



FAIRFAX - FALLS CHURCH

Community Services Board

Behavioral Health Oversight Committee

Merrifield Center
8221 Willow Oaks Corporate Drive, Fairfax, VA 22031
Room 1-308 A/B, West

Wednesday, January 9, 2019
5:00 p.m.

AGENDA

1. Meeting Called to Order 5:00 p.m.
 - Gary Ambrose
2. Opening Remarks, Introductions, and Announcements
3. Approval of the December 5, 2018 Committee Meeting Minutes
4. Associate Member Reports, Updates, and Concerns
5. Matters of the Public
6. Diversion First
 - Lisa Potter, Abbey May, and Marissa Farina-Morse
7. Staff Reports
8. Adjournment

Behavioral Health Oversight Committee Meeting Minutes

Date: December 5, 2018

Location: Merrifield Center, First Floor, Room 1-308 A/B, West

Committee Members Present: Chair, Gary Ambrose; CSB Board Member Daria Akers; CSB Board Member Captain Basilio ‘Sonny’ Cachuela, Jr; CSB Board Member Ken Garnes; CSB Board Member Suzette Kern; and CSB Board Member Diane Tuininga

CSB Board Members Absent: CSB Board Member Adrienne Walters

Associate Members Present: Joanne Aceto and Kenan Aden, MVLE; Terry Atkinson, Gartlan Advisory Board; Cathy Benn, Second Story; Peter Clark, No. VA. Mental Health Foundation (NVMHF); Lori Crail, Inova; Julie Dwyer-Allen, Lisa Jackson, and Arthur Ginsberg, CRi; Lauren Goldschmidt, ServiceSource; Lauren Padgett, PRS, Inc.; Heather Peck, Laurie Mitchell Empowerment and Career Center; Joe Pettit, Concerned Fairfax; Amy Rushton, Dominion Hospital; Eleanor Vincent and Anita Robinson, Pathway Homes; Jakuta Williams, Community Concepts

Staff: Georgia Bachman, Asst. Deputy Acute & Therapeutic Treatment Services; Lucy Caldwell, Director of Communications; Evan Jones, Director Employment & Day Services; and Lyn Tomlinson, Deputy Dir. Clinical Services

Topic	Action	Responsible Party	Due Date
Meeting Call to Order	Meeting was called to order at 5:03 p.m.	Gary Ambrose	
Opening Remarks Announcements	Gary Ambrose welcomed Committee and Associate Members as well as staff and members of the public, who then introduced themselves including staff position or agency affiliation.		
Legislative Talking Points Overview	<p>Gary Ambrose provided a brief overview of the purpose of this minimized joint session, noting this is the first effort of the two committees to collaborate on areas of mutual concern. Mr. Ambrose introduced Elizabeth McCartney noting that while she is a fairly recent CSB employee, she has been involved in several CSB efforts, to include supporting development of the Annual Report and the 2019 Human Services Issue Paper with the County Legislative Office.</p> <p>Elizabeth McCartney distributed two handouts in support of this legislative presentation, including an overview of the <i>CSB Talking Points with Virginia Legislators 2019 General Assembly Session</i> and a copy of a letter forwarded to DBHDS Commissioner S. Hughes Melton from Senators Janel D. Howell and Richard Saslaw, and Delegate Mark Sickles. Ms. McCartney noted the talking points were included in the legislative packets developed for Board members to share at legislative visits, offering to make the folders available to the attendees upon request. Referring to the Talking Points, Ms. McCartney provided a brief description of each topic including background information to demonstrate the selection of each topic, noting they were</p>	Elizabeth McCartney	

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Topic	Action	Responsible Party	Due Date
	<p>listed in priority order. Referencing the letter sent to Commissioner Melton, Ms. McCartney highlighted the primary topic was funding priorities and the methodologies used, with a request for further information, particularly related to the imbalance in funding decisions related to the Fairfax-Falls Church Community Services Board. This presentation was followed by a robust discussion including a request from attendees to schedule this collaborative discussion earlier next year in order to more fully cooperate in advocating mutual areas of concern.</p>		
Meeting Minutes	<p>Draft minutes of the November 7, 2018 meeting were offered for a final review. Acknowledging that no recommendations were forthcoming, Suzette Kern made a motion to approve the minutes as presented, which was seconded and approved.</p>	Committee Members	
Committee Member Announcements and Updates	<p>Gary Ambrose introduced a proposal for a joint meeting of the Behavioral Health Oversight and the Developmental Disabilities Committees in 2019. The goal of the joint session is for partner feedback and recommendations in order to increase the value of the communities and improve partner relationships and community impact.</p> <p>Suzette Kern offered a reminder of plans to establish a Partner Feedback Workgroup. Preliminary planning includes limiting attendance at the initial facilitated session to Associate Members and vendor partners with contracts of \$100K+. Following review of feedback from Associate Members and vendor partners, primary topics have been identified to include 1) communication, 2) legislative efforts, 3) strategic planning, and 4) collaboration. The first workgroup is anticipated to be scheduled in late January or early February 2019.</p>	<p>Gary Ambrose</p> <p>Suzette Kern</p>	
Associate Member Reports, Updates, and Concerns	<p>Gary Ambrose opened the floor to Associate Members, information provided included the following:</p> <ul style="list-style-type: none"> • Joe Pettit, in the absence of Bill Taylor, noted recent housing efforts, offering to provide further information upon request; interested parties should contact Erin Bloom. • Wendy Gradison announced an Open House was held on December 12th from 3:00 p.m. – 6:00 pm. at the location on Javier Drive in Fairfax. Attendance was encouraged noting tours are also available. • Amy Rushton, noting ongoing construction updates, provided details of some programmatic accommodations to include: 1) The Falls Church Adolescent Partial Program has permanently moved to 6565 Arlington Blvd; 2) The School Refusal Program track is up and running with plans to expand to the Chantilly location; and 3) the adult TraumaSci program for treatment resistant trauma has 	Associate Members	

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	<p>launched. The program is currently for adults in outpatients with plans for expanding the program to inpatient early next year.</p> <ul style="list-style-type: none"> • Lauren Goldschmidt, noted. <ul style="list-style-type: none"> ○ ServiceSource, in partnership with Department of Rehabilitative Services, (DARS) has begun providing services in schools in Prince William and Arlington County Schools, adding that some schools in Fairfax County are being served, with plans to expand in Fairfax County including Alexandria in early 2019. ○ A new Day Support program is being launched in January 2019 at the Boston Blvd location in Springfield. ○ The Inclusion subgroup meeting of the Welcoming Inclusion Network (WIN) will be held at the Oakton ServiceSource office at 6:30 p.m. on Thursday, December 6th. • Eleanor Vincent provided an update to recent agency activities including the following highlights: <ul style="list-style-type: none"> ○ Following a successful conclusion to their 5th CARF survey, the agency, once again, received a three-year accreditation, noting great pride in the accreditation, as it is the gold standard in identifying quality Behavioral Health programs. ○ It was reported that one-time SAMHSA CABHI (Substance Abuse and Mental Health Services Administration/Cooperative Agreement to Benefit Homeless Individuals) funds were used to transition 25 homeless adults with mental illnesses and/or co-occurring substance use disorders into permanent supportive housing. Ms. Vincent explained that the CABHI funds are generally awarded to state agencies, noting that Pathways is proud to have received these funds, reporting positive outcomes that continue to exist even after the funding ended in September. 		
Matters of the Public	None were presented		
Associate Member Presentation: Northern Virginia Mental Health	<p>Peter Clark distributed some literature, summarizing the primary function of the Foundation as a backup financial support to individuals who receive services at a Virginia Community Services Board.</p> <ul style="list-style-type: none"> • Reporting the agency has sponsored the annual Wellness and Recovery Group Conference for 17 years, Mr. Clark distributed copies of the 2018 conference brochure. It was clarified that the conference is organized by the Wellness and Recovery Committee. Partners include the NVMHF, 	Peter Clark	

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Foundation	<p>ServiceSource, PRS, Inc., Pathway Homes, members of the CSB Board Behavioral Health Oversight Committee, and representing the CSB, the Office of Consumer and Family Affairs. Noting 225 attendants in 2018, 120 of those attending did so on scholarship awarded by NVMHF. A primary goal of the committee is to increase community involvement.</p> <ul style="list-style-type: none"> • Medical Co-Payments, NVMHF works with the CSB to identify individuals at risk of being denied services for unpaid medical co-payments and bring the accounts up to date. • The primary function of NVMHF is awarding mini-grants to individuals who need assistance paying for goods and services recommended in their service plan. Mr. Clark emphasized that dental care was an unaddressed critical primary care need in the community, noting the expenses are typically larger than the assistance requests usually received. • In 2017 NVMHF assisted 148 individuals, paying out approximately \$23,000. • Mr. Clark further reported that funding sources for NVMHF are primarily Community Health Charities and individuals, along with various church and other secular groups. • Mr. Clark finished his presentation reporting a current, critical need for volunteers to fill the increasing vacancies on the NVMHF volunteer Board. • Ms. Tomlinson reported knowledge of some of the individuals helped through the hard work of NVMHF, offering thanks to the Foundation and Mr. Clark for their valuable efforts. 		
Staff Reports	<p>Lyn Tomlinson provided an overview of recent activities, some highlights of which include:</p> <ul style="list-style-type: none"> • It was reported that the Fairfax-Falls Church Community Services Board serves the 2nd highest number of Veterans in the state. • A reminder was offered that Supervisor John Cook and prior CSB Board member, Lori Stillman will be giving a WIN (Welcoming Inclusion Network) presentation before the Health and Human Services Committee on Tuesday, December 11, 2018 from 1:30 p.m. – 3:30 p.m. at the Government Center, Room #11 • The CSB is seeking to hire a full-time recruiter to assist with recruitment and retention for hard to fill clinical positions. A reminder was offered that hiring in the health care field, particularly with credentialed staff, remains very challenging. • Strong efforts are ongoing to enroll in Medicaid as many eligible individuals as possible by January 1, 2019. 	Lyn Tomlinson	

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	<ul style="list-style-type: none"> • A new assessment business tool was launched November 19, 2018. While simplifying the assessment process, there have been some mixed results that staff is working through with launching this new process. • Daryl Washington is involved in designing some of the performance metrics for STEP-VA. This is in anticipation of the projected impact to the larger CSBs. • The CSB has submitted a letter of support to become a sub-recipient of a grant awarded to the City of Fairfax. The City was awarded the grant as they met a required threshold for the number of overdose deaths per capita. Ms. Tomlinson noted that the grant will pay for some goods and services that Medicaid does not pay for including housing. • Offering a reminder that Mark Blackwell accepted the position of Director of Recovery Services with DBHDS (Department of Behavioral Health and Developmental Services), there is an event scheduled for Wednesday, December 19th from 4:00 p.m. – 5:00 p.m. at the Merrifield Center in room 1-308C directly prior to the CSB Board meeting at 5:00 pm. • Several updates for Court Services were provided to include: <ul style="list-style-type: none"> ○ Lyn Tomlinson reported a recent visit to the <i>Supervised Release Docket</i> noting the docket is scheduled every other Friday. In attendance were the presiding Judge, Tina Snee, Court Services personnel and CSB staff including a Peer Support Specialist. Ms. Tomlinson confirmed efforts to include Peers in the release process. ○ Lucy Caldwell and Gary Ambrose reported attendance at the Veteran’s Treatment Docket, both recommending that those interested visit the docket. It was recommended that anyone interested could search the General District Court website for further information on Court Docket scheduling and location. ○ Following a request for further information, Ms. Tomlinson indicated the January Diversion First meeting would provide further information that could also be shared with CSB Committees and at the January CSB Board meeting. <p>The next BHOC meeting is Wednesday, January 9, 2019, 5:00 p.m. at the Merrifield Center, 8221 Willow Oaks Corporate Drive, Fairfax, VA, Room 1-308 A/B, West</p>		
Adjournment	There being no further business to come before the Committee, the meeting was adjourned at 5:46 p.m.	Gary Ambrose, Chair	

Behavioral Health Oversight Committee Meeting Minutes

Date Approved

Prepared by Erin Bloom

DRAFT

JANUARY 9, 2019

DIVERSION FIRST

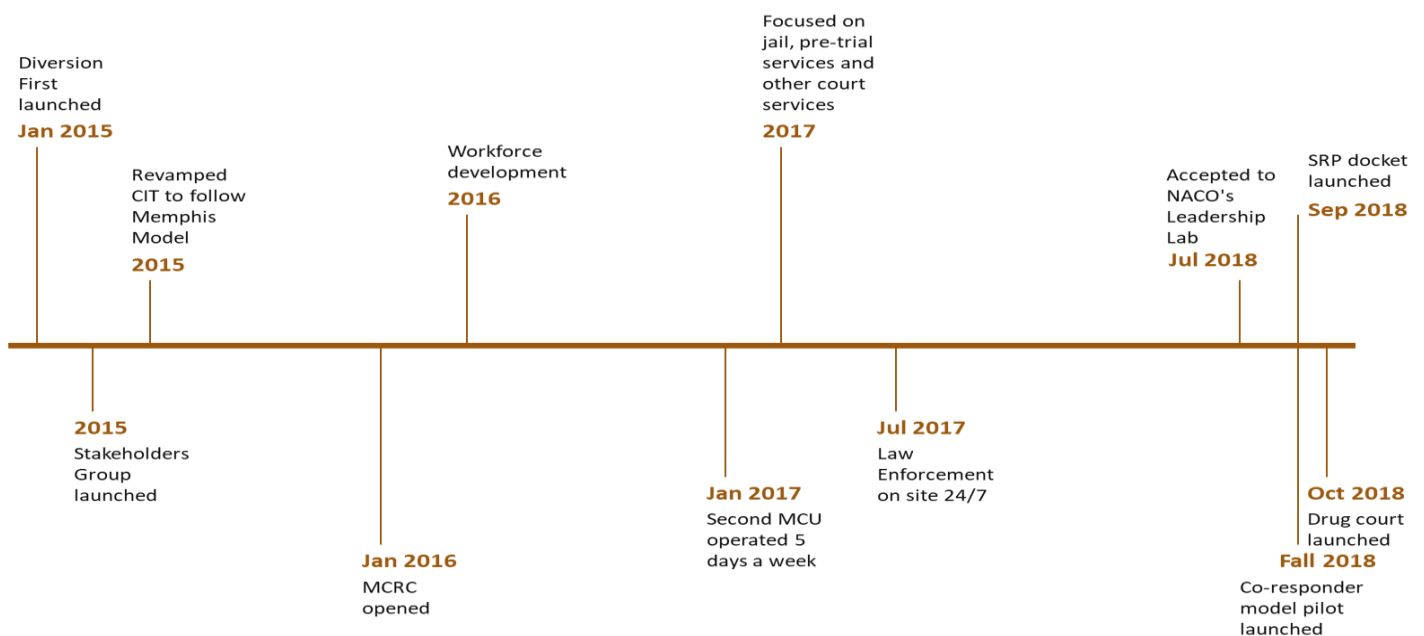


Diversion First Defined

- Diversion First offers alternatives to incarceration for people with mental illness or developmental disabilities, who come into contact with the criminal justice system for low level offenses.
- The goal is to intercede whenever possible to provide assessment, treatment or needed supports. People needing diversion may also have a substance use disorder, which often co-occurs with mental illness.
- Diversion First is designed to prevent repeat encounters with the criminal justice system, improve public safety, promote a healthier community and is a more cost effective and efficient use of public funding.

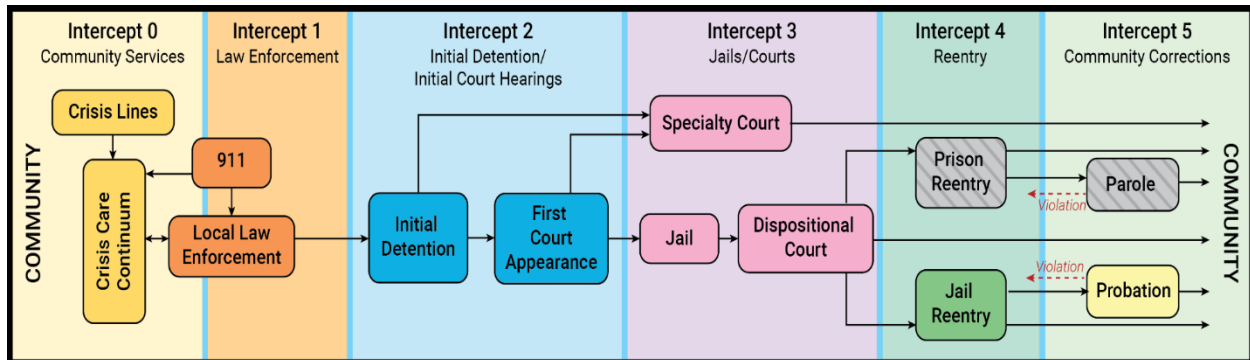
Fast History

- Launched in 2015
- Signed on to Stepping Up and White House Data Driven Initiative, participated in Stepping Up Summit, and Behavioral Health-Justice Leadership Academy, Design Institute, and Leadership Lab
- Stakeholders Group launched with 40 people (now over 200 people and growing) and various work groups
- Revamped Crisis Intervention Team (CIT) training to follow 40-hour national model



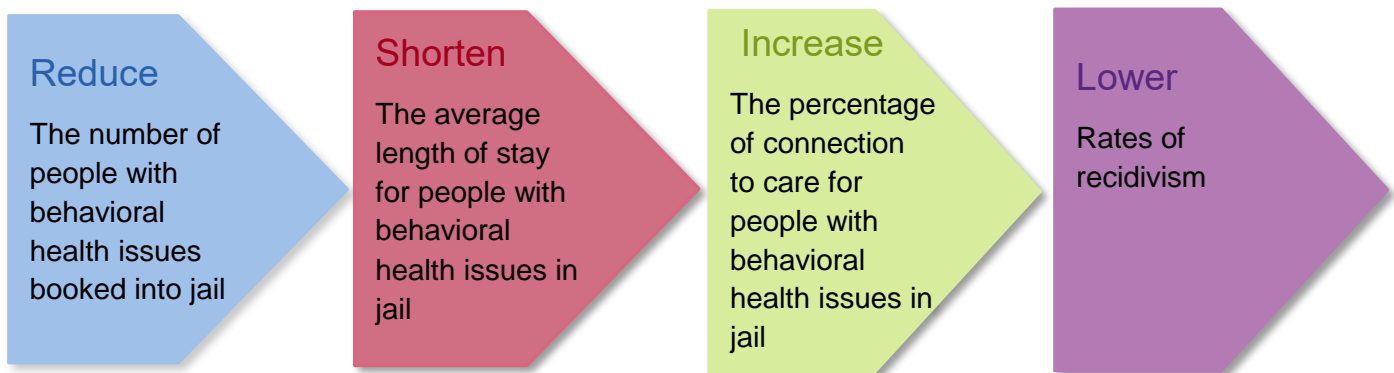
- **2016-** focus on workforce development (Mental Health First Aid and CIT), opened Merrifield Crisis Response Center (exchange of custody month 7 jurisdictions; now with 24/7 coverage)
- **2017-** focus on jail, pre-trial and other court services
- **2018-** focus on designing co-responder model, standing up a Drug Court, overlaying opioid efforts, and Leadership Lab with the National Association of Counties (NACo)
- **2019-** will include onsite medical clearance, furthering work with specialty dockets, continue data and evaluation work, focus on Intercepts 4 and 5

Sequential Intercept Model



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NACO's Four Key Outcome Measures



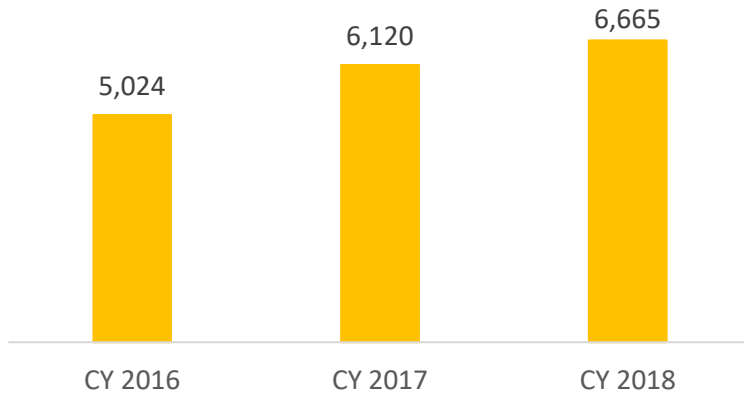
Key Analyses

- Merrifield Crisis Response Center (MCRC) population analysis
- Jail behavioral health population trend analysis over time (2015-2018)
- Predictive analysis of risk factors for criminal justice involvement
- Survival analysis of the jail inmates with SMI on recidivism

Emergency Services, ECOs and Diverted from Arrest

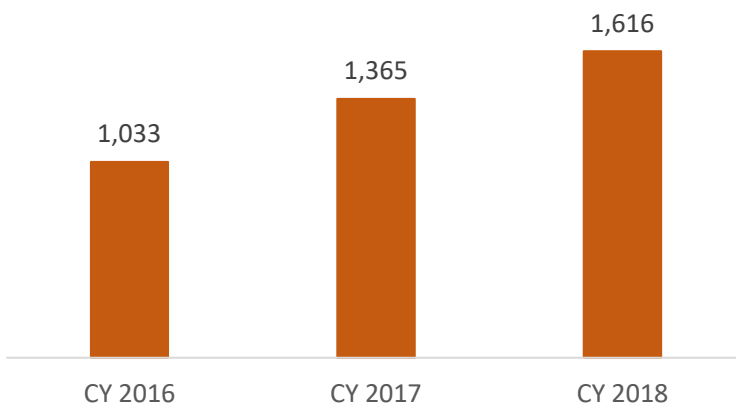
Number of People Served at Emergency Services (CY 2016-2018)

More than 6,000 clients are served at Emergency in a year.



33% increase from 2016 to 2018

Number of ECOs (CY 2016-2018)



56% increase from 2016 to 2018.
249% increase from 2015 to 2018

Number Diverted from Potential Arrest (Since 2016)



Jail-based and Jail Diversion Services

- All incoming inmates are screened with Brief Jail Mental Health Screen (BJMHS) at the Fairfax Adult Detention Center (since April 2017).
- Partnerships with Jail Diversion and Emergency Services linking individuals to needed services.
- Individuals at the ADC have access to several CSB services including:
 - Biopsychological assessment
 - Risk assessment
 - Crisis intervention
 - Psychiatric assessment/Psychotropic medication evaluation
 - Case management/Release planning
 - Medication assisted treatment (MAT)
 - ECO upon release, certified pre-screener on ADC team
- Jail-based and jail diversion teams work to provide clinical recommendations that are used in pretrial release agreements, develop release plans, and provide ongoing support, transportation to medical and court released appointments, work to help secure housing and other resources.
- Initiated bi-weekly "super-utilizer" calls to collaborate across services to better serve individuals who have chronic histories of mental health and/or substance disorders and to explore how resources can be more effectively shared to help them.
- Addiction Recovery Unit, opened November 2018, specialized unit in the ADC serving males with Substance Use Disorder. Collaborative program with the Sheriff's Office, currently serving 10 with plans to gradually increase.
- Specialty Dockets/Court:
 - Veterans Treatment Docket- meets twice per month; capacity to serve up to 25 people a year
 - Drug Court (Fall 2018)- meets weekly; anticipate serving 25 people a year; serves individuals who have a pending violation of probation on a felony charge
 - Supervised Release Docket- meets 2x/month; approximately 15 defendants per docket; for individuals on active probation with behavioral health issues who are alleged to have violated the terms of probation, including mental health treatment requirements
 - Mental Health Docket- in active planning phases, the application to the Virginia Supreme Court is being finalized for submission. This is a collaborative effort between General District Court, Court Services Commonwealth Attorney, Public Defender and CSB.

Key findings

- **Jail Behavioral Population:** Roughly 1 in 3 of the daily jail population has behavioral health issues and they stay significantly longer than the inmates with no behavioral health issues.¹

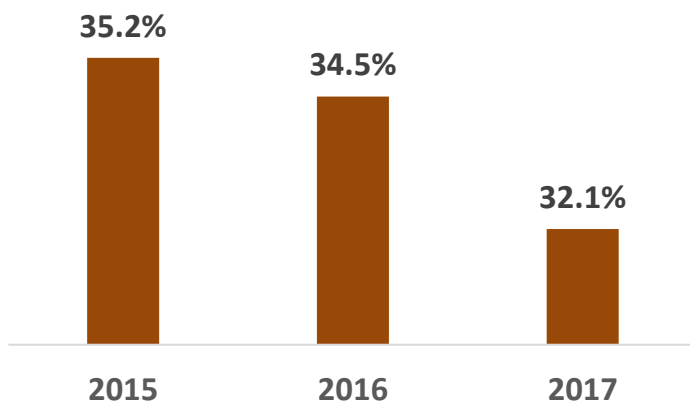


Roughly **1 in 3** jail inmates have **behavioral health issues**.

Inmates with behavioral health issues **stay 20 days longer** in jail than inmates without behavioral health issues.

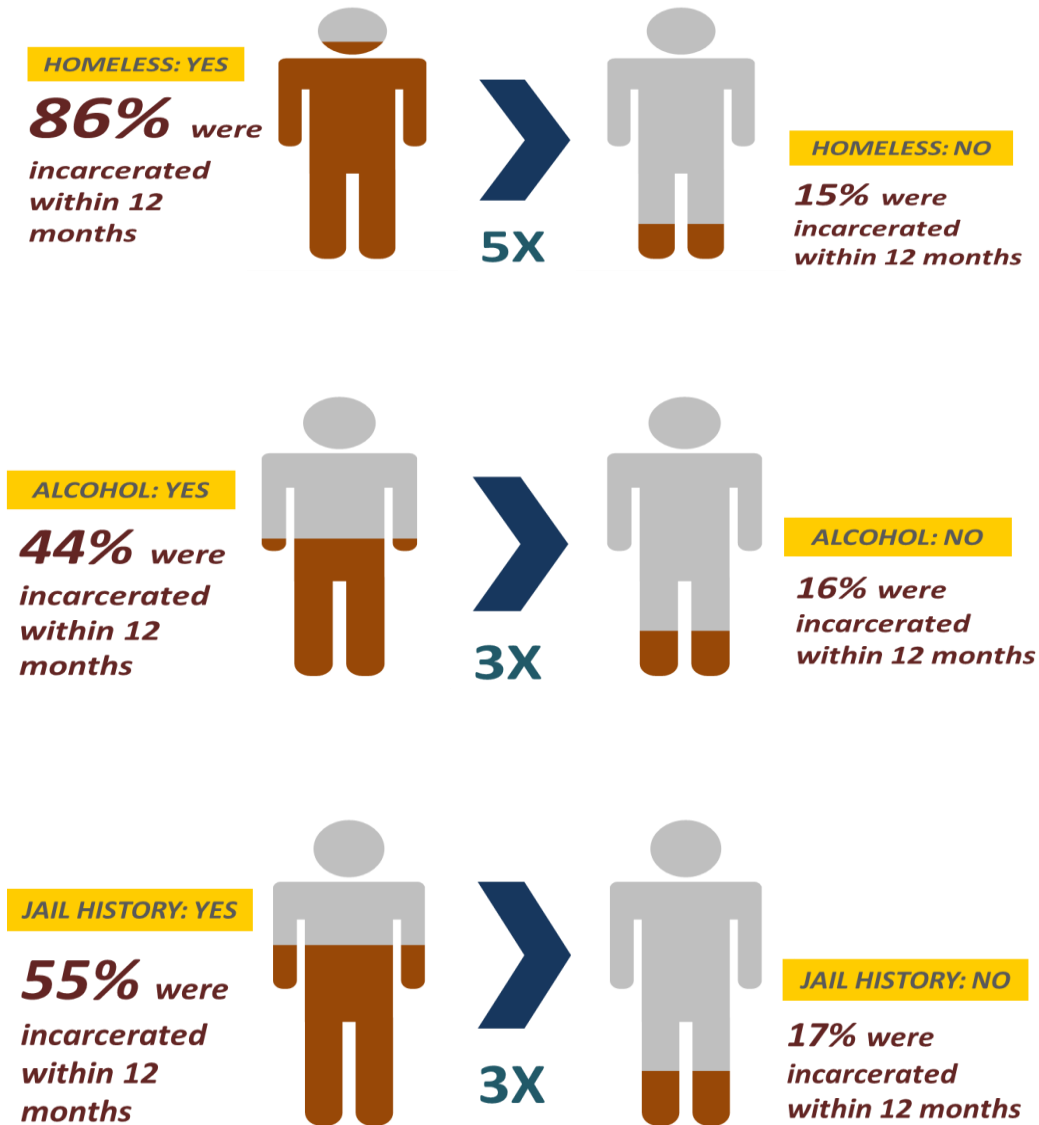
More than half of the population **recidivate** in 3 years.

- **Jail Behavioral Health Population Trend after Diversion First:** There was a statistically significant decrease in the percentage of inmates with behavioral health issues booked into jail from 2015 to 2017 ($p < .001$).



¹ This is based on the 2016 analysis on the jail behavioral health population which includes everyone who was in jail at any point of the year regardless of his or her booking date. Days in jail were calculated among the inmates who stayed in jail 4 or more days to remove weekends, etc.

Criminal Justice Risk: Three risk factors predicted the criminal justice involvement among the MCRC population²



² We selected 2016 MCRC visitors who have serious mental illness (SMI), are Fairfax County/City residents, are over 17 and had potential charges (N=125) for this analysis. We tracked both behavioral health care (CSB services) and criminal justice outcomes (arrests and jail incarcerations) for 12 months following the MCRC visit. With a predictive statistical model, we determined risk factors for criminal justice outcomes.

Next steps

- Expand Co-Responder pilot, a partnership between law enforcement, Fire and Rescue and MCRC staff to focus on super utilizers of services, to connect individuals to the services they need and decrease utilization of public safety services (Spring 2019).
- In partnership with Inova Health System, launch a medical clearance pilot at the MCRC. Contracts are in development and the pilot will likely begin in Spring 2019.
- Begin a Drug Treatment Court; application was approved through the Supreme Court of Virginia a Bureau of Justice Assistance Grant was awarded in September 2018 to support the Drug Court which will launch October 2018.
- In conjunction with the National Association of Counties (NACo) Leadership Lab, design and implement interventions for at-risk populations to improve their behavioral health, criminal justice and quality of life outcomes.
- Improve data sharing through drafted releases of information and memoranda of understanding and the development of a data warehouse to integrate information from multiple data sources.
- Obtaining longitudinal outcomes for populations served through Diversion First efforts.
- Enhance services offered at the ADC to individuals with Substance Use Disorders in efforts to combat the opioid epidemic.