Starting July 1, 2019 STEP-VA Primary Care Screenings

What is STEP-VA?

The Department of Behavioral Health and Developmental Services (DBHDS) created the System Transformation Excellence and Performance (STEP-VA) program to increase overall consumer wellness. The goal is to prevent crises, have less trips to the hospital and emergency room and less involvement with the criminal justice system

I'm currently receiving CSB services. How will this affect me?

We will start doing outpatient primary care screenings within 90 days of intake appointments to look at levels of health and wellness and connect consumers to primary care services. Screenings will measure height, weight, Body Mass Index (BMI) and blood pressure.

Who will be asked to participate in screenings?

Any child or adult receiving case management services and/or being prescribed an antipsychotic medication by a CSB prescriber.

Can I refuse these screenings?

Yes. This is voluntarily and you may choose not to participate. Refusing screenings will not affect any CSB services you are receiving.



