

Programs & Events

GREEN SPRING GARDENS

SPRING 2024

Spring Garden Day - The Big Plant Sale

Saturday, May 18

9 a.m.-3 p.m. (All ages) Local garden vendors descend on Green Spring Gardens with beautiful and unusual plants to fill your spring gardening needs. Growers and Extension Master Gardeners are on hand to help with plant selection and offer gardening advice. Home-baked goods and treats will be available at the bake sale at the Horticulture Center. There will also be a used book sale. This annual event is sponsored by the Friends of Green Spring (FROGS).

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Plant Swap: Houseplants, Cuttings and Containers

Saturday, March 2

10:30 a.m.-12:30 p.m. (16-Adult) Join us for Green Spring Gardens' 3rd annual Plant Swap! Bring your unwanted houseplants, cuttings and containers to swap with others or simply give away. A lecture and Master Gardener Help Desk will be included. Leave with new plants, containers, garden friends and expert advice. Rules and regulations of the swap will be emailed before the program. \$15 per person. Code 1AT.9PI7

Poetry in the Parks - National Poetry Month

Saturday, April 27

1-2:30 p.m. Hosted by ArtsFairfax and the Fairfax Poet Laureate, come celebrate "Poetry in the Parks," the Fairfax Poet Laureate's community engagement project. The fifth event in this series will be a poetry reading held during National Poetry Month and will feature the poetry of prominent writers in the DC/Maryland/Virginia region. Come out and enjoy some poetry at Green Spring Gardens. Free event. Registration required. Code GSD.D3JP

4603 Green Spring Road, Alexandria, VA 22312 • 703-642-5173 TTY Va. Relay 711 • www.fairfaxcounty.gov/parks/green-spring

Adult Programs

Fine Arts

Floral Design Workshop - Hello Spring

Wednesday, March 20

1-2:30 p.m. (Adults) In this workshop, certified floral designer Betty Ann Galway helps you expand your skill set by showing you how to create a fresh table design using spring flowers. Learn how to incorporate various principles and elements of design. Register for both the \$42 class and the \$35 supply fee. Code XMY.T1HM

Drawing Workshop - Bulbs, Buds, & Bugs

Saturday, March 23

9:30 a.m.— 3:30 p.m. (Adults) Use your basic drawing skills to accurately render realistic drawings of insects, buds, or bulbs. Artist and instructor Caroline Hottenstein shows you how to use the media of your choice - a micron pen, watercolor, graphite, or colored pencils to capture and highlight details. Previous drawing experience encouraged. A supply list will be emailed before class. Bring a lunch. \$102 per person. Code 051.5100

Watercolor Workshop - Color with Sargent

Saturday, March 30

10 a.m.-4 p.m. (16-Adult) John Singer Sargent was a master of color. His blacks were textured, his whites were complex, and his side-by-side use of warm and cool colors gave his work vibrancy. Artist and instructor Dawn Flores presents a history of Sargent's life and work, then shows you how to copy Sargent's techniques and create your own compelling piece inspired by his use of color. A supply list will be emailed before class. Bring a lunch. \$102 per person. Register Code WQ7.UY21

Watercolor Workshop - Paint the Sky

Saturday, April 6

9:30a.m.-3:30 p.m. (Adults) In this class you will learn various ways to paint skies with watercolor using some fun techniques from artist and instructor Marni Maree. You will paint clear skies, skies with different kinds of clouds, starry night skies and more. A supply list will be emailed before class. Bring a lunch. \$102 per person. Code 33Q.VJJN

Ikebana Floral Design Workshop

Saturday, April 6

10-11:30 a.m. (Adults) Create a Japanese-style floral design with the help of instructor Elizabeth Berry. Learn the fundamentals of the ikebana art form. No prior experience is needed. Please register for both the class and the supply fee. \$42 per person (plus \$30 supply fee). Code <u>3FB.BIAD</u>

Floral Design Workshop - Floral Birds Nest

Wednesday, April 17

1-2:30 p.m. (Adults) In this workshop, certified floral designer Betty Ann Galway helps you expand your skill set by showing you how to create a European style hand-tied bouquet. Learn how to incorporate various principles and elements of design. Register for both the \$42 class and the \$35 supply fee. Code Q6P.W29Y

Drawing Workshop - Miniature Landscape Sketching Saturday, April 20

9:30a.m.— 3:30p.m.(Adults) Celebrate Earth Day with your own interpretation of a mini-landscape, realistic or fantasy.

Create miniature works no larger than 4 x 6 inches using a micron pen, watercolor, graphite or colored pencils. Artist and instructor Caroline Hottenstein will show you how to draw quick, miniature sketches of landscapes and then use them to create a finished work using your medium of choice. Previous drawing experience encouraged. A supply list will be emailed before class. Bring a lunch.\$102 per person. Code GP4.F7JW

Watercolor Workshop - Botanical Watercolors

10 a.m.-4p.m. (Adults) For the beginner or advanced student, artist and instructor Dawn Flores will share watercolor techniques through exercises that help you understand color, composition and improve brush control. Learn about the history and types of paper used in botanical art. Basic drawing skills are helpful for drawing the plant specimen from which to paint an elegant botanical portrait. A supply list will be emailed Before class. Bring a lunch. \$102 per person. Code 6CZ.MTHO

Floral Design Workshop - Lush Garden Container

10-11:30 a.m. (Adults) Create a beautiful garden container. Green Spring horticulturist Parker Jennings shows you how to mix balance, scale, proportion, contrast and rhythm to make dynamic container designs that are sure to grab attention. Bring a container with an interior circumference 12-14 inches. Soil and plants included in the \$60 supply fee. Please register for \$42 program and supply fee. Code NTO.7FGO

Adult Programs

Gardening

Intro to Tree and Shrub Pruning

Saturday, March 23

10-11 a.m. (Adults) Did your hydrangea fail to bloom? Nervous about shaping your specimen tree? Green Spring Gardens staff will teach you about timing, tools and techniques for pruning common woody plants to keep them healthy and looking their best. Dress for the weather. \$12 per person. Code 7CT.9974

Super Native Plants in the Spring

Saturday, May 11

10:30 a.m.-12 p.m. (Adults) Enjoy a walk to look at the variety of colors and forms of beloved spring-flowering native plants. Native herbaceous perennials, trees, shrubs, and vines that grow well in local gardens are also ecologically valuable. Visit the Virginia Native Plant Garden, the Wildlife Garden, and the Rain Garden/ Bioretention Area in the Entrance Garden with Brenda Skarphol, curatorial horticulturist at Green Spring Gardens. Be an eco-friendly gardener and work with nature. Dress for the weather. \$19 per person. Code <u>1ZS.WAWY</u>

Spring Garden Tour Saturday, May 11

10-11 a.m. (Adults) Enjoy a guided tour of Green Spring's beautiful demonstration gardens with an Extension Master Gardener docent. Hear about our 18th century origins and our mission today. Find inspiration in our horticulturists' plant choices and designs and take ideas home to try in your own landscape. Garden tours run rain or shine. \$12 per person. Code AUH.RG9K

Forest Bathing Walk in the Gardens

Sundays, March 23 and May 11

10:00a.m.- noon (Adults) Experience Green Spring Gardens with all of your senses. Join Ana Ka'ahanui, co-founder of local nonprofit Capital Nature for a slow, meditative walk around the gardens. Contemplative, but more active than meditation, this forest bathing walk will help reduce blood pressure, boost immunity, and enhance mood and creativity. Decompress and feel a deeper connection with the natural world. Bring something to sit on the ground, which may be damp, and a water bottle. Dress for the weather. \$35 per person. Code **ZOY.4YH5** for 3/23; code Z0Y.QU8N for 5/11.

Garden Talks

Go Green with Ferns

Friday, March 8

1:30-2:30 p.m. (Adults) Have a damp or shady yard where it is difficult to grow flowering plants? Consider using ferns. They come in a wide variety of forms and can add texture and interest to spaces that are not suitable for sun-loving flowers. Extension Master Gardeners share excellent picks for standout color, texture and easy care. \$12 per person. Code 56U.0OK6

Cacti and Succulents, Stuck on Them

Saturday, March 16

10:30-11:30 a.m. (Adults) Branch out and try growing something different. Extension Master Gardeners will show you the wonderful world of cacti and succulents, which draw the eye through a wide range of colors, textures and shapes. Not only are they beautiful, they are easy to grow. \$12 per person. Code AE5.BTQG

Not Your Everyday Natives

Friday, April 5

1:30-2:30 p.m. (Adults) Branch out and try something different in your garden. Join Extension Master Gardeners to learn about spectacular underused and unusual native perennials that are sure to expand your gardening possibilities. \$12 per person. Code PWC.P297

Bee Friendly Gardening

Saturday, April 20

10:30-11:30 a.m. Bees pull more than their weight when it comes to your garden! They pollinate our native flora and are responsible for one-third of our daily diet. From soybeans to apples, a large percentage of our edible crops require bee visits to form fruits, vegetables, and even nuts! Extension Master Gardeners show you how to attract and nurture bees by growing a variety of plants that support them. \$12 per person. Code JCV.H9N2

The Magic of Shade Gardening

Friday, May 10

1:30-2:30 p.m. (Adults) A shady spot in your landscape provides opportunities to incorporate special plants in your garden. The secret is in using three key colors to lighten the shade. Extension Master Gardeners teach you how to create that cool, soothing mid-summer retreat by discovering vibrant and elegant plants. \$12 per person. Code **9XB.WYHY**

Garden Gate Plant Shop Opening: Saturday, April 13

Choose from a nice selection of shrubs, perennials, and ornamental grasses & later in the season annuals and tender perennials. The Plant Shop is open Monday-Saturday 9:30 a.m.-3:30p.m. and Sunday 12:30 -3:30 p.m.

Adult Programs

Getaways

Philadelphia Flower Show, Philadelphia, PA

Monday, March 4 and Wednesday, March 6

(Adults) The annual PHS Philly Flower Show is back inside! The Philadelphia Flower Show is the largest and longest-running horticultural event. It features stunning displays by some of the world's premier floral and landscape designers. Immerse yourself in the spectacular and decadent floral displays and the exciting, energetic and passionate side of flowers, gardens and horticulture. Bring a lunch or enjoy the atmosphere and food at the Reading Terminal Market located across the street. Trip cancellation deadline: February 16, 2024. \$179 per person (includes motor coach and admission). March 4 trip departs Green Spring at 8 a.m. and returns at 8 p.m. March 6 trip departs at 10 a.m. and returns at 10 p.m. Code A19.A2EI for 3/4 and code <u>A19.01RF</u> for 3/6.

Charlottesville Private Gardens

Wednesday, April 24

7:15 a.m.- 7:15 p.m. (16-Adult) Getaway to Charlottesville to view private gardens in their spring glory. Our first stop is writer Cole Burrell's woodland garden. Next, we stop Gina's Garden where we will enjoy a boxed lunch. Our final destination is the beautiful Waterperry Farm gardens featuring a 60-acre private pleasure garden of mixed perennials and woody plants. Talk with the garden owners and find some inspiration for your own garden spaces. Trip departs Green Spring Gardens at 7:15 a.m. and returns at 7:15 p.m. \$259 per person (includes motor coach, lunch and admission). Trip cancelation deadline: April 10. Code 4T7.PML3

Wildflower Walk

Tuesday, April 30

(16-Adult) Stop and smell the wildflowers. You'll be awed by acres of these natural beauties at Thompson Wildlife Management Area near Markham, Virginia. A naturalist will guide you through this relatively easy hike along the area fire road. After the hike, we'll stop at Fox Meadow Winery to enjoy the views while eating our picnic lunches. Optional wine tasting is \$15.00 paid to the winery. Bus departs at 8:30 a.m. and returns at 3:30 p.m. \$124 per person (includes motorcoach and guided tour). Bring a bag lunch and wear appropriate attire for hiking outdoors. Cancellation deadline, April 16, 2024. Code XI5.PCFA

Longwood Gardens

Thursday, May 23

(16-Adult) Spring has sprung at Longwood Gardens. Get away to this formal DuPont landscape in Kennett Square, Pennsylvania. Immerse yourself in the splendor as the gardens continue indoors of the grand conservatory. Dining is available at the café of the Terrace Restaurant near the conservatory or at the fine dining restaurant, 1906. If you choose the 1906, Longwood strongly suggests you make reservations via OpenTable. Bus departs at 7:00 a.m. and returns at 7:00 p.m. \$179 per person (includes motor coach and entrance fee). Cancellation deadline, May 9, 2024. Code DBF.5RES

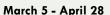
ART EXHIBITS

AT THE HORTICULTURE CENTER

Horticulture Center art exhibits are open Monday-Saturday, 9 a.m.-4:30 p.m., and Sunday, noon-4:30 p.m.

Until March 3

- "Nature Inside and Out"—Jane Coonce, oil
- "Winter Wonderland"—Ravensworth Elementary School, mixed media



"Turning a New Leaf"—Vienna Arts Society, Vases and Vases of Flowers by Jane Coonce mixed media Art reception: Sunday, March 10, 1 to 3 p.m.



AT THE HISTORIC HOUSE

Historic House art exhibits are open Wednesday-Sunday, 12-4:30 p.m.

Until March 3

- "The Power of Flowers"—Lynda D. Pitman, watercolor
- "A Natural Perspective"—Thomas Smith, mixed media



Three of a Kind by Lynda D. Pitman

March 5 - April 28

- "Awakenings"— Space to Create, mixed media
- "Rooted in Nature"—Nina Tisa & Steven Halperin, mosaics/photography

Art reception: Sunday, March 10, 1 to 3 p.m.

Exhibit space occasionally closes for program use.

Sponsored by the Friends of Green Spring

Follow #GreenSpringGardens and Friends of Green Spring on social media.

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Youth and Family Programs & Fitness

Please note: All attendees, including parents, must register to control group size (except for Garden Sprouts).

Garden Sprouts Spring - Nature Playgroup

Mondays, March 11, April 8 and May 13

10:30 a.m.-12 p.m. (3-5 yrs.) Your preschooler enjoys nature-themed toys and puzzles while you meet other playgroup parents one Monday a month. Through games, songs, activities and a garden walk we explore seasonal topics. Program will take place outdoors, weather permitting. \$12 per child. Code $\overline{\text{ZHJ.PGIG}}$ for 3/11; code $\overline{\text{ZHJ.3J03}}$ for 4/8; code $\overline{\text{ZHJ.CYP2}}$ for 5/13.

Family Fun - Backyard Birding

Saturday, March 16

1-2 p.m. (5-Adult) Come learn all about the different bird species we have here in Virginia on a hike around the grounds of Green Spring Gardens. Using provided binoculars, you will learn the tips and tricks of seasoned birders to identify the feathered friends we see. Decorate your very own birdhouse to continue the adventure at home. \$10 per person. Code 57P.H6IX

Family Fun - Spring Fairy Houses

Saturday, April 20

1-2 p.m. (5-Adult) Experience the magic at Green Spring Gardens this spring by decorating your very own fairy house using natural materials. Then we will explore the grounds and search for the secret fairy village hidden in the trees. \$10 per person. Code <u>TDS.56SB</u>

Garden Artists - Flower Pressing

Sundays, April 28 and May 12 (10:30-11:30 a.m. and 1-2 p.m.) (5-Adult) Learn the process of flower and leaf pressing, and make your own beautiful botanical creation to take home. Garden flower tour included. All attendees, including parents, must be registered for the program. \$15 per person.

4/28: 10:30a.m. code <u>WGX.BZ11</u>; 1p.m. code <u>WGX.U7OM</u>. 5/12: 10:30a.m. code <u>WGX.30HB</u>; 1p.m. code <u>WGX.DL3C</u>.



Summer Camps

LISTED ONLINE.

https://www.fairfaxcounty.gov/parks/camps

Scouting Programs

Start Your Journey-Sow What? -SGS

Saturday, May 25

1-3 p.m. Satisfies most of the requirements to earn the badge. See site's website for details. Code 6A3.61Q3

Contact Bailey Price at <u>bailey.price@fairfaxcounty.gov</u>
to schedule a private scouting program



Fitness

Yoga for Gardeners

Mondays, starting April 1

9:30-10:25 a.m. (Adult) This class features a gentle introduction to the Vinyasa method which helps participants increase the strength, flexibility and endurance necessary for gardening. Class held indoors. \$101 per person for 8 lessons. Code 6E6.ZW3M

Tai Chi I

Mondays, starting April 1

11:00-11:55 a.m. (Adult) Tai Chi promotes flexibility, balance and physical control. This low-impact mind/body class is based on ancient Chinese exercises to increase energy flow while decreasing stress. \$101 per person. 8 sessions. Code ED9.HOKS

Tai Chi II

Mondays, starting April 1

12:15-1:10 p.m. (Adult) Tai Chi I strongly recommended. \$101 per person. 8 sessions. Code <u>630.JDND</u>



2024 Fairfax County Farmers Markets

Wednesday

McCutcheon/Mount Vernon

8 a.m. – noon Apr 17 – Dec 18 SNAP Sherwood Hall Regional Library 2501 Sherwood Hall Lane

Oakmont

8 a.m. – noon May 1 – Nov 6Oak Marr RECenter, 3200 Jermantown Road

Wakefield

2 – 6 p.m. May 1 – Oct 30 Wakefield Park, 8100 Braddock Road

Thursday

Annandale

8 a.m. – noon May 2 – Nov 14Mason District Park, 6621 Columbia Pike

Herndon

8 a.m. – 12:00 p.m. May **2 – Nov 7**Old Town Herndon, 700 Block of Lynn Street By the Red Caboose

Please look for us on social media: Instagram – @fairfaxfarmmarkets Facebook –"Fairfax County Park Authority"

Friday

McLean

8 a.m. – noon May 3 – Nov 15 Lewinsville Park, 1659 Chain Bridge Road *CLOSED May 17th for McLean Day 2024

Kingstowne

3 - 7 p.m. May 3 - Oct 25 5870 Kingstowne Towne Center In the Giant parking lot

Saturday

Burke

8 a.m. – noon Apr **20 – Dec 21** VRE parking lot, 5671 Roberts Parkway

Reston

8 a.m. – noon Apr 27 – Dec 7
Lake Anne Village Center, 1609-A Washington
Plaza

Sunday

Lorton

8:00 a.m. – noon May 5 – Nov 10 VRE parking lot, 8990 Lorton Station Boulevard





Supplemental Nutrition Assistance Program (SNAP) EBT cards can now be used at select Fairfax County Farmers Market locations! Thanks to the Virginia Fresh Match Program, our markets match SNAP Benefits so you can purchase extra fruits and vegetables for FREE!













Historic Green Spring Programs



A traditional British afternoon tea served in the 1784 Historic House follows each program. Full tea includes finger sandwiches, pastries and scone with cream and jam.

Tea programs are by reservation only. Call Historic Green Spring at 703-941-7987.

Tea Programs

Women's Work?

Sunday, March 24

1-3 p.m. (Adult) Observe National Cleaning Week with a sweeping history of housework! Discover the origins of spring-cleaning and explore the evolution of household management, from drudgery to labor-saving innovation. Hear about the female pioneers of "domestic science" and consider whether the home economics movement helped or hindered women. \$18 (lecture only); \$40 (lecture + tea)

Feminist Art Before Feminism

Saturday, April 14

1-3 p.m. (Adult) Long before the women's art movement of the 1970s, female painters were using their art to protest the sexism and racism of the male-dominated art world. Historic House staffer Karen Heyda Jackson explores how these courageous artists defied constraints of their times and flourished. \$18 (lecture only); \$40 (lecture + tea)

Garden Tour & Tea

Thursdays, April 18, May 9 & 23

1-3 p.m. (Adult) Take a tour of the beautiful demonstration gardens with an Extension Master Gardener docent. Find inspiration in our horticulturists' plant choices and garden bed designs. Hear about our 18th century origins and our mission today, then step inside for afternoon tea. Garden tours run rain or shine. \$40 (tour + tea)

Painting with Thread

Sunday, April 28

1-3:30 p.m. (Adult) Needlework artist Caroline

Hottenstein presents the story of the art of embroidery and its contributions to dress and furnishings. Learn the history of this centuries-old skill with thread and cloth and discover popular themes and motifs, going back to antiquity. View an exhibit of 19th and 20th century embroidered clothing items and historical embroidery tools. \$23 (lecture only); \$46 (lecture + tea)

Mother's Day Tea: Working Mothers

Sunday, May 12

1-3:30 p.m. (14 - Adult) Hats off to mom! Celebrate the day by crafting your own British-inspired fascinator headpiece! Green Spring staffers Teegan Burkholder and Karen Heyda Jackson discuss the evolution of this fun, fashionable accessory and its current uses and help you create your own fascinator to wear to afternoon tea. \$58 (workshop + tea)

Writing on the Wall

Sunday, May 26

1-3 p.m. (Adult) Urban art or vandalism? Graffiti preserves history and culture in the self-expression of everyday people. Explore examples of this art of the commoner from times past, from the moving and poetic to the hilarious and beyond bawdy! Consider its value to historians and whether it's worthy of preservation. \$18 (lecture only); \$40 (lecture + tea)



By-Request Programs

Private Garden Tours

Schedule a private group tour led by Green Spring Extension Master Gardener docents who interpret the gardens, the plant collections, the site's mission, and its historic legacy. \$10 per person for groups of 20 or more; \$12 per person for 19 or fewer. Minimum group size is five. For information or to schedule a garden tour call Historic Green Spring at (703) 941-7987.

Private Tea Programs

Private groups may reserve a lecture or garden tour followed by a traditional English afternoon tea served in the 1784 Historic House. Minimum group size is 20. For information call Historic Green Spring at 703-941-7987.



SUPPORT GREEN SPRING GARDENS — BECOME A FROG (FRIEND OF GREEN SPRING)

☐ Individual (1 year)	\$35	Name:	
☐ Individual (3 years)	\$90	Address:	
☐ Family (2 adults + kids)	\$50		
☐ Family (3 years)	\$135	Phone:	
Organization (1 year)	\$250	Email:	
☐ Patron (1 year)	\$150		
Lifetime	\$500		









Green Spring Gardens 4603 **Green Spring Road** Alexandria, VA 22312 703-642-5173

www.fairfaxcounty.gov/parks/green-spring
For inclusion and ADA support, call 703-324-8563. TTY Va. Relay 711.

