



PRACTICE

EXPOSURE THERAPY

Are you a mental health provider?

Interested in applying prolonged exposure (PE) therapy with adult patients suffering from post-traumatic stress disorder? Practice conversation techniques with virtual patients to present treatment options and address concerns to engage them in the treatment.

- Identify patients for whom PE is appropriate.
- Present the treatment rationale to these patients in an effective way.
- Employ the basic techniques of PE.

TALK WITH
Antoine



+

TALK WITH
Maria



+

TALK WITH
Eric



To access the simulation:

1.

Visit

fairfax.kognito.com

2.

Log in or create an
account

3.

Launch

Practice Exposure Therapy



FAIRFAX - FALLS CHURCH

**Community
Services Board**



Reasonable accommodations will be provided upon request.
For information, call 703-324-7000, TTY 711.

Jan. 2020