



# Older Adults Committee Meeting

May 14, 2024

**Department of Family Services**  
**Fairfax Area Commission on Aging**

**SHAPE**  
the Future of Aging

# SHAPE the Future of Aging Plan: 2023-2028

## 2024 Annual Update

### OPERATIONALIZING THE PLAN

- The Department of Family Services' Fairfax Area Agency on Aging in partnership with the Fairfax Area Commission on Aging has developed 6 SHAPE initiative development committees to operationalize the plan. One committee was developed for each of the five SHAPE categories and a sixth committee was developed to be dedicated to data and reporting.
- The committees have reviewed SHAPE recommendations in the Board approved plan and have identified initiatives.
- Annual updates to the report are provided to the Board of Supervisors.

# Committee Development



## DEVELOPING LEADERSHIP TEAMS

- A public information campaign for SHAPE the Future of Aging Plan was launched in May 2023.
- SHAPE Initiative Development Committees are facilitated by 2 members of the Commission on Aging.
- Committee membership is composed of Commission on Aging members, older adult residents, caregivers, experts from community-based organizations, 50+ Community Ambassadors, private citizens, business owners, and county staff.

# Committee Development



## DEVELOPING LEADERSHIP TEAMS: EQUITY

- OneFairfax was used to form the approach to ensure diverse participation on committees involved in initiative development, and to create a foundation rooted in community voice.
- The *DFS Equity Analysis Framework for Proposed DFS Policy and Business Process Changes* tool was used as a model to facilitate equity analysis of proposed initiatives.
- A SHAPE facilitation and planning toolkit was developed to support committees in their work.

# Solidifying Initiatives



## IMPLEMENTATION BY COMMITTEE

- Committees developed initiatives to correspond with approved SHAPE recommendations and determined if goals were short, medium, or long-term.
- Community champions, staff liaisons, and Commission on Aging advocates were identified.
- DFS Data Analytics unit support was provided to each committee to support data-driven decisions.
- Sub-committees were developed to implement initiatives.

# Keys

## SCORING KEY

●●●●	Initiative has been achieved or is now an established ongoing program.
●●●	Initiative has made significant progress and met half or more of its SMART goals.
●●	Initiative has made progress and has received an equity review, SMART goals and champions have been identified, the initiative has been approved, and active work is happening on this initiative.
●	Initiative has made little progress or is inactive, due to limited resources or obstacles. Initiative has not yet been approved or is pending equity review and approval.

## SCORING KEY

⌚	Short-term: 1 year or less
⌚ ⌚	Medium-term: 2-3 years
⌚ ⌚ ⌚	Long-term: 4 or more years

# Services for Older Adults and Family Caregivers

Publicize comprehensive, easy-to-access information in multiple languages about services and events for older adults (p. 24).

## Market Research/Awareness Campaign

STATUS	●●	DURATION	🕒 🕒	PARTNERS	Department of Family Services and Fairfax Area Commission on Aging Vendor: Identika
--------	----	----------	-----	----------	--

## Targeted Mobile Outreach

STATUS	●●	DURATION	🕒 🕒	PARTNERS	ServiceSource's CARE Mobile, AAA Caregiver Unit, The Arc of Northern Virginia
--------	----	----------	-----	----------	---

Increase support and guidance for family caregivers (p. 25).

## Exploring the Dimensions of Aging - Embodied Labs Pilot

STATUS	●●	DURATION	🕒 🕒 🕒	PARTNERS	Department of Family Services, Inova (ElderLink)
--------	----	----------	-------	----------	--

Increase support for Fairfax County's older residents with disabilities (p. 25).

## Community Needs Assessment

STATUS	●●	DURATION	🕒 🕒 🕒	PARTNERS	Department of Family Services, Department of Neighborhood and Community Services, SPARC Solutions
--------	----	----------	-------	----------	---

## Fairfax Area Disability Services Board / Fairfax Area Commission on Aging Community Forums

STATUS	●	DURATION	🕒 🕒	PARTNERS	Fairfax Area Disability Services Board, Fairfax Area Commission on Aging
--------	---	----------	-----	----------	--

# Housing & Neighborhood Supports



Assist older residents in accessing resources to meet their home accessibility needs (p.26).

Consumer Resource Guide to Home Repair and Renovation will be developed and made available online through Rebuilding Together and will be available in multiple languages.

STATUS	●●	DURATION	 	PARTNERS	Rebuilding Together
--------	----	----------	---	----------	---------------------

Advance opportunities to reduce housing costs for older adults so they can remain in their homes (p.26).

A campaign will be developed to promote awareness of "A Consumer's Guide to Home Sharing," which was created in 2019 in partnership with the National Shared Housing Resource Center, to promote awareness of Home Sharing and existing resources.



STATUS	●●	DURATION	 	PARTNERS	Department of Housing, Department of Neighborhood and Community Services, National Shared Housing Resource Center
--------	----	----------	---	----------	---



# Access to Mobility Options



Increase the viability and convenience of non-automobile transportation options for older adults (p.27).  
Increase support and guidance for family caregivers (p. 25).

## Pilot Targeted Outreach of Transportation Resources through Libraries

STATUS	●●	DURATION	 	PARTNERS	Department of Family Services, Department of Neighborhood and Community Services, Fairfax County Public Library
--------	----	----------	---	----------	---

Consider strategies for lowering transportation costs (p.27).



## Community-Based Organization Volunteer Driver Recruitment Study

STATUS	●●	DURATION	 	PARTNERS	NV Rides
--------	----	----------	---	----------	----------

# Personal Well-Being




Increase inclusion and acceptance for all older residents (p. 27).

## SAGE Cultural Competency Certification for Fairfax Area Agency on Aging

STATUS	●●●	DURATION	 	PARTNERS	Department of Family Services, SAGE – provider of Advocacy Services to LGBTQ+ Elders
--------	-----	----------	---	----------	--

Increase access to and engagement with physical and mental health care for all older residents (p. 28).  
Increase community engagement and decrease social isolation of older residents (p. 29).

## Pilot StrongerMemory Program in Senior Centers

STATUS	●●	DURATION	  	PARTNERS	Department of Neighborhood and Community Services, Goodwin Living
--------	----	----------	---	----------	---

# Economic Stability and Planning

Increase awareness and education for financial security to prevent/reduce economic distress of older adults (p. 30).

## Financial Planning Seminars Introduced in Senior Centers

STATUS	●●●	DURATION	🕒 🕒	PARTNERS	Department of Neighborhood and Community Services, Financial Empowerment Center (Britepaths)
--------	-----	----------	-----	----------	--

Increase awareness of protections to prevent financial exploitation of older adults (p. 30).

## Increase Awareness of Silver Shield Anti-Scam Program Through Broad Based Community Outreach

STATUS	●●	DURATION	🕒 🕒	PARTNERS	Department of Tax Administration, Department of Family Services, Silver Shield Anti-Scam Program
--------	----	----------	-----	----------	--