

APRIL 2024



FAIRFAX COUNTY PARK AUTHORITY
REC CENTERS

GEORGE WASHINGTON REC CENTER POOL CALENDAR

8426 Old Mt. Vernon Road Alexandria, VA 22309 703-780-8894

SUNDAY 9AM-6PM	MONDAY 6:30AM-9:00PM	TUESDAY 6:30AM-9:00PM	WEDNESDAY 6:30AM-9:00PM	THURSDAY 6:30AM-9:00PM	FRIDAY 6:30AM-9:00PM	SATURDAY 9AM-6PM
	1 OPEN AND LAP SWIM 6:30AM-4:00PM	2 OPEN AND LAP SWIM 6:30AM-4:00PM	3 OPEN AND LAP SWIM 6:30AM-4:00PM	4 OPEN AND LAP SWIM 6:30AM-4:00PM	5 OPEN AND LAP SWIM 6:30AM-4:00PM	6 CLASSES & LAP SWIM ONLY <u>9:00AM-12:00PM</u> <u>OPEN SWIM</u> <u>12P-6P</u>
4:00P-8:00PM LIMITED LANES AVAILABLE LANES OPEN DUE SWIM CLASSES AND RENTALS						
7 CLASSES & LAP SWIM ONLY <u>9:00AM-12:00PM</u> <u>OPEN SWIM</u> <u>12P-6P</u>	8 OPEN AND LAP SWIM 6:30AM-4:00PM	9 OPEN AND LAP SWIM 6:30AM-4:00PM	10 OPEN AND LAP SWIM 6:30AM-4:00PM	11 OPEN AND LAP SWIM 6:30AM-4:00PM	12 OPEN AND LAP SWIM 6:30AM-4:00PM	13 CLASSES & LAP SWIM ONLY <u>9:00AM-12:00PM</u> <u>OPEN SWIM</u> <u>12P-6P</u>
4:00P-8:00PM LIMITED LANES AVAILABLE LANES OPEN DUE SWIM CLASSES AND RENTALS						
14 CLASSES & LAP SWIM ONLY <u>9:00AM-12:00PM</u> <u>OPEN SWIM</u> <u>12P-6P</u>	15 OPEN AND LAP SWIM 6:30AM-4:00PM	16 OPEN AND LAP SWIM 6:30AM-4:00PM	17 OPEN AND LAP SWIM 6:30AM-4:00PM	18 OPEN AND LAP SWIM 6:30AM-4:00PM	19 OPEN AND LAP SWIM 6:30AM-4:00PM	20 CLASSES & LAP SWIM ONLY <u>9:00AM-12:00PM</u> <u>OPEN SWIM</u> <u>12P-6P</u>
4:00P-8:00PM LIMITED LANES AVAILABLE LANES OPEN DUE SWIM CLASSES AND RENTALS						
21 CLASSES & LAP SWIM ONLY <u>9:00AM-12:00PM</u> <u>OPEN SWIM</u> <u>12P-6P</u>	22 OPEN AND LAP SWIM 6:30AM-4:00PM	23 OPEN AND LAP SWIM 6:30AM-4:00PM	24 OPEN AND LAP SWIM 6:30AM-4:00PM	25 OPEN AND LAP SWIM 6:30AM-4:00PM	26 OPEN AND LAP SWIM 6:30AM-4:00PM	27 CLASSES & LAP SWIM ONLY <u>9:00AM-12:00PM</u> <u>OPEN SWIM</u> <u>12P-6P</u>
4:00P-8:00PM LIMITED LANES AVAILABLE LANES OPEN DUE SWIM CLASSES AND RENTALS						
28 CLASSES & LAP SWIM ONLY <u>9:00AM-12:00PM</u> <u>OPEN SWIM</u> <u>12P-6P</u>	29 OPEN AND LAP SWIM 6:30AM-4:00PM	30 OPEN AND LAP SWIM 6:30AM-4:00PM				

Know Before You Go!

- Pool space and calendar is subject to change without notice.
- Avoid the wait and peak times, our **lap lane availability information** is available at the Front Desk or on the website.
- The pool may be open during class, rental and camp swim times. When the pool is open **AT LEAST** 3 lanes are available to the public while the pool is open. Please be aware of the open space during swim lessons. Please note class and lap swimming only times on weekdays and weekends noted on the calendar.
- Any person not in classes must pay the admission fee to use the pool. Non-swimmers or those using lifejackets must under direct supervision of a supervising adult.
- **Keep an eye on your child!** In-water supervision required for all children under 5. Those who can not swim 25 yards without stopping must not go in to water past their shoulders. Children under 10 years must have actively engaged supervision.



If accommodations and/or alternative formats are needed, please call (703) 324-8563, at least ten working days in advance of the registration deadline or event. TTY (703) 803-3354

George Washington Rec Center

Lap Lane Calendar April 20th - April 30th



SATURDAY

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. *Please note this information is **subject to change** and is only applicable to the day and date range provided.*

LEGEND		Recreational Play/Swim/Dive			Lap Swim / Water Walking ONLY				FCPA scheduled programs				
	Ramp	Shallow End			Lap Lanes				Lap Lanes/Dive Well				
		0.5	Full	1	2	3	4	5	6	7	8	0.5	
9:00 AM	Swim Lessons 9am-12pm							Swim Lessons 9am-12:45pm					9:00 AM
9:30 AM													9:30 AM
10:00 AM													10:00 AM
10:30 AM													10:30 AM
11:00 AM													11:00 AM
11:30 AM													11:30 AM
12:00 PM													12:00 PM
12:30 PM											12:30 PM		
1:00 PM											1:00 PM		
1:30 PM											1:30 PM		
2:00 PM											2:00 PM		
2:30 PM											2:30 PM		
3:00 PM											3:00 PM		
3:30 PM											3:30 PM		
4:00 PM											4:00 PM		
4:30 PM											4:30 PM		
5:00 PM											5:00 PM		
5:30 PM											5:30 PM		
6:00 PM	Ramp	0.5	Full	1	2	3	4	5	6	7	8	0.5	6:00 PM
			Shallow End			Lap Lanes				Lap Lanes/Dive Well			

Highland Park Dive
Set up 4:45pm-6pm

George Washington Rec Center

Lap Lane Calendar April 20th - April 30th



SUNDAY

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. *Please note this information is **subject to change** and is only applicable to the day and date range provided.*

LEGEND		Recreational Play/Swim/Dive			Lap Swim / Water Walking ONLY				FCPA scheduled programs				
	Ramp	Shallow End			Lap Lanes				Lap Lanes/Dive Well				
		0.5	Full	1	2	3	4	5	6	7	8	0.5	
9:00 AM	Swim Lessons and Scuba Rental 9am-12:45pm												9:00 AM
9:30 AM													9:30 AM
10:00 AM													10:00 AM
10:30 AM													10:30 AM
11:00 AM													11:00 AM
11:30 AM													11:30 AM
12:00 PM													12:00 PM
12:30 PM													12:30 PM
1:00 PM												1:00 PM	
1:30 PM												1:30 PM	
2:00 PM												2:00 PM	
2:30 PM												2:30 PM	
3:00 PM												3:00 PM	
3:30 PM												3:30 PM	
4:00 PM												4:00 PM	
4:30 PM												4:30 PM	
5:00 PM												5:00 PM	
5:30 PM												5:30 PM	
6:00 PM	HOURS	Hollin Meadows (4.5 lanes)				Waynewood (5.5 lanes)				6:00 PM			
7:00 PM		MVP	Mansion House (5 lanes)			Mount Vernon Park (4.5 lanes)				7:00 PM			
	Ramp	0.5	Full	1	2	3	4	5	6	7	8	0.5	
		Shallow End			Lap Lanes				Lap Lanes/Dive Well				

George Washington Rec Center

Lap Lane Calendar April 20th - April 30th



TUESDAY

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. *Please note this information is **subject to change** and is only applicable to the day and date range provided.*

LEGEND		Recreational Play/Swim/Dive			Lap Swim / Water Walking ONLY					FCPA scheduled programs					
	Ramp	Shallow End			Lap Lanes					Lap Lanes/Dive Well					
		0.5	Full	1	2	3	4	5	6	7	8	0.5			
Before Hours		NCAP (4.5 lanes) 5:00-6:00 am					Marlins (5.5 lanes) 4:55 - 6:25 am					Before Hours			
6:30 AM															
7:00 AM															
7:30 AM															
8:00 AM															
8:30 AM															
9:00 AM		Shallow Water Ex													
9:30 AM		Shared Space with swim classes													
10:00 AM	Swim Lessons				Shared Space with swim classes										
10:30 AM															
11:00 AM															
11:30 AM		Arthritis Water Ex													
12:00 PM															
12:30 PM															
1:00 PM															
1:30 PM															
2:00 PM															
2:30 PM															
3:00 PM															
3:30 PM															
4:00 PM															
4:30 PM															
5:00 PM															
5:30 PM															
6:00 PM	Swim Lessons														
6:30 PM															
7:00 PM															
7:30 PM															
8:00 PM															
8:30 PM															
9:00 PM	Ramp	0.5	Full	1	2	3	4	5	6	7	8	0.5	9:00 PM		
		Shallow End			Lap Lanes					Lap Lanes/Dive Well					

George Washington Rec Center

Lap Lane Calendar April 20th - April 30th



TUESDAY

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. *Please note this information is **subject to change** and is only applicable to the day and date range provided.*

LEGEND		Recreational Play/Swim/Dive			Lap Swim / Water Walking ONLY					FCPA scheduled programs					
	Ramp	Shallow End			Lap Lanes					Lap Lanes/Dive Well					
		0.5	Full	1	2	3	4	5	6	7	8	0.5			
Before Hours			Masters (3 lanes) 5am-6am			Marlins (6 lanes) 4:55 - 6:25 am						Before Hours			
6:30 AM													6:30 AM		
7:00 AM													7:00 AM		
7:30 AM													7:30 AM		
8:00 AM													8:00 AM		
8:30 AM													8:30 AM		
9:00 AM			Water Ex Class										9:00 AM		
9:30 AM	SL														9:30 AM
10:00 AM															10:00 AM
10:30 AM													10:30 AM		
11:00 AM													11:00 AM		
11:30 AM													11:30 AM		
12:00 PM													12:00 PM		
12:30 PM													12:30 PM		
1:00 PM													1:00 PM		
1:30 PM													1:30 PM		
2:00 PM	Swim Lessons												2:00 PM		
2:30 PM												Swim Lessons	2:30 PM		
3:00 PM													3:00 PM		
3:30 PM													3:30 PM		
4:00 PM													4:00 PM		
4:30 PM													4:30 PM		
5:00 PM												Water Exercise	5:00 PM		
5:30 PM													5:30 PM		
6:00 PM	Swim Lessons and Water Exercise												6:00 PM		
6:30 PM													6:30 PM		
7:00 PM													7:00 PM		
7:30 PM													7:30 PM		
8:00 PM													8:00 PM		
8:30 PM													8:30 PM		
9:00 PM	Ramp	0.5	Full	1	2	3	4	5	6	7	8	0.5	9:00 PM		

George Washington Rec Center

Lap Lane Calendar April 20th - April 30th



WEDNESDAY

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. *Please note this information is **subject to change** and is only applicable to the day and date range provided.*

LEGEND		Recreational Play/Swim/Dive			Lap Swim / Water Walking ONLY					FCPA scheduled programs				
	Ramp	Shallow End			Lap Lanes					Lap Lanes/Dive Well				
		0.5	Full	1	2	3	4	5	6	7	8	0.5		
Before Hours		NCAP (4.5 lanes) 5:00-6:00 am					Marlins (5.5 lanes) 4:55 - 6:25 am					Before Hours		
6:30 AM														6:30 AM
7:00 AM									Trident					7:00 AM
7:30 AM												Deep Water Ex		7:30 AM
8:00 AM														8:00 AM
8:30 AM		Shallow Water Ex												8:30 AM
9:00 AM		Shared Space with swim classes												9:00 AM
9:30 AM														
10:00 AM	SL	Shared Space with swim classes												10:00 AM
10:30 AM														
11:00 AM		Arthritis Water Ex												11:00 AM
11:30 AM														11:30 AM
12:00 PM														12:00 PM
12:30 PM														12:30 PM
1:00 PM														1:00 PM
1:30 PM														1:30 PM
2:00 PM		Swim Lessons												2:00 PM
2:30 PM														2:30 PM
3:00 PM														3:00 PM
3:30 PM														3:30 PM
4:00 PM														4:00 PM
4:30 PM														4:30 PM
5:00 PM														5:00 PM
5:30 PM														5:30 PM
6:00 PM														6:00 PM
6:30 PM														6:30 PM
7:00 PM														7:00 PM
7:30 PM														7:30 PM
8:00 PM														8:00 PM
8:30 PM														8:30 PM
9:00 PM	Ramp	0.5	Full	1	2	3	4	5	6	7	8	0.5	9:00 PM	
		Shallow End			Lap Lanes					Lap Lanes/Dive Well				

George Washington Rec Center

Lap Lane Calendar April 20th - April 30th



THURSDAY

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. *Please note this information is subject to change and is only applicable to the day and date range provided.*

LEGEND		Recreational Play/Swim/Dive			Lap Swim / Water Walking ONLY					FCPA scheduled programs			
	Ramp	Shallow End			Lap Lanes					Lap Lanes/Dive Well			
		0.5	Full	1	2	3	4	5	6	7	8	0.5	
Before Hours			Masters (3 lanes) 5am-6am			Marlins (6 lanes) 4:55 - 6:25 am						Before Hours	
6:30 AM													6:30 AM
7:00 AM													7:00 AM
7:30 AM													7:30 AM
8:00 AM													8:00 AM
8:30 AM													8:30 AM
9:00 AM		Water Ex Class											9:00 AM
9:30 AM													
10:00 AM	Swim Lessons									Power Finning			10:00 AM
10:30 AM													
11:00 AM													11:00 AM
11:30 AM													11:30 AM
12:00 PM													12:00 PM
12:30 PM													12:30 PM
1:00 PM													1:00 PM
1:30 PM													1:30 PM
2:00 PM	Swim Lessons												2:00 PM
2:30 PM													2:30 PM
3:00 PM													3:00 PM
3:30 PM													3:30 PM
4:00 PM													4:00 PM
4:30 PM													4:30 PM
5:00 PM										Water Exercise			5:00 PM
5:30 PM		Water Exercise							Marlins 4:30 - 7:30				5:30 PM
6:00 PM													6:00 PM
6:30 PM											NCAP 6-7:30		6:30 PM
7:00 PM													7:00 PM
7:30 PM		Swim Lessons							NCAP 7:30 - 8:30				7:30 PM
8:00 PM													8:00 PM
8:30 PM													8:30 PM
9:00 PM	Ramp	0.5	Full	1	2	3	4	5	6	7	8	0.5	9:00 PM
		Shallow End			Lap Lanes					Lap Lanes/Dive Well			

George Washington Rec Center

Lap Lane Calendar April 20th - April 30th



FRIDAY

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. *Please note this information is **subject to change** and is only applicable to the day and date range provided.*

LEGEND		Recreational Play/Swim/Dive			Lap Swim / Water Walking ONLY					FCPA scheduled programs			
	Ramp	Shallow End			Lap Lanes					Lap Lanes/Dive Well			
		0.5	Full	1	2	3	4	5	6	7	8	0.5	
Before Hours		NCAP (4.5 lanes) 5:00-6:00 am					Marlins (5.5 lanes) 4:55 - 6:25 am No 3/29					Before Hours	
6:30 AM													6:30 AM
7:00 AM													7:00 AM
7:30 AM													7:30 AM
8:00 AM												Deep Water Ex	8:00 AM
8:30 AM		Shallow Water Ex											8:30 AM
9:00 AM		Shared Space with swim classes											9:00 AM
9:30 AM													
10:00 AM		Arthritis Water Ex										Deep Water Ex	10:00 AM
10:30 AM													
11:00 AM													11:00 AM
11:30 AM													11:30 AM
12:00 PM													12:00 PM
12:30 PM													12:30 PM
1:00 PM													1:00 PM
1:30 PM													1:30 PM
2:00 PM													2:00 PM
2:30 PM													2:30 PM
3:00 PM													3:00 PM
3:30 PM													3:30 PM
4:00 PM													4:00 PM
4:30 PM													4:30 PM
5:00 PM													5:00 PM
5:30 PM													5:30 PM
6:00 PM													6:00 PM
6:30 PM													6:30 PM
7:00 PM													7:00 PM
7:30 PM													7:30 PM
8:00 PM													8:00 PM
8:30 PM													8:30 PM
9:00 PM													9:00 PM
	Ramp	Shallow End			Lap Lanes					Lap Lanes/Dive Well			
		0.5	Full	1	2	3	4	5	6	7	8	0.5	