

Fairfax-Falls Church Community Services Board
Service Delivery Oversight Committee
June 9, 2021

The Service Delivery Oversight Committee of the Fairfax-Falls Church Community Services Board met electronically due to the COVID-19 pandemic that has made it unsafe to physically assemble a quorum in one location or to have the public present. Access was made available via video and web conferencing platform to CSB Board members, CSB staff, and members of the public. The meeting notice, including participation instructions, was posted electronically and on the building in which the meeting is typically held. Additionally, attendees were offered an opportunity to register for public comment during the 30 minutes prior to the meeting being called to order.

Committee Members in Attendance: Committee Chair Sheila Jonas (Alexandria); CSB Board member Daria Akers (Fairfax); CSB Board member Robert Bartolotta (Falls Church); CSB Board member Captain Derek DeGeare (MCRC, Fairfax); CSB Board member Larysa Kautz; CSB Board member Srilekha Palle (Fairfax); and CSB Board member Anne Whipple

CSB Board members in Attendance: CSB Board Chair Bettina Lawton

Committee Members absent: Garrett McGuire; Edward Rose; and Daniel Sherrange.

Associate Members in Attendance: Kathy Baker, ServiceSource; Cathy Benn, Second Story; Lori Crail, Inova; Lauren Goldschmidt, ServiceSource; Joe Getch, Psychiatric Rehabilitation Services, Inc. (PRS); Michele Hurrell, Recovery Program Solutions of VA (RPSV); Dan Kakitas, enCircle (previously Lutheran Family Services of VA); Susan Keenan, Community Living Alternatives; Cindy Koshatka, No. VA. Mental Health Foundation (NVMHF); Sean McGinnis, Hartwood Foundation; Diane Monnig, The Arc of Northern Virginia; Heather Peck, Laurie Mitchell Empowerment Career Center (LMECC); Laurie Peterson, CRI; April Pinch-Keeler, MVLE; Elaine Sommer, Northwest Center for Mental Health Advisory Board; and Joe Pettit, Concerned Fairfax

Staff in Attendance: Georgia Bachman, Asst. Deputy Acute & Therapeutic Treatment Services; Lisa Flowers, Communications Director; Daniel Herr, Deputy Director Administrative Operations; Kevin Lafin, Acting Director Employment & Day Services; Michael T. Lane, Director Office of Individual and Family Affairs; Joe Rajnic, Director Assisted Community Residential Services (ARCS); Sierra Simmons, Support Coordination Services; Lyn Tomlinson, Deputy Director Clinical Services; Barbara Wadley-Young, Asst. Deputy Community Living Treatment & Supports; LaVurne Williams, Director Residential Treatment & Detox Services

1. Meeting Called to Order.
Sheila Jonas convened the meeting at 5:00 p.m.

2. Roll Call and Audibility.

Ms. Jonas conducted a roll call with each CSB Board Member present, as identified above, to confirm that a quorum of CSB Board members was present and audible. Ms. Jonas passed the virtual gavel to Committee member Daria Akers to make several motions required to start the meeting.

A motion was offered confirming that each member's voice was audible to each other member of the CSB Board present this motion was seconded by Captain Derek DeGeare and passed unanimously.

3. Preliminary Motions.

CSB SDOC Co-Chair Sheila Jonas made a motion that the State of Emergency caused by the COVID-19 pandemic makes it unsafe for the CSB Board to physically assemble and unsafe for the public to physically attend any such meeting, and that as such, FOIA's usual procedures, which require the physical assembly of this CSB Board and the physical presence of the public, cannot be implemented safely or practically.

A further motion was made that this Committee may conduct this meeting electronically through a video and web conferencing platform, that may be accessed via Meeting ID: 914 8683 1737 and Passcode 233960. Motions were seconded by Robert Bartolotta and unanimously approved.

Mr. McGuire made a final motion that that all the matters addressed on today's agenda are statutorily required or necessary to continue operations and the discharge of the CSB Board Committee's lawful purposes, duties, and responsibilities. The motion was seconded by Daria Akers and unanimously approved.

4. Approval of the Minutes.

Draft minutes of the April 14, 2021, meeting were submitted for approval. Daria Akers made a motion to approve the minutes as presented, which was seconded and unanimously approved.

5. Matters of the Public.

None were presented.

6. Presentation and Group Discussion: Trends Related to the Increase in Opioid Overdoses and How This is Being Addressed

Lyn Tomlinson introduced Ellen Volo, Fairfax County Opioid and Substance Use Task Force Coordinator noting that following the presentation, attendees would participate in small group discussion. Discussion topics will include the respective impact of the opioid crisis to the individual agencies and the greater impact of working in a group to identify and implement mitigation and improvement efforts.

Ms. Volo directed attention to the slide presentation and provided an overview of the information. Some highlights included:

- In addition to the Opioid Task Force, there is a leadership group that includes CSB Executive Director, Police and Fire & Rescue Chiefs, Deputy County Executive Health and Human Services, and Public Safety.

- Highlighting the identified priority areas, it was clarified that the CSB is involved in all the priority activities.
- Fatal overdoses increased nationwide from 2019 to 2020. In Virginia, there was an increase of 600+ fatal opioid overdoses in 2020, a 47% increase. Based on current data for first quarter 2021, this increase is expected to continue.
- It was clarified that the Fairfax Prevention Coalition led by the CSB Prevention Team, is the primary community engagement resource. Consistent efforts are being made to increase community participation.
- A partnership with Department of Family Services (DFS) includes a group for families impacted by substance use, establishment of a Smart Recovery Group, and a group for families impacted by sex abuse of a loved one.
- Outreach efforts include contacting survivors of overdose to offer supports and services.
- Members were encouraged to provide input and feedback. Copies of the slides will be forwarded to the members and included in the June 2021 CSB Board meeting materials.

7. Breakout Session Summaries

The moderators for each breakout room provided a brief summary of their group discussions that focused on the talking points noted earlier including:

- a. Daniel Herr reported three primary impact areas were identified to include 1) opioid addiction reaches any socioeconomic status or stature in community, 2) education is vital, 3) impact of the pandemic and the dramatic increase in opioid addiction. Discussion topics included i) collaboration of mental health and substance use staff to identify components of successful and unsuccessful treatment, ii) CSB and medical providers partnering to monitor therapeutic use of prescribed opioids, and iii) identify areas of improvement in the community.
- b. Sierra Simmons, noting no personal impact of the opioid crisis was reported by members of this subgroup, reported several discussion topics that included i) acknowledgement of the importance of preparation and resources including carrying Naloxone and training, ii) recognition that some individuals are not ready for recovery, that their current and individual needs must be addressed, and iii) drug use remains highly secret until a crisis occurs.
- c. Barbara Wadley-Young reported the group discussion focused on the need for education. This included the importance of networking and increasing familiarity with resources.
- d. Kevin Ladin/Lisa Flowers
Kevin reported several topics that included i) the lack of appropriate reimbursement rates in Virginia for peer support specialists and family support partners, ii) the effects on family members and communities and if it may be possible to track this, and iii) simplification in tracking,

researching, and reaching resources, and iv) the negative impact of COVID on work release programs.

Lisa Flowers added some discussion points that included i) the possibility of the CSB Board developing a memo in support of increased funding for opioid treatment for the Board of Supervisors that could also be used in legislative advocacy, ii) expansion of jail-based programs addressing drug addiction, iii) advocacy of increased training and familiarity with emergency treatment (Naloxone injections/nasal spray) efforts, iv) inclusion of harm reduction efforts in programs.

Ms. Tomlinson thanked all participants for their contributions to the discussion. Additionally, a reminder was offered that REVIVE! Training in the use of Naloxone and responses to a drug overdose can be scheduled upon request. Attendees were encouraged to reach out for literature or visit the CSB website for a large array of addiction services and resources that are available.

Ms. Volo acknowledged some difficulty with resource identification, encouraging attendees to reach out for assistance. Members were also encouraged to reach out with suggestions, recommendations, and collaborative ideas to leverage community strength.

8. Committee and Associate Member Reports, Updates, and Concerns

Sheila Jonas asked that attendees review the list of proposed Associate Members. A reminder was offered that the proposed list is submitted to the CSB Board each June for approval of appointment as Associate Members to the Service Delivery Oversight Committee.

Attendees were offered an opportunity provide a brief update to recent activities. Highlights included:

Daria Akers, Committee member reported a very successful Diversion First Stakeholders meeting had been held since the last SDOC meeting noting the extraordinary accomplishments since Diversion First was implemented.

Joe Getch, PRS announced that onsite face-to-face day services had resumed/were resuming, noting the Community Readiness Support Program (CRSP) resumed May 10th, the Mt. Vernon Recovery Academy resumed to reduced capacity on June 7th and the Fairfax Recovery Academy is tentatively scheduled to resume on June 21st. It was confirmed that all programming will resume fact-to-face operations on a phased schedule.

Cathy Benn, Second Story announced their community-based programs are scheduled to re-open the week of June 14, 2021, including the Parent Resource Centers in Springfield and Culmore.

Lauren Goldschmidt, ServiceSource shared that employment services resumed in-person delivery in October 2020 noting a recent increase in referrals. Ms. Goldschmidt further announced that she was seeking summer internships/work experience for approximately 20 high school

students, requesting interested parties to reach out for further information.

Kathy Baker, ServiceSource announced that the Day Support Programs began reopening under the 1st phase on May 17, 2021, and the second phase launched on June 7, 2021. Phase three is scheduled to begin by the end of June with a full reopening anticipated for September 2021 to allow more hesitant individuals some additional time before receiving in-person services.

Lori Crail, Inova provided an update to recent activities.

Sean McGinnis, Hartwood shared that I/DD residential and day support providers are seeing a rapidly worsening DSP (direct support professional) and DSP supervisor workforce crisis. Through increased FMAP (Federal Medical Assistance Percentage) from ARPA (American Rescue Plan Act), the state is set to receive \$220-\$300M in funds specifically for HCBS (Home & Community Based Services). VNPP (Virginia Network of Private Providers) believes those funds need to go directly to providers of Medicaid Waiver services to bridge the gap between now and when rates are ultimately increased. I/DD day support programs have started reopening and will continue opening in phases. Residential providers have been providing around-the-clock supports for the last fifteen months, offering kudos to the day support providers for doing it right.

9. Staff Reports

Lyn Tomlinson provided an update to recent CSB activities. Some highlights of which included:

- A reminder that some CSB programs remained open during COVID. There is an increase in client and staff returns to on-site work and service delivery.
- The update to plans submitted to STEP-VA (System Transformation Excellence Program) for approval included Peer Support (approved) and Veteran's Services (pending approval).
- Referring to ongoing challenges with recruitment and retention, it was clarified that this is also a national and a statewide concern. DBHDS (Department of Behavioral Health and Developmental Services) has published an RFP (Request for Proposal) to conduct a salary survey for comparison of pay scales and recruitment challenges.
- A reminder was offered that the Pact (Program of Assertive Community Treatment) was rapidly transitioning to the ACT (Assertive Community Treatment) program noting this includes efforts to establish the program in other Fairfax County communities.
- Developmental Disability Support Coordinators resumed face-to-face services May 1, 2021, as required by the DOJSA (Department of Justice Settlement Agreement) with some success.
- Members will be sent information on the Housing Option Waitlist (for individuals with moderate income) that is accepting applications until Sunday, June 13th at midnight.

Kevin Lafin reported that most CSB Day Support & Employment programs are successfully reopening, adding that transportation is a concern that is being addressed. Several additional phases of reopening will be launched in the coming months.

Barbara Wadley-Young offered a reminder of the recent retirement of Evan Jones reporting that Kevin Lafin will be interim Service Director of Employment and Day services until October.

The next meeting of the Service Delivery oversight Committee (SDOC) is scheduled for August 11, 2021, at 5:00 p.m. It is anticipated that this meeting will be virtual. Updates will be provided as events occur.

There being no further business to come before the Committee, the meeting was adjourned at 6:24 p.m.

Actions Taken –

- Approval of the draft minutes of the April 14, 2021, Service Delivery Oversight Committee.

08/11/2021

Date Approved



Clerk to the Board