

### **COVID-19 Updates**

IMPORTANT Temporary Shelter During COVID-19: In response to the COVID-19 public health emergency and the need to isolate and quarantine individuals to prevent the spread of the virus, Fairfax County has activated Emergency Support Function 6: Mass Care Health and Human Services. As a result, the county will provide Quarantine, Protection, Isolation/Decompression (QPID) emergency housing for those who have met the eligibility criteria and are unable to safely practice infection control. The Fairfax County Isolation/Quarantine Hotels are temporary sheltering sites only and do not provide health care services. This sheltering is not an alternate care site and hotel placements are available only to individuals who can do their own self-care and are independent in their care; or in the case of people experiencing homelessness, utilizing the care options available to them routinely. Health care providers will not be on-site to provide to health care needs. If you have additional questions about whether you meet the criteria for these temporary shelters, please call the Fairfax County Health Department Call Center at 703-267-3511.

**NEW** video describing the **Quarantine**, **Protection**, **Isolation**/ **Decompression** (**QPID**) **shelter Program**. Please view and share with your networks <a href="https://youtu.be/qnnq3fQ2otw">https://youtu.be/qnnq3fQ2otw</a>

## COVID –19 Testing locations can be found <u>HERE</u>

Visit the **Health Department's website** COVID-19 Tools for the Fairfax Community. You will find a new topic weekly and communication tools to help you share information with your community. Residents can still call if they have any questions **703-267-3511** (9:30am to 9pm weekdays and 9:30am- 5 pm on weekends). For COVID-19 case data visit COVID-19 Case Dashboard.

**STILL AVAILABLE** The <u>Virginia Department of Health, Office of Health Equity,</u> will be providing cloth face masks to faith and interfaith communities (places of worship) for the Commonwealth of Virginia through our Virginia Partners in Prayer and Prevention programming. There is no cost for these masks. Supplies are limited. Please share this information with your communities. The request form is <a href="here">here</a>.

**NEW** GMU Center for Psychological Services COVID-19 ESSENTIAL WORKERS EMOTIONAL SUPPORT LINE 8:30 AM- 8:30 PM, Mon-Fri 8:30AM - 4:00 PM, Saturday. Essential workers such as teachers, grocery store workers, and medical professionals can call to speak confidentially with a trained provider about stress, anxiety, depression, or grief for free. 703-215-1898

<u>Flu Vaccination Clinics</u> To help protect our community, the Fairfax County Health Department and Department of Neighborhood and Community Services are offering flu vaccination clinics at select Senior Centers. This service begins on October 6 and is available to all residents 18 and older by appointment only. To make your appointment call 703-246-6010 or for more information visit <u>fairfaxcounty.gov/flu</u>. To find other places in the community to get a flu vaccine, visit <u>www.vaccinefinder.org</u>.

**NEW** The Hypothermia Prevention Program began on **December 1, 2020 and will remain available 24-hours a day, 7-days a week through the morning of April 1, 2021.** Individual sites will have capacity limitations due to social distancing, but staff will work to ensure that everyone has access to accommodations at one of the county's shelter locations. Visit the <a href="Hypothermia Prevention Program website">Hypothermia Prevention Program website</a> to lean more about the changes to the program this season. If you see someone who is unsheltered and you think they are at risk for hypothermia, call the county's non-emergency police phone number 703-691-2131/ TTY 711. A police officer will respond to conduct a wellness check. If you see an individual in distress, please call 9-1-1.



# **County and Community Resources**

**NEW** The school year 2019—2020 Youth Survey results are now available be sure to visit www.fairfaxcounty.gov/youthsurvey for fact sheets and to explore the data.

NEW: Toward No Drug Abuse (TND) and Toward No Tobacco Use (TNT): These evidence-based substance use prevention programs are delivered in 10-to-12 sessions for middle and high school-aged students, free of charge, by Fairfax County Neighborhood and Community Services. Programs can be provided virtually and modified to meet your needs. TND is ideal for 7<sup>th</sup> and 8<sup>th</sup> graders, but can be delivered to high school students. Contact Lauren Hitz at <a href="mailto:lauren.hitz@fairfaxcounty.gov">lauren.hitz@fairfaxcounty.gov</a>, NCS-</a>
<a href="mailto:lauren.hitz@fairfaxcounty.gov">lauren.hitz@fairfaxcounty.gov</a>, or 571-585-7932 if you are interested in bringing one of these programs to your after-school program or youth group.

<u>Basic Needs:</u> If you have congregants in Fairfax County who are in need of support please have them call Coordinated Services Planning (CSP) **703-222-0880 (8 a.m. to 4:30 p.m. weekdays).** Residents can also visit the Human Services Resource Guide (HSRG) at <a href="https://www.fairfaxcounty.gov/hsrg/">https://www.fairfaxcounty.gov/hsrg/</a>, an online, searchable guide to available health and human services resources in Fairfax County.

**Human Services:** The Department of Family Services is offering <u>Assistance from a Distance</u>, and many <u>Fairfax County services</u> are offered online or on the phone.

<u>Safe at Home</u>: For some people, staying home doesn't always feel safe because someone there may threaten or hurt you. If this is you, **know that you can call the Fairfax County Domestic and Sexual Violence hotline for help 24 hours a day at 703-360-7273**. hotline). If you are in immediate danger, please call 911.For additional information visit <u>Safe at Home</u>.

<u>Adult Protective Services:</u> To report Abuse, Exploitation, or Neglect of an adult who is 60 years or older or is 18 years and older and incapacitated. Reports can be filed for people who live alone or with relatives or who are residents in nursing homes, assisted living facilities, hospitals, or group homes. The Adult Protective Hotline: **703-324-7450.** For more information on Adult Services please visit <u>Fairfax County Services for Older Adults.</u>

Fairfax County Department of Neighborhood and Community Services offers programs for Individuals, Older Adults, Youth and Families affected by COVID-19: <u>Virtual Programs for Older Adults</u>, **Home Delivered Meals intake** number at **(703) 324 – 5409**, and Transportation Supports

FCPS will **continue serving free meals to all children through December 31**. Grab and go service hours at school sites have been extended to 8am - 12:30pm Monday- Friday (excluding holidays) with both breakfast and lunch served at the same time. Any changes to bus routes are posted on the website by 5 p.m. each day. Meals on buses will be distributed Monday through Friday beginning at 6:30 a.m. Information about bus routes for food distribution is available online. If there are bus delays while distributing grab and go meals, the information will be posted on the FCPS Bus Delay website. FCPS will also send a message to the affected school communities if a bus route is delayed.









# **Common Ground**

# A Newsletter for the Interfaith Community

#### **Community Engagement**

Towards its goal of increasing equitable access to quality behavioral health services for children, youth, and their families, **Healthy Minds Fairfax** is surveying families to find out how they pay for behavioral health services and if they have had any issues using their child's health insurance to pay for services. Please share this <u>survey link</u> with parents and caregivers and ask them to participate: <a href="https://www.surveymonkey.com/r/VGWZVTL">https://www.surveymonkey.com/r/VGWZVTL</a>

CADCA and the National Hispanic and Latino PTTC are accepting applications for the <u>Latino/a Emerging Leaders Fellowship</u>, which will support bilingual and multilingual Spanish and Portuguese speaking emerging leaders and community change agents who are actively working to address substance use and misuse. The fellowship will select five inaugural community-minded Fellows for a nine-month program designed to build the capacity to navigate and thrive in the constantly shifting field of prevention. Applications are due December 14.

**NEW** NIMH has issued a Request for Information to seek input from a variety of stakeholders including researchers, healthcare providers, community leaders, and individuals from other relevant organizations (e.g., schools, social welfare, justice, faith communities) around the risks for and prevention of death by suicide and suicidal ideation and behaviors (SIB) of Black children and adolescents. Responses are due January 15.

**NEW** Fairfax County Department of Transportation (FCDOT) will host two virtual community meetings on Tuesday, Dec. 8, 2020, at 7 p.m. (English) and Thursday, Dec. 9, 2020, at 7 p.m. (Español) to provide a year-end update on land development and transportation activities along the Richmond Highway corridor. Register to attend

FCDOT Is in the beginning stages of developing an ActiveFairfax Transportation Plan which aims to understand and plan for how people travel and access destinations and services in and around their local community and throughout the county. Consider joining the ActiveFairfax Transportation Plan Community Advisory Group (CAG) to help build community trust and support for the planning process, and assist in empowering the community to provide input while making sure that every voice is heard. Watch Nicole Wynands, the ActiveFairfax Transportation Plan project manager share more about the ActiveFairfax Transportation Plan process. If you are interested in being a part of this advisory group please email <a href="mailto:ncsinterfaith@fairfaxcounty.gov">ncsinterfaith@fairfaxcounty.gov</a> by December 15, 2020. The group will meet quarterly over the course of the plan development process to provide input and advise the planning team.

## **Community Events**

Please join us on **Dec. 5th and 6th from 5-8pm** for an interdenominational Christmas celebration at an open house event to view nativities from around the world! The event will be hosted by The Church of Jesus Christ of Latter-day Saints located at **6219 Villa Street Alexandria, VA 22310**. To promote the health and safety of our volunteers and guests, <u>sign up</u> for a window of time to attend. More details at <u>www.festivalofnativities.com</u>.

**Author Sarah Snyder presents "The Value of Your Soul: Rumi Verse for Life's Annoying Moments"** Drawing from her 2019 memoir of living at a spiritual retreat in Scotland, Sarah's new book, **The Value of Your Soul**, is a collection of 38 peculiar "annoyances," each with conventional translations that will resonate with most of us! Sarah discusses and reads from her book. **Tuesday, December 8,7 p.m.** Register.

A Not So Silent Night: Shining a Light on Mental Health, Wednesday, December 9, 7-8 pm, by Our Minds Matter

The Church of Jesus Christ of Latter-day Saints in McLean, VA will be doing a Drive Through Nativity Event (lots of gleaming lights) and collecting food for SHARE of McLean, **Date: Fri Dec 11 and Sat Dec. 12 from 6:00 - 8:00 pm** at 2034 Great Falls St., Falls Church, VA. Please stay in your cars, and enjoy the lights, the shepherds, live animals, wise men, Mary, Joseph, and baby Jesus from your car window. Come celebrate Christ's birth and feel the joy of Christmas. There will be bins to drop off canned goods for SHARE of McLean, VA. All faiths are welcomed.

The Ethiopian Community Development Council invites you to support refugee women. They are making beautiful hand-poured essential-oil scented candles and have signed each one. To learn more about how you can support this effort <u>please visit our website</u>.

FREE ON-LINE ESL CLASSES at Lord of Life Lutheran Church from January 26, 2021—April 1, 2021. Classes will be on Tuesdays and Thursdays 7:00pmto 8:30pm. Three levels offered: Beginning, Intermediate and Advanced. Register on-line. Students have the option for in-person or on-line placement testing. Lord of Life Lutheran Church has two campuses: Fairfax Campus 5114 Twinbrook Road Fairfax, VA 22032 and Clifton/Centreville Campus 13421 Twin Lakes Dr. Clifton, VA 20124. For more information contact: 703-323-9500, www.lordoflifeva.org

Join fellow African American women as we read books by African American writers that promote celebration of self, empowerment and leisure. This month, Soul Sisters are reading and discussing **It's Not All Downhill From Here** by Terry McMillan. **Thursday, January 28, 630 p.m.** Register.