



Volume 6 | Issue 10

October 3, 2014



Stopping Domestic Violence - You can make a difference



Supervisor Cook has served on Fairfax County Board of Supervisors since 2009 and lives in Kings Park with his wife and children.

According to Safe Horizon, a victim assistance organization, “one in four women will experience domestic violence in her lifetime.” The Violence Policy Center found that “72 percent of all

murder-suicides involve an intimate partner and 94 percent of the victims of these murder-suicides are female.” The children in homes where domestic violence occurs are among its most serious victims. Studies show that the 3 million children who witness domestic violence in their homes each year can suffer significant emotional and cognitive harm, even if they are not on the receiving end of the physical abuse. Many men are victims of domestic violence as well, and this scourge knows no economic or racial limits.

Violence sneaks in slowly. It may start as financial control or social restrictions, but studies show us that abusive relationships tend to follow a pattern. Once a violent episode takes place, it is very likely it will happen again. The average victim is assaulted seven times before he or she leaves for good. Here’s how the story could end: in Fairfax County, domestic violence is the number one cause of homicide. Safe Horizon tells us that, “every year, 1 in 3 women who is a victim of homicide is murdered by her current or former partner.”

October is Domestic Violence Awareness Month, and there are many ways to raise awareness and help worthy organizations. One opportunity is to **join us at an event to raise awareness of domestic violence and raise money for Shelter House and Fairfax CASA. The event will be held on Wednesday, October 22 at Coyote Grill in Fairfax from 4:30 - 6:30 pm.**

Supervisor Cook in the Community

On September 1st, Supervisor Cook attended the annual Labor Day Celebration at St. Mary of Sorrows Church in Fairfax.

On September 4th, Supervisor Cook attended the 50th Anniversary Celebration for the Northern Virginia Transportation Commission. Supervisor Cook serves as a member of the commission representing Fairfax County.

On September 6th, Supervisor Cook was on hand at a ceremony to officially open the Burke Centre Festival on the grounds of the Burke Centre Conservancy.

On September 7th, Supervisor Cook attended the annual open house at Holy Spirit Catholic Church in Annandale and presented a plaque in honor of the Parish's 50th Anniversary.

On September 10th, Supervisor Cook attended the 18th Annual Recognition Dinner which was hosted by NVCC Educational Foundation, Inc. All of the proceeds from this event benefited the students and programs of Northern Virginia Community College.

On September 13th, Supervisor Cook was extremely honored to receive the President's Award at the NAACP Freedom Awards Luncheon held at the Waterford at Springfield. This is a prestigious award given to select members of the County that contribute greatly to the advancement of the NAACP.



On September 16th, Supervisor Cook and Chairman Sharon Bulova presided over a groundbreaking ceremony for the new Fairfax County Public Safety Center which is on the grounds of the Herrity Building. This new center will replace the old and deteriorating Massey Building in Fairfax.

On September 18th, Supervisor Cook hosted a reception in Braddock Hall for Braddock citizens who serve on the various Fairfax County Boards and Commissions.

On September 20th, Supervisor Cook stopped by the Brandywine Pool in the Olde Forge/Surrey Square neighborhood fundraiser to help collect funds to be matched by the Park Authority for new playground equipment. To round out the day, Supervisor Cook was one of the featured speakers at the annual KORUS festival at Bull Run Park in Centreville. This festival is one of the largest events that help to honor the Korean American community in the area.



On September 22nd, Supervisor Cook hosted a community meeting about the rezoning application for a new drive-thru Chick-fil-A on Burke Centre Parkway.

On September 27th, Supervisor Cook gave welcoming remarks at Oak Hill Day on the grounds of the historic Oak Hill Mansion.

On September 29th, Supervisor Cook hosted his annual meeting in Braddock Hall for board members of the various pool and swim clubs in Braddock. This forum gives folks a chance to come together and share issue and present questions on their individual organizations.

On September 30th, Supervisor Cook attended the 10th Annual “Everything You Need to Know About Transportation” Seminar which was hosted by the Northern Virginia Transportation Alliance and was held at the Capital One Building in McLean. Later, he attended the Mid-Atlantic Small Business Summit which was hosted by the Turkish American Business Network and held at the Fairview Park Marriott.

Braddock Neighborhood News

Supervisor Cook hosts a monthly television show, Braddock Neighborhood News, on Fairfax County Channel 16 which is available on most cable networks. Each month, Supervisor Cook invites topical guests on to share pertinent and informative items with the viewers.

Each October we recognize Domestic Violence Awareness Month. For this program, we have Joe Myer, the Executive Director of Shelter House, and Nora Mahoney, Chair of the Family Law Practice Group for Legal Services of Northern Virginia. Recent events discussed in the media have brought additional attention to an issue we have long been working on in Fairfax County. It's important that we educate the public that domestic violence is not acceptable and should not be tolerated, and that there is an avenue to help before the situation escalates.

The shows air throughout the month and can be seen Sundays at 5pm, Wednesdays at 7pm and Fridays at 5pm on Channel 16 or can be accessed through Supervisor Cook’s YouTube channel at www.YouTube.com/SupervisorCook.



Board Approves 50+ Plan

On Tuesday September 23rd, the Fairfax County 50 + Plan was approved the Board of Supervisors. Folks from all across the County came out to celebrate and announce the great strides Fairfax is taking in improving comfortable and independent living for our senior population. The plan addresses gaps in services and possibilities for future improvements to the challenges facing our seniors. Thirty-one initiatives were enumerated with the guiding principles to be attainable, affordable and actionable within the next five years. A few of the listed solutions are already in practice and some are right on the verge of implementation.

Two important priorities for Braddock District laid out in the 50+ plan are preventing criminal exploitation of residents. I will be promoting safe living by hosting and promoting a series on criminal exploitation prevention. Protecting our residents is matter of great importance, so look for this series in our community this fall. The other is GrandInvolve - This program recruits older adult volunteers to work in local schools experiencing challenges reaching their achievement goals. For more information, please call my office at (703)425-9300.

Supervisor Cook Honored with NAACP President Award

Supervisor Cook was presented with the Fairfax County NAACP's President Award at the group's annual Awards Banquet in September. The theme of the event was "Civil Rights - 50 Years Later," and emphasized the need for everyone to stand together to continue the fight for equality and justice. Supervisor Cook sponsored a proclamation recognizing the 50th

Anniversary of the Civil Rights Act of 1964 at the Board of Supervisors meeting in July.

SAVE THE DATE! Navigating the IEP Process

Are you facing challenges navigating the IEP process with your son or daughter? Do you have questions you can't answer? Please join me in a panel presentation discussing strategies, tips and experiences on the IEP process on Saturday, November 15th. ADA Childcare will be provided.

Land Use Update

Fairfax Center "Transition Area" Comprehensive Plan. The staff report for Phase 1 of the Comprehensive Plan can be viewed at this [website](#). The public hearing before the Planning Commission, now scheduled for **October 22** at 8:15 pm at which residents may testify on the recommendations. For Braddock District, this affects the communities on the south side of Lee Highway between the Fairfax City Line and the Fairfax County Parkway. Submit comments for the record to Commissioner Hurley at braddockplanning@gmail.com

Burke Junction (Young Property). A follow-up **Community Information Meeting is now scheduled for Monday October 6, 2014** in the cafeteria at Bonnie Brae Elementary School, 5420 Sideburn Road at 7:30 PM to review the changes that have been made since last April and get more feedback before the Public Hearing scheduled before the Planning Commission on November 6, 2014 at 8:15 p.m. On or about October 22, a full Staff Report will be published. This document identifies issues and concerns, provides proffers and will include the recommendations of Zoning Evaluation staff. You will be able to find this report on the county [website](#). Go to "Zoning Case Search" and enter the case number: RZ 2014 BR 009.

SD Homes (Twinbrook Road). The applicant has submitted new proffers and site revisions for this two house rezoning. A public hearing before the Planning Commission has now been scheduled for November 13 and a hearing before the Board of Supervisors on December 2. A staff report will be available in early November.

Garden World. A follow-up **Community Information Meeting is now scheduled for Tuesday, October 14 at 7:30 pm in the Fellowship Hall of the Jubilee Christian Center located at 4650 Shirley Gate Rd.** At this meeting the community will be able to hear about revisions to the original plan developed in response to concerns raised by the community at the initial meeting on April 22, and to get more feedback prior to the Public Hearing scheduled before the Planning Commission on November 6, 2014 at 8:15 p.m. On or about October 22, a full staff report which identifies issues and concerns and how they were addressed will be published. You will be able to find this report on the county [website](#). Go to "Zoning Case Search" and enter the case number: RZ 2014 BR 007.

Mrs. Rati's Family Home Daycare (SE 2014-BR-039). This Special Exception application for Home Child Care at 10639 John Ayres Drive. The

applicant, K.C. Rati, requests permission to care for up to 12 children in her single family home. A public hearing before the Planning Commission is scheduled for November 6. Any individuals with concerns or questions should email Braddock@fairfaxcounty.gov

Chick-fil-A. Burke Center Parkway. (PCA 83-S-029-02 and DPA-C-546-24) A Community Information Meeting was held on September 22 at the Commons Community Center. The site is located at 5815 Burke Center Parkway on the pad site of a drive through bank in land bay 8E of Burke Center in the eastern portion of the Burke Center Shopping Center adjacent to Kohls.

The specific proposal is for a 4,779 square foot one story all-brick building with 109 seats and a children's indoor playground of about 250-300 square feet. The building height is 18 feet, although there is a square tower feature that reaches 25 feet. There will be about 20 additional seats outside and approximately 48 parking spaces. There will be a dual drive-thru lane to reduce waiting times for pickup. The drive-thru will go around the perimeter of the site to insure that patrons actually entering the restaurant do

not conflict with the drive-thru traffic. The company refers to this drive-thru configuration as an "isolated layout." The size of the drive-thru accommodates 22 cars at one time to preclude backups onto the internal access road off Burke Centre Parkway.

The firm will add a sidewalk along this internal road from Burke Center Parkway to facilitate pedestrian access. There will be bike racks and wi-fi. The restaurant uses a state of the art ventilation system that reduces odors reaching nearby homes. The owner will be a local businessman who will work to become part of the community by sponsoring fundraisers and events. The store will be open from 6 a.m. to 10 p.m. Monday thru Saturday. Chick-fil-A stores are not open on Sundays.

A number of recommendations were made by the community having to do with pedestrian and vehicular access. It was also noted that this project will be reviewed by the Burke Conservancy Board of Trustees and its Architectural Review Committee. The Braddock District Land Use and Environment Committee will also review this proposal.

Environmental Update

Students Get Their Hands Dirty Cleaning the Community



In September, students from Ravensworth Elementary School and LBSS worked with their families to clean up the sidewalk adjacent to the Southport neighborhood on Burke Lake Road from Burke Road to Lake Braddock Drive. Kids and parents picked up litter, mowed, edged, and raked, clearing the concrete path and making it cleaner and safer for the many people who walk, run, and bike here. More than 30 bags of debris were hauled away!

Accotink Watershed Clean Up - A Braddock District Event

October 18th is the Accotink Watershed Clean Up! Within the Braddock District several Friends groups have volunteered to help clean up the watershed, but more hands are needed. Come help clean up our natural resources and enjoy our parks at the same time. The Friends of Accotink Creek (FACC) have already started clean ups of Accotink Creek upstream from Lake Accotink Park. Along with FACC, the Friends of Lake Accotink Park (FLAP) will meet at Lake Accotink Park for a cleanup of the lake's shoreline and marina area, starting at 9:00 a.m. To volunteer for the Lake Accotink Park clean up, just meet at the marina. The Friends of Long Branch Stream

Valley (FLBSV) will also be conducting a cleanup of the Long Branch Stream Valley from Olde Forge/Surrey Square down to Canterbury Woods Park where the stream feeds into Accotink Creek. To volunteer for the Long Branch Stream Valley clean up, go to the [website](#) and volunteer for one of the color-coded trail segments, or volunteer to take part in one of two trail maintenance projects. Help make a difference in our community by committing some time to the stewardship of our natural resources.

Park Authority Moving Forward With Lake Accotink Dam Trail Improvements

On September 24th 2014, the Park Authority held a public meeting at Cardinal Forest Elementary School to review the 50% design solution for the Lake Accotink Dam Stream Crossing. Park representatives from the Planning & Development Division provided an overview of the design, reviewed alternate design considerations, addressed community inputs provided at the January 29th kick off meeting, and answered attendee questions. The project will provide safe pedestrian passage in flood situations, and brings the trail in compliance with the Americans With Disabilities Act (ADA) lessening the slope from its current 30% to just over 7%, less than the 8% requirement for recreational trails. Project Manager Bill Boston

noted that one community request – retaining the current trail - was not feasible given design considerations, however the community request for a 10 foot wide walkway would be implemented. The design should be completed by the end of this year, such that the project can move forward to permitting and a contract be awarded towards the end of 2015. Construction could start in early 2016 provided that adequate funding is identified. The project is expected to take six to eight months to complete and will be heavily dependent upon weather. Design drawings are available at the Park Authority [website](#). For more information, contact Project Manager Bill Boston at [703-324-2710](tel:703-324-2710) or send a note to Parkmail@fairfaxcounty.gov.

Accotink Creek TMDL Public Comment Period

The Virginia Department of Environmental Quality, in fulfilling its regulatory obligations under the Clean Water Act, is proposing a pollution reduction plan or TMDL (Total Maximum Daily Load) for Accotink Creek and its watershed. Accotink Creek has been declared an

impaired watershed by the State, The TMDL will ultimately seek to limit the inputs of pollutants allowed to enter the creek that are thought to contribute to Accotink's unacceptably low level of native aquatic life. The public comment period for the TMDL is now open until October 10. Some

background on the reasons for the TMDL can be found [here](#), and instructions for submitting comments can be found [here](#). A public meeting

was held in the Kings Park Library on September 9. A summary of the presentation can be found [here](#).

Local Organization Wins 2014 Environmental Excellence Award

The Potomac Environmental Research and Education Center at George Mason University was awarded a 2014 Environmental Excellence Award in the Organization category.

For over 30 years, the faculty and staff of what is now known as the Potomac Environmental Research and Education Center



(PEREC) at George Mason University have pursued the mission of utilizing the tools of scientific research, restoration, education and policy analysis to help citizens of Fairfax County (and other nearby jurisdictions) to understand and sustain natural processes in ecosystems, watersheds and landscapes of the Potomac River Basin.

Parks Needs Assessment Underway; Public Comment Sought

The Needs Assessment Study is a process of considering park and recreation needs, trends, and preferences. It relies on research, information gathering, surveys, and analysis. The results of the study help the Park Authority better understand what customers desire from our recreational system. It allows us to balance and prioritize those needs across the county.

Over the next year and half, FCPA will be soliciting your help, keeping you informed of progress, and inviting you to the occasional public meeting. Both online and in-person means of input will be used.

Two new online features are launching this week and are available on the Parks Count [website](#). The first is the Parks Count crowd-sourcing page, an online forum for exchanging ideas. You can read comments from others and add your own once you've set up a user account. This forum will allow you to e-converse

with FCPA and your fellow park users, sharing ideas of how you use parks, and what you envision for parks in the future.

The second new feature is the Parks Count Meeting in a Box (MIB). This tool will allow you to host a small group meeting of friends, colleagues, or neighbors to discuss the same matters that we'll be discussing online and in our in-person public meetings. Examples of groups that might use this include residential groups, civic associations, faith-based organizations, and recreational or sports clubs. If you can't get to the FCPA, this meeting packet allows the FCPA to virtually come to you and have your group's input considered in the same manner as if you were all participating in an open forum.

For more information, contact Needs Assessment Project Manager Anna Bentley at [703-324-8726](tel:703-324-8726) or send a note to Parkmail@fairfaxcounty.gov.

Human Services Corner

Join In! VolunteerFest presented by Volunteer Fairfax and General Dynamics

From The Patch Newspaper:

This year marks the 20th anniversary of VolunteerFest, a region-wide community service event scheduled for Saturday, October 25.

VolunteerFest is dedicated to organizing volunteer power to assist local nonprofits with a wide-variety of projects. Activities will be located throughout Northern Virginia. Rain or shine! Friends and families, colleagues and neighbors, are encouraged to sign up together. All volunteer events are free to the participants. For information about this event and to register as a volunteer click [here](http://www.volunteerfairfax.org).



National Alliance on Mental Illness Northern Virginia Classes and Training Opportunities Available



National Alliance on Mental Illness

National Alliance on Mental Illness - Northern Virginia is offering a variety of classes and training opportunities starting soon, including Peer-to-Peer class for young adults, a basics class for parents, and Family-to-Family facilitator training. Visit [NAMI-Northern Virginia's website](http://www.nami-nv.org) for details.

Blanket Drive for Syrian Refugees to Kick Off November 1

The Northern Virginia Regional Commission (NVRC) is pleased to announce it is once again coordinating the regional effort to collect blankets for refugees who have fled Syria and other countries for Turkey due to the violence in the Middle East. Last year more than 18,000 blankets (12 tons) were collected and shipped to Turkey.

This year's blanket drive will take place from November 1 to November 22 with collection locations throughout Northern Virginia. Loudoun Board Chairman Scott York, Fairfax Board Chairman Sharon Bulova and Alexandria Mayor William Euille will co-chair this effort. Details on the collection drive and locations can be found at www.helpsyrianrefugees.net. Like last year, Supervisor Cook's office will be a collection site.

Voting Information

Do You Have a Loved One Who Needs a Photo ID to Vote on Nov. 4?

The Office of Elections is encouraging caregivers and family members of older adults or people with disabilities to make sure their loved one has a photo ID to vote in the Nov. 4 election. Absentee **by mail voters do not need photo ID**, but Virginia now requires everyone to provide acceptable photo ID in order to vote in person on Election Day or at absentee voting locations. [Acceptable ID](#) includes a valid Virginia driver's license, Department of Motor Vehicles (DMV) ID card, U.S. passport, military ID or other government-issued ID. If you know someone who does not have a photo ID, they may apply for a free card from the Office of Elections at the [Government Center](#) or at several [locations countywide](#). To find out more, call the Fairfax County Office of Elections at 703-222-0776 (TTY 711). Information is also [online](#).

Absentee Voting is Underway

Eligible voters can absentee vote now for the Nov. 4 General Election. For comprehensive information, including dates and times for in-person absentee voting, as well as what to do if you are absentee voting by mail, go to the [website](#). You can also call the Fairfax County Office of Elections at 703-222-0776 (TTY 711) or go [online](#).

Caregivers Can Vote By Absentee Ballot

If you are a caregiver for a person who is disabled or sick and confined at home, you are eligible to vote absentee, either in person or by mail. The following provides deadlines and information on how to vote absentee for the upcoming November 4 General Election. The election is for a U.S. Senate member, U.S. House of Representatives—8th, 10th, and 11th Congressional Districts, a Transportation

Bond Referendum, and a Constitutional Amendment. For more information on what is on the November 4 ballot, go [online](#). **Note: All locations are closed Monday, October 13, and the last day to vote absentee in-person is Saturday, November 1.**

Election Officers Needed!

Fairfax County needs 2,700 election officers this fall, particularly bilingual citizens. Election officers must be registered voters in Virginia and complete required training and forms. You may choose to accept the **\$175 payment for a full day, or volunteer your time**. For more information, go [online](#) and click the "training and education" button, or call 703-324-4735, (TTY 711).

You Can Update Voter Registration Info or Register Online

Virginia residents with a DMV ID (such as a driver's license) can submit voter registration applications and update their voter registration information online [here](#). In order to complete the process, you will need a [Virginia Department of Motor Vehicles \(DMV\)](#) customer ID number, which is displayed on your DMV-issued ID card or driver's license (at the top of your card), your Social Security Number and your birth date. Fairfax County residents who do not have a Virginia DMV customer number or other required information may still fill out the registration application online, but will be required to print, sign and return the completed application postmarked or delivered by 5 p.m. on Oct. 14 to the Office of Elections, P.O. Box 10161, Fairfax, VA 22038. You may also bring it in-person to the Office of Elections at the [Government Center](#).

Events

Stream Monitoring Workshop: Accotink Creek - Oct. 18

Time: 10am - 12:30pm

Location: Eakin Park, Annandale

Come and monitor this peaceful section of Accotink Creek as it flows by the Cross County Trail and through forested parkland. For directions and to RSVP, please contact [Dan Schwartz](#).

Modifying Your Home to Fit Your Changing Lifestyle - Oct. 15

Small changes in your home can make a big difference in your life. Attend a free workshop to find out how to make your home a space that enables you to thrive as your living situation changes. The [AARP](#), along with the [Dept. of Neighborhood and Community Services](#) and the [Fairfax County Building For All Committee](#), is sponsoring this workshop on Wednesday, October 15 from 9 a.m. to noon at the Mott Community Center, 12111 Braddock Road in Fairfax. [Get more information](#) or register by calling 1-877-926-8300.

Register NOW for Oct. 17 Wellness and Recovery Conference with Tonier Cain, keynote speaker

Scholarships are still available for this excellent, day-long conference on Friday, October 17 from 8:30 a.m. to 4 p.m. at the NVCC Annandale Campus. Keynote speaker is the inspiring [Tonier Cain](#). Have you or someone you care about experienced mental health and/or substance use challenges? Want to learn more about wellness and recovery? [Learn more about the conference and register online](#). Call 703-980-4641 or [email the Conference Coordinators](#) with questions.

Home Composting With Leaf Litter - Oct. 21

Time: 7 pm - 8:30 pm

Location: Fairlington Community Center, 3308 S. Stafford St, Arlington

Learn how to use all those autumn leaves to enrich and improve your garden soil. This program will provide basic instructions and information on how to start composting at home, what to put in a compost pile, how to maintain it so the materials break down properly, and how to make good use of finished compost. The workshop is free, but advance registration is requested. To RSVP, call 703-228-6414 or email mgarlalex@gmail.com

Pathway Homes' Help the Homeless Community Walk - Oct. 25,

Use your feet to lend a hand! Since 1999, [Pathway Homes](#) has encouraged people of all ages to come together to make a lasting impact in the lives of others. Participating in the Help the Homeless Community Walk is a fun and easy way to give back to the community. This year's walk will be held Saturday, October 25, at Stevenson Place, [4113 Stevenson Street](#), Fairfax, VA 22030 (intersection of Stevenson Street & Government Center Parkway). [Sign up to walk or make a donation](#).

The American Health Care Paradox - Oct. 27

Join [Live Healthy Fairfax](#) for a presentation from Lauren Taylor, co-author of *The American Health Care Paradox: Why Spending More is Getting Us Less*. The U.S. spends considerably more on health care, yet still suffers poorer outcomes than other industrialized nations. Can spending fewer dollars on social services be

to blame? Ms. Taylor will discuss her findings followed by an expert panel and participant discussion on implications for the Fairfax community. The session is Monday, October 27 from 1:30 to 3:30 p.m. at the [Stacy C. Sherwood Community Center](#), 3740 Old Lee Highway, Fairfax. [Get more information and find out how to register](#)

Fairfax County's Tenth Annual History Conference - Nov. 8

The theme is "Fire, Flight & Fury!" Please check out the [History Conference Registration Brochure](#) for details.

Date: Saturday, November 8, 2014

Place: Stacy C. Sherwood Community Center, 37410 Old Lee Highway, Fairfax, VA

Time: 8:30am - 3:30pm

Presentations: Dolley Madison, as reenacted by Carole Herrick | The Ships of the Potomac, Michael Bosworth, DC Navy Yard | The 60th Militia of Fairfax City, Richard Orly | Battle of Bladensburg, Helen Wirka, Carlyle House, Alexandria, VA | Fairfax County & the War of 1812, Patrick O'Neill | The Star Spangled Banner, Francis Scott Key Reenactor, Alan Gephardt

Domestic Violence Prevention Month Events

October 9, 2014: [OFWDSVS Brown Bag Lunch – How to Help a Loved One Who is in an Abusive Relationship](#). 12:00pm – 1:00pm in the South County Human Service Center, Room 219.

October 10, 2014: Chipping in to End Domestic Violence charity golf tournament (benefitting Artemis House) will be held at Laurel Hill Golf Club. Visit: <http://www.cgglawyers.com/golf-charity> for more information and to register.

October 11, 2014: Fashion with Compassion, a fundraiser for FAITH Social Services, will be held in Herndon at 6:40pm. [Tickets are required](#).

October 16, 2014: OFWDSVS is hosting a DVAM Resource Fair from 9am – 5pm at the Inova Fairfax Hospital Atrium.

October 18, 2014: The Fairfax County Police Department's K-9 Krawl, a 5K walk to raise awareness on the connection between domestic violence and animal abuse, will start at 8:30am. Visit [the website](#) to register.

October 20, 2014: LSNV's Stop the Violence Advanced Continuing Legal Education program will be held in Fairfax from 3:30 – 7pm. Register at www.lsnv.org.

October 22, 2014: OFWDSVS is hosting a panel entitled "[How ADAPT Changed My Life](#)" from 1:30 – 3:30pm in the Pennino Building, Room 200.

October 22, 2014: Supervisor Cook is hosting an event, Stop the Silence – End the Violence, to benefit Artemis House and Fairfax CASA from 4:30 – 6:30pm at the Coyote Grille in Fairfax City.

October 23, 2014: Fairfax County is joining a regional group of providers across the Metro DC/DMV area to PURPLE OUT DMV! Please wear purple on Thursday, October 23rd and send pictures by text to 571-215-2429 or email: sandy.bromley@fairfaxcounty.gov.

October 25, 2014: The Women's Group of Mt. Vernon will host their 10th Annual Grand Day in celebration of Domestic Violence Awareness Month from 11am -3pm at the Gum Springs Community Center (8100 Fordson Road, Alexandria, VA 22306). Email womensgroupmv@hotmail.com for free registration (lunch and childcare provided).



October 25, 2014: The Time to Fly Foundation will host their [13th Annual Fundraiser](#) at St. Dunstan's Church from 6pm – 10pm. For more information, visit the link above or call 1-877-570-9488.

October 27, 2014: The Women's Center will host training on Family Abuse – What is it? What can you do about it? From 6:30 – 9:30pm at their office in Vienna. Visit: www.thewomenscenter.org for more information and to register.

October 28, 2014: NOVA will host a Take Back the Night Resource Fair (6:30pm) and Rally (7pm) at their Annandale Campus in the CF Quad (outside). Free parking is available in the B lots.

October 29, 2014: FCIA DV Prevention Committee will host their annual [First Steps for Clergy and Faith Leaders](#) training from 8:30am to 1pm at Annandale United Methodist Church (6935 Columbia Pike, Annandale, VA 22003). Please click on the link above to register.

October 30, 2014: DVAC's 3rd Annual Open House will be held from 2-4pm. Stop by the Historic Courthouse (4000 Chain Bridge Road, Suite 2702) for tours of the county's Domestic Violence Action Center and the two supervised visitation centers, Stronger Together and Safe Havens.