

# Services for Older Adults in the Fairfax County Area

## Frequently Called Numbers



### Fairfax Area Agency on Aging

12011 Government Center Parkway, Suite 708, Fairfax, Virginia 22035-1104

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#### Aging, Disability and Caregiver Resources

**703-324-7948**

**Local**

**866-503-0217**

**Toll Free**

**703-449-1186**

**TTY**

**703-631-3366**

**Spanish - Coordinated Services Planning**

**703-449-8689**

**Fax**

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#### E-mail

**Intake Unit:** [Fairfax\\_aaa@fairfaxcounty.gov](mailto:Fairfax_aaa@fairfaxcounty.gov)

**Caregiver Unit:** [caregiver@fairfaxcounty.gov](mailto:caregiver@fairfaxcounty.gov)

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**Web site:** [www.fairfaxcounty.gov/aaa](http://www.fairfaxcounty.gov/aaa)

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**Statewide Information:** [www.seniornavigator.org](http://www.seniornavigator.org)

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**Locating Out-of-State Services:** [www.eldercare.gov](http://www.eldercare.gov)

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## Adult Education

AARP 55-Alive Driver Safety Program	Toll-Free 888-227-7669	<a href="http://www.aarp.org/families/driver_safety">www.aarp.org/families/driver_safety</a>
Adult & Community Education, Fairfax County Public Schools	703-227-2200	<a href="http://www.fcps.edu/aceclasses">www.fcps.edu/aceclasses</a>
Registration Centers		
Alexandria	703-660-2056	
Centreville	703-227-2200	
Fairfax	703-503-6400	
Falls Church	703-506-2340	
American Automobile Association, Safe Driving Program	703-222-4112	<a href="http://www.aaamidatlantic.com">www.aaamidatlantic.com</a>
Elderhostel	Toll-Free 877-426-8056	<a href="http://www.elderhostel.org">www.elderhostel.org</a>
Lifetime Learning Institute of Northern Virginia	703-503-0600	<a href="http://lli.nova.org">http://lli.nova.org</a>
Mature Operator Driver Improvement Program	703-280-0621	
Fairfax County Police Department		
Osher Lifelong Learning Institute at George Mason University	703-503-3384	<a href="http://www.lli.gmu.edu/links.htm">www.lli.gmu.edu/links.htm</a>
Shepherd's Center of Oakton-Vienna	703-281-0538	<a href="http://www.scov.org">www.scov.org</a>
Shepherd's Center of Annandale-Springfield	703-941-1419	
Shepherd's Center of Fairfax - Burke	703-323-4788	<a href="http://www.fairfax-burkesc.org">www.fairfax-burkesc.org</a>
Fairfax County Public Library	703-324-3100	<a href="http://www.fairfaxcounty.gov/library">www.fairfaxcounty.gov/library</a>
Access Services, Talking Books	703-324-8380	<a href="http://www.fairfaxcountny.gov/library/branches/as">www.fairfaxcountny.gov/library/branches/as</a>

## Caregiving

Family Caregiver Support Program, Fairfax Area Agency on Aging		e-mail: <a href="mailto:caregiver@fairfaxcounty.gov">caregiver@fairfaxcounty.gov</a>
<i>Caregiver Corner Online</i> Family Caregiver Support Program electronic newsletter (to subscribe)		<a href="http://www.fairfaxcounty.gov/email/lists">www.fairfaxcounty.gov/email/lists</a>
SeniorNavigator	866-393-0957	<a href="http://www.seniornavigator.org">www.seniornavigator.org</a>
Family Caregiver Alliance	800-445-8106	<a href="http://www.caregiver.org">www.caregiver.org</a>
National Family Caregivers Association	800-896-3650	<a href="http://www.nfcacares.org">www.nfcacares.org</a>
Eldercare Locator	800-677-1116	<a href="http://www.eldercare.gov">www.eldercare.gov</a>

## Consumer Assistance

AARP Tax-Aide Program (January 1 - April 15)	Toll Free 888-227-7669	<a href="http://www.aarp.org/money/taxaide">www.aarp.org/money/taxaide</a>
Benefits Checkup, National Council on the Aging	202-479-1200	<a href="http://www.benefitscheckup.org">www.benefitscheckup.org</a>
Better Business Bureau	202-393-8000	<a href="http://www.bbb.org">www.bbb.org</a>
Cable Communications and Consumer Protection, Fairfax County	703-222-8435	<a href="http://www.fairfaxcounty.gov/dcccp">www.fairfaxcounty.gov/dcccp</a>
Citizen Assistance, Fairfax County Government Center	703-324-3185	<a href="http://www.fairfaxcounty.gov">www.fairfaxcounty.gov</a>
City of Fairfax	703-385-7894	<a href="http://www.fairfaxva.gov">www.fairfaxva.gov</a>
City of Falls Church	703-248-5005	<a href="http://www.fallschurch.gov">www.fallschurch.gov</a>
Money Management International/Consumer Credit Counseling	Toll Free 800-747-4222	<a href="http://www.moneymanagement.org">www.moneymanagement.org</a>
Coordinated Services Planning, Fairfax County	703-222-0880	<a href="http://www.fairfaxcounty.gov/dsm/csp">www.fairfaxcounty.gov/dsm/csp</a>
Fairfax County Government Information Line	703-324-INFO(4636)	
<i>Golden Gazette</i> Newspaper, Fairfax Area Agency on Aging	703-324-5633	<a href="http://www.fairfaxcounty.gov/aaa">www.fairfaxcounty.gov/aaa</a>
Virginia Insurance Counseling & Assistance Program (VICAP)	703-324-5851	<a href="http://www.fairfaxcounty.gov/aaa">www.fairfaxcounty.gov/aaa</a>
Absentee Voting/Fairfax County Electoral Board	703-222-0776	<a href="http://www.fairfaxcounty.gov/eb/sbsentee.htm">www.fairfaxcounty.gov/eb/sbsentee.htm</a>
U.S. Consumer Product Safety Commission		<a href="http://www.cpsc.gov">www.cpsc.gov</a>

## Counseling and Support

Al-Anon	703-534-4357	<a href="http://www.alanonva.com">www.alanonva.com</a> (local) <a href="http://www.va-al-anon.org">www.va-al-anon.org</a> (state)
Alcohol and Drug Services, Fairfax-Falls Church Community Services Board	703-359-7040	<a href="http://www.fairfaxcounty.gov/csb">www.fairfaxcounty.gov/csb</a>
Alcoholics Anonymous	703-876-6166	<a href="http://www.alcoholics-anonymous.org">www.alcoholics-anonymous.org</a>
Alzheimer's Association, National Capital Area Chapter	Toll Free 800-272-3900	<a href="http://www.alz-nca.org">www.alz-nca.org</a>
American Cancer Society	703-938-5550 Toll Free 888-227-6333	<a href="http://www.cancer.org">www.cancer.org</a>
American Diabetes Association	Toll Free 800-342-2383	<a href="http://www.diabetes.org">www.diabetes.org</a>
American Heart Association	703-941-8500	<a href="http://www.americanheart.org">www.americanheart.org</a>
American Lung Association of Northern Virginia	703-591-4131	<a href="http://www.lungusa.org">www.lungusa.org</a>
Arthritis Foundation	202-537-6800	<a href="http://www.arthritis.org">www.arthritis.org</a>
Catholic Charities, St. Martin's Elderly Services and Senior Ctr.	703-751-2766	<a href="http://www.ccda.net">www.ccda.net</a>
Center for Multicultural Human Services	703-533-3302	<a href="http://www.cmhs.org">www.cmhs.org</a>

Community Mental Health Centers,

[www.fairfaxcounty.gov/csb/mhs/mhsmain.htm](http://www.fairfaxcounty.gov/csb/mhs/mhsmain.htm)

Fairfax-Falls Church Community Services Board

Intake Line - General Information/Services	703-481-4230	
Mt. Vernon Center	703-360-6910	
Northwest Center	703-481-4100	
Woodburn Center	703-573-0523	
Emergencies (24 hours)	703-573-5679 English 703-481-4121 Spanish	
Grief Program, Springfield Site	703-866-2119	
Fairfax County Victim Assistance Network, 24-Hour Helpline	703-360-7273	<a href="http://www.fairfaxcounty.gov/dsm/dviolencebook.htm">www.fairfaxcounty.gov/dsm/dviolencebook.htm</a>
Haven of Northern Virginia	703-941-7000	<a href="http://www.havenofnova.org">www.havenofnova.org</a>
Jewish Council for the Aging, Senior Helpline	703-425-0999	<a href="http://www.jcagw.org">www.jcagw.org</a>
Jewish Social Service Agency	703-204-9100	<a href="http://www.jssa.org">www.jssa.org</a>
Life With Cancer, Inova Fairfax Hospital	703-776-2841	<a href="http://www.inova.org/inovapublic.srt/cancer/index.jsp">www.inova.org/inovapublic.srt/cancer/index.jsp</a>
Northern Virginia Family Services	703-385-3267	<a href="http://www.nvfs.org">www.nvfs.org</a>
Parkinson's Disease		
American Parkinson's Disease Association Information and Referral Center	Toll Free 800-223-2732	<a href="http://www.apdaparkinson.org">www.apdaparkinson.org</a>
Parkinson Foundation of the National Capital Area	703-287--8729	<a href="http://www.parkinsonfoundation.org">www.parkinsonfoundation.org</a>
Stroke Clubs, Fairfax County Health Department	703-246-7120	<a href="http://www.fairfaxcounty.gov/hd/speechstroke.htm">www.fairfaxcounty.gov/hd/speechstroke.htm</a>
Widowed Persons Service of Northern Virginia	703-281-9595	
Women's Center	703-281-2657	<a href="http://www.thewomenscenter.org">www.thewomenscenter.org</a>

### **Day Care and Respite Care Services**

Alzheimer's Family Day Center	703-204-4664	<a href="http://www.alzheimersfdc.org">www.alzheimersfdc.org</a>
In-Home Bathing and Respite Program	703-324-7948	<a href="http://www.fairfaxcounty.gov/dfs">www.fairfaxcounty.gov/dfs</a>
ElderLink/Fairfax County Department of Family Services		
Day Health Care for Older Adults, Fairfax County Health Dept.		<a href="http://www.fairfaxcounty.gov/hd/adhc">www.fairfaxcounty.gov/hd/adhc</a>
Annandale Center	703-750-3316	
Braddock Glen Center	703-978-0502	
Herndon Harbor Center	703-435-8729	

Lewinsville Center	703-734-1718	
Lincolnia Center	703-914-0226	
Mt. Vernon Center	703-704-6050	
Leewood Adult Day Care Center	703-256-9770	<a href="http://www.gracehealthcare.com">www.gracehealthcare.com</a>

## Disability Services

Access Services, Fairfax County Library	703-324-8380 703-324-8365 TTY	<a href="http://www.fairfaxcounty.gov/library/branches/as/services.htm">www.fairfaxcounty.gov/library/branches/as/services.htm</a>
National Library Service for the Blind and Physically Handicapped	202-707-5100	<a href="http://www.loc.gov/nls">www.loc.gov/nls</a>
Americans With Disabilities Act, Paratransit/Metro Access	301-562-5361	<a href="http://www.wmata.com/metroaccess/access_form.cfm">www.wmata.com/metroaccess/access_form.cfm</a>
Brain Injury Services	703-451-8881	<a href="http://www.braininjurysvcs.org">www.braininjurysvcs.org</a>
Northern Virginia Brain Injury Association	703-569-1855	<a href="http://www.NVBIA.org">www.NVBIA.org</a>
Building Plan Review, Fairfax County Department of Public Works and Environmental Services	703-222-0114	<a href="http://www.fairfaxcounty.gov/dpwes/epr">www.fairfaxcounty.gov/dpwes/epr</a>
Endeppence Center of Northern Virginia, Inc.	703-525-3268	<a href="http://www.ecnv.org">www.ecnv.org</a>
Fairfax Area Disability Services Board	703-324-5421	<a href="http://www.fairfaxcounty.gov/dsb">www.fairfaxcounty.gov/dsb</a>
<i>Disability Resources and News</i> , Fairfax Area Disability Services Electronic Newsletter (to subscribe)		<a href="http://www.fairfaxcounty.gov/email/lists">www.fairfaxcounty.gov/email/lists</a>
Handicapped Parking Tags, Department of Motor Vehicles	Toll Free 866-368-5463	<a href="http://www.dmv.virginia.gov">www.dmv.virginia.gov</a>
Handicapped Parking Violations, Fairfax County Police Dept.	703-691-2131	<a href="http://www.fairfaxcounty.gov/fcdot/parking_restrictions.htm">www.fairfaxcounty.gov/fcdot/parking_restrictions.htm</a>
Mental Retardation Services, Fairfax-Falls Church Community Services Board	703-324-4400	<a href="http://www.fairfaxcounty.gov/csb/mrs/mrsmain.htm">www.fairfaxcounty.gov/csb/mrs/mrsmain.htm</a>
Metropolitan Washington Ear	301-681-6636	<a href="http://www.washear.org">www.washear.org</a>
Northern Virginia Resource Center for Deaf & Hard of Hearing Persons	703-352-9055	<a href="http://www.NVRC.org">www.NVRC.org</a>
Prevention of Blindness Society of the Metropolitan Area	202-234-1010	<a href="http://www.youreyes.org/legal/index.htm">www.youreyes.org/legal/index.htm</a>
National Rehabilitation Information Center (NARIC)	Toll Free 800-346-2742	<a href="http://www.naric.com">www.naric.com</a>
Virginia Assistive Technology System (VATS)	703-993-3670	<a href="http://www.vats.org">www.vats.org</a>
Virginia Department for the Blind and Vision Impaired	703-359-1100	<a href="http://www.vdbvi.org">www.vdbvi.org</a>
Virginia Department for the Deaf and Hard of Hearing	Toll Free 800-552-7917	<a href="http://www.vddhh.org">www.vddhh.org</a>

Virginia Department of Rehabilitative Services	703-359-1124	www.vadrs.org
Virginia Relay Center	711 Voice and TTY	

## Discrimination Issues

Fairfax County Human Rights Commission (complaints about discrimination in the community)	703-324-2953	www.fairfaxcounty.gov/hrc
Fairfax County Office of Equity Programs (complaints about discrimination by county departments)	703-324-2207	www.fairfaxcounty.gov/oeop

## Employment / Training Services

Adult and Community Education, Fairfax County Public Schools	703-503-6400	www.fcps.edu/aceclasses
Education for Independence, Adult and Community Education Fairfax County Public Schools	703-660-2065	www.fcps.edu/aceclasses
Employment Resource Centers (SkillSource Centers) Fairfax County Department of Family Services		www.fairfaxcounty.gov/dfs
Alexandria	703-704-6286	
Fairfax	703-324-7280	
Falls Church	703-533-5400	
Reston	703-787-4974	
Fairfax County Job Application Center	703-222-5872	www.fairfaxcounty.gov/jobs
Senior Community Services Employment Program (SCSEP)		
National Council on the Aging (NCOA)	202-479-6978	www.ncoa.org/content.cfm?sectionid=345
The Korean Community Service Center	703-354-6345, ext. 105	www.kcscgw.org
Fairfax Area Agency on Aging, Employment Counseling Information and Referral	703-324-7948	www.fairfaxcounty.gov/aaa
Senior Employment Resources (SER)	703-750-1936	www.seniorjobs.org
UCM Work Force Development Center	703-360-9088	www.ucmagency.org/emp-wdp.html
Virginia Department of Rehabilitative Services	703-359-1124	www.vadrs.org
Virginia Workforce Center at the Virginia Employment Commission	703-803-0000	www.vec.virginia.gov/vecportal/search_results.cfm

## Financial Assistance

### Energy Assistance Programs, Fairfax County

Department of Family Services	703-324-7604	<a href="http://www.fairfaxcounty.gov/dfs/overview.htm">www.fairfaxcounty.gov/dfs/overview.htm</a>
Human Services Coordinated Services Planning	703-222-0880	<a href="http://www.fairfaxcounty.gov/dsm/csp/cspdefault.htm">www.fairfaxcounty.gov/dsm/csp/cspdefault.htm</a>
Fan Care Program, Fairfax Area Agency on Aging	703-324-7694	<a href="http://www.fairfaxcounty.gov/aaa">www.fairfaxcounty.gov/aaa</a>
Food Stamps, Fairfax County Department of Family Services		<a href="http://www.fairfaxcounty.gov/dfs">www.fairfaxcounty.gov/dfs</a>
Fairfax Office	703-324-7500	
	703-324-7905 (recording)	
Falls Church Office	703-533-5300	
Reston Office	703-787-4900	
South County Office	703-704-6353	
Home Repair Program for the Elderly	703-246-5154	<a href="http://www.fairfaxcounty.gov/rha">www.fairfaxcounty.gov/rha</a>
Fairfax County Department of Housing & Community Development		
Medicaid, Fairfax County Department of Family Services		<a href="http://www.fairfaxcounty.gov/dfs">www.fairfaxcounty.gov/dfs</a>
Fairfax Office	703-324-7500	
Falls Church Office	703-533-5300	
Reston Office	703-481-4025	
South County Office	703-704-6353	
Long-Term Care	703-324-7504	
Medicare	Toll Free 800-MEDICARE 800-633-4227	<a href="http://www.medicare.gov/">www.medicare.gov/</a>
Social Security Administration	Toll Free 800-772-1213	<a href="http://www.ssa.gov/">www.ssa.gov/</a>
Tax Relief, Fairfax County Department of Tax Administration	703-222-8234	<a href="http://www.fairfaxcounty.gov/dta">www.fairfaxcounty.gov/dta</a>
Virginia Employment Commission, Unemployment Insurance	703-803-0000	<a href="http://www.vec.virginia.gov/vecportal/unins/insur.cfm">www.vec.virginia.gov/vecportal/unins/insur.cfm</a>

## Grandparents and Other Relatives Raising Grandchildren/Kinship Care

Virginia Department for the Aging	Toll Free 800-552-3402	<a href="http://www.vda.virginia.gov">www.vda.virginia.gov</a>
<i>Resource Guide for Grandparents and Other Relatives Raising Children</i>		<a href="http://www.fairfaxcounty.gov/dfs/factsheets/kinship_care_guide.htm">www.fairfaxcounty.gov/dfs/factsheets/kinship_care_guide.htm</a>
Generations United	202-289-3979	<a href="http://www.gu.org">www.gu.org</a>
Grandparent Information Center	202-434-2296	<a href="http://www.aarp.org/families/grandparents">www.aarp.org/families/grandparents</a>
American Association of Retired Persons (AARP)		

## Health Related Services

American Red Cross of the National Capital Area		<a href="http://www.redcrossnca.org/ServicesCenter/">www.redcrossnca.org/ServicesCenter/</a>
Fairfax - Falls Church Office	703-584-8700	
South Fairfax - Fort Belvoir Office	703-805-2057	
Community Health Care Network (CHCN), Fairfax County Health Department		<a href="http://www.fairfaxcounty.gov/hd/pcs/hdchn.htm">www.fairfaxcounty.gov/hd/pcs/hdchn.htm</a>
Bailey's Health Center	703-237-3446	
North County Health Center	703-689-2180	
South County Health Center	703-704-5333	
Dental Services		
Dental Hygiene Clinic, Northern Virginia Community College	703-323-3349	<a href="http://www.nv.cc.va.us">www.nv.cc.va.us</a>
Donated Dental Services, Virginia Dental Association	804-264-9010	<a href="http://198.65.229.210/public/vdhf/vdhf_dds.html">http://198.65.229.210/public/vdhf/vdhf_dds.html</a>
Northern Virginia Dental Clinic, Inc. (to access this service, call one of the four agencies listed below)		
Fairfax County Coordinated Services Planning	703-222-0880	
Hispanic Committee of Virginia	703-671-5666	
Northern Virginia Family Service	703-385-3267	
United Community Ministries	703-768-7106	
Northern Virginia Dental Society, for dental referrals	703-642-5297	<a href="http://www.nvds.org">www.nvds.org</a>
EyeCare America, Seniors Program	Toll Free 800-222-3937	<a href="http://www.eyecareamerica.org/eyecare/public/seniors.cfm">www.eyecareamerica.org/eyecare/public/seniors.cfm</a>
Medical Society of Northern Virginia	703-934-8818	<a href="http://www.msnva.org">www.msnva.org</a>
Health Department of Fairfax County	703-246-2411	<a href="http://www.fairfaxcounty.gov/hd">www.fairfaxcounty.gov/hd</a>
Birth and Death Certificates	703-246-7122	
Falls Church District Office	703-534-8343	
Herndon/Reston District Office	703-481-4242	
Joseph Willard Health Center Fairfax	703-246-7100	
South County District Office	703-704-5203	
Springfield District Office	703-569-1031	
Medicaid, Fairfax Department of Family Services (see listing under Financial Assistance)		
Medicare	Toll Free 800-MEDICARE 800-633-4227	<a href="http://www.medicare.gov/">www.medicare.gov/</a>

## Home-Care Services

Fairfax Area Agency on Aging	703-324-7948	
Home Care Information/Companion Registry/ <i>Finding Your Way Through the Home Care Maze</i> Volunteer Solutions		<a href="http://www.fairfaxcounty.gov/aaa/inhomecare.htm">www.fairfaxcounty.gov/aaa/inhomecare.htm</a>
In-Home Bathing and Respite Program, ElderLink, Fairfax County Department of Family Services	703-324-7948	<a href="http://www.fairfaxcounty.gov/dfs">www.fairfaxcounty.gov/dfs</a>
In-Home Care Services, Fairfax County Department of Family Services	703-222-0880	
The Guide to Retirement Living, <i>Sourcebook</i>		<a href="http://www.GuidetoRetirementLiving.com">www.GuidetoRetirementLiving.com</a>
CareRing, calling service of CrisisLink	703-516-6764	<a href="http://www.crisislink.org/services/carering.html">www.crisislink.org/services/carering.html</a>
For information on private home care options and general housing options, call 703-324-7948 - Fairfax Area Agency on Aging.		

## Housing and Home Repair

City of Falls Church Department of Housing & Human Services	703-248-5005	<a href="http://www.fallschurchva.gov/services/hhs">www.fallschurchva.gov/services/hhs</a>
Fairfax County Department of Housing & Community Development	703-246-5154	<a href="http://www.fairfaxcounty.gov/rha">www.fairfaxcounty.gov/rha</a>
Home Improvement Loan Program	703-246-5155	
Mobile Home Grant Program	703-246-5155	
Home Repair for the Elderly	703-385-1311	
Senior and Specialized Housing	703-914-0551	
Housing Waiting List Information Line	703-449-9050	
The Guide to Retirement Living, <i>Sourcebook</i>		<a href="http://www.GuidetoRetirementLiving.com">www.GuidetoRetirementLiving.com</a>
Habitat ReStore	703-360-6700	<a href="http://www.habitat.org/env/restores.aspx">www.habitat.org/env/restores.aspx</a>
Northern Virginia Family Service	703-385-3267	<a href="http://www.nvfs.org/dev_housing.htm">www.nvfs.org/dev_housing.htm</a>
Rebuilding Together Program	703-528-5606	<a href="http://www.rebuildingtogether.org/mainpages">www.rebuildingtogether.org/mainpages</a>
State Division of Consumer Affairs (Tenant-Landlord Issues) Toll Free 800-552-9963		<a href="http://www.vdacs.virginia.gov/consumers/cgi-bin/agency_info.cgi">www.vdacs.virginia.gov/consumers/cgi-bin/agency_info.cgi</a>
Virginia Weatherization Program, 540-662-8960,		<a href="http://www.dhcd.virgini.gov/HousingPreservationRehabilitation/Weatherization_FAQs.htm">www.dhcd.virgini.gov/HousingPreservationRehabilitation/Weatherization_FAQs.htm</a>

## Legal Assistance and Mediation

Fairfax Bar Lawyer Referral and Information Service	703-246-3780	<a href="http://www.fairfaxbar.org/">www.fairfaxbar.org/</a>
Center for Elder Rights, Virginia Department for the Aging	Toll Free 800-552-3402	<a href="http://www.vda.virginia.gov">www.vda.virginia.gov</a>

Legal Services of Northern Virginia	703-246-4500	<a href="http://www.lsnv.org">www.lsnv.org</a>
Northern Virginia Mediation Service	703-993-3656	<a href="http://www.nvms.us">www.nvms.us</a>
Potomac Legal Aid	703-532-2525	<a href="http://www.potomaclegalaid.org">www.potomaclegalaid.org</a>
Virginia State Bar Association	804-775-0500	<a href="http://www.vsb.org">www.vsb.org</a>

## Loan Closets

FREE of Northern Virginia (Foundation for Rehabilitation Equipment Endowment)	703-532-3214	<a href="http://www.free-foundation.org">www.free-foundation.org</a>
National Multiple Sclerosis Society, National Capital Chapter Loan closet for persons with MS diagnosis	202-296-5363	<a href="http://www.msandyou.org">www.msandyou.org</a>
Washington Area Wheelchair Society	301-495-0277	
Virginia Assistive Technology System (VATS) and Assistive Technology Loan Fund Authority	Toll Free 800-552-5019	<a href="http://www.vats.org">www.vats.org</a>

## Long-Term Care Information

Fairfax Area Agency on Aging Long-Term Care Insurance Counseling, VICAP	703-324-5851	<a href="http://www.fairfaxcounty.gov/vicap">www.fairfaxcounty.gov/vicap</a>
Northern Virginia Long-Term Care Ombudsman	703-324-5861	<a href="http://www.fairfaxcounty.gov/ombudsman">www.fairfaxcounty.gov/ombudsman</a>

## Nutrition

Fairfax Area Agency on Aging Congregate Meal Program at Senior Centers Meals on Wheels Nutritional Supplement Program	703-324-7948	<a href="http://www.fairfaxcounty.gov/aaa">www.fairfaxcounty.gov/aaa</a>
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## Recreation and Socialization

Community and Recreation Services, Fairfax County	703-324-4386	<a href="http://www.fairfaxcounty.gov/rec">www.fairfaxcounty.gov/rec</a>
Fairfax County Park Authority Adapted Aquatics Program and recreation services for persons with a disability	703-324-8565	<a href="http://www.fairfaxcounty.gov/parks">www.fairfaxcounty.gov/parks</a>
Information on Parks and Classes	703-324-8700	
Registration for Adult and Family Recreation	703-222-4664	

## Classes, Tours and *Parktakes* Publication

Parks and Recreation Department, City of Fairfax	703-385-7858	<a href="http://www.fairfaxva.gov">www.fairfaxva.gov</a>
Recreation and Parks Department, City of Falls Church	703-248-5077	<a href="http://www.fallschurchva.gov">www.fallschurchva.gov</a>
St. Martin's Elderly Services and Senior Center, Catholic Charities	703-751-2766	<a href="http://www.ccda.net">www.ccda.net</a>

## Social Services

Fairfax Department of Family Services		<a href="http://www.fairfaxcounty.gov/dfs/overview.htm">www.fairfaxcounty.gov/dfs/overview.htm</a>
Aging Information Specialists	703-324-7948	
Adult Case Management	703-222-0880	
Medicaid Pre-Admission Screenings	703-222-0880	
Fairfax Office	703-324-7948	
Falls Church Office	703-533-5300	
Reston Office	703-481-4025 for Adult Services and Home Care 703-787-4900 for Food Stamps, Benefits and Medicaid	
South County Office	703-704-6353	
Adult Protective Services (APS)	703-324-7450	
ElderLink, Options for Caregiving	703-324-5374	<a href="http://www.fairfaxcounty.gov/aaa/elderlink">www.fairfaxcounty.gov/aaa/elderlink</a>
Center for Multicultural Human Services	703-533-3302	<a href="http://www.cmhsweb.org">www.cmhsweb.org</a>
Hispanic Committee of Virginia	703-671-5666	<a href="http://www.hcva.org">www.hcva.org</a>
Jewish Social Services Agency, Case Management Program	703-204-9100	<a href="http://www.jssa.org">www.jssa.org</a>
Korean Community Service Center	703-354-6345	<a href="http://www.kcscgw.org">www.kcscgw.org</a>
Korean Senior Helpline	703-324-3543	
National Center on Elder Abuse		<a href="http://www.ncea.aoa.gov">www.ncea.aoa.gov</a>
Northern Virginia Family Service	703-385-3267	<a href="http://www.nvfs.org">www.nvfs.org</a>
Vietnamese Senior Information Line	703-538-2190	

## Transportation

Fairfax County Department of Transportation	703-324-1172	<a href="http://www.fairfaxcounty.gov/fcdot">www.fairfaxcounty.gov/fcdot</a>
Seniors-on-the-Go!		
Taxi Access		
FASTRAN	703-222-9764	<a href="http://www.fairfaxcounty.gov/rec">www.fairfaxcounty.gov/rec</a>
Fairfax Connector	703-339-7200	<a href="http://www.fairfaxconnector.com">www.fairfaxconnector.com</a>

Senior Express	703-324-7694	
RIBS, Reston Internal Bus System	703-339-7200	see Fairfax Connector Web site
City of Fairfax, Transportation City Wheels Cue Bus	703-385-7859	www.fairfaxva.gov
City of Falls Church, Transportation Farewheels	703-248-5005	www.ci.falls-church.va.us/visitors/transportation.html
Connect-a-Ride, Jewish Council for the Aging	703-323-6494	www.jcagw.org
Americans With Disabilities Act Paratransit/MetroAccess	301-562-5360	www.wmata.com/metroaccess
Volunteer Transportation, Community-Based Organizations	703-222-0880	
Metrobus/Metrorail	202-637-7000	www.fairfaxcounty.gov/fcdot/metrorail

## Volunteer Opportunities


Fairfax Area Agency on Aging Volunteer programs include Volunteer Solutions Meals on Wheels Fairfax Pets on Wheels Virginia Insurance Counseling and Assistance Program (VICAP)	703-324-5406	www.fairfaxcounty.gov/aaa/vol_opps_fcn.htm
Northern Virginia Long-Term Care Ombudsman Program	703-324-5435	www.fairfaxcounty.gov/aaa/ombudsman
RSVP (Retired and Senior Volunteer Program)	703-549-1607	www.seniorcorps.org/about/programs/rsvp.asp
Volunteer Fairfax	703-246-3460	www.volunteerfairfax.org



“Plan today for a more aging friendly community tomorrow.”  
 50+ Action Plan, Fairfax County Board of Supervisors, October 2007  
[www.fairfaxcounty.gov/olderadults](http://www.fairfaxcounty.gov/olderadults)

**Any of the services in this publication can be reached using the Virginia Relay System TTY 711.**

**To report phone number or Web site changes to this list, please call 703-324-7984, or e-mail [Fairfax\\_aaa@fairfaxcounty.gov](mailto:Fairfax_aaa@fairfaxcounty.gov).**

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