ADEEGYADA DARYEELKA WAYEELKA EE DEGMADA FAIRFAX

WAXAA ISKU-URURIYE
WAAXDA ARRIMAHA BULSHADA
WAKALADDA DARYEELKA GABOOWGA EE FAIRFAX
12011 GOVERNMENT CENTER PARKWAY,SUITE 708
FAIRFAX , VIRGINIA 22035 – 1104
324-5411 (TTY 449-1186) (FAX 449-8689)
INTERNETKA: http://www.co.fairfax.va.us/service/aaa/homepage.html

NAMBARRADA LA WACO

SERVICES FOR OLDER ADULTS IN THE FAIRFAX AREA

Compiled by the
Department of Family Services
FAIRFAX AREA AGENCY ON AGING
12011 Government Center Parkway, Suite 708
Fairfax, Virginia 22035-1104
703-324-5411 (TTY 703-449-1186) (FAX 703-449-8689)
Website: http://www.co.fairfax.va.us/service/aaa/homepage.html

Frequently Called Numbers

IN

SOMALI

Funds for provided by
The Refugee Elderly
Assistance Project (REAP) through
Office of Newcomer Services
Department of Social Services
Commonwealth of Virginia

created on 01/01 of 5/99 revised print

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12011 GOVERNMENT CENTER PARKWAY,SUITE 708
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324-5411 (TTY 449-1186) (FAX 449-8689)
INTERNETKA: http://www.co.fairfax.va.us/service/aaa/homepage.html

NAMBARRADA LA WACO

WAXBARASHADA DADKA WAA-WEYN

WAXBARASHADA BULSHADA QAAN-GAARKA AH- Fairfax County Public Schools.....227-2200
URURKA BABUURTA EE MAREYKANKA,BARNAAMIJKA BABUURWADIDDA.....222-4112
HOSTELKA WAYEELKA.....Lacag La'aan ku wac 1-877-426-8056
KORORSIGA BABUUR WADIDDA DADKA WAYEELKA AH EE FAIRFAX
BOOLISKA DEGMADA FAIRFAX.....280-0621
BARASHADA BABUUR-WADIDDA ee DADKA KA WEYN55 SANO..... .....Lacag La'aan ku wac 1-888-227-7660
MACHADKA WAX BARASHADA ee MARKUU QOFKU DUQOOBO-SHAQADANA KA FADHISTO.....503-3384
NOVA - MACHADKA WAXBARASHADA JOOGTADA AH.....503-0600
XARUUNTA TACLIINTA BULSHADA GABOWDAY EE RESTON.....476-4500
XARUUNTA SHEPHER'S E OAKTON-VIENNA.....281-0538

XAFIISKA MACMIILKA LA SHAQEYA

AARP BARNAAMIJKA CAWINAADA –SAMEYNTA CANSHUURTA(JANNAYO 1-ABRIL 15).....1-888-227-7669
CAWINAADA MUWAADINKA - DEGMADA FAIRFAX.....324-3185
- MAGALADA FALLS CHURCH.....248-5005
- MAGALADA FAIRFAX.....385-7894

WAAXDA ARRIMAHA MACMIILKA EE DEGMADA FAIRFAX.....222-8435
BARNAAMIJKA TALO SIINTA MACMIILKA XAGGA DEEYNKA ee NORTHERN VIRGINIA.....533-9727
TALO SIINTA MACMIILKA DEEYNKA GALA' ee NORTHERN VIRGINIA..... 591-9020
ADEEGYADA QORSHAHA ISKUTIRAN ee DEGMADA FAIRFAX.....222-0880
JOORNAALKA CIRROLEYDA 324-5411
ISKASHATADA CAAFIMAADKA WAYEELKA..... 202-479-6973
ADEEGA TALADA CEYMISKA EE VIRGINIA IYO BARNAAMIJKA
RUUXA U DOODA,HEY'ADAHA DARYEELKA GABOOWGA..... 324-5851

TALO' IYO TAKUULEN

AL-ANON..... 764-0476
QAMRIIGA IYO DROOGADA,FAIRFAX –FALLS CHURCH..... 359-7040
HAY'ADDA QAMRIIGA DADKA KA WAANISA..... 281-7501
URURKA CUDURKA ALZHEIMER'S 359-4440
URURKA MAREYKANKA ee CUDURKA KANSERKA 938-5550
URURKA MAREYKANKA ee CUDURKA SOKOROOWGA..... 1-800- 232-3472
URURKA MAREYKANKA ee CUDURRADA WADNAHA..... 941-8500
URURKA MAREYKANKA ee CUDURRADA SAMBABAHA ee NORTHERN VIRGINIA.....591-4131

URURKA CUDURKA KA YIMADA TUFTA.....202-537-6800
ADEEGYADA DAWEEYNTA DABEECADDA ee NORTHERN VIRGINIA COMM. HOSPITAL..... 587-2315
XARUUNTA BULSHADA KALA DHAQANKA AH..... 533-3302
XARUUMAHA CUDURRADA MASKAXDA GALA
XARUUNTA MT.VERNON.....799-0300
XARUUNTA NORTHWEST.....481-4100
XARUUNTA WOODBURN.....573-0523
GAR-GAAR DEG DEG AH..... 573-5679
ADEEGYADA WAYEELKA ee COLUMBIA DOMINION HOSPITAL..... 538-2872
BARNAAMIJKA TACSIDA, XARUUNTA MT.VERNON..... ... 866-2100
JANNADA NORTHERN VIRGINIA..... 941-7000
HAY'ADDA HOWLAHA BULSHADA ee YUHUDDA..... 750-5400
URURKA CUDURKA PARKINSON,xafiiska degmadaan.....876-0836 / 883-4134
XAFIISKA ARRIMAHA REERKA ee NORTHERN VIRGINIA.....533-9727
CAWIIMAYASHA DHIBBANAHA.....360-7273
ADEEGYADA CARMALADA(qofka xaaska/oodaga ka dhintay) ee NORTHERN VIRGINIA.....281-9595
XARUUNTA HAWEENKA..... 281-2657

ADEEGYADA DARYEELAYASHA
QUBEYN IYO DARYEELID GURIGADA AH,WAAXDA CAAFIMAADKA ee FAIRFAX COUNTY
XAFIISKA FALLS CHURCH.....534-8343
XAFIISKA HERNDON/RESTON.....481-4242
XARUUNTA CAAFIMAADKA ee JOSEPH WILLARD(Fairfax).....246-7100
XAFIISKA MT.VERNON..... 660-7100
XAFIISKA SPRINGFIELD.....569-1031
BUKAAN SOCOD EEGTO MALMEED ee WAYEELKA,WAAXDA CAAFIMAADKA ee FAIRFAX COUNTY
XARUUNTA ANNANDALE..... 750-3316
XARUUNTA LEWINSVILLE..... 734-1718
XARUUNTA LINCOLNIA..... 914-0226
XARUUNTA MT.VERNON..... 799-8570
BARNAAMIJKA SABTIDA..... 734-1718
XARUUNTA DARYEELKA/NASASHADA REERKA..... 532-8899
XARUUNTA WAYEELKA ee LEEWOOD.....256-9770
XAFIISYADA DARYEELKA,WAAXDA ARRIMAHA BULSHADA/QOYSKA ee FAIRFAX COUNTY
XAFIISKA FAIRFAX.....324-7500
XAFIISKA FALLS CHURCH.....533-5300
XAFIISKA RESTON.....491-4025
XAFIISKA ROUTE 1 799-8400

ADEEGYADA ITAAL'DARRADA WAX U QABTA
WAAXDA MAREYKANKA ITAALKA DARAN,PARATRANSIT/METRO ACCESS.....301-588-8184
ADEEGYADA DADKA MASKAXDA KA DHAWACMAY.....352-1656
MUCAAMILAADKA LA XIRIIRA SIDA U QOFKA CURYAANKA-AH ALBAAB U MARI LAHA
WAAXDA DHISMADA IYO DEGAANKA ee FAIRFAX COUNTY.....324-1575
BARNAAMIJKA EASTER SEAL ee WAX MAQALKA.....538-4480
XARUUNTA XORNIMADA ee NORTHERN VIRGINIA ,INC.....525-3268
XADGUDUBKA BARKINKA CURYAANKA, BOLIISKA FAIRFAX COUNTY 691-2131
TAARGADA YURYAANKA LA SIIYO, WAAXDA GADIIDKA..... 761-4655

ADEEGYADA MAKTABADDAHA ee FAIRFAX COUNTY.....TTY 324-8365 Qof ku la hadla 324-8380
ADEEGYADA DADKA MASKAXDA KA DHIIMAN- FAIRFAX – FALLS CHURCH.....324-4400
METRO Mobility Link.....202-962-6464
XAFIISKA MAAQALKA ee NAWAAXIGA WASHINGTON.....301-681-6636
URURKA NORHTERN VIRGINIA ee DHAAWACYADA MASKAXDA GAARA.....569-1855
XARUUNTA MACLUUMAADKA MAQALKA iyo DADKA DHAAGAHA KA CULUS.....352-9055
XARUUNTA –URURKA INDHO LA'AANTA EE NAWAAXIGA WASHINGTON.....202-234-1010
BARNAAMIJKA WORD(Working/Organizing Resources for People with Disbilities).....525-9673
VIEGINIA ASSISTIVE TECHNOLOGY SYSTEMS(VATS)Farsamada Caawiinka.....993-3670
WAAXDA DHAAGOLEYAASHA EE VIRGINIA..... 1-800-552-7917
WAAXDA INDHOOLEYAASHA EE VIRGINIA..... 359-1100
WAAXDA BAXNAANINTA EE VIRGINIA.....1-800-552-5019
XARUUNTA ISGAARSIINTA EE VIRGINIA.....TTY 1-800-828-1120 Qof ku la hadla 1-800-828-1140
URURKA AARAGTIDA(Waxaay cawiimaan dadka indhaha la').....324-8380
DADKA TABRUUC AHAAN KA CAAWIINA INDHOOLEYDA.....301-589-0894

ARRIMAHA MIDAB-TAKOORKA

URURKA XAQUUQUL INSAANKA ee FAIRFAX COUNTY(Qaada dacwooyinka midab-takoora).....324-2953
XAFIISKA MISAANKA XAAQA ee FAIRFAX county(Qaada dacwooyinka aad ka qabtid xafiisyada dawladda)..... 324-2204

SHAQO SIIN / ADEEGYADA TABABARKA BIXIIYA

WAAYO-ARAGNIMO KU MEEL MAR..... 516-9292
XAFIISKA NORTHERN VIRGINIA EE SHAQO SIINTA ee URBAN LEAGUE..... 838-1213
BARNAAMIJKA SHAQO SIINTA WAYEELKA,HAY'ADDA DARYEELKA GABOOWGA..... 324-5426
SHAQO SIINTA WAYEELKA MACLUMAADKOODA.....750-1936
XARUUNTA KOMBUUTERKA BARASHADIISA EE WAYEELKA.....725-4115
WAAXDA BAXNAANINTA EE VIRGINIA..... 1-800-552-5019
GUDDIGA SHAQOSIINTA EE VIRGINIA.....803-0000

CAWIIMAADA DHAQAALE

BARNAAMIJKA CAWIINADA EE SHIDAALKA(koronto/gaas), WAAXDA DEGMADA FAIRFAX
EE ARRIMAHA BULSHADA.....222-0880
FOOD STAMPS (rashinka lagu'gato),WAAXDA ARRIMAHA BULSHADA
XAFIISKA FAIRFAX..... 324-7500
XAFIISKA FALLS CHURCH..... 533-5300
XAFIISKA RESTON.....481-4025
XAFIISKA ROUTE 1 799-8400
BARNAAMIJKA DAYACTIIRKA GURIGA, WAAXDA DEGMADA FAIRFAX
EE GURYAHA IYO HORUUMARINTA BULSHADA..... 246-5154
MEDICAID,WAAXDA ARRIMAHA BULSHADA EE DEGMADA FAIRFAX
XAFIISKA FAIRFAX.....324-7500
XAFIISKA FALLS CHURCH..... 533-5300
XAFIISKA RESTON..... 481-4025
XAFIISKA ROUTE 1 799-8400
KAALMO –WAQTI DHEER SOCOTA..... 324-7504

MEDICARE
ISQORIS(mesha la iska qoro).....1-800-772-1213
SU'ALAAD HADII AAD QABTID..... 1-800-444-4606
MAAMULKA BADBAADADA BULSHADA.....1-800-772-1213
CANSHUUR CAFIS,XAFIISKA CANSHUURAHA EE DEGMADA FAIRFAX.....222-8234
GUDDIGA SHAQOSIINTA EE VIRGINIA- CAIMIISKA DADKA AAN SHAQEYN.....803-0000

ADEEGYADA CAAFIMAADKA LA XIRIRA

CAAFIMAADKA QARASHKIISA LA AWOODO, WAAXDA CAAFIMAADKA EE FAIRFAX
RUGTA CAAFIMAADKA EE SOUTH COUNTY.....360-1390
RUGTA CAAFIMAADKA EE BAILEY'S.....237-3446
RUGTA CAAFIMAADKA EE NORTH COUNTY.....689-2180
URURKA LAAN QAYRTA CAS ee MAREYKANKA..... 876-0700
ADEEGYADA ILKAAHA:
NADAFADDA ILKAAHA KLINIGA.....323-3349
MELAHA CAAFIMAADKA ILKAHA ee NOTHERN VIRGINIA,INC(u wac mid ka mid ah afarta hoos ku yaal)
ADEEGYADA QORSHAHA IS LA XIRIIRA..... 222-0880
GUDDIGA ISBAANISHKA EE VIRGINIA..... 671-5666
ARRIMAHA BULSHADA ee QOYSKA ee NORTHERN VIRGINIA.....533-9727
KANIISADAHA BULSHADA ee MIDOOBAY.....768-7106
URURKA ILKAAHA EE NORTHERN VIRGINIA.....642-5297
URURKA CAAFIMAADKA EE FAIRFAX COUNTY..... 848-8810
WAAXDA CAAFIMAADKA EE FAIRFAX..... 246-2411
XAFIISKA FALLS CHURCH..... 534-8343
XAFIISKA HERNDON/RESTON..... 481-4242
XAFIISKA JOSEPH WILLARD(FAIRFAX)..... 246-7100
XAFIISKA MT.VERNON..... 660-7100
XAFIISKA SPRINGFIELD..... 569-1031
XAFIISKA WARQADDA DHALASHADA ama WARQADDA DHIMASHADA..... 246-7122
HOOYGA TABAREED EE NORTHERN VIRGINIA,INC.....352-1389
MEDICAID, WAAXDA ARRIMAHA BULSHADA EE DEGMADA FAIRFAX
XAFIISKA FAIRFAX.....324-7500
XAFIISKA FALLS CHURCH..... 533-5300
XAFIISKA RESTON..... 481-4025
XAFIISKA ROUTE 1 799-8400
KAALMO-WAQTI DHEER SOCOTA..... 324-7504
MEDICARE..... 1-800-444-4606

ADEEGYADA DARYEELKA –GURIGA LAGUU QABTO

QUBAYS IYO DARYEELLADA GURIGA QOFKA LOGU QABTO,WAAXDA CAAFIMAADKA EE FAIRFAX
XAFIISKA FALLS CHURCH.....534-8343
XAFIISKA HERNDON/RESTON..... 481-4242
XAFIISKA JOSEPH WILLARD(FAIRFAX)..... 246-7100
XAFIISKA MOUNT VERNON..... 660-7100
XAFIISKA SPRINGFIELD..... 569-1031
DIWAAN –GELIN WAHEEL SIISMO AH,WAKALADDA DARYEELKA GABOOWGA.....324-5411
NIDAAMKA GAR-GAARKA DEG DEGGA AH(u wac Wakaladda Daryeelka Gaboowga).....324-5411

SAXIIBKA ,WAYEELKA.....324-5411
MACLUMAADKA DARYEELKA GURIGA..... 324-5411

Maclumaad ku saabsan daryeelka guruga lagugu' siiyo amase aad dooneysid Arjiiga Finding Your Way Through The Home Care Maze Waxaad la xiriirta Waaxda Gaboowga , teleefonka ah 324-5411

ADEEGYADA GURIJOOGTADA IYO DARYEELKOODA,WAAXDA ARRIMAHA BULSHDA EE DEGMADA FAIRFAX
XAFIISKA FAIRFAX.....324-7500
XAFIISKA FALLS CHURCH..... 533-5300
XAFIISKA RESTON 481-4025
XAFIISKA ROUTE 1 799-8400
HOOYGA TABAREED EE NORTHERN VIRGINIA..... 352-1389
SHAKII KA SARIDDA QOFKA LAGU' SIIYO TELEFOONKA..... 324-5411
ADEEGYADA TABARRUCA GURIGA WAX LOOGU QABTO EE WAYEELKA.....324-5411

GURYAHA IYO DAYAC-TIRKOODA

CHRISTMAS/SUKKOT BISHA ABRIL;BURUS IYO WADNO.....528-5606
MAGALADA FALLS CHURCH,WAAXDA QAABILSAN GURYAHA IYO ARRIMAHA BULSHADA... 248-5005
DEGMADA FAIRFAX,WAAXDA QAABILSAN GURYAHA IYO HORUMAARINTA BULSHADA.....385-3662
DAYAC-TIRKA GURYAHA ee WAYEELKA.....246-5154
MACLUMAADKA KU SAABSAN GURYAHA WAYEELKA.....914-0551
TALEFOONKA LIISKA SAFKA GURYAHA LOOGU JIRO..... 449-9050
XAFIISKA GOBOLKA EE ARRIMAHA MACMIILKA(Dhiibabka Ijaaraha iyo Ijaartaha).....1-800-552-9963
BARNAAMIJKA CIMILAADA (uu diyaargarenta Guriga)EE VIRGINIA..... 1-540-662-8960

Hadaad u bhantahay warar saa'id ah ee ku saabsan guryaha, u soo wac Wakaladda Gaboowga talefoonka ah 324-5411 iyo ssi aad u heshid buuga Tilmaamta ah ee la yiraahdo Guide to Retirement Living amase " Low and Moderate Income Housing Guide."

CAWIIMADA XAGGA SHARCIGA

TILMAANTA IYO WARARKA KU SAABSAN sida loo helo LAWYER(QAREEN) ee FAIRFAX.....246-3780
ADEEGYADA SHARCIGA EE NORTHERN VIRGINIA..... 532-3733

MEELAHA QALABKA CAAFIMAADLA DEYN KU DHIIBA

EASTER SEAL SOCIETY of NORTHERN VIRGINIA..... 538-4480
XAFIISKA LAGA DEYNSADO QALABKA CAAFIMAADKA,WAAXDA BULSHADA ee FAIRFAX.....658-3656
URURKA CUDURKA MULTIPLE SCLEROSIS..... 202-296-9891
URURKA KURSIGA CURYAMIINTA.....301.-495-0277

MEELO FOG-FOG KUWA DARYEEL KA BIXIYA
HEELE-YASHA DARYEELKA WAYEELKA.....1-800-677-1116

MACLUUMAADKA KU SAABSAN DARYEELKA WAQTI-DHEER SOCDA

KAALIYAHA DARYEELKA WAQTIGA DHEER SOCDA ee NORTHERN VIRGINIA.....324-5411
TALO SIIN XAGGA CAYMIISKA DARYEELKA WAQTIGA DHEER SOCDA,WAKALADDA GABOOWGA.....324-5851

NAFAQEYNTA (NUXUR)

BARNAAMIJKA NAFAQO SIISMADA.....324-5411
RAASHINKA BABUURKA LAGA BIXIYO.....324-5411
XAARUMAHA WAYEELKA.....324-5544

MADADDALADA IYO SHEEKO BULSHEEDKA

ADEEGYADA MADADDALADA BULSHADA,WAAXDA DEGMADA FAIRFAX..... 324-4386
FASALLADA MADADDALADA WAYEELKA..... 222-4664
XAARUMAHA WAYEELKA..... 324-5544
BARNAAMIJKA CILMI-CAAFIMAADKA IYO JIMICSIGA JIRKA EE WAYEELKA..... 993-3701
HAY'ADDA DAAQA iyo DEEGANKA DHULKA ee DEGMADA FAIRFAX..... 324-8700
WAAXDA DAAQA/DEEGANKA IYO MADADDALADA,MAGALADA FAIRFAX..... 385-7858
WAAXDA DAAQA/DEEGANKA IYO MADADDALADA, MAGALADA FALLS CHURCH.....248-5077

ADEEGYADA ARRIMAHA BULSHADA

XIRIIRKA DARYEELKA WAYEELKA..... 222-0880
XARUUNTA BULSHADA KALA DHAQANKA AH..... 533-3302
XIRIIRIYAHA WAYEELKA..... 324-5374
GUDDIGA ISBAANISHKA EE VIRGINIA..... 671-5666
WAAXDA ARRIMAHA BULSHADA EE DEGMADA FAIRFAX
XAFIISKA FAIRFAX.....324-7500
XAFIISKA FALLS CHURCH 533-5300
XAFIISKA RESTON..... 481-4025
XAFIISKA ROUTE 1 799-8400
ADEEGYADA DIFAACA WAYEELKA..... 324-7450
BARNAAMIJKA MAMULKA ee HAY'ADDA HOWLAHA BULSHADA ee YUHUDDA 750-5400
XARUUNTA BULSHADA ee KOOREANKA..... 354-6345
XAFIISKA ARRIMAHA REERKS ee NORTHERN VIRGINIA..... 533-9727

GADIIDKA

MAREYKANKA ITAALKA-DARAN GADIIDKA CURYAANKA/METROACCESS.....301-562-5360
CITY WHEELS,Magalada Fairfax.....385-7894
ISKU-XIR WAX KU SII QAADA, HAY'ADDA QAABILSAN GABOOWGA ee YUHUDDA..... 323-6494
CUE BUS, Magalada Fairfax..... 385-7859
FAIRFAX CONNECTOR.....339-7200
FAREWHEELS, Magalada Falls Church..... 248-5005
FASTRAN, Degmada Fairfax..... 222-9764
METRO MOBILITY LINK..... 202-962-6464
METROBUS/METRORAIL..... 202-637-7000
RIBS(Reston Internal Bus System).....204-0359
URURRAADA TABARRUCA ee GADIIDKA 222-0880

FURSAADAHA ISKA –WAX-U-QABSO AH

WAKALADDA GABOOWGA EE FAIRFAX..... 324-5406
Barnaamijkooda waxxa ka mid ah: Saxiibka Wayeelka,Rashinka babuurta laga bixiyo;Dhexdhexaadiye;Wayeelka Dhaqaajiye, Shakii ka saridda Telefoonka qofka lagu' siiyo;Barnaamijka talada ceymiska ee Virginia amase ruuxa u dooda; iyo Tabarruc ahaan kuwa wayeelka ugu adeega.
XARUUNTA TABARRUUCNIMADA(falka ah ISKA-WAX-U-QABSO)..... 246-3460

Adeegyadaan waxaad kala xiriiri kartaa adigo isticmaala Virginia Relay System(TTY) 1-800-828-1120. Liiskaan waxaad ku heeli karta isaago far waaweyn ku qooran amase cajaalad ku duuban,haddi aad soo waodid Wakaladda gaboowga ee Degmada Fairfax, tel# 324-5411