



The Braddock Beacon

James R. Walkinshaw
Braddock District Supervisor

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Dear Neighbor,

On January 23, 2024, the Board of Supervisors approved my motion to advance the smaller lake option at Lake Accotink, which was a key finding developed by the Task Force on the Future of Lake Accotink. As I said at the time, I believe the smaller lake option meets the community's desire to sustainably preserve the lake.

The motion called for:

- a feasibility study with robust community engagement to determine the best methods, costs, and requirements to preserve a 20-40 acre Lake Accotink
- a sedimentation rate study
- an assessment of the condition of the dam
- establishment of a staff position to coordinate activities related to the preservation of Lake Accotink
- continuation of the \$60,500,000 commitment to Lake Accotink in our Capital Improvement Program
- a timeline for completion of its various elements

Since the adoption of the Board Matter, County staff has made progress on many of these elements, but in some areas that progress has been slower than I would prefer. We've included a full update from the Department of Public Works & Environmental Services later in this month's Beacon.

I'm pleased that, despite serious ongoing staffing challenges, DPWES has repurposed and recruited a dedicated staff position to focus on the daily coordination and management of the effort. Important internal coordination and external support agency meetings have been held and the proposed FY 2025-2029 Capital Improvement Program includes the continued \$60,500,000 commitment to preserving Lake Accotink. Unfortunately, the production of a detailed timeline for completion of the sedimentation rate study, feasibility study, and dam assessment has been delayed by the procurement process for the necessary consulting and expert resources.

But we anticipate that those resources will be secured relatively soon and plan to begin inclusive community engagement this summer, before the scopes of work are finalized so that the community can be involved in shaping the feasibility study.

Budget Public Hearings

The Board will host Budget Public Hearings from April 16-18 at the Government Center. We want to hear from residents and encourage you to [sign up to speak](#) in person, by video, or by phone at one of these meetings.

There are several ways for residents to offer feedback on the Budget:

- [Comment online](#) (available in [Español](#) and [한국어](#))
- Leave a voicemail at (703) 890-5898, project code 1379
- Text 'FY25BUDGET' to 73224
- Email FY25Budget@publicinput.com

Braddock Bark

I look forward to seeing you at the 3rd Annual Braddock Bark Dog Festival on Sunday, May 19 from 1:00 - 4:00 p.m. at Lake Accotink Park!

The event will include adoption opportunities, activities for pets, tables and booths featuring local businesses and non-profits, food vendors, and more! Leashed dogs are welcome.

I hope to see you and your canine companions there. It's sure to be a *paws*-itively good time! You can get more info [on my Facebook page](#).

Yours in service,



Supervisor James R. Walkinshaw



BRADDOCK BARK 2024

Hosted by Braddock District Supervisor James Walkinshaw

In partnership with Friends of the Fairfax County Animal Shelter

Join the paw-tay for free activities

- Adoption Opportunities
- Doggy Splash Zone
- Food vendors & more!
- Local pet non-profit & business booths

All leashed dogs are welcome!

1 - 4 PM
Sunday, May 19

McLaren Sargent Pavilion at Lake Accotink Park
5650 Heming Avenue, Springfield, VA

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Upcoming Events

Details on these events and more can be found in this edition of the Beacon or by contacting braddock@fairfaxcounty.gov.

- **April 1 - 30** Arab-American Heritage Month, Child Abuse Prevention Month
Distracted Driving Awareness Month, Earth Month, Fair Housing Month,
Month of the Military Child, Sexual Assault Awareness Month
- **April 6**Burke Historical Society’s “Woodbury” Tours
Marian Homes’ Shredding Event at St. Bernadette’s
ECHO’s Spring Yard Sale at St. Bernadette’s
- **April 7** Public Comment Deadline for WDU Homeownership Program Changes
- **April 8** FCPA’s Solar Eclipse Events
- **April 9**Eid al-Fitr
- **April 11** ... FCDOT’s 2024 Paving/Restriping Program Meeting for Braddock District
- **April 12**Application Deadline for the John Hudson Summer Internship Program
- **April 13**West Springfield Police Station’s Personal Safety Class
FLAP’s 1st Annual 5K Walk/Run
- **April 15** Tax Day
Deadline for Accessible Off-Street Parking Survey
- **April 16** Braddock District Land Use & Environment Committee Meeting
Full Board Meeting ([View the 2024 Board Meeting Schedule](#))
Board Budget Public Hearing
West Springfield Police Station’s Scout Night
- **April 17** Board Budget Public Hearing
- **April 18** Board Budget Public Hearing
- **April 19** Application Deadline for Supervisor Walkinshaw’s Summer Internship
- **April 20**Burke Farmer’s Market Opens
Fairfax County Earth Day Event at Sully Historic Site
Annual Canterbury Woods’ Market at Canterbury Woods Pool
Car Seat Saturday at West Springfield Police Station
- **April 22**Earth Day
- **April 22 - 30** Passover
- **April 23** Braddock District Council’s Legislative Review
- **April 25** Fairfax County’s Fair Housing Event
- **April 27** Marian Homes’ Shredding Event at Holy Spirit Parish
- **April 28 - May 4** National Small Business Week
- **April 30**Board Budget Mark-Up ([View the 2024 Board Meeting Schedule](#))

Walkinshaw in the Community



- 1** - Supervisor Walkinshaw, Braddock District School Board Representative Rachna Sizemore Heizer, and County Executive Bryan Hill at the 2024 Braddock District Budget Town Hall on March 11
- 2** - Supervisor Walkinshaw joined Lt. Bailey, an EMS Specialist, for a ride-along on March 16
- 3** - Chairman Jeff McKay and Supervisor Walkinshaw join new resident, Deborah, in cutting the ribbon at the brand new Ilda's Overlook on March 21
- 4** - Supervisor Walkinshaw and Girl Scout Troop 120 planted pinwheels in recognition of April as Childhood Abuse Prevention Month on March 26
- 5** - Supervisor Walkinshaw at Braddock District's Neighborhood College Graduation on March 21



6 - Supervisor Walkinshaw gave remarks before a documentary screening on March 18



7 - Supervisor Walkinshaw toured Insight Memory Care's Day Center on March 28

8 - Supervisor Walkinshaw and his son checked out a scorpion at Kings Park Library's Petting Zoo event on March 27

In March, Supervisor Walkinshaw also:

- Met with Boy Scout Troop 50 on March 4
- Was interviewed by Lee, Ben, Peter, and Bomi from the Fairfax Youth Leadership Program on March 4
- Attended the Fairfax County Housing Symposium on March 6
- Joined the NOVA Lifetime Learning Institute's monthly forum on March 6
- Attended FCPD's Justice Academy's Session 85's Graduation Ceremony on March 7
- Visited St. Stephen's United Methodist Church's Hypothermia Site on March 7
- Joined Senator Mark Warner for a roundtable about national security and the federal budget on March 11
- Attended the FCDOT Route 29 Study Meeting on March 12
- Spoke at the Stone Haven Civic Association's meeting on March 12
- Visited St. George's United Methodist Church's Hypothermia Site on March 12
- Attended the Ribbon Cutting at Woodleigh Chase Grand Opening on March 14
- Met with members of the Fairfax County Federation of Teachers on March 14
- Spoke at the University Square HOA meeting on March 14
- Toured the Public Safety and Transportation Operations Center on March 15
- Met with members of the IAFF Local 2068 on March 18
- Talked at the Burke Centre Conservancy Annual Meeting on March 18
- Joined the ARC of Northern Virginia for their Annual Breakfast on March 20
- Gave opening remarks at the Braddock Tree Forum on March 20
- Spoke at the Lake Braddock Community Association Meeting on March 21
- Attended the Fire and Rescue Department's 160th Recruit School's Graduation on March 22
- Joined Burke Volunteer Fire and Rescue Department for their Officer Installation on March 23

April Citizens of the Month

Braddock District Cohort of Neighborhood College

The April Citizens of the Month are members of the Braddock District cohort from the Neighborhood College program offered by the Office of Neighborhood and Community Services!



These residents of Braddock District went the extra mile to enhance our community. They participated in a seven-week session to learn how to collaborate with neighbors, community organizations, and local government to strengthen neighborhoods and build community capacity. The program covered various topics including the Park System, the Police Department, and the 2050 Strategic Plan.

This leadership program was open to all residents with an interest in learning about Fairfax County Government and its functioning, understanding demographic profiles and trends in the community, and exploring topics that impact or strengthen neighborhoods and communities.

Their dedication to learning more about their community and government to better their relationships as neighbors makes Supervisor Walkinshaw proud to recognize them as April's Braddock District Citizens of the Month. Congratulations to this group of Braddock District residents!

Do you know a Braddock District resident who should be recognized as Citizen of the Month? **Nominate them here.**

Seasonal Items

Partial Solar Eclipse in Fairfax County

Don't miss out on the unique opportunity to view a solar eclipse with the Fairfax County Park Authority (FCPA). FCPA has prepared extraordinary eclipse viewing activities at locations throughout the county on Monday, April 8. Join FCPA staff for a safe viewing experience that will include both pre- and post-eclipse activities, games, and demonstrations.



April 8 viewing event locations include:

- [Ellanor C. Lawrence Park](#) | 2:00 – 4:00 p.m.
- [Burke Lake Park](#) | 2:00 – 4:00 p.m.
- [Historic Huntley](#) | 1:30 - 4:30 p.m.
- [Turner Farm Park](#) | 1:30 - 4:30 p.m.

Event admission is \$10 per person. Each location will have a limited number of eclipse-viewing glasses, and sun-spotting scopes will be available to view the eclipse thanks to donations from the Fairfax County Park Foundation. Participants are encouraged to bring portable chairs and blankets. [Register for Solar Eclipse Viewing Programs.](#)

Safety Note: During this year's solar eclipse, the sun will be at a maximum of solar activity, so the corona may be more spectacular than what was seen in 2017. Since we are not in the path of totality in Northern Virginia, it will not be safe to view the eclipse without special solar viewing glasses, welder's goggles, or [using a projection method.](#)

Upcoming Shredding Events

As the weather gets warmer, organizations host free community shredding events. Some organizations ask for optional donations. See each organization's website for more information and use your discretion for donations.



Marian Homes Shredding Events

- Saturday, April 6 | 10:00 a.m. – 12:00 p.m.
 - St. Bernadette (7600 Old Keene Mill Road, Springfield)
- Saturday, April 27 | 10:00 a.m. – 12:00 p.m.
 - Holy Spirit Parish (5121 Woodland Way, Annandale)

Kinder Realty Shredding Event

Saturday, April 13 | 8:00 – 10:00 a.m.

- Burke Centre Library (5935 Freds Oak Road, Burke)

Shred at Scam Jam

Friday, April 19 | 12:00 – 3:00 p.m.

- Fairfax County Government Center (12000 Government Center Parkway, Fairfax)

Dominion Energy Reminds You to Prepare for Inclement Weather

When a storm hits, Dominion Energy works hard to keep the lights on and restore them quickly when power goes out. Storm preparation is a year-round process for Dominion. When one storm ends, they use lessons learned to prepare for the next one and encourage customers to get their homes ready as well. Here's how you can prepare:

- **Know how to report an outage and track restoration.** There are three easy ways: 1) Dominion Energy mobile apps, [Google](#) and [iPhone](#); 2) Dominion Energy [website](#); or 3) Call 866-DOM-HELP (866-366-4357). If you haven't already, download the app before the storm comes.
- **Stay away from downed power lines.** If you see a power line low to or on the ground, please report it by calling 866-DOM-HELP and staying at least 30 feet away. The line could be energized and dangerous.
- **Charge your devices before the storm.** Fully charge your phone, computer, and other electronic devices before a storm arrives. Consider purchasing portable batteries to extend the life of your devices.
- **Properly connect your generator.** If you have a generator, make sure it is fueled, tested, and properly connected before the storm arrives, and always operate it outdoors with good ventilation.
- **Prepare food, water, and emergency supplies.** Before any storm, it's always good to have bottled water and non-perishable food on hand, as well as emergency supplies such as flashlights, batteries, first aid kits, and medications.
- **Proactive Alerts.** Be the first to know. Stay up to date by enrolling in Dominion's [email](#) alerts.
- For more storm information and hurricane preparedness tips, visit [Dominion's website](#).

Read and Feed

It's time for Fairfax County Public Library's (FCPL) 3rd Annual [Read and Feed](#) food drive!

Throughout the month of April, FCPL is collecting donations of food for local food pantries. Drop off donations for local charities at any FCPL branch during its regular hours throughout the month. Reusable tote bags sponsored by the [Fairfax Library Foundation](#) will be given out to those who donate four or more food items on a first-come, first-served basis.



Learn more about why the drive is so important and find out which nonperishable food items are most needed [on FCPL's website](#).

Community News

Historic House Tour

The Burke Historical Society will conduct free tours of "Woodbury," the historic house at Sunrise at Silas Burke House (9619 Burke Lake Road, Burke) on Saturday, April 6, from 10:30 a.m. - 12:15 p.m.

Small group tours will begin at 10:30 a.m. The last tour group will be at 12:15 p.m. Tours will last around 20 minutes. No registration is required. Contact the Burke Historical Society at burkehistoricalsociety@hotmail.com with questions.

ECHO's Spring Yard Sale

ECHO is hosting a Spring Yard Sale on Saturday, April 6, from 8:00 a.m. - 12:00 p.m. in the gym at St. Bernadette's (7602 Old Keene Mill Road, Springfield). Proceeds benefit ECHO - browse through a whole gymnasium filled with electronics, fashion accessories, holiday decorations, toys, games home accessories, and more.



Proceeds from the sale benefit ECHO which makes shopping a good deed! It is fun to browse through a whole gymnasium filled with electronics, fashion accessories, holiday decorations, toys, games, home accessories, and more, to search for treasures at bargain prices. See you there!

ECHO accepts donations at their office (7205 Old Keene Mill Road, Springfield) Monday - Friday from 9:30 am - 12:30 pm, and 7:00 - 9:00 p.m. Tuesday - Thursday.

You can also drop off your donations at the Braddock District Office (9002 Burke Lake Road, Burke) Monday - Friday from 9:00 a.m. until 5:00 p.m.

Intern in the Braddock District Office!

The Office of Braddock District Supervisor James Walkinshaw is seeking an Intern for Summer 2024, will you answer the call?

Rising college freshmen through Class of 2024 college graduates, or those between 18-23, are encouraged to apply.

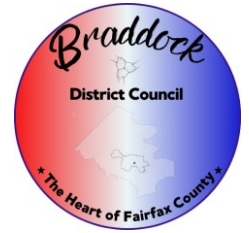
The internship description [can be found on Supervisor Walkinshaw's website.](#)

If you are interested in applying, send a resume (including two references) to braddock@fairfaxcounty.gov no later than 5:00 p.m. on April 19.

An advertisement for an intern position in the Braddock District Office for Summer 2024. The background is yellow with a red border. At the top, it says "INTERN IN THE BRADDOCK DISTRICT THIS SUMMER!" in large, bold, black letters with a yellow outline. Below this, it says "The Office of Braddock Supervisor James Walkinshaw is now accepting internship applications for Summer 2024, will you answer the call?" in black text. To the left of this text is a photo of James Walkinshaw, a man with glasses wearing a blue suit and tie. Below the photo, it says "Details can be found at bit.ly/bdintern24" in black text. At the bottom right, there is a red starburst shape with the text "APPLY BY APRIL 19!" in white.

Braddock District Council's April Meeting

The [Braddock District Council's](#) Annual Legislative Review is April 23 at 7:00 p.m. in Braddock Hall (9002 Burke Lake Road, Burke).



Paul Hartwell, Aging in Place (AIP) Coordinator, has announced the next AIP presentation on the topic "Rest Easy: Getting a Good Night's Sleep" on April 16 at 2:00 p.m. This is a virtual meeting, and the link was provided to the AIP mailing list. To ensure that only BDC/AIP members have access to the meeting link, it is not provided here. If you are not on the AIP mailing list, send an email request to bdcfxvicechair@gmail.com to be added.

Market at Canterbury Woods

IT'S BACK
CW Market Event

April 20th 2024
10:00 AM - 4:00 PM

Join us for our 4th Annual Market Day at Canterbury Woods Swim Club in Annandale, VA! Our outdoor event hosts unique arts and crafts vendors, food, a beer garden, kids activities and more! For more information or to request the vendor registration link, please contact us at Brocatofam@gmail.com.

Vendors Needed

RAD

Shop at the 4th Annual Canterbury Woods Market on Saturday, April 20, from 10:00 a.m. – 4:00 p.m. at the Canterbury Woods Pool (5101 Southampton Drive, Annandale).

There will be over 30 local vendors selling everything from candles, jewelry, and recycled crafts to pottery, knitted goods, self-defense tools, and more! You will also find an all-day food truck AND an outdoor game area for all ages!

Visit [Canterbury Woods' website](#) for more information. Contact brocatofam@gmail.com with questions.

NOVA Ceramics Department Pottery Sale

The Art Department at Northern Virginia Community College will be hosting a Pottery Sale on Wednesday, April 24, from 9:30 a.m. - 3:00 p.m. on the patio of the Campus Student Services & Police [\(CA\) building](#) at the Northern Virginia Community College's Annandale Campus (8333 Little River Turnpike, Annandale). [View campus map](#).

Everything for sale is handcrafted by students or faculty at the college and all proceeds benefit NOVA's Ceramics Program. Free parking is available for customers. For more information, contact Virginia Pates at vpates@nvcc.edu.

NOVA
Northern Virginia Community College

ANNANDALE CAMPUS 2024 - 8333 Little River Turnpike

POTTERY SALE

Wednesday, April 24, 9:30 am - 3:00 pm

CA Building First Floor Patio Outdoors (Rain Location - CA First Floor)
All Pottery by Students and Faculty
All Sale Proceeds are Donated to the Annandale Ceramics Program

Bargain Prices for Artisan Ceramics!

FREE PARKING for sale visitors in the student lot; enter from Wakefield Chapel Dr. For more information, contact Virginia Pates, vpates@nvcc.edu

1st Annual FLAP 5K Walk/Run

Join the Friends of Lake Accotink (FLAP) for their 1st Annual 5K Walk/Run on Saturday, April 13, at Lake Accotink Park (7500 Accotink Park Road, Springfield).

Register on [FLAP's website](#).



Fair Housing Program

Fairfax County's Office of Human Rights and Equity Programs is hosting their Annual Fair Housing Event on Thursday, April 25, from 10:00 a.m. - 12:30 p.m. at the Government Center (12000 Government Center Parkway, Fairfax).

The program will cover affirmatively furthering fair housing, best practices in fair housing planning, providing outreach and resources, and more. You can [register for the event today](#).

Join us for Fairfax County's Annual Fair Housing Event
**Affirmatively Furthering Fair Housing:
Behind the Scenes Working to Serve You**



SNAP Volunteers Needed

[Britepaths](#) needs SNAP Volunteers for their table at the Wakefield Farmers Markets beginning Wednesday, May 1 - October 30 from 1:15 - 6:30 p.m.

Volunteers must be at least 18 years old and have reliable transportation. Learn more about volunteer responsibilities, the organization, and the SNAP program on [Britepaths' website](#).

Contact Cora Lundgren at clundgren@britepaths.org or (703) 273-8829 with questions.



Runners Needed

The Fairfax Court Appointed Special Advocates (CASA) need volunteers to join them for the Run the Greenway 5K/10K/Fun Run on Saturday, May 4 in Loudoun.



You can [register here](#) or [donate](#) to the team. Email Darcy Hubbard at dhubbard@casafairfax.org for more information.

FCPS Athletic Programs Seeking Medical Professionals

We Need Medical Professionals

Help support the Lake Braddock, South County, and West Springfield Athletic Training Programs by signing off on PPEs at our Annual Sports Physical Night on June 5th! If you or anyone you know is a:

- Doctor of Medicine
- Doctor of Osteopathic Medicine
- Nurse Practitioner
- Physician's Assistant

Please click the link below to volunteer for our event!



Lake Braddock Secondary School is organizing its Annual Sports Physical Night fundraising event and needs volunteer Medical Professionals to sign off on athletes' participation status.

This event is a great way for the Athletic Training Program to support the needs of student-athletes! If you or someone you know is an MD/DO/NP/PA, [sign up today](#) to volunteer for the event on June 5 at West Springfield High School (6100 Rolling Road, Springfield).

Questions? Email LBSS Athletic Trainer, Kristyn Wharton, at kwharton@fcps.edu.

Events for Service Members, Veterans, and Families

- **Sunday, April 7** (10:00 – 11:00 a.m.) REVIVE Virtual Opioid Overdose Recognition and Response Training [Register](#)
- **Monday, April 8** (2:00 – 3:00 p.m.) America's Warrior Partnership: Battle Rhythm – Finding Solutions for Critical Needs [Register Here](#)
- **Tuesday, April 9** (12:00 – 1:00 p.m.) WRIISC: Chronic Multi-Symptom Illness/Gulf War Illness: Veteran Care and the 2021 Practical Guideline [Register Here](#)
- **Wednesday, April 10**
 - Suicide Grief: Reducing Suicide Risk by Supporting Suicide Loss Survivors [Register Here](#)
 - [1:00 – 3:00 p.m.](#) - VA S.A.V.E and CALM (Conversation on Access to Lethal Means) Training
 - [6:30 – 8:00 p.m.](#) - QPR Suicide Prevention Gatekeeper Training (Virtual)
- **Thursday, April 11**
 - [10:00 a.m. – 12:00 p.m.](#) - Supervising Self-management and Self-Care
 - [8:00 – 9:00 p.m.](#) - Trauma: Impact on Our Brain, Mind, and Body
- **Wednesday, April 17** (11:00 a.m. – 12:00 p.m.) Improving Health and Wellness by Getting Outside [Register Here](#)
- **April 17 - April 19** - [Suicide Research Symposium](#)
- **Thursday, April 18**
 - [1:00 – 3:00 p.m.](#) - Impact of Moral Injury on Veteran Family Dynamics (2 CEUs offered)
 - [1:00 – 2:30 p.m.](#) - VA: 2024 Virtual Rural Veteran Outreach Symposium
- **Saturday, April 20** | 10:00 a.m. – 6:00 p.m. - Youth Mental Health First Aid [Register Here](#)
- **Wednesday, April 24**
 - [9:30 a.m. – 12:30 p.m.](#) (3 CE credits) Problem Gambling and Veterans

- [3:00 p.m. - 4:00 p.m.](#)
Straight Talk: Supporting

Mental Health needs of
Military Connected Children

THRIVE Applications Close This Month!

Last year, Fairfax County introduced [THRIVE](#) – a technical assistance program dedicated to small business growth. Through this program, approximately 600 businesses will receive consulting services valued up to \$10,000 to help them reach their business goals and continue their post-pandemic recovery.



THRIVE is accepting applications for businesses until filled, or April 30. Learn more about eligibility and applying on the [THRIVE website](#).

Volunteer at the polls!



The Fairfax County Office of Elections is looking for community members to serve as election officers for the June 18, 2024 election – especially those who speak Korean and Vietnamese.

This is a great opportunity to get to know your neighbors and help your community! You will receive \$250 as a thank you for your service. Learn more and apply [on the Office of Elections' website](#).

Virginia Treasury's Unclaimed Property Program

The priority of the Virginia Department of the Treasury's Unclaimed Property Division is to reunite rightful owners with lost or misplaced bank accounts, wages, stocks, dividends, utility deposits, insurance benefits, safe deposit box contents and more.

[SEARCH FOR UNCLAIMED PROPERTY](#)

Whether you've moved, lost a check, or forgotten about a bank account, finding money is easy and free. [Check out Virginia Department of the Treasury's website](#).

Join the BLUE Committee!

Do you wonder how land use and development decisions are made and whether the community has a voice?

Would you like to get involved with others in your community to review and comment on land use, transportation, and environmental matters, including stormwater and tree preservation?

If so, consider joining the Braddock District Land Use and Environment Committee!

Who We Are: The Braddock District Land Use and Environment Committee was established in 2012 to review applications for proposed land use changes in the Braddock District and other matters relating to the local environment and to make recommendations to the Braddock District Planning Commissioner and the Braddock District Supervisor. It is a self-selected, independent, nonpartisan, and volunteer advisory body that is comprised of interested citizens who live in the Braddock District.

Meetings: The Committee meets on the third Tuesday of each month either virtually or at 7:00 p.m. in Braddock Hall Office (9002 Burke Lake Road, Burke). Committee meetings are open to the public and community members are welcome to attend.

Becoming a Member: Any resident of the Braddock District may apply for membership on the Committee. Members are asked to make a commitment for at least one year of service and to serve on at least one subcommittee. No previous land use experience is required; however, members are asked to have a readiness to become informed about land use and environmental matters and a willingness to take into consideration the interests and perspectives of all parties. Those interested are encouraged to attend a meeting, learn about the Committee's work, and talk with current members. An application may be downloaded here or may be requested by calling (703) 425-9300. The Membership Subcommittee reviews applications throughout the year and makes recommendations to the full Committee. Applicants are asked to attend at least one meeting prior to being approved for membership. [Apply today!](#)

Mason Speakers

The Mason Speakers program comprises faculty and staff who provide lectures and guest presentations on hundreds of topics to organizations and businesses free of charge. Learn more about Mason Speakers and their topics on [their website](#).

Environment & Parks News

DPWES Update on Lake Accotink

As requested in the Preservation of Lake Accotink Joint Board Matter (Board Matter), presented and approved by the Board on January 23, 2024, the DPWES Lake Accotink project team is moving forward with three concurrent efforts to support the Lake Accotink project. These include a sedimentation study, dam assessment (supported by DPWES), and feasibility study for a smaller lake option as identified in the Task Force's findings. Since the dam is owned by the Fairfax County Park Authority (FCPA), the assessment of the dam is being led by FCPA with support from DPWES. All efforts will be supported by a robust and inclusive outreach and engagement plan.

DPWES has leveraged an interdisciplinary team of County staff to initiate activities. To ensure these efforts are prioritized and move forward in a timely manner, DPWES has successfully repurposed and recruited a staff position that is dedicated to the daily coordination and management of these efforts. This work requires engineers, scientists,

and other professionals with expertise in a variety of technical fields. The Accotink team has been meeting with several consultants, as well as support agencies, like United State Geological Survey (USGS), to ensure that the appropriate professionals will be involved in implementing and supporting this significant work. Collaboration and discussions continue with the consultants so that both parties have a comprehensive understanding of the project requirements in order to develop a detailed scope and timeline for each effort.

The Accotink project team has been working diligently to define the work and outline an appropriate approach for this important next phase. Status of the concurrent efforts are summarized below:

1. Sedimentation Study

- **Status Update:** The Accotink team is actively working on a suitable scope of work to refine our understanding of the material moving through and/or being captured by Lake Accotink. USGS and consultant support are being leveraged to establish an additional gage location(s), perform expanded physical survey, and complete additional analysis to refine our understanding of both the existing system and the proposed alternative lake configurations. The timeline will be developed / refined by USGS and consultants concurrently with the scope of the work.
- **Next Steps:** The Accotink team will bring the USGS and consultant teams together to perform final refinements of the scope and complete cost negotiations and contracting.

2. Lake Accotink Dam Assessment

- **Status Update:** The Accotink team is actively working to develop a suitable scope of work to assess the condition and longevity of the Lake Accotink Dam. FCPA is working to identify adequate funding sources to support the effort. Additionally, through collaboration with DPWES, FCPA has identified and begun scope development with a dam safety consultant.
- **Next steps:** The Accotink team will continue additional scope and timeline development, which will be informed by the other Accotink project efforts led by DPWES, as well as continued studies being performed by the Virginia Department of Conservation and Recreation (DCR).

3. Feasibility Study

- **Status Update:** The Accotink team is retaining previous consultant support for the feasibility study and contract updates are in process with the consultant. Sedimentation study and dam assessment scope and timeline will be incorporated into the Feasibility study so that analysis and results are appropriately informed by the other efforts. The consultant is currently working on an outline scope and estimated timeline.
- **Next steps:** The Accotink team will refine the scope of work and timeline with the consultant and share for public input before finalizing contracting.

4. Outreach/Engagement

- The Accotink team is committed to having a robust and inclusive outreach and engagement plan for the project, to include increased transparency during this project phase. The team is actively working to identify contracted support from a

consultant who specializes in community engagement to serve as a neutral facilitator that informs methods, techniques, and strategies, while bolstering outreach and engagement for the concurrent efforts.

The Accotink project team appreciates the patience and understanding as we work through the necessary scope development and contracting efforts. Because of the interrelationships between these efforts and the complexity of both the technical and permitting analyses, the detailed timeline requested by the Board cannot be provided until the procurement for all consulting resources has been completed.

Earth Day in Fairfax

Earth Day Fairfax 2024

Discover how you can make an impact on family, community and planetary health through fun, hands-on activities, games, and live music and educational entertainment. Engage your senses with craft beer and tasty local cuisine, a visit with your favorite furry farm friends, take the obstacle course challenge and more!

The event will be on Saturday, April 20, from 10:00 a.m. – 4:00 p.m. at the Sully Historic Site (3650 Historic Sully Way, Chantilly).

Admission is free; parking is \$10/vehicle. More information is available on the [Fairfax County Park Authority's website](#).

FLAP Volunteers Needed

FLAP needs volunteers for tabling opportunities at two different Earth Day events,

- [Fairfax County Earth Day](#)
 - Saturday, April 20 | 10:00 a.m. – 4:00 p.m. (shifts available)
 - Sully Historic Site (3650 Historic Sully Way, Chantilly)
- [Kings Glen Elementary School Earth Day Celebration](#)
 - Saturday, April 27 | 4:00 – 6:00 p.m.
 - Kings Glen Elementary School (5401 Danbury Forest Drive, Springfield)

Eileen Garnett Civic Space Earth Day Celebration

Are you looking to learn more about being a good friend to our planet? Then join the Fairfax County Department of Planning and Development Community Revitalization Section and Fairfax County Park Authority for their Eileen Garnett Civic Space Earth Day Celebration!

This one-day event features county experts, kids' activities, and food trucks on Saturday, April 27, from 11:00 a.m. – 2:00 p.m. at the Annandale Pop-Up Park (7200 Columbia Pike, Annandale). More information is available on [Eventbrite](#).



Earth Daze

Clean Fairfax's [5th Annual Earth Daze](#) event on Sunday, April 28. They'll be celebrating at Aslin Beer Company (767 Elden Street, Herndon), with tons of fun, family-friendly activities, vendors, music, and more.



FLAP April Events

More information on all FLAP events can be found on [FLAP's website](#) or [Eventbrite page](#). Unless otherwise noted, contact Mary Keeser at president@flapaccotink.org with questions.



Monthly Clean-Up

Join FLAP for their [Monthly Park Clean-Up](#) on Sunday, April 14, from 9:00 - 11:00 a.m. at the Lake Accotink Marina (7500 Accotink Park Road, Springfield).

Pollinator Garden

Join FLAP and work alongside their experts as they care for the pollinator plants, watering, and clean-up the pollinator garden on [Sunday, April 14, from 10:30 a.m. – 12:00 p.m.](#)

Watershed Clean-Up

Earn [service hours](#) by picking up trash at Lake Accotink Marina (7500 Accotink Park Road, Springfield) from 9:00 a.m. – 12:00 p.m. on Sunday, April 28.

Clean Fairfax Updates

Spring Cleaning

Spring is the perfect time of year to get outside and [organize](#) or [participate](#) in a community cleanup. Check out Clean Fairfax's [Community Cleanup Program](#)! They'll send you free supplies to support your event, such as gloves, trash bags, and safety vests. No event is too small, so whether you plan to gather family, neighbors, or a club to do a cleanup event, your efforts are always appreciated by Clean Fairfax! [Order your free cleanup supplies today!](#)

Earth Month

Clean Fairfax is excited to share their [Earth Month+ 2024](#) page, which includes the [Clean Fairfax Earth Month+ Calendar](#) showing the community cleanups, Earth Day events, and other environmental happenings around Fairfax County this spring. Follow Clean Fairfax on [Facebook](#), [Instagram](#), and [Twitter](#) to stay in the know about this and other events.



Clean Fairfax's Speakers Bureau

Clean Fairfax is also excited to announce their newly launched [Speakers Bureau](#). Their speakers are available to give engaging presentations on a range

of environmental topics. If you are looking for a speaker for your business, community group, HOA, house of worship, conference, citizens organization, or the like, take a look at the [speaker bios and example talk titles](#). Fill out the Speaker Request form to schedule your talk. If you don't see the exact topic you are seeking, let Clean Fairfax know so they can try to accommodate your request. And if YOU are a subject matter expert on sustainability and environmental issues looking for engagements, submit the [Speaker Interest Form](#).

Register for Bike to Work Day 2024

Registration is open for [Bike to Work Day 2024](#) (Friday, May 17)! This year, Fairfax County has 27 different pit stops for bicyclists. Additionally, [Commuter Connections](#), the [Washington Area Bicyclist Association](#) (WABA) and other local governments will host dozens more throughout the National Capital Region.



Sign up for this free event, hop on your bike, and visit your chosen pit stop to enjoy great giveaways, snacks, entertainment, and a festive celebration of our favorite active transportation mode.

Solarize Virginia

This year marks the 10th anniversary of Solarize Virginia, a campaign dedicated to accelerating Virginia's transition to solar energy. Until June 30, the County is partnering with Solarize Virginia to embark on a mission to make solar energy more accessible and affordable for Virginians. We want you to take advantage of this opportunity and power your solar journey!



Let's solarize Virginia together! To sign up for free or learn more information, go to [Solarize Virginia's website](#).

Compliance Corner

Spring cleaning and thinking of donating at a drop-off box? There are rules limiting their locations and to make sure items don't pile up. Learn more about donation drop-off boxes in the Department of Code Compliance's (DCC's) April [Code Compliance Corner](#).

A donation drop-off box can be a convenient place for the often-fulfilling experience of donating. However, because donation drop-off boxes may not work well in every location, like a neighborhood, there are [Zoning Ordinance](#) rules. Below are some common standards, with additional information available on [DCC's website](#).

- Certain commercial properties (C-5, C-6, C-7, and C-8 Districts) may have donation drop-off boxes.
 - These properties must be at least 40,000 square feet in size and have a building (Ex. shopping center).
- Residentially zoned land with a nonresidential building, like a school, can have donation drop-off boxes.
- Properties subject to [zoning approvals](#) like a special permit or special exception usually cannot have these boxes, unless specifically allowed through the approval process.
- Boxes must:
 - Be limited to two per property.
 - Not exceed 6 ft. in width or length, or 7 ft. in height.
 - Be in a safe and permitted location – meeting the front setback and not interfering with vehicles, pedestrians, or fire department access.
 - Display contact information for who’s responsible.
- Items left outside the box must be cleared within 24 hours.

Unfortunately, sometimes donation drop-off boxes are relocated to unpermitted locations or the areas near the boxes overflow with items that don’t get picked up as required.

If you have concerns, the [Department of Code Compliance](#) is here to help – if you have questions, want to make a report, or if you are the subject of enforcement and need to contact DCC. You can [report problems online](#), [learn about what happens during an investigation](#), reach DCC via [email](#), by calling (703) 324-1300 | TTY 711, or visiting DCC in person at their office (12055 Government Center Parkway, Suite 1016, Fairfax).

Transportation Updates

2024 Paving/Restriping Program

The [Fairfax County Department of Transportation \(FCDOT\)](#) will hold a series of virtual meetings to discuss proposals for the [2024 Paving and Restriping Program](#) beginning April 8 until April 23. Meetings will cover proposed bike lane installations, a Capital Bikeshare installation, and crosswalk improvements that are generally district-specific, with some neighboring districts combining meeting dates.

As part of the Virginia Department of Transportation’s (VDOT) annual repaving program, FCDOT and VDOT work together to identify transportation infrastructure improvements to increase driver, bicyclist, and pedestrian safety. Bike lanes might be standard or



buffered depending on space available. Types of crosswalk improvements include marked crosswalks, high-visibility crosswalks, and/or crosswalk signage.

The meeting for the Braddock District is on Thursday, April 11, beginning at 7:00 p.m. You can join the meeting on [Teams](#) or [via the web](#).

Meeting ID: 243 149 028 586 | Passcode: G8ojwa

You can also call into the meeting at (571) 429-5982. Phone Conf ID: 848 195 860#

Proposals in Braddock include:

- Bike lanes on Heming Avenue between Heming Place and Braddock Road
- Crosswalk improvements at Heming Avenue and Hogarth Street
- Crosswalk improvements at Heming Avenue and Elgar Street
- Crosswalk improvements at Heming Avenue and Axton Street

More information about the 2024 Paving and Restriping Program can be found on [FCDOT's website](#). View the [2024 VDOT Statewide Paving Status Map](#) to see which roads VDOT plans to repave this year.

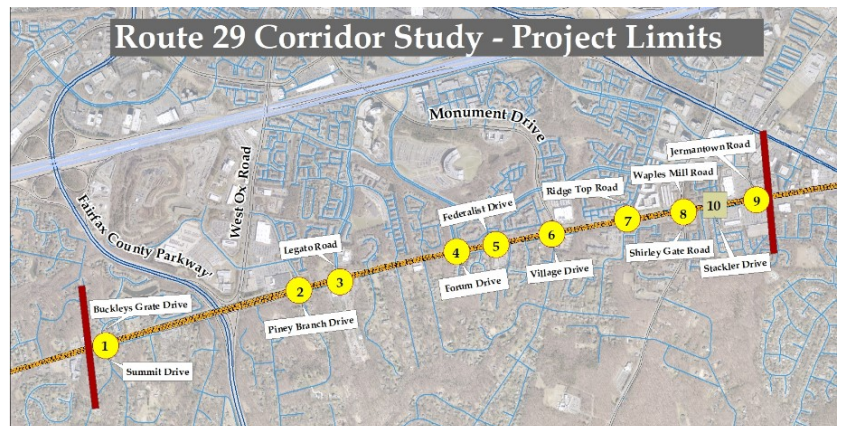
Accessible Off-Street Parking Survey Now Available

The federal Americans with Disabilities Act gives people with disabilities the right to access public programs and public accommodations. Having accessible parking spaces, and the ability to reserve those spaces for people with disabilities, is vital for access.

Fairfax County's Land Development Services focuses on the safe and sustainable building of our communities, which includes the regulation of off-street parking areas. LDS is conducting a [survey to determine the nature and extent of available accessible, off-street parking within Fairfax County](#). Information from the survey will help provide a more informed view of accessible parking as the County considers and evaluates future options. If you have an accessible parking placard or license plate from the Department of Motor Vehicles or if you are a caregiver for a person with a placard or license plate, please consider participating. The survey is available through April 15.

Route 29 Corridor Study Underway

The Fairfax County Department of Transportation (FCDOT) is conducting a study of the Route 29 corridor, between Buckleys Gate Drive/Summit Drive near the Fairfax County Parkway on the west and Jermantown Road at the line with the City of Fairfax. The purpose of this study is to reassess the long-term needs of the corridor and develop solutions that serve residents and commuters, including pedestrians and cyclists, while taking



into consideration impacts on development, the environment, and cost to taxpayers.

As part of the study, an online survey was conducted during February 2024 and the results were presented at a community meeting on March 12. The meeting video and presentation are available on the [Route 29 study webpage](#).

There were 370 participants in the survey, most of whom said they used Route 29 either daily or multiple times a week. The primary reason cited for using Route 29 was to run errands, followed by commuting to work or school. A clear majority drive through the corridor. When asked what would encourage participants to walk or bike along Route 29, the top answers were dedicated and wider sidewalk/bike lanes, continuous sidewalks/shared use paths, and greater separation from the roadway. Numerous traffic concerns were identified, including long delays when making left turns from Route 29, short turning lanes at the Shirley Gate/Waples Mill Road intersection, and vehicle-pedestrian conflicts at the Jermantown Road intersection.

FCDOT staff are exploring both short- and long-term measures to mitigate the issues that have been identified in this Route 29 corridor. FCDOT will hold another public meeting in early summer to present their findings to the community. A final report with recommendations to help inform the Fairfax County Comprehensive Transportation Plan is anticipated later this summer.

Public Safety

Girls Fire & Rescue Academy

Fairfax County Fire & Rescue has announced the [2024 Girls Fire & Rescue Academy](#) Summer Camp will take place from Tuesday, June 25 - Friday, June 28, from 8:00 a.m. - 4:00 p.m.

The academy is open to rising 7th-12th grade female students for the 2024-25 school year. Participants should be Fairfax County residents.

The program is completely free of charge and limited to 24 applicants.

Spots are first come, first served so [apply today!](#)

All applications must be received electronically by 5:00 p.m. on Friday, May 17.



For more information or to apply, [visit FCFRD's website](#).

Personal Safety Lecture

Officers from the West Springfield District Station will present a lecture on Personal Safety on Saturday, April 13, at 10:00 a.m. in the community room of the West Springfield Governmental Center (6140 Rolling Road, Springfield).



This course is designed to provide information on situational awareness, how to recognize and react in various locations, and how to defend yourself in a dangerous situation.

The presentation will take approximately one hour, with time for questions during and after the class. You do not need to register for this presentation.

If you have any questions, contact MPO Tony Capizzi at (703) 277-2363 or anthony.capizzi@fairfaxcounty.gov.

Car Seat Saturday

Get your child's car seat inspected on Saturday, April 20, from 10:00 a.m. - 1:00 p.m. at the West Springfield District Station (6140 Rolling Road, Springfield). No appointment is needed.

Car seats will be inspected on a first-come, first-served basis. When you arrive, go into the lobby, and you will be given further directions. All car seat inspections/installations will be conducted by a certified Child Passenger Safety technician. Be sure to install the child safety seat yourself so the inspection can be performed. The seat will be properly re-installed, if necessary, and you will learn how to install the seat properly in the future.



Reach out to MPO Tony Capizzi at (703) 277-2363 or email anthony.capizzi@fairfaxcounty.gov if you have questions. Car seat inspections are also available, by appointment, every Tuesday from 5:00 - 8:00 p.m. Call the station at (703) 644-7377, and press zero to make an appointment for those days.

Scout Night

Officers from the West Springfield District Station will host a Scout Night on Tuesday, April 16, from 5:30 – 7:00 p.m.



If your den or troop would like to visit the police station and speak with officers, please contact them for available times. Officers will give a presentation to the kids in the community room, a video tour of the station, and then a hands-on tour of the police car outside. Space is limited to one den/troop every half hour. Slots are 5:30 p.m., 6:00

p.m., 6:30 p.m., and 7:00 p.m.

If older scouts need specific requirements for a badge, arrangements can be made. Please contact either PFC Liam May at (703) 277-2357 or MPO Tony Capizzi at (703) 277-2363 for scheduling or further questions.

FCPD Warns of Law Enforcement Impersonation Scams

In the law enforcement scam, victims are contacted by phone, email, or in person, by a person claiming to represent the police or other government agencies. These scammers often use intimidation tactics, such as threatening arrest or legal action if you fail to comply with their demands. They may tell you a family member has been arrested or involved in a crash that requires immediate financial assistance. The scammers demand money, gift cards, cryptocurrency, or even gold to avoid arrest.



Remember, the police will

never call you to ask for money, demand immediate payment to resolve legal issues, or offer to drop charges or warrants in exchange for payment. If you get a call about a family member being arrested or in a crash, hang up and call them immediately.

How can you protect yourself? Remember these tips and share them with your family members to help avoid falling victim to a scam:

- 1. Verify the Caller's Identity:** If you receive a suspicious call, ask for the caller's name, badge number, and department. Hang up and independently verify their identity by calling the official non-emergency number of that specific agency.

Scammers will spoof real government phone numbers in an attempt to legitimize their scheme.

2. **Stay Calm and Skeptical:** Scammers often use intimidation tactics to pressure victims. Remember, legitimate authorities will not rush you into making payments or divulging personal information.
3. **Guard Personal Information:** Avoid sharing sensitive information like social security numbers, banking details, or personal identification numbers (PINs) over the phone.
4. **Question Unsolicited Offers:** Be wary of unexpected calls or messages claiming you've won a prize, inherited money, or that you are entitled to refunds. Always verify the authenticity of such claims. Remember, if it sounds too good to be true - it probably is.
5. **Gift Card Payments:** Legitimate organizations and agencies do not request payment via gift cards. Treat this demand as a red flag and refrain from making any transactions.
6. **Educate Yourself:** Stay informed about the latest scams and fraud tactics circulating in your area.

Report Suspicious Activity: If you suspect a scam or have fallen victim to one, report it immediately to the appropriate authorities. You can file a report with FCPD's [Financial Crimes Unit's online portal](#).

Human Services Corner

Share Your Thoughts on Affordable Homeownership Program Changes

Fairfax County is reviewing potential updates to the [Workforce Dwelling Unit \(WDU\) Homeownership program](#) to enhance affordable homeownership opportunities for residents. The WDU program is designed to support those with low to moderate incomes and is crucial as home prices in our area continue to outpace income growth. Share your thoughts by [April 7](#).



This initiative aligns with Fairfax's commitment to equitable housing, giving opportunities for more families to afford homes in new residential developments. It is a key component of our adherence to the [Countywide Strategic Plan](#) and the principles of the [One Fairfax](#) policy, promoting equity and inclusivity across all communities.

Blinding Love Premiere

You are cordially invited to the Blinding Love Video Premiere, a bilingual film by the Fairfax County Teen Advocates! This short film features Teen Advocates who are committed leaders in preventing dating violence in their communities. Join us for a night of glamor and awareness on this important topic. Celebrate the Teen Advocates in their film debut by enjoying refreshments and fun activities focused on raising awareness of dating violence. Spanish interpretation will be provided.

The premiere is on Thursday, April 18, from 6:00 – 8:00 p.m. in Suite A at the Bailey’s Community Center (5920 Summers Lane, Falls Church).

For questions about this event, contact Nora at Noraybeth.Nieto@fairfaxcounty.gov (Habla Español) or Debra at Debra.Miller@fairfaxcounty.gov.



TEEN ADVOCATES PRESENT:
BLINDING LOVE VIDEO PREMIERE

You are cordially invited to the worldwide premiere of **Blinding Love!**
This short film features Fairfax County’s Teen Advocates, who are committed leaders in preventing dating violence in their communities. Join us for a night of glamor and awareness on such an important topic. Be prepared to celebrate the Teen Advocates in their film debut by enjoying refreshments and fun activities.

Thursday, April 18, 2024 | 6–8 p.m.

Bailey’s Community Center
5920 Summers Ln, Suite A
Falls Church, VA 22041

IF YOU HAVE ANY QUESTIONS ABOUT THIS EVENT, PLEASE CONTACT:
Debra Miller at Debra.Miller@fairfaxcounty.gov or
Nora Nieto at Noraybeth.Nieto@fairfaxcounty.gov

Fairfax County Domestic and Sexual Violence 24-Hour Hotline: **703-360-7273**
FairfaxCounty.gov SEARCH: Teen Dating Violence

#AwarenessActionSocialChange

Fairfax County, VA. PUBLICATION # 37024

Funded with a contract from the Sexual Domestic Violence Primary Prevention Fund Grant # FBM-22-081-A awarded by the Virginia Department of Social Services.

Where a TTY number is not indicated, use 711 Virginia Relay. Reasonable accommodations provided upon request, call 703-324-5730.

AWARENESS + Action Social Change
Second Step
DSVS
Fairfax County DEPARTMENT OF FAMILY SERVICES

¡Están cordialmente invitados al gran estreno del video de Amor cegado, un video bilingüe presentado por los Teen Advocates!

¡Por favor apartan la fecha del jueves, 18 de abril de 6 a 8 pm y compartan ampliamente con sus contactos! Mas detalles están abajo y en los boletines incluidos. En este video corto aparecen Teen Advocates del Condado de Fairfax quienes son lideres en su comunidad previniendo la violencia en el noviazgo entre adolescentes. únense a nosotros para una noche de glamor y conciencia para este tema tan importante. Celebren a los Teen Advocates en sus debuts de cine con refrescos ligeros y actividades divertidas que se enfocaran en generar conciencia sobre la violencia en el noviazgo. Interpretación en español será proveída.

Por favor únense con nosotros el Jueves, 18 de abril de 6 a 8 pm en Suite A en el Centro Comunitario de Bailey (Bailey’s Community Center - 5920 Summers Lane, Falls Church).

Si un cuidador o miembro de la familia de un Teen Advocate le gustaría atender el evento, pero necesita transportación al evento, ellos deberías de preguntarles a los empleados del centro comunitario donde sus hijos van.



LOS TEEN ADVOCATES PRESENTAN:
EL ESTRENO DEL VIDEO AMOR CEGADO

¡Estas cordialmente invitado al estreno mundial de Amor Cegado!
En esta película corta aparecen Teen Advocates del Condado de Fairfax, quienes están comprometidos en ser líderes en la prevención de violencia en el noviazgo en sus comunidades. Únete a nosotros para una noche de glamor y conocimiento para un tema muy importante. Prepárate a celebrar los Teen Advocates en su estreno mundial con comida ligera y actividades divertidas.

Jueves, 18 de abril, 2024 | 6–8 p.m.

Bailey’s Community Center
5920 Summers Ln, Suite A
Falls Church, VA 22041

SI TIENES ALGUNAS PREGUNTAS SOBRE EL EVENTO, POR FAVOR CONTACTA A NORAYBETH NIETO A:
Debra Miller at Debra.Miller@fairfaxcounty.gov o
Nora Nieto at Noraybeth.Nieto@fairfaxcounty.gov

Fairfax County Domestic and Sexual Violence 24-Hour Hotline: **703-360-7273**
FairfaxCounty.gov BUSCA: Teen Dating Violence

#ConocimientoAcciónCambioSocial

Fairfax County, VA. PUBLICATION # 37024

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AWARENESS + Action Social Change
Second Step
DSVS
Fairfax County DEPARTMENT OF FAMILY SERVICES

Si tienen alguna pregunta sobre el evento, por favor contacten a Noraybeth Nieto al correo electrónico: Noraybeth.Nieto@fairfaxcounty.gov.

Resources for Older Adults & Caregivers

Scam Jam 2024

Join [AARP Virginia](#) and [Fairfax County's Silver Shield Task Force](#) at the [7th Annual Scam Jam](#) on Friday, April 19, at the Government Center (12000 Government Center Parkway, Fairfax) to learn how you can fight back against con artists.

Con artists don't care how hard you've worked for your money. They steal billions of dollars from hard-working Americans every year. With advances in artificial intelligence (AI), scams can be hard to identify. Criminals make it hard to spot fraud by using AI to mimic voices, alter photos, and avoid spelling and grammar mistakes.

This year's Scam Jam will feature Stephen Ruth and Jane King.

Ruth is a professor of Public Policy at Schaar School of Policy and Government at George Mason University. King, an advocate in the fight against fraud, will share her personal story of losing \$15,000 to a grandparent scam and what she's doing about her situation. You'll learn how to spot a scam, protect your family and report fraud to the authorities.

You will also hear from representatives of the American Bankers Association, and cyber security experts with the FBI. Exhibits and free resources will be available to help you protect yourself and warn others.

Doors open at 8:30 a.m. and the program begins promptly at 9:00 a.m. Morning refreshments and lunch will be provided.

A shred truck will be on-site from 12:00 – 3:00 p.m. so you can shred your sensitive documents securely. Limit of two banker-size boxes per car. All participants must [register in advance](#). More information on the 2024 Scam Jam can be found on the Department of Family Services' [Older Adults' website](#).



Navigating the Journey of Dementia

The Fairfax Area Agency on Aging's Caregiver & Supportive Services Unit is pleased to invite you to join its upcoming Dementia Caregiver Series for family caregivers and loved ones who have been diagnosed with dementia and/or cognitive impairment.



Teepa Snow
MS, OTR/L, FAOTA,
Founder of Positive
Approach to Care®

"Navigating the Journey of Dementia" will take place on Wednesday, April 17, from 12:00 -1:45 p.m.

In this session, Teepa Snow, MS, OTR/L, FAOTA, Founder of Positive Approach to Care, will address the differences between typical aging changes and changes due to dementia. She'll also explore structural and functional brain changes that often occur with dementia.

Learners will be introduced to physical and verbal techniques for improving care interactions and reducing the risk of distress. The session will also provide suggestions for stress reduction for care partners. The overall goal of the session is to improve awareness of positive ways to connect and interact throughout the journey of dementia. **Register today!**

Teepa Snow, MS, OTR/L, FAOTA, is an Occupational Therapist with over forty years of rich and varied clinical and academic experience. Her experiences led her to the development of the GEMS® States of Brain Change and the Positive Approach® training strategies. Her company, Positive Approach to Care® (PAC), provides online and in-person education and products to support those living with brain change. She also founded the Snow Approach Foundation, a nonprofit organization based in Hillsborough, North Carolina. Teepa presents with extraordinary expertise and humor to audiences throughout the world.

Volunteer with RSVP-NV

Retired and Senior Volunteer Program - Northern Virginia (RSVP-NV) is one of the core programs of AmeriCorps Seniors and is sponsored by Volunteer Fairfax.

RSVP-NV mobilizes the skills and experience of its volunteers, aged 55+, to help meet community needs in Arlington County, Fairfax County, and the cities of Fairfax, Falls Church, and Alexandria. The program focuses on matching volunteers within the specific framework required through the AmeriCorps Seniors federal grant that funds the program. The various volunteer activities currently range from community food support, education success, transportation assistance and companionship for seniors, workforce preparation, capacity building, and emergency preparedness.



Volunteers connect to opportunities that best match their interests, location preferences, and preferred time commitment and serve directly with one of the program's 40 nonprofit and community partners.

Some benefits of joining RSVP-NV include personalized volunteer experiences, recognition events, optional mileage reimbursements, and supplemental volunteer insurance.

Go to [RSVP-NV's website](#) to learn more and register. Contact Karen Coon, RSVP-NV Volunteer Specialist, for more information at (703) 403-5360 or kcoon@volunteerairfax.org.

Free Events at the Wellness Center for Older Adults

4027B Olley Lane, Fairfax, VA | Hours of Operation: Monday to Friday 9:00 a.m. - 3:30 p.m.

April 2024

Monday	Tuesday	Wednesday	Thursday	Friday
8	9 10:30 'Brown Bag' Medication and Workshop	10 10:30 Creativity Leads to Wellness	11 10:00 Morning Mindfulness	12 1:30 Time Slips
15 10:00-2:00 Memory Screenings	16	17 10:30 Creativity Leads to Wellness	18 10:00 Morning Mindfulness 1:00 Monthly Birthday Celebration and Bingo	19 10:00-2:00 Wellness Assessments 1:30 Time Slips
22	23 10:15 VCAA class - Arts for the Aging: Yoga Dancing with Kathy Hankins*	24 10:30 Creativity Leads to Wellness 1:00 Six Pillars of Brain Health Workshop	25 10:00 Morning Mindfulness 12:00 Movie Club	26 Closed for Staff Training
29	30	May 1 10:30 Creativity Leads to Wellness	May 2	May 3

Program Descriptions (listed alphabetically)

Birthday Celebration

Happy Birthday, April babies! Join staff on *Thursday*, April 18, at 12:30 p.m. to celebrate with cake! **Please note this is a different day than usual because WCOA will be closed on the third Friday of the month**

Creativity Leads to Wellness

Join creative art sessions, every Wednesday, led by Sharon Fishel, a local artist from the [McLean Project for the Arts](#). This class will focus on individuals discovering their creativity by working in

the mediums of drawings, paintings, and mixed-media collages. All materials are provided.

Morning Mindfulness

Join George Mason Fellows and start your day learning and practicing mindfulness. In

this group, you will practice activities that promote calm in the mind and body and increase your ability to remain in the present moment.

Movie Club

Join the Monday movie club experience. This activity is centered around watching quality films and having a discussion following the movie.

Memory Screenings
[Insight Memory Care Center](#)

offers free, confidential memory screenings and educational materials to people with concerns about their memory

or who want to check their memory now for future comparison. Call to reserve a 30-minute appointment at (703) 970-3601.

Six Pillars of Brain Health

Do you think you're too old to grow additional brain cells? Think again! In [AARP Virginia's](#) Six Pillars of Brain Health program, presented virtually by AARP Virginia Community Ambassador Rebekah Dailey, attendees learned how they can take charge of their brain health and improve their quality of life at any age. Throughout this interactive presentation,

attendees shared information about what they are doing to help keep their brains healthy.

Time Slips

George Mason University facilitates creative engagement and storytelling to stimulate creativity and imagination.

VCAA – Virtual Center for Active Adults

Join live, interactive programs, and engage with other adults. *These online activities are streamed with in-person adaptations. For more information on the VCAA, visit bit.ly/NCSvcaa

Health & Wellness Vision Board Journey

A [virtual workshop](#) with Certified Life, Health, and Wellness Coach, Julia Kay, will take place on Friday, May 3, from 12:00 – 1:00 p.m.



Julia Kay

Certified Life Coach, Certified Health & Wellness Coach
relationships, or enhance your overall well-being, this workshop will empower you to take inspired action.

During this workshop, Julia Kay, Certified Life Coach and Certified Health & Wellness Coach, will provide step-by-step instructions, tips, and inspiration to help you craft a vision board. Through a series of interactive exercises and discussions, you'll gain clarity on your goals and create a visual representation of your dreams. Whether you want to excel in your caregiver duties, reduce your stress, improve

A list of recommended supplies will be sent to registrants in advance before the workshop.

[Register today!](#)

Insight Memory Care Events

Insight Memory Care offers an entire calendar of events including support groups, information sessions, memory cafes, meet-ups, and more.

You can view their monthly calendars [on Insight's website.](#)

insight MEMORY CARE CENTER

Upcoming Events
April 2024

Learn More & Register: InsightMCC.org/events

- 4** Difficult Behaviors: What? Where? When? Why? Thurs, April 4 @ 7:00 pm | Virtual
- 9** Effective Strategies Program Series begins Tues, April 9 @ 3:30 pm | Insight - Fairfax
- 9** Nutrition for Older Adults Tues, April 9 @ 5:30 pm | Elancé at West End
- 10** Family Dynamics & Dementia Care Wed, April 10 @ 1:00 pm | Hybrid: Fairfax & Virtual
- 10** Diagnosis Dementia - Now What? Wed, April 10 @ 6:00 pm | Kensington Reston
- 10** Normal Aging vs. Dementia Wed, April 10 @ 1:00 pm | Ashburn Library
- 11** Caregiver Support Group: Living Their Truth Thurs, April 11 @ 3:00 pm | Great Falls Assisted Living
- 15** Memory Screenings Mon, April 15 @ 10:00 am | Wellness Center for Older Adults
- 15** Reducing Depression & Suicide Rates in Older Adults Mon, April 15 @ 2:15 pm | Virtual - OLLI at GMU
- 17** Taking Care of Yourself: Tips to Survive Caregiving Wed, April 17 @ 5:30 pm | Elancé at Alexandria
- 18** Author Spotlight: Your Daughter, Your Advocate Thurs, April 18 @ 6:00 pm | Hybrid: First Baptist Church of Alexandria & Virtual
- 19** Normal Aging vs. Dementia Fri, April 19 @ 1:00 pm | Lorton Senior Center
- 30** Normal Aging vs. Dementia Wed, April 30 @ 7:00 pm | Ashburn Library

Memory Cafes
Care partners and participants meet for activities, companionship and fun!
3rd Wed in Fairfax @ 4:00 pm
2nd Thurs in Sterling @ 4:00 pm

Care Partner Meet-Ups
Care partners meet and chat over coffee; stay as long as you'd like.
1st Fri in Fairfax @ 10:00 am
4th Wed in Sterling @ 10:00 am

Meditation for Care Partners - Virtual
2nd & 4th Thurs @ 7:00 pm

Dance for Brain Health
Workhouse Arts Center in Lorton
Wednesdays @ 11:30 am

Insight in Action
New to Insight? Learn more about us!
3rd Thurs in Fairfax @ 9:30 am

Self-Paced Learning
Learn on your schedule! See more at InsightMCC.org/self-paced-learning

QR Code: All are welcome. Join us!

40 Insight Memory Care Center provides specialized day programs for individuals in all stages of memory impairment, support for care partners, and education and engagement opportunities for all.

Questions?
Please contact our Education and Support team at educate@insightmcc.org or 703-204-4664.

Youth News

FCRHA Academic Scholarships

People who live in affordable housing supported by the Fairfax County Redevelopment and Housing Authority (FCRHA) will have the opportunity to apply for academic scholarships now until April 30 at 4:30 p.m.

Up to ten applicants will receive a \$5,000 scholarship for postsecondary education, including technical training.

Eligibility, requirements, and more information can be found on [FCRHA's website](#).



For assistance with the application, please call (703) 246-5000 or email fcrhascholarship@fairfaxcounty.gov.

John Hudson Summer Internship Program

The Fairfax Area Disability Services Board established an internship program for college students and recent graduates with disabilities.



The internship program provides participants with on-the-job experience, professional development, and training opportunities.

Any college student, law student, graduate student, or recent graduate who self-identifies as an individual with any type of disability is invited to apply. You will not be required to disclose your specific disability; however, your application for this program will signify that you consider yourself a person with a disability. [Apply by April 12](#) or check out [the FAQ page](#).

Congressional Art Competition

Congressman Gerry Connolly is excited to announce his [2024 Congressional Art Competition](#) is taking entries until Monday, April 29!

This competition is open to all high school students who are residents of the 11th Congressional District regardless of where they attend school; public, private, and home-schooled students are invited to participate. Due to space limitations, students may not submit more than two pieces of art.



Verify that [you live in the 11th](#) Congressional District or check [Congressman Connolly's website](#) for information, submission forms, and competition guidelines. If you have any questions or concerns, or need assistance, do not hesitate to call the district office at (703) 256-3071.

Upcoming FCPS Drama Productions

Mean Girls the Musical (Annandale High School)

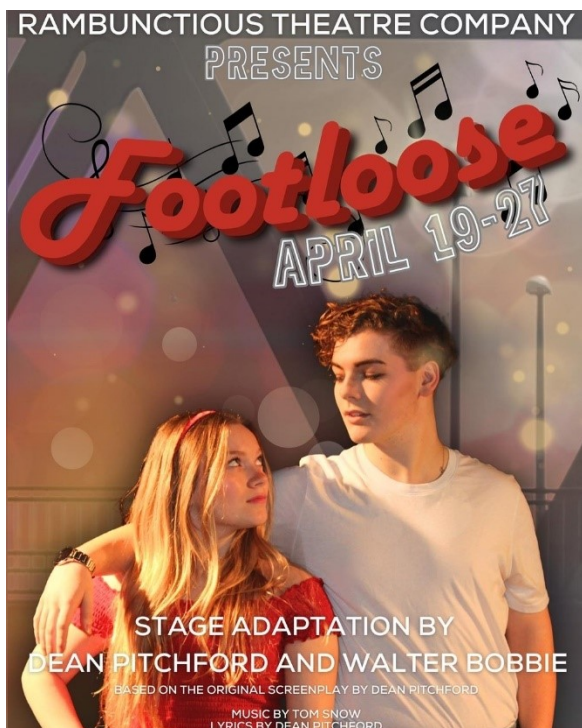
Cady Heron may have grown up on an African savanna, but nothing prepared her for the wild and vicious ways of her strange new home: suburban Illinois. How will this naïve newbie rise to the top of the popularity pecking order? By taking on The Plastics, a trio of lionized frenemies led by the charming but ruthless Regina George. But when Cady and her friends devise a "Revenge Party" to end Regina's reign, she learns the hard way that you can't cross a Queen Bee without getting stung.



Adapted from Fey's hit 2004 film, *Mean Girls* was nominated for a staggering 12 Tony Awards. This queen-bee took Broadway by storm and has joined the musical in-crowd.

The show runs April 26-May 4 at Annandale High School (4700 Medford Drive, Annandale). More information, including [tickets](#) and showtimes, is available on [Annandale Theater's website](#) or [Annandale Theater's Instagram](#).

Footloose (Robinson Secondary School)



Based on the 1984 movie, *Footloose* is the story of Ren McCormack, a rebellious teenage boy from Chicago. He and his mother move to a small middle-American town where dancing is outlawed, which Ren finds unbelievable. With the help of Ariel (the Reverend's daughter) and Willard (a country boy who becomes his best friend), and their classmates, Ren calls for a rock'n'roll prom.

The show runs April 19-27 at Robinson Secondary School (5035 Sideburn Road, Fairfax). More information, including tickets and showtimes, is available on the [Rambunctious Theater's website](#).

Land Use & Development

UPCOMING MEETINGS & HEARINGS

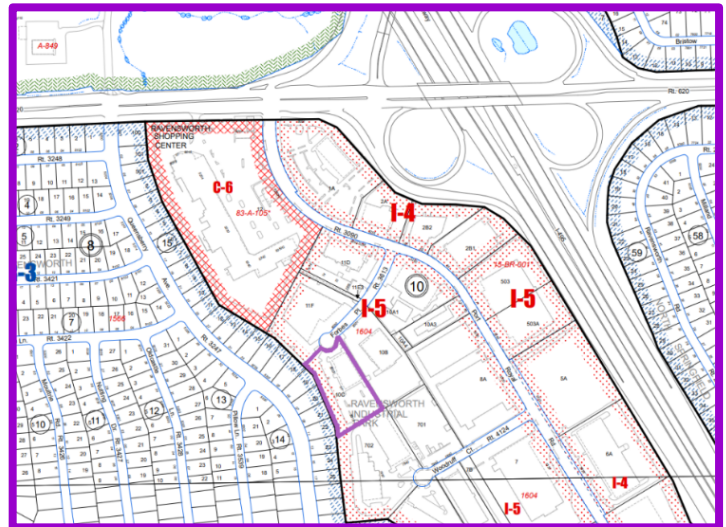
Braddock District Land Use and Environment Committee Meeting

- April 16 at 7:00 p.m. – Braddock Hall

Planning Commission Hearing on Application for Adult Day Care Facility Deferred Until May 22

Last week, the Friends Health Care Team submitted a revised application for a Special Exception to operate an adult day care facility in an existing office building at 8003 Forbes Place in Springfield, near the intersection of Forbes Place and Port Royal Road and south of the Ravensworth Shopping Center. The property is zoned to the I-5 District.

The applicant previously operated an adult day care within the Calvary Church of the Nazarene in Annandale and now proposes to relocate and enlarge its operation. According to the resubmission, they are proposing to convert the second floor of the office building to adult day care use for up to 175 adults, with the other two floors of the building remaining occupied by office uses. They have proposed using a portion of a grassy strip along the side of the building for outdoor recreation, consisting primarily of walking. Four standard picnic tables would be located in that area. Approximately 40 employees would be on site at any one time. Operating hours would be 7:00 a.m. to 3:00 p.m., Mondays through Fridays. The applicant has stated that there would be minimal traffic impact because the majority of clients would arrive by bus or minivans. The daily impact is estimated at 80 trips.



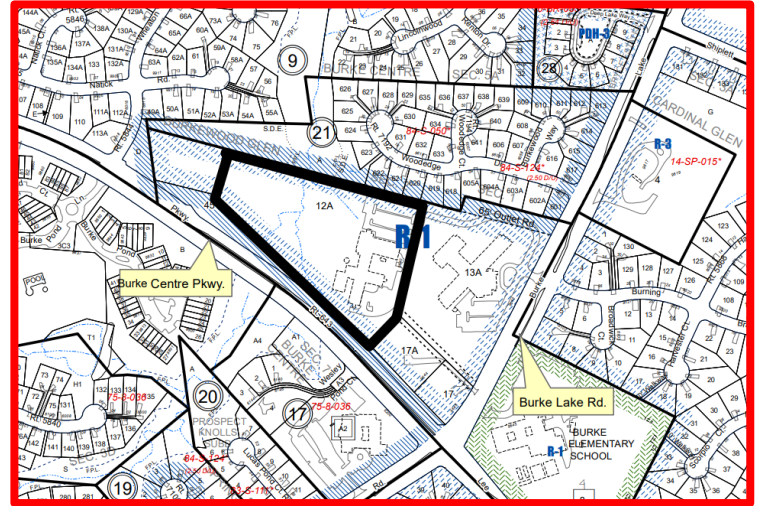
To provide time for review of the revised materials and for County staff to write a Staff Report, the Planning Commission hearing on the Special Exception application has been deferred until May 22. The Braddock District Land Use and Environment Committee will receive an update at its April 16 meeting. A Board of Supervisors hearing has not yet been scheduled.

Information on the application is available on the [PLUS website](#). If the record does not show up from this link, select the "Zoning" tab and enter the application number, SE-

2023-BR-00015, in the search box on the right side. Click on the "Record Information" arrow on the left and then click on "Attachments" in the drop-down menu. The most recent documents should be at the end of the list. Details on the application are typically in the "Statement of Justification," and the "Special Exception Plat" shows the drawings. Any schedule updates will also be listed.

Burke Health and Rehabilitation Center Seeks Expansion

The Burke Health and Rehabilitation Center, located at 9640 Burke Lake Road, Burke, has applied to add 68 beds to the facility in an approximately 25,000-square foot two-story addition. A rezoning from the R-1 to the R-3 District would be required to increase the floor area ratio, and a Special Exception Amendment would be necessary to permit modifications to previously approved site and development conditions to allow for the construction of a building addition.



The existing 120-bed medical care facility offers short- and long-term post-surgery care, cardiac and stroke care, and other skilled nursing services to both the public and residents of the adjacent Heatherwood Retirement Community, through which it is accessed. The Center is located on a 7.65-acre parcel of land that is Zoned R-1 and contains Resource Protection Area, Environmental Quality Corridor, and floodplain.

The proposed building addition would be attached to the southeast portion of the building where parking currently exists. Ten new parking spaces would be added, to be accessed by the existing travel aisle in front of the site. The total provided parking of 89 spaces would exceed the minimum of 63 spaces that is required by the Zoning Ordinance. No other site changes are proposed.

This application will be referred to the Health Care Advisory Board for a recommendation and report. It will also be reviewed by County staff and the Braddock District Land Use and Environment Committee. Those reviews have not yet been scheduled. A Planning Commission hearing has tentatively been set for October 10.

The full application, staff report, development conditions, and other information on this BZA case are available on the [PLUS website](#). If the link doesn't take you directly to the application, select the "Zoning" tab and enter the application number, RZ-2024-BR-00001, in the search box on the right side. Click on the magnifying glass and you will see the application. Click on the "Record Info" arrow on the left and then click on "Attachments" in the drop-down menu. The most recent documents will be at the end of the list.

Braddock District Land Use & Environment Committee Meeting

The Braddock District Land Use and Environment Committee will hold its next meeting on **Tuesday, April 16, at 7:00 p.m. in Braddock Hall**. The agenda will include: 1) a presentation from George Mason University on their long-term academic core expansion and West Campus development planning; 2) a presentation on revisions to the application for adult day care at 8003 Forbes Place; and 3) updates on other pending Braddock District land use cases and related proposals.

Braddock District Land Use and Environment Committee meetings are open to the public and interested residents are encouraged to participate.

Woodleigh Chase and Ilda's Overlook Celebrate Grand Openings

In March, Supervisor Walkinshaw helped celebrate the opening of two new senior housing communities in the Braddock District.

Erickson Senior Living's Woodleigh Chase community held its grand opening on March 14. The first phase of the project includes the Emerson Square clubhouse and two independent living residence buildings, Fulton Landing and Stafford Glen. Residents began moving into the facility on March 12. Additional buildings are under construction. When completed, the development will include nine independent living buildings and two clubhouse buildings with a total of 1,050 units. An assisted living/medical building with 175 units will also be on the campus.

Ilda's Overlook senior residences, constructed by the Arlington Partnership for Affordable Housing on land dedicated by Erickson Senior Living, held its ribbon cutting on March 21. It provides 80 one- and two-bedroom units to seniors aged 62 and older with incomes at or below 60 percent of the Area Median Income. This important project helps meet the County's goal of providing 10,000 new affordable housing units in Fairfax County by 2034.

When asked about the importance of these projects, Supervisor Walkinshaw remarked that "about 15 percent of our population in Fairfax County today are adults aged 60 or older. By 2035, that will be nearly 20 percent, so the growth in our older adult population is very significant. That is a huge opportunity for us as a County and also presents some challenges. When we talk to older adults, and survey older adults in the community, the number one challenge they cite is finding access to affordable housing, so projects like Ilda's Overlook are key to helping us address that challenge."

Supervisor Walkinshaw added, “We have so many folks here in Fairfax County who can no longer live comfortably or safely in their home but want to stay here in the community, and these projects allow them to do that. We also know that older adults are our number one resource in the County. It’s older adults who serve on the boards of our nonprofits and volunteer thousands of hours every year in our community, in our schools, helping those in need. So, the more older adults who are here living in Fairfax County, the more we can take advantage of everything they have to offer.”



Ribbon Cutting at Woodleigh Chase



Ribbon Cutting at Ilda's Overlook

Cases Filed with the Board of Zoning Appeals

The Fairfax County Board of Zoning Appeals (BZA) hears and makes decisions on requests for variances (relief from specific zoning regulations such as lot width, building height, or minimum yard requirements) and Special Use Permits. It meets on Wednesdays beginning at 9:00 a.m. BZA meetings are aired live on the County government's cable TV Channel 16. Residents who have concerns about an application are encouraged to submit a letter for the record or testify at the hearing on the case in person, by telephone, or by pre-submitted video. For information on how to submit comments or testify, please visit the [Board of Zoning Appeals website](#). These matters will not come before the Board of Supervisors but will be decided by the BZA. Staff reports are normally available online a week before the scheduled hearing.

Access to information on BZA cases is available through the Planning and Land Use System, or PLUS. This system allows users to create and submit applications online, pay fees, track the status of applications, and receive electronic notifications. It also offers more information to the public than the previous system and does so in real time. Visit the [PLUS website](#) for more information on this land use platform.

➤ **Tyler W. & Jill G. Wolverton – 4717 Trotting Lane, Annandale
SP-2023-BR-00201**

The applicants are requesting a reduction in setback requirements to allow a second story addition over an existing garage that would be 7.1 feet from the south side lot line. This application has been scheduled for a BZA hearing on May 1. Information, including a map of the site and staff report, when available, may be found on the [PLUS website](#).

➤ **Karoline Patricia Pershell – 7914 Greely Boulevard, Springfield
SP-2024-BR-00004**

The applicant is requesting a modification to the provisions for the keeping of animals (chickens). This application has been scheduled for a BZA hearing on May 1. Information, including a map of the site and staff report, when available, may be found on the [PLUS website](#).

➤ **Daniel K. & Arika J. Van Brunt – 5613 Heming Avenue, Springfield
SP-2023-BR-00196**

The applicants are requesting a reduction in setback requirements based on errors in building location to permit: 1) an accessory structure (outdoor fireplace) 3.9 feet from the northeast side lot line; 2) an accessory structure (shed) 3.0 feet from the northeast side lot line; and 3) an accessory structure (shed) 4.1 feet from the northeast side lot line. This application has been scheduled for a BZA hearing on June 5. Information, including a map of the site and staff report, when available, may be found on the [PLUS website](#).

➤ **Corey Brandt Dutko & Ryla Naweed Dutko, Trustees of the Dutko Family Revocable Trust – 5645 Ravenel Lane, Springfield**

SP-2024-BR-00012

The applicants are requesting a reduction in setback requirements to permit an addition (garage) 7.4 feet from the northeast side lot line. This application has been scheduled for a BZA hearing on June 12. Information, including a map of the site and staff report, when available, may be found on the [PLUS website](#).

➤ **Laura Sossa – 5750 Heming Avenue, Springfield**
SP-2024-BR-00027

The applicant is requesting approval to expand a home day care facility to care for 12 children. Hours of operation would be from 8:00 a.m. to 5:30 p.m. Monday through Friday. There would be three employees, including the applicant. This application has been scheduled for a BZA hearing on June 12. Information, including a map of the site and staff report, when available, may be found on the [PLUS website](#).

➤ **Gonzalo Alberto Acha Garcia – 7517 Hamlet Street, Springfield**
SP-2022-BR-00132

The applicant is requesting a reduction in setback requirements to permit an addition (carport enclosure) 6.6 feet from the side lot line. The BZA hearing for this application has been rescheduled for June 26. Information, including a map of the site and staff report, when available, may be found on the [PLUS website](#).

If you have questions regarding these land use cases or any other issues of concern to you, please email braddock@fairfaxcounty.gov or call the Braddock District office at (703) 425-9300.
