

FY 2008 Annual Report



The CSB Safety Net:
Help. Hope. Heart.



In the spirit of Fairfax County's vision elements to protect and enrich the quality of life for the people, neighborhoods, and diverse communities of Fairfax County, the Fairfax-Falls Church Community Services Board works toward maintaining safe and caring communities.

Help. Hope. Heart.



Table of Contents

Who We Are	2
Message from the Chair	3
Infants and Toddlers.....	4
Children and Teens	5
Adults.....	6
CSB Services Help Consumers Create A Life in the Community	8
Revenue Maximization and Diversity of Funding.....	13
Persons Served in FY 2008.....	14
Services Delivered in FY 2008.....	15
FY 2008 CSB Revenues	16
FY 2008 CSB Expenditures	17
Program Locations	18
Partners in Delivering Services	19
Community Services Board Members	20

Who We Are

The Fairfax-Falls Church Community Services Board (CSB) serves the community as the public agency responsible for planning, organizing and providing services to persons who have a mental illness, mental retardation, or a substance use disorder. Programs are directly operated or provided by private organizations and are licensed by the Virginia Department of Mental Health, Mental Retardation and Substance Abuse Services.

The CSB was established in 1969 by the joint action of Fairfax County and the Cities of Fairfax and Falls Church. The CSB functions as part of the Fairfax County Human Services system. The State Code requires that every jurisdiction in the Commonwealth of Virginia have a CSB.

Our Vision

People receive timely, individualized, quality services when and where they need them, in addition to active support, resulting in acceptance in the community.

Our Mission

The Fairfax-Falls Church Community Services Board partners with individuals, families, and the community to empower and support Fairfax-Falls Church residents with or at risk of developmental delay, intellectual disabilities, mental illness, and alcohol or drug abuse or dependency.

We provide leadership to ensure the integration of the principles of resilience, recovery and self-determination in the development and provision of services. We maintain accountability by ensuring that continuous system improvement is anchored in best practice, outcome and effectiveness measurement, and the efficient use of resources.

As the public support network, we provide services which assist, improve and maximize the potential of individuals affected by these conditions and strengthen their capacity for living self-determined, productive and valued lives within our community.

***The Fairfax-Falls Church Community Services Board normally meets
at 7:30 p.m. on the fourth Wednesday of each month.
Meetings are held at the Fairfax County Government Center in Fairfax, Virginia,
and the public is encouraged to attend.***

***Call the Board Calendar at 703-324-7035, TTY 703-802-3015
or visit our web site at www.fairfaxcounty.gov/csb
to confirm times and locations.***

Message from the Chair

“The CSB Safety Net: Help, Hope, Heart.” is the theme of our FY 2008 Annual Report.

The Fairfax-Falls Church Community Services Board is committed to helping the persons we serve achieve the highest quality of life in their own communities, regardless of short term or continuing impairment or disability. We serve persons who are intellectually disabled, those who experience serious mental illness and substance use disorder and children with developmental disabilities.

All of our service areas provide case management and care coordination as the core service for each person and family in need. In addition, services include day support, day treatment, employment, crisis stabilization and often our consumer’s greatest unmet need, housing and residential supports. Children receive a range of community-based therapies and treatment. Prevention and early intervention services are provided with the goal to increase personal resiliency and life skill development. This service array is the key to the person’s potential to live a full life in the community and to the well being of the family. The needs, preferences and choices of each person are addressed and services are continuously reviewed for efficiency, effectiveness and consumer and family satisfaction.

We offer hope to the men and women, the boys and girls, of our community with behavioral health challenges by partnering with them to develop common sense solutions that provide the opportunity to lead healthy, productive and fulfilling lives. We focus daily on increasing the quality and equality of our system.

Our heart goes out to our consumers and their families because we know that what matters most to the people of our community is that the care they need will be available when they need it and that they will receive the best treatment and supports that our staff can provide. We understand that the abiding strength of our services is dependent upon the degree to which these services fulfill the expectations of our consumers.

The 21st century is a time of great challenge and opportunity. Our new president and Congress has demonstrated a strong interest in improving health care access for all, a universal electronic health record and cost controls. Our CSB Board and staff stand ready to seize the opportunities that will emerge in the broader health care arena, for the benefit of our residents. We are focusing on revenue maximization and funding diversity and developing a strategic business plan for the short and longer term future that will provide critical performance data for our stakeholders.

In my final message as Community Services Board Chair, I want to express my great appreciation to the CSB Board Members and to our dedicated staff. As always, I am grateful for the strong support we receive throughout the year from our community and our elected officials.

It has been my honor to chair the CSB during these two years and I thank the Board for their commitment to the people of Fairfax County and the Cities of Fairfax and Falls Church. I thank you for the opportunity to continue to serve as a board member in the future, a future that holds great promise for a more efficient and caring behavioral health care system, for enhancing the quality of life of those we serve, and for making treatment and access to care broadly available to all.



A handwritten signature in cursive script that reads "Mary Ann Beall".

Mary Ann Beall
FY 2008 Chair

Infants and Toddlers

Accomplishments



- **Al's Pal's Helps Kids Make Health Choices** – Prevention Services completed its second year of a three-year grant with the Virginia Tobacco Settlement Foundation to coordinate, monitor and evaluate implementation of the evidence-based “Al’s Pals: Kids Making Healthy Choices” model preschool prevention program. To date, the program has trained educators at public and private, community and home-based centers throughout Fairfax County, in 53 classrooms serving more than 800 pre-school-aged children.

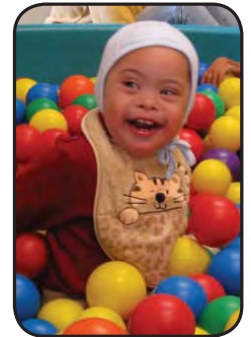
- **Bar Code System Organizes Loan Closet** – Infant & Toddler Connection received a grant from Kovar to purchase a bar code system to track the equipment in our Assistive Technology Loan Closet, which includes more than 400 items that families can use.

- **ITC and Inova Rotate Staff** – Infant & Toddler Connection (ITC) services established an agreement with Inova Fairfax Hospital for pediatric M.D. residents to rotate with ITC staff to participate in assessments and service planning.

- **Helping with Infant Feeding** – Infant & Toddler Connection services developed a specialized curriculum on feeding. Thirty therapists attended the training, which will allow them to be better able to assist families whose children are experiencing feeding difficulties.

- **Health Department Helps with Staff Shortages** – Infant & Toddler Connection (ITC) services developed an agreement with the Health Department’s Speech and Hearing Clinic to provide direct services to ITC families to assist with therapist shortages.

- **Partnering on Kids’ Mental Health** – The Infant and Early Childhood Program (IEC) has continued its successful partnering with Fairfax County Public Schools to provide treatment and consultation services in six non-categorical preschools and two county Head Start programs. During this year IEC has expanded its efforts to train other agencies and the public about mental health issues for the 0-7 population, including presentations to Head Start teachers, preschool teachers and the general public on earlier identification of child mental health issues and the range of child diagnoses that impact this population.



Consumer & Family Stories

“I am a strong believer in teaching children good decision making and how to understand their feelings, as well as how best to manage them at a very early age. My three year old has really benefited from this wonderful program and I am looking forward to her participating in ‘Al’s Pals’ again next year.” – *Parent of “Al’s Pals” Program Participant*

“Our exposure to the guidance and support provided by Infant and Toddler Connection has made my husband and I much better parents, and the dividends will manifest in our children becoming better human beings and members of society than they otherwise would be.” – *Parent of toddlers receiving Infant and Toddler Connection Services*



Children and Teens

Accomplishments

- **Foundation Money Helps Kids** – Prevention Services was awarded a \$90,000 contract by the Virginia Tobacco Settlement Foundation to facilitate the Substance Abuse and Mental Health Services Administration model program, Too Good For Drugs, to 500 middle school students in Falls Church City Public Schools and Fairfax County Public Schools.
- **Youth Survey Captures Key Data** – With CSB funding, Prevention Services participated in the county-wide administration of the 2008 Fairfax County Youth Survey. More than 22,000 students in grades 6, 8, 10 and 12 were surveyed on attitudes and behaviors related to substance use, mental health, and risk and protective factors, providing critical data to better serve the community.
- **ADS and Schools Collaborate for Students** – ADS Youth Services’ Student Assistance Programs continue to support middle and high school students. ADS staff collaborated with school counselors to ensure that students’ varied needs are met. Continued support for the program was marked by the extension and implementation of new service agreements between ADS and participating schools.
- **State Funding Expands Youth Services** – The Mental Health Youth and Family division received state funding to expand services to Comprehensive Services Act-involved youth through the provision of Intensive Care Coordination (ICC) services. The funding allowed the CSB to begin providing psychiatric services to youth remanded to the Fairfax County Juvenile Detention Center. ICC services are intensive case management services with the primary goal of linking youth and their families to community-based services with the goal of maintaining youngsters in the community and not in residential placement.



- **Agencies Combine Efforts to Stop Gangs** – Prevention Services continued to collaborate with the Fairfax County Police Department, County Executive’s Office of Gang Prevention, Department of Community and Recreation Services and many other organizations to continue the highly successful Road DAWG (Don’t Associate With Gangs) summer camp. A full week of gang prevention activities took place at three county sites, serving more than 90 middle school youth. This year the camp expanded to include year-round Road DAWG follow-up activities to continue to connect past campers with positive community activities.
- **Prevention Targets Underage Drinking** – Prevention staff worked actively with the Countywide Initiative to Reduce Underage Drinking. The Prevention team coordinated an environmental campaign with the 55 area 7-11 stores and distributed more than 10,000 fact cards and posters in support of the “Parents Who Host Lose the Most” initiative.

Consumer & Family Stories

“I used to think that gangs were really cool and looked up to the idea. Now that I have been through Road DAWG, I know more about the consequences and that I don’t want to join. There are better ways to have friends and have fun.” – *Middle school Road DAWG camp participant*

Adults

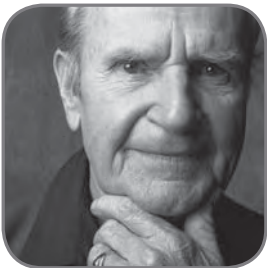
Accomplishments

- **1,792 Persons Provided Case Management Services** – MRS case management services were provided to 1,792 persons with mental retardation. Of that total, 1,202 individuals received active case management and 519 people received monitoring. An additional 266 people were evaluated for service eligibility by intake case managers.
- **Celebrating Clients' Artistic Creativity** – The Northwest Center for Community Mental Health exhibited its first client art and poetry exhibit entitled “Project In-Sight.” Both children and adults were invited to submit their works and over forty people responded with a total of sixty displayed creations. The exhibit was a vehicle that allowed people who receive mental health services to attain recognition for their creativity and greater awareness of their personal strengths.
- **Jail Diversion Program Helping the Most Vulnerable** – Jail Diversion continues to provide intensive case management services to a very vulnerable population, those individuals who have chronic and severe mental illness complicated by involvement with the criminal justice system. This year we placed more emphasis on engaging those individuals who have a high hospital utilization as well as frequent incarcerations, through close collaboration with the Forensics Discharge Planner who manages all discharges for incarcerated persons who subsequently are admitted to the state psychiatric hospital.
- **Solutions Program Graduates First Clients** – After its first year of successful operation, ADS' Solutions program graduated its first clients. Solutions is a new and innovative program designed to use existing resources which combine medication (suboxone) with comprehensive case management services to help eliminate opiate addiction.



- **Connecting People to Services** – The Diversion to Detoxification program provides detoxification services in lieu of arrest for individuals who are drunk in public but have committed no other crimes. In FY 2008, 757 individuals were diverted into services in lieu of arrest, which represents an approximate Police time savings of 2,250 hours. As a result of engagement and motivational interviewing, approximately 25% of the individuals admitted through Diversion Services accessed other CSB services to support their ongoing recovery.
- **Consumer-Directed Waiver Assessments** – MRS case managers completed 125 Elderly and Disabled Consumer-Directed Waiver assessments to determine individuals' eligibility for services provided under that Waiver program. Revenue received by the County for this service was \$62,000.
- **Working Together Toward Recovery** – The CSB Mental Health Recovery Work Group, made up of consumers, family members and clinical providers, met regularly to report out progress made on Recovery-oriented system transformations and has taken on major projects as a committee. One important initiative involved an ambitious survey of stakeholders throughout the system keyed to probe domains of access, partnership, respect, choice and other Recovery themes. The survey produced a report card that identified successes and helped identify specific opportunities for improvement.

- **Women's Services Funded** – A supplemental funding stream for the Recovery Women's Center was established as a result of significant, successful efforts to incorporate Medicaid operations and billing requirements into the ADS outpatient service system.
- **No Waiting Lists for Day Support and Employment Services** – All individuals requesting day support and employment services were funded for service, including all June 2008 special education graduates from the school system. Since FY 2004, there have been no waiting lists for these services.
- **Spanish Program Opened in Falls Church** – A Day Treatment Program for Spanish speaking individuals opened in Falls Church, affording increased access to substance abuse services to better address the specific needs of the county's diverse populations.
- **Nursing Support** – MRS established its first nurse position to support individuals served in residential services and others in the community, as appropriate. The nurse will help those who are medically fragile maintain themselves in their homes and ensure that staff receive guidance to provide optimal care.
- **Designated Attorney for Jail Diversion Clients** – Jail Diversion staff participated in the *Governor's Conference for Mental Health and Criminal Justice Transformation* in May 2008. The conference brought together mental health providers with criminal justice staff, including judges, public defenders and commonwealth attorneys. As a result, Jail Diversion strengthened its collaborative ties with the Public Defender's Office and welcomed the appointment of a specific attorney who acts as a resource and bridge spanner to the legal system.



- **Older Adults Faith Based Summit** – The Older Adults and Their Families Program, provided by Mental Health Services, participated in Fairfax County's first Faith-Based Summit on June 11, 2008. More than 250 older adults and faith-based representatives attended the summit designed to help seniors in the community learn about the various organizations available to support them. The CSB Older Adults and Their Families Program invited a client and hosted a table for the event, which was hosted by the Long Term Care Coordinating Council Committee.

Consumer & Family Stories

"I was helpless, homeless and hopeless. Within seventeen months, I graduated from A New Beginning and became a homeowner. I am a taxpayer and am giving back to the community. I am so grateful and appreciative of all that I have and who I have become." – *Consumer of A New Beginning program*

"I just wanted to...tell you how much my wife and I appreciate what the case manager has done for our daughter. The case manager is very efficient and really on top of every detail when it comes to our daughter's care." – *Parent of a consumer with Mental Retardation*

"The real positive experience for our client was that she felt important because we were asking her to talk to other people about her experiences in mental health. She also liked the idea of being able to encourage and help others who might be fearful about seeking help." – *Older Adults and Their Families Program Team Member*



CSB Services Help Consumers Create A Life in the Community

Accomplishments

Housing and Independent Living



- **Shared Mission with Housing Partners** – The CSB has further demonstrated a commitment to accessibility and visitability for consumers who reside in group homes with an ambitious plan to move residents into fully accessible housing through partnerships with landlords. In FY 2008, the CSB partnered with Wesley Housing Development Corporation with VHDA financing to begin the construction of a one level fully wheelchair accessible, well designed home for six consumers with intellectual disabilities and physical disabilities. Information on a model design for accessible housing can be found on the CSB website (www.fairfaxcounty.gov/csb).

- **ADS Launches Housing for Homeless Program** – The first ADS Housing First Program opened to serve adults who are homeless. ADS utilized existing resources for this initiative which marks an important element of the Ten Year Plan to End Homelessness.
- **Building For All** – At the direction of the County Executive, the CSB has joined the Building For All Committee, a public and private sector initiative to promote the use and understanding of Universal Design throughout our community. The Board of Supervisors have provided leadership in endorsing accessibility and design that meets the needs of the whole community, regardless of size or ability, mobility limitations or special accommodations. The committee has been tasked to:
 - Promote the merits of universal design features in housing
 - Educate consumers and builders about the elements and benefits of universal design
 - Identify opportunities for public policy support of universal design
 - Identify and pursue universal design demonstration opportunities, both public and private, within Fairfax County.

Employment

- **Earnings Average Up 10%** – Day support and employment services were provided to 1,218 individuals with mental retardation. The average annual earnings for the 572 people surveyed that received community-based group and individual employment services were \$9,465, a 10.2 percent increase above their prior year average annual earnings. The total gross earnings for these 572 people totaled \$5,414,246.
- **Earning a Salary and Benefits** – The MRS directly operated Cooperative Employment Program (CEP) served a total of 129 persons. Of that total, 112 reported earnings totaling \$1.89 million, an average of \$16,927 per person. In addition, over 70 percent of the employed individuals served by CEP received full or partial benefits as part of the compensation package offered by their employers.
- **Vocational Open House Introduces Opportunities** – The First Annual Vocational Open House was held in February 2008 for mental health staff, consumers and families to learn about the vocational opportunities available to consumers and to meet staff from all of the vendors. With the Recovery momentum gaining in mental health, a fresh approach was necessary to demystify vocational options.



Consumer Leadership and Self-Direction

- **Consumers Speak “In Our Own Voices”** – In September, Mental Health’s Community Readiness and Support Program hosted a presentation by NAMI (National Alliance for the Mentally Ill), In Our Own Voices. The event was open to consumers from both the Residential and Adult Partial Hospitalization programs. In Our Own Voices is a consumer-driven public awareness program about mental illness and recovery.
- **Consumers Participate in Recovery Training** – Mental Health Adult Residential Services initiated resource sharing to increase consumers’ ability to participate in community-based social activities and recovery-oriented trainings such as WRAP, CELT and Peer Specialist.
- **Self-Directed Services Maximizes Self-Determination** – Self-Directed services provided funds to five families through an Individual Purchase of Service contract. The services provide adults with mental retardation and their families the opportunity to direct day support or employment services to maximize choice, self-determination, customization of services and a reduction in service costs.
- **Encouraging a Spirit of Hope and Recovery** – The Crisis Care Program took a leading role in developing position descriptions and class specifications for Peer Counselors as they began to assume an essential role in providing mental health services.



Service Integration

- **Significant Progress on Co-Occurring Disorders Treatment** – Mental Health and Alcohol and Drug Services have made extensive progress on improving service access and effective treatment for persons with the co-occurring disorders of serious mental illness and substance use disorder. A major plan that included a full system assessment, an integrated leadership steering team, the involvement of over 70 staff as “change agents” and extensive basic and advanced training is changing care for affected consumers and families. A universal assessment tool has been implemented for adults and a tool for youth and their families is in the pilot stage. Co-locations of staff and major competency development training for supervisors are anticipated for the coming year.

Community Living



- **PACT Program Highlighted in Washington Post** – In a multi-page Washington Post feature article in February 2008, staff reporter Chris Jenkins explained how the Program of Assertive Community Treatment (PACT) Team helps individuals carve out a life of their own in the community. The reporter followed PACT staff during the work day and met at length with individuals served by PACT in their homes to learn about the barriers they had overcome to live successfully and productively in their neighborhoods.
- **Assistive Technology** – MRS case managers facilitated successful requests to Medicaid for assistive technology (109) and environmental modifications (45) which increased the integration of individuals with mental retardation into their communities.

- **25,000 Hours of Respite Services** – One hundred twenty six families received more than 25,000 hours of in-home respite services, providing much-needed breaks in providing care for their family member.
- **Gardening Provides Outdoor Therapy** – During the past year, Mental Health’s Community Readiness and Support Program started an outdoor therapy garden for use as therapeutic group activity. Supplies for the garden were made possible through a donation from the Northern Virginia Mental Health Foundation.



Access to Community-Based Crisis Care

- **Serving Consumers in the Community** – The Woodburn Place Crisis Care Program served 294 consumers, of which 174 (59%) were diverted from psychiatric hospitalization. The home-like environment at Woodburn Place is very welcome to consumers, families and staff.



- **Clinical Response Team** – The Northern Virginia Regional Clinical Response Team, on which MRS case management services participates, provided psychiatric and behavioral consultation services to stabilize individuals with mental retardation and mental health needs at risk of psychiatric hospitalization. In FY 2008, the CRT provided treatment and intervention for 31 individuals in Northern Virginia, 15 of who were from Fairfax County.

- **Providing for Safety** – Mental Health’s Emergency Service and Mobile Crisis Unit initiated 778 Temporary Detention Orders for the involuntary hospitalization of individuals who were evaluated to be an imminent danger to self or others but who refused voluntary care. Approximately 80% of these persons remained in treatment, either in an inpatient setting or as an outpatient, after the detention period.

- **Serving Individuals in the Community** – Mental Health’s Emergency Service and Mobile Crisis Unit evaluated and admitted 404 individuals to regional Crisis Care facilities (Woodburn Place, Leland House and Brandon House). Approximately 65% were diversions from admission to inpatient psychiatric facilities and approximately 35% were “step-down” admissions. By reflecting a philosophy of treating individuals in the least restrictive setting, approximately 2,222 hospital bed days were saved by using Crisis Care facilities.



- **Responding to Legislative Changes** – In response to legislative changes to Virginia Code sections pertaining to the civil detention and commitment process, all of the certified pre-admission screening evaluators in Mental Health Services’ Emergency Service and Mobile Crisis Unit were trained in the statutory changes prior to the changes going into effect July 1, 2008.

Building Capacity in the Community

- **Building Community Partners** – Prevention Services led a capacity-building project by partnering with the Fairfax County Department of Community and Recreation Services and in coordination with the County Executive’s Office of Gang Prevention, to train and support community partners to deliver the violence prevention program, Parents Raising Safe Kids (ACT). Forty-five groups in Fairfax County were served. This ongoing effort has already trained twenty partners who will continue to facilitate the program.



- **Developing Leaders** – Prevention Services coordinated training workshops for twelve organizations in the delivery of the Leadership and Resiliency Program. The training builds capacity to replicate Leadership and Resiliency Programs (a Substance Abuse and Mental Health Services Administration model prevention program) across the country and bring in revenue to the CSB.

- **Support from CSB Psychiatrists** – The CSB has begun to provide psychiatrists to the Affordable Health Care locations. By the start of the next fiscal year, all three sites will have some psychiatric support from the CSB. These doctors are involved in assessing the behavioral health needs of persons who receive their primary care from the Community Health Care Network – and are also working with the primary care physicians and nurses to enhance their mental health assessment skills and competency with psychiatric medication decision making.
- **Initiatives Designed to Assist the Most Vulnerable** – The unmet medical needs of persons who experience serious mental illness and addiction disorders are serious problems that can lead to premature death and poor health outcomes. Numerous initiatives are underway to address this, including a pilot primary care clinic in partnership with the Community Health Care Network (CHCN) at Woodburn Center, and a major emphasis on enrollment in CHCN for all eligible CSB consumers. The “Network of Care” website, scheduled for an October 2008 launch, will be a key strategy in its potential to help all consumers and families self-navigate to needed resources.
- **Team Targeting Persons Having Difficulty Accessing Services** – The CSB has been convening a planning team composed of leaders from Northern Virginia Family Services, the Community Health Care Network and the Women’s Center to dialogue about the potential for a “network” of providers who can address the needs of persons in the community who are having difficulty accessing care due to language barriers, lack of resources or due to the limitations in the private sector for accepting third party insurance. The team applied for and received a planning grant from the Campbell-Hoffman Foundation, under the auspices of the Women’s Center, and is tapping this resource to expand knowledge and expertise in behavioral and primary care integration and in network development. The team is receiving support from Systems Management and is at a level of consensus on a potential model to pursue future grants and capacity building opportunities.

Volunteers

- **Volunteers and Interns are Valuable Asset** – There were 86 individuals in the ADS Volunteer and Intern Program this year. Of these, 58 were interns and 28 were volunteers who served more than 15,800 hours at ADS sites. The services provided by ADS Volunteers included: mentoring clients and parents of clients, establishing resource libraries, leading poetry workshops, helping with child care, driving clients, performing office work, entering data, practicing horticulture, giving presentations, co-facilitating groups, teaching woodworking, helping with Girl Power groups and developing Dual Recovery support groups. Their services represented \$312,966 of donated time.



Consumer & Family Stories

“Just a note to express our appreciation for all your support during our son’s recent hospitalization and rehabilitation. Your efforts were important not only for the successful management of his treatment, but also to deal with our emotional trauma.” – *Parent of a consumer with Mental Retardation*



“You gave me hope when I was in the dark. I thought I had nothing to live for and you showed me the road to happiness. Everyone here loves their job and I could tell by their smiling faces.” – *Consumer of Mental Health Crisis Care program*

“The Emergency Service staff are a godsend, providing the level of care and interventions you would never have believed were available.” – *Family member of consumer of Mental Health Emergency Service*

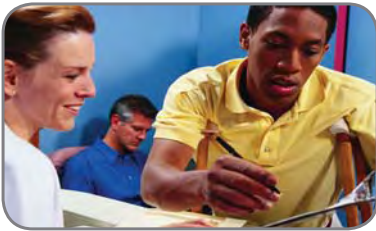
“It is wonderful that we can manage the program ourselves and use the hours based on our daughter’s needs.” – *Family receiving Self-Directed services*

Revenue Maximization and Diversity of Funding

As we look out to the future and the sustainability and diversity of our funding, we note the following revenue maximization initiatives.



- **National Accreditation** – The Crossroads Adult and Youth Residential Programs and Sojourn House were awarded the highest level of recertification by the Commission on Accreditation of Rehabilitation Facilities, a three year recertification.
- **Consumers Enrolled in Medicare Part D** – The Health Care Access team enrolled and verified approximately 1,335 out of 1,415 consumers in Medicare Part D Prescription Drug Plans and assisted many consumers in applying for the Extra Help to subsidize the cost of the premiums for these plans. Over 94% of eligible consumers were successfully enrolled in a Medicare Part D Plan of their choice.
- **New Beds in RIC Program Serve 20** – Mental Health’s Residential Intensive Care (RIC) program completed a Medicaid expansion in the North, Central and Southern areas of the county. These new townhome beds serve 20 individuals with Severe and Persistent Mental Illness who were waiting for residential services for extended periods of time. These additional beds were opened at no cost to the CSB because of billable Medicaid services provided by the RIC teams.



- **Medicaid Reimbursed Services** – Provided or facilitated Medicaid reimbursed services that enabled the County to receive revenue of \$5.4 million, a 7.2% increase from FY 2007. Forty-five new Medicaid MR Waiver slots were received in FY 2008, bringing the County’s total to 589. An additional \$34.6 million in Medicaid revenue was received directly by vendors providing contracted services to people with mental retardation. Fees of \$568,000 were collected from individuals receiving case management, residential and transportation services.

Persons Served in FY 2008

<i>Characteristics of Persons Served by CSB Program Areas*</i>					
		<i>Alcohol & Drug Services</i>	<i>Mental Health Services</i>	<i>Mental Retardation Services</i>	<i>Infant & Toddler Connection</i>
Persons Served		5,398	12,006	2,087	2,044
Age	0-2				100%
	0-17	15%	18%	25%	
	18-22	17%	10%	18%	
	23-59	67%	65%	54%	
	60+	1%	7%	3%	
Gender	Male	76%	53%	59%	65%
	Female	24%	47%	41%	35%
Income Level	\$0 - \$9,999	42%	58%	86%	
	\$10,000 - \$24,999	27%	25%	7%	
	\$25,000 +	31%	17%	7%	
Race	Asian	4%	6%	11%	18%
	Black/African American	21%	22%	12%	8%
	White/Caucasian	46%	51%	66%	67%
	Other	29%	21%	11%	7%
Hispanic Origin		27%	18%	15%	15%

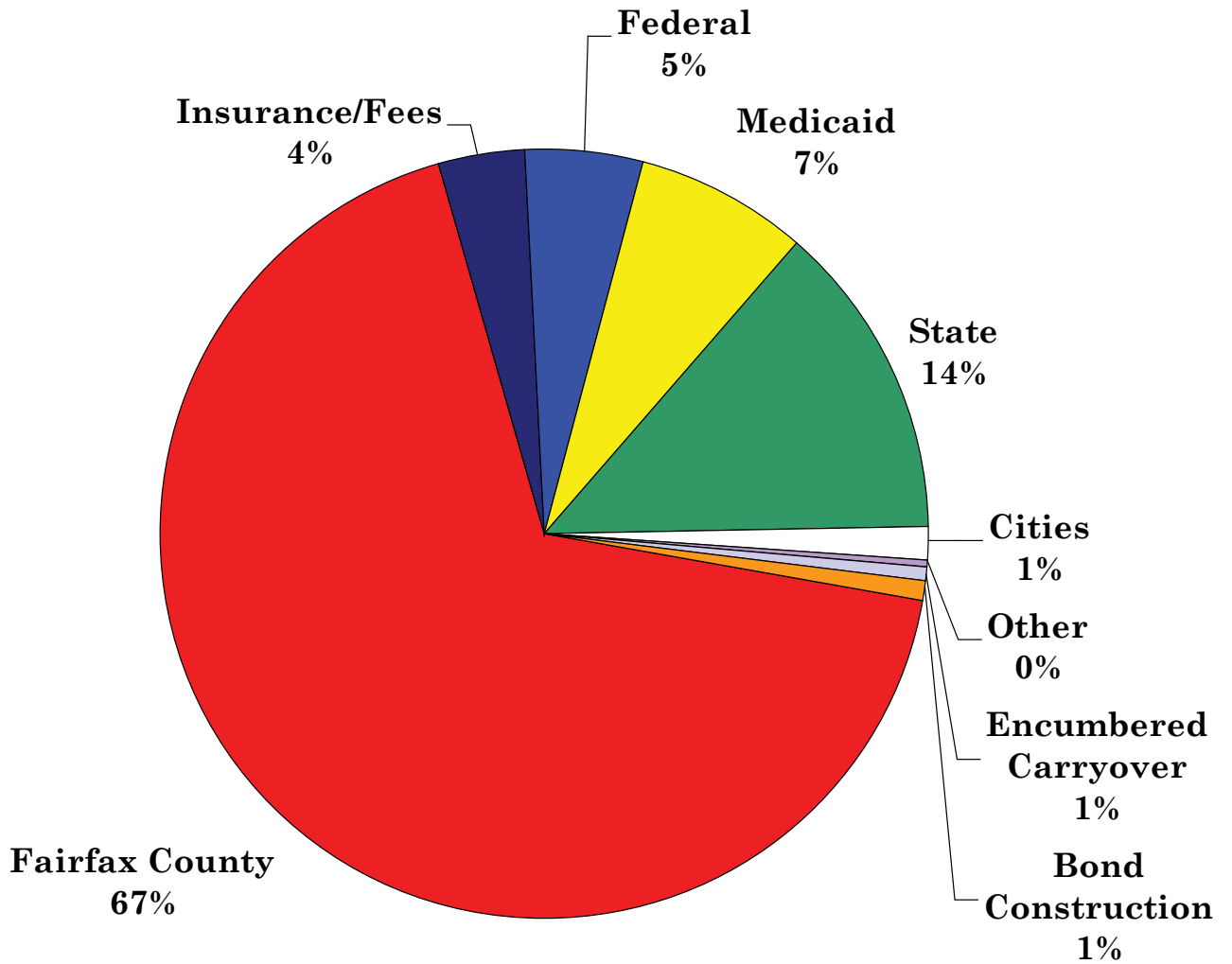
** This is an unduplicated count of persons served within program areas.*

Services Delivered in FY 2008

<i>Services Delivered by CSB Program Area</i>				
<i>Persons Served*</i>	<i>Alcohol & Drug Services</i>	<i>Mental Health Services</i>	<i>Mental Retardation Services</i>	<i>Infant & Toddler Connection</i>
Outpatient/Case Management	2,924	5,522	1,273	
Methadone	20			
Day Support	440	515	1,182	
Residential	597	1,551	709	
Early Intervention	583	448		2,044
Inpatient	68	230		
Transportation	4	78	315	
CSB Emergency	7,428			

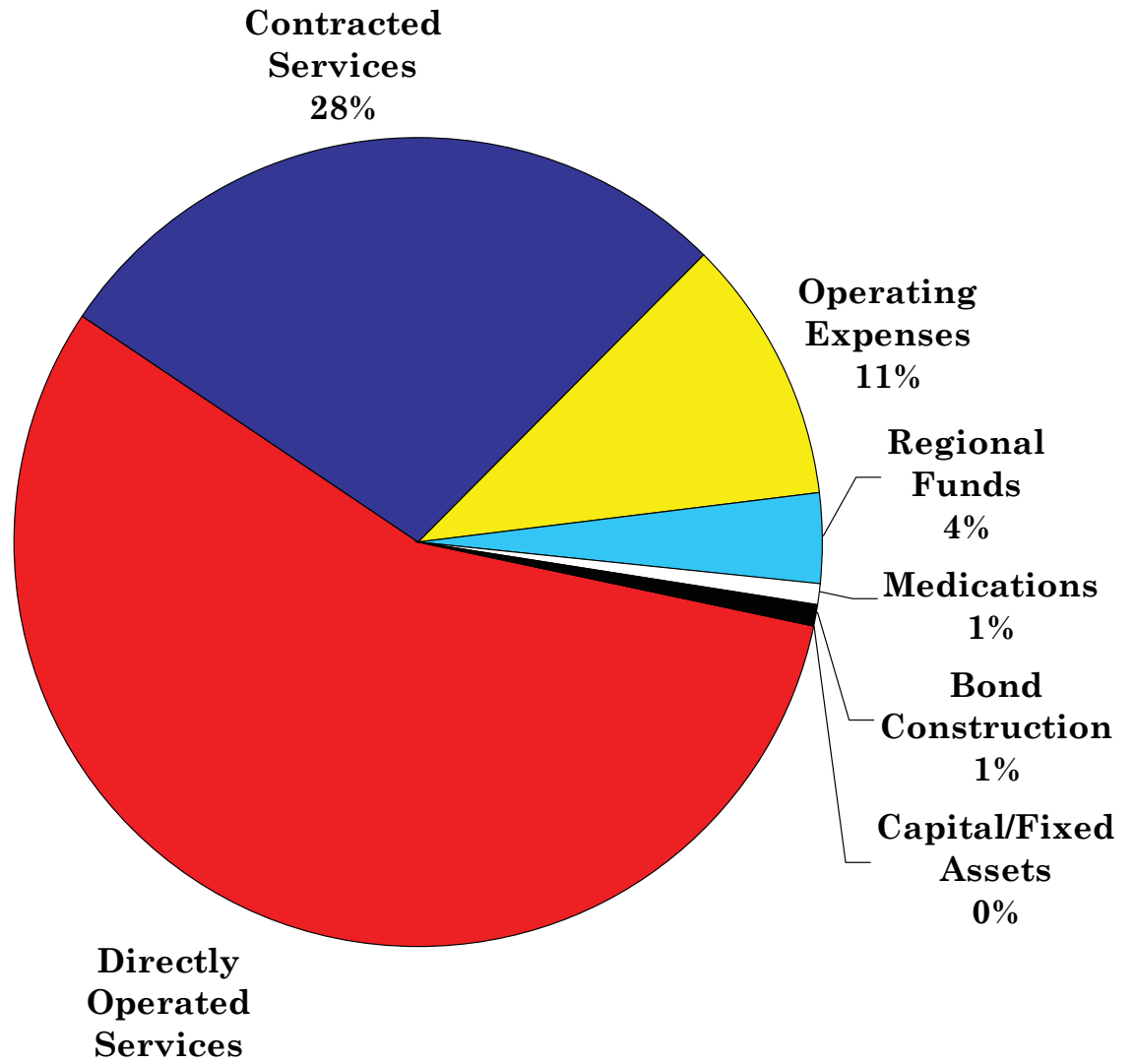
** Some CSB consumers participate in more than one program or service.*

FY 2008 CSB Revenues



Fairfax County	\$100,317,845
Insurance/Fees	\$5,201,500
Federal	\$7,175,509
Medicaid	\$10,677,951
State	\$20,035,636
Cities	\$2,051,534
Other	\$166,850
Encumbered Carryover	\$1,001,537
Bond Construction	\$1,100,000
Total	\$147,728,362

FY 2008 CSB Expenditures



Directly Operated Services	\$82,801,971
Contracted Services	\$41,600,712
Operating Expenses	\$15,628,918
Regional Funds	\$5,362,658
Medications	\$1,226,503
Capital/Fixed Assets	\$7,600
Bond Construction	\$1,100,000
Total	\$147,728,362

Program Locations

Central Services Unit

Human Services Center
12011 Government Center Parkway
Suite 836
Fairfax, Virginia 22035
703-324-7000
703-802-3015 (TTY)

Alcohol and Drug Services

Administrative Office
3900 Jermantown Road, Suite 200
Fairfax, Virginia 22030
703-934-5476
703-538-5292 (TTY)

Adult Services

Assessment and Referral Center
3900 Jermantown Road, Suite 201
Fairfax, Virginia 22030
703-359-7040
703-538-5292 (TTY)

Fairfax Detoxification Center
4213 Walney Road
Chantilly, Virginia 20151
703-502-7000
703-538-5292 (TTY)

ADS Youth Services

8350 Richmond Highway, Suite 515
Alexandria, Virginia 22309
703-704-6707
703-538-5292 (TTY)

14170 Newbrook Drive, Suite 200
Chantilly, Virginia 20151
703-961-1080
703-538-5292 (TTY)

107 Park Place
Falls Church, Virginia 22046
703-533-5634
703-538-5292 (TTY)

1850 Cameron Glen Drive, Suite 500
Reston, Virginia 20190
703-481-4004
703-538-5292 (TTY)

Mental Health Services

Administrative Office
12011 Government Center Parkway
Suite 836
Fairfax, Virginia 22035
703-324-7095
703-802-3015 (TTY)
703-573-5679 (24-hour emergency)

Chantilly Center
14150 Parkeast Circle
Chantilly, Virginia 20151
703-968-4000
703-968-4050 (TTY)

IMP Building
8850 Richmond Highway, Suite 202
Alexandria, Virginia 22309
703-704-7004
703-780-1417 (TTY)

Mental Health Services for Deaf & Hard of Hearing
8348 Traford Lane, Suite 400
Springfield, Virginia 22152
703-866-2100
703-886-2147 (TTY and Videophone)

Mount Vernon Center
8119 Holland Road
Alexandria, Virginia 22306
703-360-6910
703-799-4363 (TTY)

Northwest Center - Reston
1850 Cameron Glen Drive, Suite 600
Reston, Virginia 20190
703-481-4100
703-481-4110 (TTY)

South County Center
8350 Richmond Highway, Suite 415
Alexandria, Virginia 22309
703-704-6355
703-704-7022 (TTY)

Springfield Center
8348 Traford Lane
Springfield, Virginia 22152
703-866-2100
703-451-1245 (TTY)

Woodburn Center
3340 Woodburn Road
Annandale, Virginia 22003
703-573-0523
703-207-6976 (en Espanol)
703-207-7737 (TTY)

Mental Retardation Services

Administrative Office
12011 Government Center Parkway
Suite 300
Fairfax, Virginia 22035
703-324-4400
703-324-4495 (TTY)

South County Location
8350 Richmond Highway, Suite 129
Alexandria, Virginia 22309
703-704-6000
711 (TTY)

Infant and Toddler Connection

3750 Old Lee Highway
Fairfax, Virginia 22030
703-246-7121
703-324-4495 (TTY)

Cooperative Employment Program

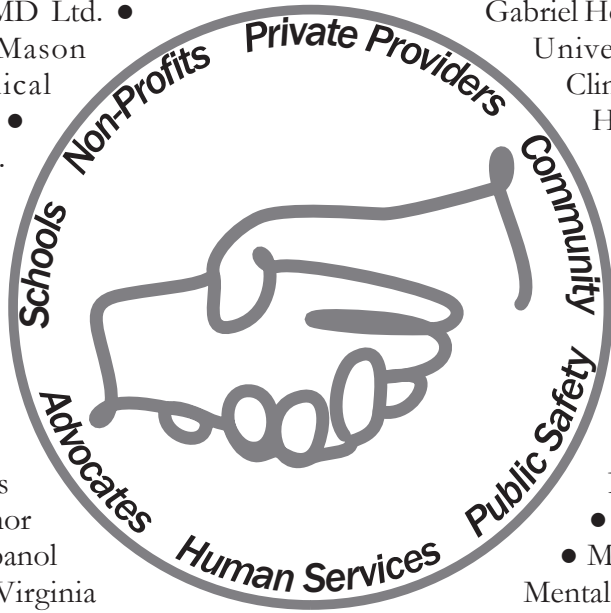
11150 Main Street, Suite 300
Fairfax, Virginia 22030-5066
703-359-1124
703-359-1126 (TTY)

Prevention Services

3900 Jermantown Road, Suite 200
Fairfax, Virginia 22030
703-934-5476
703-538-5292 (TTY)

Partners in Delivering Services

Alexandria Dental Care • Alexandria Community Services Board • Alternative House • ARC – Greater Prince William INSIGHT • Arlington County Community Services Board • Beaugard Medical Center • Behavioral Therapeutic Consultation Services • Benedictine School, Inc. • Bioethical Services of Virginia • Blue Ridge Speech and Hearing • Burke Family and Cosmetic Dentistry • CSS Inc. – Cardinal House • Center for Clinical and Forensic Services • Central Fairfax Services Inc. • The Chesapeake Center Inc. • Childhelp USA, Inc. • CHIMES Virginia • Community Living Alternatives, Inc. • Community Residences, Inc. • Community Systems, Inc. • Consumer Wellness Center of Falls Church • Contemporary Nursing Solutions • Copeland Center for Wellness & Recovery • CrisisLink • Crossroads Community Services Board • Delta-T Group • Didlake, Inc. • Dulles Family Medicine, P.C. • Durman Associates • Every Citizen Has Opportunities, Inc. • Educational Based Services • E-TRON Systems, Inc. • Fairfax County Department of Family Services • Fairfax County Department of Housing and Community Development • Fairfax County Department of Systems Management • Fairfax County Health Department • Fairfax County Juvenile and Domestic Relations Court • Fairfax County Magistrate’s Office • Fairfax County Police Department • Fairfax County Public Schools • Falcon Express Transportation, Inc. • Family Focus • Family Garrison • Nora French, DMD Ltd. • and Associates • George Mason University • General Medical Hartwood Foundation, Inc. • Manassas • Homestretch, Inc. Inc. • Inner Quest Inc. • Inova Family Centered Services • Foundation for Group • Joseph Hyde Consulting • • Laboratory Corporation Systems, Inc., Blue Ridge Breezy Hill NeuroCare • Services • Legal Services of County Community Services School District • Marian Manor Mental Health Services En Espanol Family Service • Northern Virginia Virginia Regional Commission • Northern Our Own of Fairfax County, Inc. • Pathway Homes, Inc. • Prince William County Community Services Board • Prince William Health System • Progressive Nursing Staffers of Virginia • PRS Inc. • Rehabilitation Associates, P.C. • Resourceful Futures • Resources for Independence of Virginia • Reston Drop-In Center Inc. • Reston Interfaith • River and Trail Outfitters • Rockbridge Area Community Services Board • RPJ Housing Development Corporation • Ruxton Health • Second Genesis, Inc. • ServiceSource, Inc. • Sheltered Occupational Center Enterprises • SHC Services, Inc. • Shenandoah University • SkillSource Group, Inc. • Social Work, p.r.n. • State of Arizona Veteran’s Affairs • St. Coletta Society of Greater Washington • St. John’s Community Services, Inc. • Step by Step Pediatric Therapy Service • Sun O. Suk, DDS • Sunrise at George Mason • Sunrise of Lorton • Supplemental Health Care • Tahirih Justice Center • Therapy 4 Kids • Town of Herndon • Town of Vienna • United Community Ministries Inc. • United Methodist Family Services • University of Virginia • Vanguard Professional Staffing • Vanguard Services Unlimited • Virginia Hospital Center • Virginia Ki Society • Virginia Tobacco Settlement Foundation • Volunteers of America – Chesapeake • Wall Residences • Wesley Housing Development Corporation • Wingspan, LLC • Wood’s Services Inc. • Zialogic



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City of Fairfax

Lori Stillman

Springfield District

Major James F. Whitley

Office of the Sheriff

Numbers to call for help for yourself or someone you care about...

24-Hour CSB Emergency Services

Phone: 703-573-5679/TTY: 703-207-7737

Fairfax Detoxification Center

Phone: 703-502-7000/TTY: 703-538-5292

Alcohol and Drug Assessment and Referral Center

Phone: 703-359-7040/TTY: 703-538-5292

Mental Health Entry and Referral Services

Phone: 703-481-4230/TTY: 703-481-4110

Spanish Line: 703-799-2838/TTY: 703-799-4363

Prevention Services

703-934-5477/TTY: 703-538-5292

Mental Retardation Services

Phone: 703-324-4400/TTY: 703-324-4495

Infant and Toddler Connection

Phone: 703-246-7121/TTY: 703-324-4495

Fairfax-Falls Church Community Services Board

12011 Government Center Parkway, Suite 836

Fairfax, Virginia 22035-1100

Phone: 703-324-7000

Fax: 703-324-7092

TTY: 703-802-3015

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A Fairfax County, Virginia publication

Published April 2009