

First Aid Merit Badge

Hidden Oaks Nature Center

First Aid is a 5-hour class. Scouts should come dressed for the weather; a section of this badge may be outside. Scouts will be kneeling, standing, lifting and carrying so they should come prepared to be active.

What to bring:

- Blue card, pen and pencil
- Appropriate clothing, including closed-toed shoes
- Snack and water
- Pework, including first aid kit

Pework Assignments: Please complete these Merit Badge Requirements prior to class.

1. Complete the following from the First Aid Rank Requirements for First Class rank prior to attending the First Aid merit badge program:

7.d Tell what utility services exist in your home or meeting place. Describe potential hazards associated with these utilities and tell how to respond in emergency situations.

7.e Develop an emergency action plan for your home that includes what to do in case of fire, storm, power outage, and water outage.

5.a Prepare a first-aid kit for your home. Bring it to class with you ready to display and discuss its contents.

7.b Explain the use of an automated external defibrillator (AED). Identify the location of the AED at your school, place of worship, and troop meeting place, if one is present.

For questions, please contact Hidden Oaks Nature Center merit badge counselor Kelsey Jeffers at Kelsey.Jeffers@fairfaxcounty.gov or call (703) 941-1065.

Please Note: This merit badge is intended to train scouts in recognizing various injuries & illnesses and to practice their skills in administering first aid to best prepare them in the event they are confronted with an emergency. The First Aid merit badge is not a medical licensure or certificate. Scouts interested in obtaining a certificate in CPR/AED & First Aid administration through an accredited agency are encouraged to do so.