



**OAKMONT
REC CENTER**



**SPRING 2024 AQUA FITNESS CALENDER
04/01-06/16**

Time	Class Name	Code	Instructor	Meets
Monday/Wednesday/Friday Start: 04/01 End: 06/14 No Class Meets: 04/05 & 05/27				
8:10a-9:05a	Adv. Deep WE	B79.8VCW	PHIL	31x
9:10a-10:05a	Deep WE	B8B.IIUK	PHIL	31x
10:10a-11:05a	ABC's of Deep Water	4A8.UD9E	PHIL	31x
Tuesday Start: 04/02 End: 06/11 No Class Meets: NONE				
8:00a-8:55a	Shallow WE	3AD.LVRC	SU-CHEN	11x
10:00a-10:55a	Shallow WE	3AD.2ART	GLORIA	11x
11:00a-11:55a	Arthritis Shallow WE	9E8.F1C3	PAM	11x
Tuesday/Thursday Start: 04/02 End: 06/13 No Class Meets: NONE				
9:00a-9:55a	Deep WE	B8B.5ATZ	NOEL	22x
Thursday Start: 04/04 End: 06/13 No Class Meets: 11/23				
10:00a-10:55a	Shallow WE	3AD.YGVA	PAM	11x
11:00a-11:55a	Arthritis Shallow WE	9E8.4ORX	PAM	11x
Wednesday Start: 04/03 End: 06/12 No Class Meets: NONE				
8:00a-8:55a	Shallow WE	3AD.ORV6	SU-CHEN	12x
9:00a-9:55a	Shallow WE	3AD.G450	SU-CHEN	12x
Friday Start: 9/8 End: 12/22 No Class Meets: 04/05				
8:00a-8:55a	Adv. Shallow WE	40C.66KU	GLORIA	10x
9:00a-9:55a	Shallow WE	3AD.OZ4P	GLORIA	10x
Sunday Start: 04/07 End: 06/16 No Class Meets: 04/07 & 05/26				
4:00p-4:55p	Shallow WE	3AD.R0MU	CHRIS	9x
5:00p-5:55p	Deep WE	B8B.5EB9	CHRIS	9x



If accommodations and/or alternative formats are needed, please call (703) 324-8563, at least 10 working days in advance of the registration deadline or event. TTY (703) 803-3354

WAYS TO PAY

Aqua Exercise Flex Pass – enjoy the flexibility to attend any water exercise class at any of our nine RECenters!

- Attend any coded water exercise class listed in the Water Exercise section of the Parktakes magazine or online
- Also includes use of the fitness room, pool, spa, locker rooms, sauna, and group exercise drop-in classes.
- Bring a friend; simply have an additional visit deducted from your pass when you check in. One visit deducted per person/per class.
- **Valid four (4) months from the date of purchase.**
- Sold at all RECenters or online at www.fairfaxcounty.gov/parks/passesonline.htm - in increments of 10, 20 or 30 visits.
- Pricing based on the same price per class fee that is used for coded classes. The senior discount and out of county fee will apply to the pass fee. However, the early registration discount and scholarships will not apply.

BUY MORE... SAVE MORE!!!

	10 VISITS		20 VISITS		30 VISITS	
	Base Rate	Discount Rate*	Base Rate	Discount Rate*	Base Rate	Discount Rate*
TEEN/ADULT (13 years +)	\$157	\$131	\$282	\$260	\$406	\$387
SENIOR** (Age 65 & older)	\$157	\$85	\$282	\$169	\$405	\$251

****will receive Senior rate if age is 65 years & older**

Drop-in Fee (or pay as you go) Current rate \$13.50

- Best for the customer with a busy schedule or wanting to sample a new program.
- **Register for the Class** – Best option for those who only attend the same scheduled class or use a scholarship to register for the class.
- Coded water exercise classes are listed in Parktakes and online. (www.fairfaxcounty.gov/parks/parktakes).
- Registration guarantees a space in the class, but you may only attend the class registered for.
- Check in 10 minutes before your class.
- Locker rooms and showers are available.
- Missed classes due to illness or personal schedule conflict will not be able to be made up. See the refund policy for more information; available at any RECenter Front Desk or online.
- If the class is cancelled by the facility, site staff will attempt to contact registrants in advance.
- Early registration discount and scholarships will be honored for those meeting the criteria.

If you have any questions, please contact:

Nathan Dorr, Director of Aquatics: Nathan.Dorr@fairfaxcounty.gov

Heera Hong, Aquatics Program Support: Heera.Hong@fairfaxcounty.gov

Or

Front Desk Representative for Oakmont Rec Center: 703-281-6501