## FAIRFAX COUNTY PARK AUTHORITY

#### M E M O R A N D U M

**TO:** Chairman and Members

Park Authority Board

**FROM:** Kirk W. Kincannon, Executive Director

VIA: David Bowden, Director

Planning and Development Division

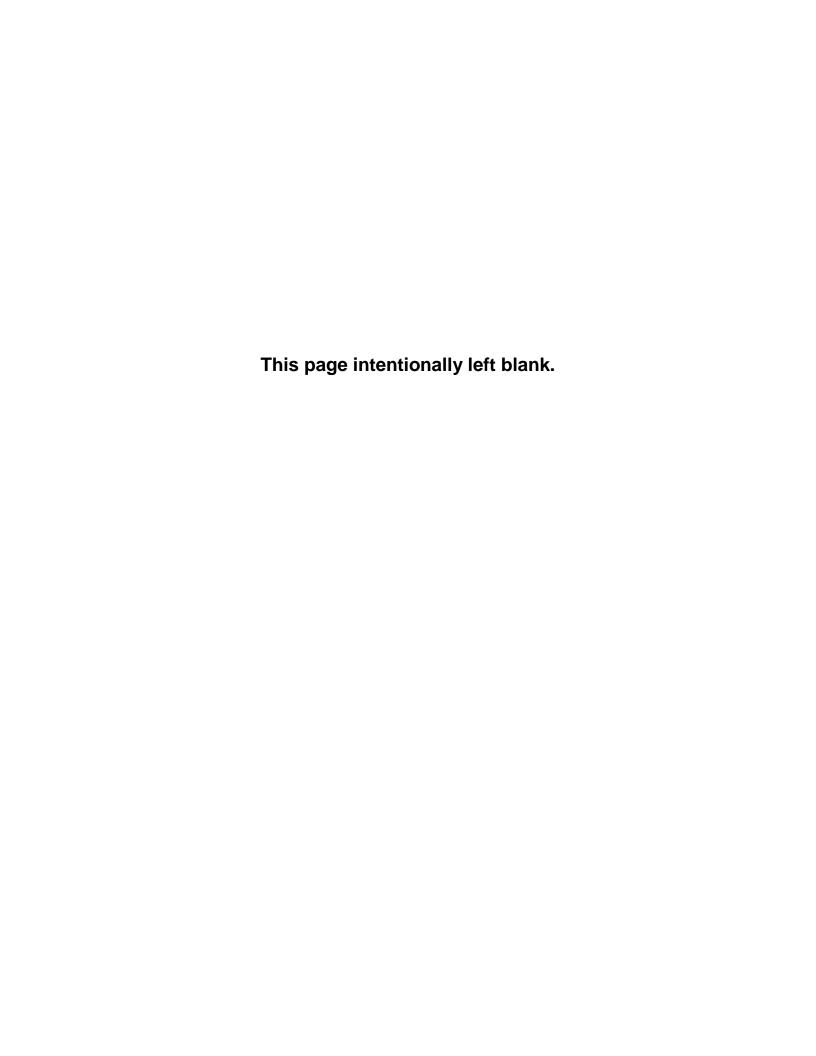
**DATE:** February 16, 2017

#### Agenda

Committee of the Whole Wednesday, February 22, 2017 – 8 p.m. or immediately following the Board Meeting Boardroom – Herrity Building Chairman: William G. Bouie Vice Chair: Ken Quincy

1. Park Authority Agency Master Plan Workshop – Information (with presentation)\*

\*Enclosures



Committee Agenda Item February 22, 2017

#### **INFORMATION** (with presentation)

#### Park Authority Agency Master Plan Workshop

As part of the Park Authority Agency Master Plan process, staff continues to engage with the Committee of the Whole and the Fairfax County Park Authority Board. An overview of the background, status, plan alignment and planning framework for the master plan was presented to the Committee of the Whole on October 26, 2016. The Committee of the Whole participated in an agency master plan workshop at the November 16, 2016, meeting that focused on the topic of imagining the park system in the future. During the December 14, 2016, meeting the board endorsed guiding principles that provide the framework for the master plan.

In alignment with CAPRA standards, the scope of the agency master plan is "big picture" and the plan is intended to provide policy guidance for the agency as a whole. Overall, the master plan aims to ensure "the right parks, programs and amenities are in the right places to serve the right community needs and protect the right resources." As such, the involvement of the board is an essential part of the process and creation of the master plan. Continued engagement with the board includes a series of workshop sessions with the Committee of the Whole that are focused on specific elements or components critical for the master planning process. This second workshop is focused on data and trends that effect the park system. This workshop will help to inform the analysis and recommendations of the master plan in alignment with the guiding principles.

#### **ENCLOSED DOCUMENTS:**

None

#### STAFF:

Kirk W. Kincannon, Executive Director
Sara Baldwin, Deputy Director/COO
Aimee L. Vosper, Deputy Director/CBD
Cindy Walsh, Director, Resource Management Division
Todd Brown, Director, Park Operations Division
Barbara Nugent, Director, Park Services Division
David Bowden, Director, Planning & Development Division
Judy Pedersen, Public Information Office
Janet Burns, Fiscal Administrator





PAB – Data and Trends Workshop Samantha Hudson 2/22/2017





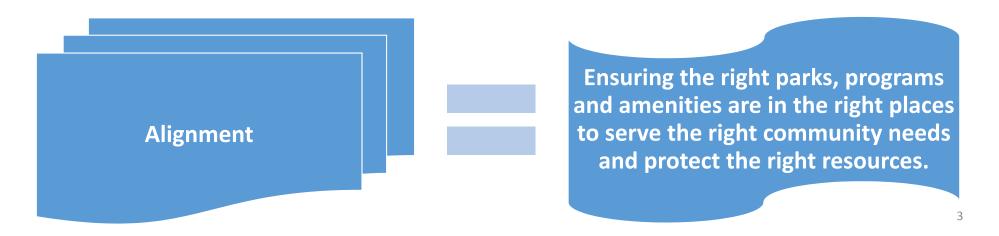


# Agenda

- Master plan & meeting objectives
- Plan organization and analysis
- Data and trends (workshop)

## Major Master Plan Objectives

- Align major agency plans to ensure consistent agency direction and park system service delivery
- Incorporate new and updated data and information into <u>agency</u> <u>planning</u>, <u>programs and initiatives</u>
- Meet CAPRA accreditation standards by early 2018



# Meeting & Workshop Objectives

- Gain a shared understanding of the structure and organization of the master plan
- Think critically about how data and trends relate to the master plan and guiding principles
- Generate ideas and recommendations for responding and adapting to the data and trends

## Plan Structure & Organization

#### **Guiding Principles**

- Articulate core ideals and purposes that set the direction for the park system and guide the master plan
- Focus towards the future; answer "what we want to be"

#### Goals

- Broad statements that support and articulate the intent of each Guiding Principle
- Desired results or possible outcomes that a system envisions, plans and commits to achieve

#### Recommendations

- Guidelines and framework for the system to achieve the stated goals; may include possible activities, processes, desired standards, priorities, etc.
- Apply to all agency planning, programs and initiatives; tie to existing & future division plans

#### Strategic Plan

- How the agency will implement agency master plan recommendations
- Possible strategies, actions and initiatives to support meeting master plan goals and implementing recommendations

# Plan Structure & Organization

- 1. Introduction
- 2. Existing Conditions
- 3. Trends
- 4. Needs Needs identify the gap between what we are today and what we want to be in the future
- 5. Guiding Framework for the Park System Master Plan
- 6. The Park System Master Plan
- 7. Implementation



# Consider these questions.....

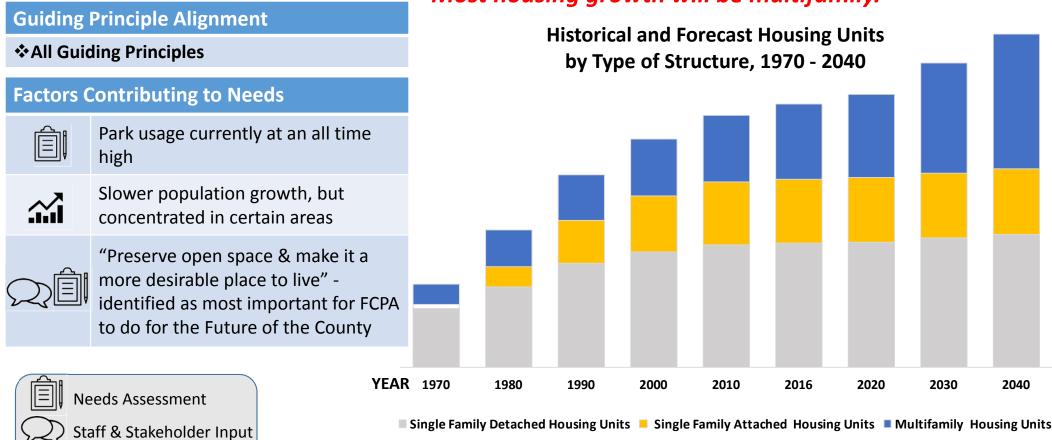
- What do the data and trends mean for meeting the Guiding Principles?
- What you think the data and trends mean for the park system elements?
  - Services and Programs
  - Operations and Maintenance
  - Land and Facilities
  - Administration and Management
- What should the Park Authority do to respond or adapt?
- Are there barriers or opportunities to responding or adapting?

## ANALYSIS – POPULATION GROWTH FORECAST

Trends & Data Analysis

Population growth is concentrated in certain areas of the county.

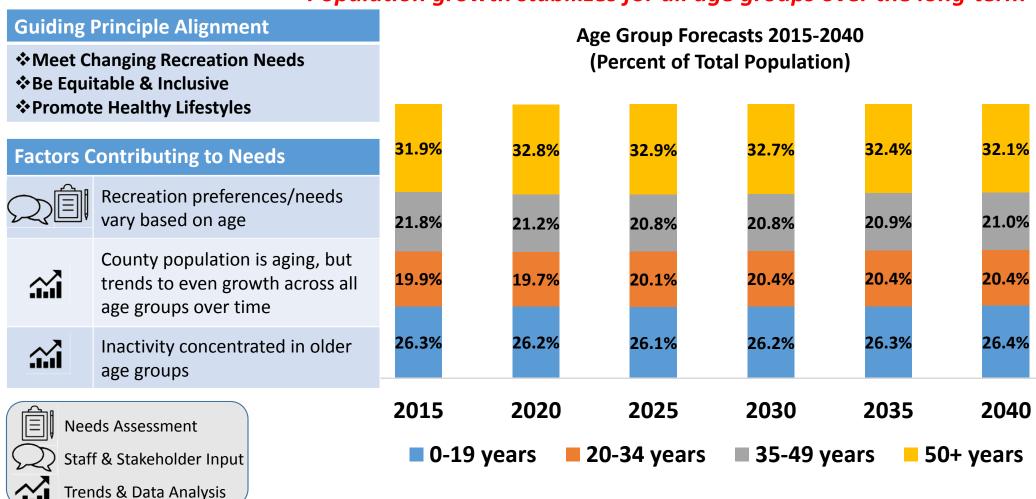
Most housing growth will be multifamily.



## **ANALYSIS - AGE**

#### *Near-term population growth concentrated among 50+*

#### Population growth stabilizes for all age groups over the long-term



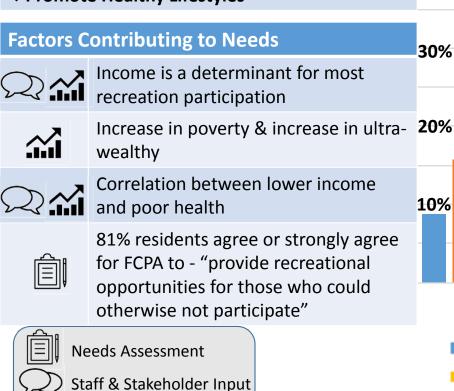
### **ANALYSIS – INCOME**

#### **Guiding Principle Alignment**

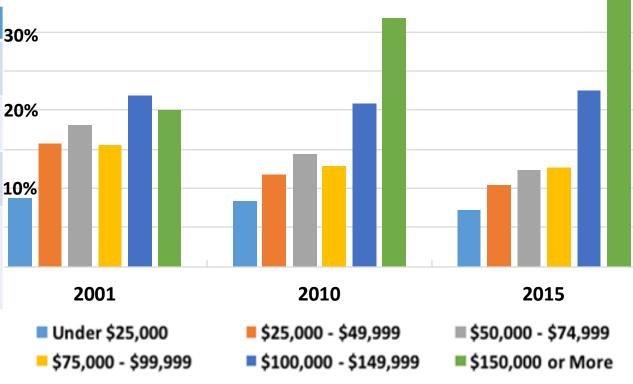
- ❖Inspire A Passion For Parks
- **❖**Be Equitable & Inclusive
- **❖** Promote Healthy Lifestyles

More ultra-wealthy households and more families living in poverty.

Distribution of Household Income 2001, 2010, and 2015 (By Percentage of Households)

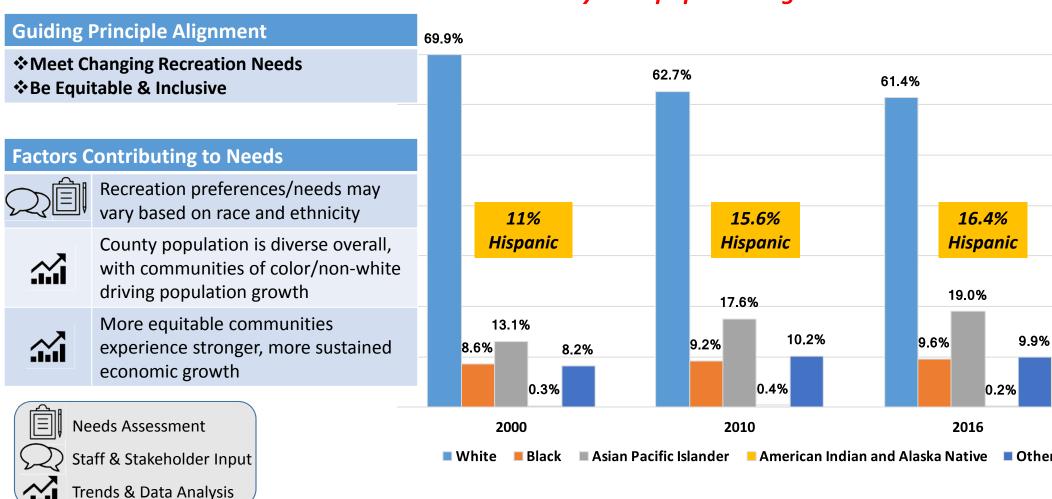


Trends & Data Analysis



### ANALYSIS – RACE AND ETHNICITY

#### Increase in racial and ethnic diversity with population growth



## ANALYSIS - HEALTH

Parks and open space provide benefits to human health.

Sedentary lifestyles lead to increased risk of many serious health conditions.

#### **Guiding Principle Alignment**

- **❖** Meet Changing Recreation Needs
- **❖**Be Equitable & Inclusive
- **❖** Promote Healthy Lifestyles

#### **Factors Contributing to Needs**



People living in greener areas tend to report less mental stress and higher life satisfaction



Fairfax County is among the healthiest in the nation, but health disparities remain



Obesity is considered a problem in the Fairfax Community\*



**Needs Assessment** 

Staff & Stakeholder Input

Trends & Data Analysis

\*Fairfax County Community Health Improvement Plan \*\*NRPA

# Trees and vegetation in parks benefit human health:

- ✓ Reduce air pollution
- ✓ Improve mental health
- ✓ Cool air temperature
- ✓ Remove climatechange causing gases from air\*\*

33%

Higher physiciandiagnosed depression in residential areas with fewer green spaces\*\*

# Physically active people tend to live longer & have lower risk for many chronic diseases, including:

- √ heart disease
- ✓ depression
- ✓ stroke

- some cancers\*
- √ type 2 diabetes

Percent of
Adults 20+
in county (2013)\*

15.6 Sedentary

20.3 Obese

6.2 Diabetes

Percent of Youth Ages 14 - 19 in county (2012)\*

16 Overweight

11 Obese

Rates of physical activity decreased as student grade level increased

## ANALYSIS – PARK ACCESS

#### **Guiding Principle Alignment**

- **❖**Be equitable and inclusive
- **❖** Promote healthy lifestyles

#### **Factors Contributing to Needs**



Walking paths/trails high community priority

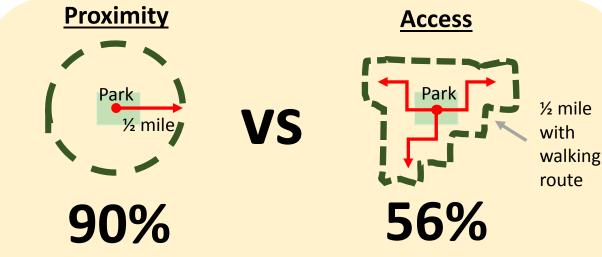


Access to parks increases level of physical activity



Walkability important for quality of life, healthy lifestyles, home and property values

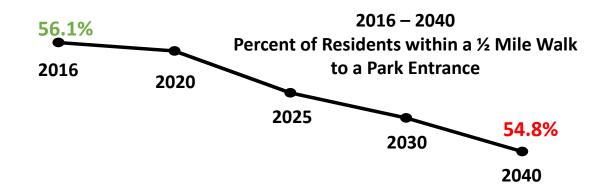
# Population growth forecasted to occur in areas that currently have limited access to parks



of residents live within a ½ mile proximity to parkland

of residents live within a ½ mile walk to a park entrance





## **Way Ahead**

- Next PAB Workshop focused on master plan recommendations
  - March 22<sup>nd</sup>
- PAB Master Plan Updates scheduled for April and May
- Staff outreach and engagement
  - Focus group with millennial staff
    - March 1st FCPA Board Room
  - Upcoming staff forums
    - March 22<sup>nd</sup> Lee District RECenter
    - March 28<sup>th</sup> Frying Pan Farm Park Auditorium
    - March 29<sup>th</sup> FCPA Board Room
- Public outreach and engagement
  - Ongoing news blasts, website, emails
  - Draft Plan July meetings

## **Activity Instructions**

#### **To Start**

- 1. Open your envelope and join assigned table
  - Table #1 Sam
  - Table #2 Aimee
  - Table #3 Andi

#### At your table

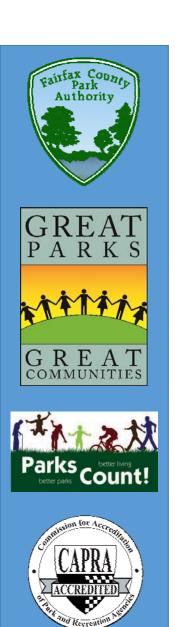
- Discuss the maps Question list at each table
- 2. Write complete ideas on sticky notes

## **Transition & Wrap-Up**

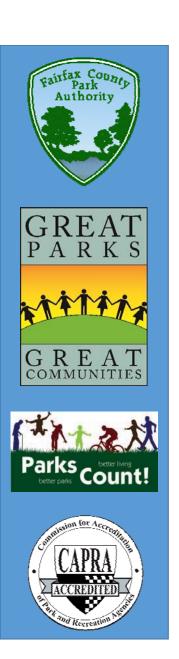
1. Stick post-its with the Guiding Principle

#### **Discussion Questions**

- What do the data and trends mean for meeting our Guiding Principles?
- What you think the data means for the park system elements?
  - Services & Programs
  - Operations & Maintenance
  - Land & Facilities
  - Administration & Management
- What should the Park Authority do to respond/adapt?
- Are there barriers or opportunities to responding/adapting? 15



## Thank You!



# Back-Up Slides

# Master Plan Data Exploration Tool

- Web-based GIS mapping tool with data sets related to master plan
  - http://arcg.is/2l3FM80