

**FAIRFAX FALLS-CHURCH COMMUNITY SERVICES BOARD
SERVICE DELIVERY OVERSIGHT COMMITTEE MEETING MINUTES
APRIL 12, 2023**

The CSB Executive Committee met in regular session at the Sharon Bulova Center, 8221 Willow Oaks Corporate Drive, Level 3, Room 3-314, West, Fairfax, VA 22031

1. Meeting Called to Order

Committee Chair Anne Whipple called the meeting to order at 5:00 PM.

2. Roll Call, Audibility and Preliminary Motions

PRESENT: **BOARD MEMBERS:** COMMITTEE CHAIR ANNE WHIPPLE; LARYSA KAUTZ; ROBERT BARTOLOTTA; DARIA AKERS; SHEILA JONAS

ABSENT: **BOARD MEMBERS:** CAPTAIN DANIEL WILSON, SRILEKHA PALLE

Associate Members in Attendance: Kathleen Baker and Lauren Goldschmidt, Service Source; Diane Monnig, The Arc of Northern Virginia; Joe Getch, Psychiatric Rehabilitation Services, Inc.; Bill Taylor, Concerned Fairfax; Susan Keenan, Community Living Alternatives; Rebecca Kiessling, NAMI Northern Virginia; Michelle Hurrell, Recovery Program Solutions of Virginia; Sean McGinnis, Hartwood Foundation, Inc; Heather Peck, Laurie Mitchell Empowerment and Career Center.

Staff in Attendance: Deputy Director of Clinical Operations Lyn Tomlinson, Deputy Director of Community Living Barbara Wadley-Young, Deputy Director of Administrative Operations Jean Post, Legislative and Grants Analyst Elizabeth McCartney, Director of Individual and Family Affairs Michael T. Lane, Service Director Kevin Lafin, Division Director of BHOP Eileen Bryceland, Service Director Sierra Simmons and Board Clerk Sameera Awan.

3. Matters of the Public

None were presented.

4. Amendments to the Meeting Agenda

The meeting agenda was provided for review, no amendments were made.

5. Approval of Minutes

Meeting minutes of the February 8, 2023, Service Delivery Oversight Committee were provided for review.

MOTION TO ADOPT WAS APPROVED BY LARYSA KAUTZ; DARIA AKERS; SHEILA JONAS AND ABSTAINED BY ROBERT BARTOLOTTA.

6. Legislative Update

Legislative and Grants Analyst Elizabeth McCartney shared that the Governor vetoed only three bills this year, significantly decreasing from the 33 bills vetoed last year. However, there still needs to be an agreement on the budget, which has caused a standstill. As we enter year two of the bi-annual budget, the budget amendments that have been proposed do not require agreement. However, we continue to monitor the situation, primarily since some significant amendments are related to Behavioral Health and Developmental Disability. The Governor's proposed budget amendment was met with an increase in the Developmental Disability Medicaid Waiver slots to 11,000 for the fiscal year 2024 by the House and Senate. This increase in slots is significant and noteworthy. The House and Senate have proposed some rate increases, including compensation hikes for CSB staff, substantial funding for local crisis centers, and an expansion of permanent supportive housing and Virginia's Mental Health Access Program. The Governor has taken action on all bills passed by the House and Senate during the general assembly session, including HB1963 and SB1945, which focus on Developmental Disabilities and Medicaid Waiver Flexibility. These bills aim to improve financial flexibility for individuals receiving DD Waivers, and their passage is expected to impact them positively. Two bills, namely HB1554 and SB953, were introduced to address special education transition planning and Virginia's Disability Commissions Activities. These bills aim to replace the outdated terms "handicap" and "handicapped" with more appropriate terms such as "disability" and "impairment" in the Virginia code. The Behavioral Health Department passed a Barrier Crimes bill on emergency custody and temporary detention orders. This legislation allows individuals to be detained in the emergency room for up to 24 hours if intoxicated to make an informed decision and avoid involuntary commitment.

7. Integrated Service Delivery

Service Director Sierra Simmons provided information on Support Coordination Services and Developmental Disabilities Services (DDS). To be eligible for Fairfax Falls-Church DD Services, an individual must meet the State of Virginia's diagnostic criteria for a DD Waiver; this includes providing a documented diagnosis of a developmental disability with onset before age 22 or before age 18 if the qualifying developmental diagnosis. To determine eligibility for DDS and placement on the Waiver Waitlist, an intake for assessment and eligibility is provided by CSB staff during the appointment, which helps meet the criteria on the Virginia Individual Developmental Disabilities Eligibility Survey (VIDES).

Director of BHOP Eileen Bryceland shared information on the Behavioral Health Outpatient Adult Program Services (BHOP). She emphasized that the program prioritizes underinsured individuals with SMI/SUD/DD. The program's primary functions include case management and medication; outpatient treatment is expanding with STEP VA Outpatient and ARTS/IOP. Since August 2018, the program has received 521 referrals, and 237 individuals have been served. Enrolled individuals in the Turning Point program have experienced significant improvements, including a 78% reduction in hospital bed days, an 84% reduction in days spent in jail, 60% of individuals enrolling/re-enrolling in educational programs with 68% returning to full-time, and 57% of individuals obtaining employment with 42% working full-time.

8. Associate Member Reports, Updates and Concerns

Service Director Kevin Ladin announced that the CSB Day Support & Employment program is celebrating its 60th anniversary. To commemorate this milestone, an annual golf tournament will be held on May 8, 2023, to raise funds for our outpatient therapy program.

President of NVMHF Cynthia Koshatka shared that the Northern Virginia Mental Health Foundation (NVMHF) is marking its 30th anniversary. NVMHF provides financial assistance to individuals undergoing treatment for Serious Mental Illness, helping them achieve their wellness objectives. The foundation offers grants to those receiving care at the Fairfax-Falls Church Community Services Board, covering the cost of goods or services that are part of their treatment plan when funding is unavailable.

Rebecca Kiessler of NAMI Northern Virginia shared that NAMI Northern Virginia is celebrating its 45th anniversary this year. The organization will host an annual NAMI walk on September 23, 2023, to honor this occasion at George Mason University. The university has graciously agreed to host the event this year.

9. Staff Reports

Deputy Director of Clinical Operations Lyn Tomlinson announced the appointment of Jean Post as the new Deputy Director of Administrative Operations. CSB leadership was pleased to have a visit from Governor Younkin, the First Lady, and Secretary Littel last week. This visit was at the request of the Governor's Office, and there was a roundtable on Behavioral Health focused explicitly on Youth. Executive Director Daryl Washington provided an overview of the CSB and led a tour of Youth walk-in access and Emergency Services. The Governor provided an interview after the tour. The information provided to the Governor, First Lady, and Secretary Littel was well received. Additionally, she announced her retirement and mentioned that this would be her final CSB Service Delivery Oversight (SDOC) meeting.

Director of Individual and Family Affairs Michael T. Lane provided details about the Pathways to Wellness Conference scheduled for May 12, 2023, from 9:00 AM to 2:00 PM. He also mentioned that the conference will be held in person.

10. Associate Member Reports, Updates and Concerns

Rebecca Kiessler of NAMI Northern Virginia took a moment to introduce herself as the Executive Director of NAMI Northern Virginia. NAMI's mission is to serve individuals, family members, and friends affected by mental health challenges through awareness, education, support, advocacy, and collaboration with community partners.

11. Adjournment

Committee Chair Anne Whipple made the motion to adjourn the meeting at 5:55 PM.

Service Delivery Oversight Committee Meeting Minutes

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Date Approved

DocuSigned by:

Samsara Awan

Clerk to the Board