - Noon

Government Center, Rooms 2/3

Parental Contribution 101

Thursday, February 28

1 pm - 3 pm

Pennino 206

Public Meetings

CPMT

Friday, February 22nd

1 pm - 3 pm

Government Center

Have ideas about possible training topics? We’d love to hear from you! Please contact Patricia Arriaza at patricia.arriaza@fairfaxcounty.gov with your thoughts.



WORKFORCE ROLES IN HIGH FIDELITY WRAPAROUND

In 2010, the Fairfax-Falls Church Community Policy and Management Team (CPMT) initiated Intensive Care Coordination for youth who are at risk for residential or transitioning out of a residential placement. Intensive Care Coordination is based on the principles of High Fidelity Wraparound and is designed to facilitate collaborative relationships among youth, family, natural supports, and child-serving agencies to support families in meeting their needs.

The High Fidelity Wraparound approach is a process of care management that holistically addresses the behavioral and social needs of a youth and family to develop self-efficacy. It provides the family with voice and ownership of their plan of care and service delivery. With the help and support of the facilitator as well as youth and family supports, the youth and family develop their team. Understanding the roles that facilitators, case managers and family support partners play in guiding and supporting families through the wraparound process can be a bit confusing. We hope that the following chart and information can help to highlight the roles each person holds in the process.

ICC Facilitator	Family Support Partner	Case Managers
Engagement of family and all team members (Providers)	Co-facilitates meetings, helps family and natural supports utilize voice	Member of the ICC team
Preps family and team prior to each family team meeting	Meets with family to identify their prioritized needs and brings to the meeting	Brings their agency's needs and concerns to team meetings so that goals are on the integrated plan
Facilitates the monthly family team meetings	Engage the natural supports and family	Brings case to FAPT, prepares/completes all required CSA documentation (e.g. encumbrances, service auths for ICC, CANS assessments, etc.)
Creates one plan for whole team and follows up with all team members on their action steps	Assists family with completing their action steps and have their own action steps	Has action steps on the Plan of Care
Develops a Crisis Prevention Plan (functional assessment) with input from the family and team	Participates in developing the crisis prevention plan with the family and team	Participates in creating the crisis prevention plan
Ensures all team members are kept informed	Builds rapport with the family based on lived experience	Essential to high fidelity wraparound process

The ICC Facilitator:

- Is responsible for fidelity to High Fidelity Wraparound (HFW)
- Completes required activities in the four phases of the process
- Facilitates HFW meetings
- Checks in with all team members in between meetings to ensure productivity and accountability
- Completes required HFW documentation
- Ensures that voices of team members are present in all meetings

(Continued on page 5)

ATHLETIC COMMUNITY MENTAL HEALTH SYMPOSIUM

February 7, 7 pm

Fairfax County Government Center

Join Fairfax County Neighborhood and Community Services and Fairfax Athletics Stand Together (F.A.S.T.) to launch a conversation about mental health and the role coaches, parents, and sports administrators can play in supporting and encouraging youth athletes. Local and national experts will present, participate in a panel discussion, and engage with the audience in a Q&A session on topics including:

- Understanding the pressures facing student athletes in 2019.
- Recognizing the warning signs for potential youth in distress.
- Guiding athletes to available local resources for assistance.

The event is free, but registration is highly encouraged. Visit the [Symposium's](#) webpage to find more details and register today.



Happy
PRESIDENTS
Day!



(Continued from page 4)

The Family Support Partner:

- Helps to gather information
- Is the liaison between family/youth and team members
- Ensures the family's voice is heard and understood by team members (to include their strengths and culture)
- Ensures the family understands the voices of team members

The Case Manager:

- Helps the team to understand the agency's needs
- Has been with the family prior to start of ICC so brings the historical knowledge from working with the family
- The working experience and understanding of their agency contribute to the strengths of the team

If you have questions about ICC or the wraparound process or how to make referrals, you can contact either of the county's ICC providers, UMFS and Wraparound Fairfax.

UMFS: Jessica Grimes, 703.217.3913, jgrimes@umfs.org

Wraparound Fairfax: Doug Healey, 703.207.7825, doug.healey@fairfaxcounty.gov



Children's Services Act Office

Question, Concerns or Compliments ...
Please don't hesitate to let us know!

DFSCSA@fairfaxcounty.gov

703.324.7938

