

Thank you to our Volunteer Fair participants:

**Volunteer Solutions** – Emily Thomas - [Emily.Thomas@fairfaxcounty.gov](mailto:Emily.Thomas@fairfaxcounty.gov) – 703-324-5280 -Volunteer Solutions provides meaningful volunteer opportunities to improve the lives of older adults and adults with disabilities in Fairfax County.

**Volunteer Fairfax** – Jennifer Brown – [jbrown@volunteerfairfax.org](mailto:jbrown@volunteerfairfax.org) - 703-246-3895 - the Center matches the skills and interests of volunteers and donors to the needs of local nonprofit organizations, helping to build a better community through service.

**CrisisLink** – Michelle Short – [michelle@crisislink.org](mailto:michelle@crisislink.org) – 703-516-6778 -CrisisLink brings immediate help, hope, and healing to empower individuals facing serious life challenges, suicidal thoughts, emotional or situational problems.

**Fairfax Rebuilds** – Patty Klein -[pattik@rebuildingtogether-aff.org](mailto:pattik@rebuildingtogether-aff.org) - 571-933-6429 - Home by Home, Block by Block, Rebuilding Together is rebuilding homes and communities nationwide.

**Facets** – Alyson Zimbler – [azimbler@facetscares.org](mailto:azimbler@facetscares.org) – 703-865-4251 – Facets open doors by helping people meet their emergency shelter, food, and medical needs, helping them gain safe, sustainable and permanent housing and working with them to end the cycle of poverty through educational, life skills and career counseling programs

**Troop Treats** – Germain Brossard - [gbroussard@trooptreats.ardcom](mailto:gbroussard@trooptreats.ardcom) – 703-556-8108 – Troop Treats provides meaningful events for the local community to make an impact in the lives of our military personnel fighting for our freedom every day.

**Volunteer Income Tax Assistance Program** – Mary Eure – [Mary.Eure@fairfaxcounty.gov](mailto:Mary.Eure@fairfaxcounty.gov) - 703-727-5718 - Volunteers Needed to Help Low-Income Families Prepare Tax Returns

**Friends of Accotink Creek** – Heather Breiner - [HBreiner@nas.edu](mailto:HBreiner@nas.edu) - The time is ripe for committed volunteers to organize as one voice, gather collective energy and expertise, and work together to ensure the future of Lake Accotink Park.

**Office for Women & Domestic and Sexual Violence** – Larissa Jackson – [Larissa.jackson@fairfaxcounty.gov](mailto:Larissa.jackson@fairfaxcounty.gov) – The Office for Women & Domestic and Sexual Violence Services offers compassionate and comprehensive state-accredited programs for women, men, teens and children who have been affected by domestic and sexual violence and stalking. The goal of OFWDSVS is to promote safety, responsibility, awareness and equality.

**Northern Virginia Family Service** – Terry Goplerud - [tgoplerud@nvfs.org](mailto:tgoplerud@nvfs.org) - Nearly 90 Years - Our History Since our earliest days, NVFS has helped to strengthen and empower families because we believe that strong, healthy families create healthy communities – the kind of communities where we all want to live.

**The Annandale Christian Community for Action (ACCA)**– Mary Lee Dispirito - [ddmld@verizon.net](mailto:ddmld@verizon.net) - 703-256-9513 - ACCA is a church-related voluntary organization providing day care, food, rental assistance,

furniture, and other services to low-income families in the Annandale/Bailey's Crossroads area, regardless of religion, race or ethnic background. What counts most in ACCA is serving those in need.

**Opportunities, Alternatives and Resources(OAR)** – Dana Hayden - [dhayden@oarfairfax.org](mailto:dhayden@oarfairfax.org) - 703-246-3055 -OAR of Fairfax County is a local non-profit restorative justice organization providing human services since 1971.

**Shepherds Center** – Lisa Carroll - [director@scfbva.org](mailto:director@scfbva.org) -703-426-2824 - The Shepherd’s Center of Fairfax-Burke is a “not for profit” organization, 501(c)3, that helps older adults continue to live independently in their own homes. A variety of support services and enrichment programs are provided by older adult volunteers who use the knowledge and skills acquired over their lifetimes to offer assistance to their peers.

**SPARC** – Donna Goldbranson – [donna@sparcsolutions.org](mailto:donna@sparcsolutions.org) - 703-703-338-6185 - SPARC Solutions empowers adults with disAbilities to live as engaged citizens by giving back to their community through service projects, acquiring new vocational skills through entrepreneurial projects, and practicing life skills through leisure-learning guided lessons.



## Mission of the Shepherd's Center of Fairfax-Burke

To support and enrich the lives of older adults in the Fairfax-Burke community, enabling them to live independently with lives of purpose and dignity.

## Volunteer Opportunities

Volunteers are needed to support all the services and programs offered through the Shepherd's Center of Fairfax-Burke. Most of the activities take place during weekday hours, Monday-Friday. Volunteers are needed for a variety of activities and we are willing to work with your schedule. Typically, a volunteer would be scheduled for about 6-8 hours of volunteer time per month. There are currently over 140 volunteers supporting SCFB. The volunteers are especially devoted to helping others, and often say, they get more out of volunteering than they ever imagined before they got involved.

### Consider Volunteering for the Following Activities

- Driver for medical appointments to accompany clients to doctor's visits, roundtrip support
- Office - answering the phones and matching a driver to a client for rides
- Serving on a committee, such as fundraising
- Providing expertise in your field: computers, data entry, graphic design
- Special events volunteers – being available to set-up or staff an event
- Writing grants
- Friendly caller or friendly visitor to a homebound older adults
- Organizing special events
- Writing skills for the newsletter or other special writing needs
- Speaker for the *Adventures In Learning* continuing education program

Please contact the office, located at 4019 Olley Lane, Fairfax, VA 22032 by calling 703-323-4788 or 703-426-2824, or e-mail us at: [office@scfbva.org](mailto:office@scfbva.org).

Visit our website at [www.scfbva.org](http://www.scfbva.org).

# Things Volunteers Can Do for Accotink Creek

Volunteering can take many forms and employ many talents. Whatever you can imagine doing can be of benefit. If you have ideas you don't see here, let us know!

+ *Students earn community service hours for ALL Friends of Accotink Creek activities*

+ Tell us about future Friends of Accotink Creek activities you would like to see.

+ *Self-directed projects - "You design, we sign"*

What's your talent?

## Clean Hands:

- LEADERSHIP
- RESEARCH
- WEBMASTER
- ORGANIZING
- VIDEO/PHOTOGRAPHY
- MUSIC/ PERFORMANCE
- PEOPLE SKILLS
- Act as liaison to schools, churches, & other groups with volunteers.
- Monitor construction permitting, to alert us to upcoming development.
- Create means of education/communication, from puppets to posters, to games.



## Dirty Hands:

- Invasive plant species control
- Habitat restoration and replanting
- Stream cleanups
- Storm Drain Marking
- Stream patrols/Dump Busters/Mud Busters
- Stream monitoring
- Build or race a boat in annual cardboard boat regatta
- Plant demo watershed rehabilitation projects on your own property or homeowners' association, community pool, school, or commercial property.

[Contact Friends of Accotink Creek](#)

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Find just one other person who cares.

[www.accotink.org](http://www.accotink.org)

# Volunteer Income Tax Assistance Program

Volunteers needed! Help individuals and families with low-income in your community.



## Volunteers are needed from late January-April 2014.

- Time commitment of three to five hours, once or twice a week.
- 20 locations throughout Northern Virginia.

## Do I need experience or training to volunteer?

- Tax preparers and screeners should have experience preparing a tax return.
- No experience necessary for translators and greeters.
- Classroom and/or online training runs from December 2013 through January 2014.
- All tax preparers must pass an IRS certification test.

## Joining the team is easy.

For more information about the VITA program or to register as a volunteer, please visit [www.nvacash.org](http://www.nvacash.org).

APRIL

15  
tax time!

## What is the Volunteer Income Tax Assistance Program?

The Volunteer Income Tax Assistance (VITA) Program provides free tax preparation services to individuals and families with low-income in the Northern Virginia community.

Fairfax County is committed to nondiscrimination on the basis of disability in all county programs, services and activities. Reasonable accommodations will be provided upon request. For information, call the Fairfax County Department of Family Services at 703-533-5400; TTY 711.

A publication of Fairfax County Virginia / October 2013



VITA  
VOLUNTEER  
INCOME TAX  
ASSISTANCE  
[www.nvacash.org](http://www.nvacash.org)

Volunteer  
Fairfax

Northern Virginia  
CASH  
CAMPAIGN  
MAKING ASSETS WORK FOR YOU





# Annual Events and Drives

*FACETS offers special events and seasonal drives throughout the year to raise awareness of our mission and provide resources for those we serve. Be and feel a part of our work to open doors for parents, their children, and individuals who suffer the effects of poverty – so often unnoticed – in Fairfax County by participating in any or all of the opportunities below!*

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## **Back to School Drive.....June - August 2013**

FACETS works to ensure that all children we serve can arrive at their first day of school prepared to learn. Donate new backpacks and school supplies for children who will be entering kindergarten, elementary, middle, and high school. You can also volunteer at our Back to School events, where children are able to “shop” for their school supplies at three local community centers where FACETS offers neighborhood-based programs.



## **A Taste of Fall with FACETS..... November 16, 2013**

Enjoy an evening filled with delicious food and drink tastings from a variety of local restaurants, wineries, and breweries, live entertainment, and exciting live and silent auction items. Don't miss this chance to experience the flavor of our community while supporting our FACETS' programs. Individual tickets and sponsorship opportunities are available.



## **Thanksgiving and December Holiday Drives ..... October - December 2013**

Help make the holidays warm and bright by donating Thanksgiving food or personalized holiday gifts to children, families, and adults in need in our community. Our Thanksgiving and December Holiday Drives depend on the support of both donors and volunteers to provide those we serve with seasonal resources.



## **Opening Doors Benefit Breakfast ..... April 2014**

Join us for a complimentary hot breakfast and meet fellow community members who take satisfaction in doing something important for our neighbors in need. Become a Table Host and invite ten of your associates and friends to learn about how FACETS helps create brighter futures for people struggling to make ends meet. Individual seats and sponsorship opportunities are also available. Contact FACETS for more information or to R.S.V.P.

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*For more information on any of FACETS' annual events and drives, contact Liz Griffith, Development Coordinator, at 703-352-3268 or [LGriffith@FacetsCares.org](mailto:LGriffith@FacetsCares.org). Detailed information is available online at [www.FacetsCares.org](http://www.FacetsCares.org).  
10640 Page Avenue, Suite 300, Fairfax VA 22030 • Phone 703-352-5090 • Fax 703-352-5088*



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# Volunteer Opportunities

Each year, thousands of volunteers contribute to the work that FACETS does in the community. Below are a few examples of our current volunteer needs. Opportunities are available for individuals as well as for groups, ranging from one-time or short-term projects to ongoing commitments, and new opportunities are posted on our website and sent out by e-mail. We also welcome your ideas for volunteer projects.

## Community Program Assistants .....ongoing

Volunteers are needed to work with children, youth, and adults in a variety of community-based programs, including educational, enrichment, and self-esteem building groups, and one-on-one tutoring, at three centers located in Fairfax City, Fairfax, and Centreville during late afternoon/evening hours. Volunteers must be at least 16 years old and are asked to make a commitment of one hour per week for two to six months, depending on the program.

## Mentors ..... ongoing

Mentors are needed to meet weekly with a youth or adult to provide support, guidance, and encouragement to succeed at home, in school, or in the workplace. Mentors must be at least 21 years old and are asked to make a commitment of at least one year.

## Drivers .....ongoing

Volunteers are needed to transport clients to and from appointments and life skills classes at set times during the week and on weekends. Drivers must be at least 21 years old and have a clean driving record. In some cases, volunteers may use their personal vehicle or use of the FACETS' van may be needed (no CDA required).

## Youth Volunteer Opportunities .....monthly

FACETS hosts a youth volunteer night every month for youth aged 17 and under. Volunteers assist with a variety of projects, typically at our main office, depending on our current needs. Visit our website for upcoming dates or to sign up. Next Youth Volunteer Night: November 6th 6-8 PM 10640 Page Ave, Suite #300

## Collection Drive Organizers .....ongoing

Groups are needed to organize and hold drives to collect items for our emergency pantry and seasonal needs using guidelines FACETS provides.

## Party Hosts .....ongoing

In coordination with FACETS, groups are needed to host parties and special events for our clients, such as ice cream socials, Halloween parties or parades, movie nights, bowling nights, and more.

## Office Assistants ..... Monday's

Volunteers are needed to assist with a variety of tasks, including reception coverage, data entry, translation, filing, sorting donations, and stocking our pantry. One-time and ongoing opportunities are available, depending on the task.

For more information on volunteering with FACETS, contact Alyson Zimblar, Volunteer Manager, at 703-865-4251 or AZimblar@FacetsCares.org.

Detailed information is available online at [www.FacetsCares.org](http://www.FacetsCares.org).

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## Transitional Family Services (TFS)

**Mentors:** Volunteers mentor inmates before and after their release from the Fairfax County jail. Mentoring pairs are matched based on age, interests and need., **15-month commitment** (3 months inside the jail; 12 months in the community). **Minimum Age:** 21 **Time Commitment:** 2 hrs/wk

## Jail Program (JP)

**ADC Instructors:** OAR offers over 30 classes for inmates inside the Fairfax County Adult Detention Center. Volunteers serve as Instructors/Facilitators in the classes listed below.  
**Minimum Age:** 21 **Time Commitment:** 3 hrs/wk.

### ADC Classes:

**Life Skills (females):** Students explore and discuss budgeting, decision making, mental health, communication and more. Class meets once a week for 6 weeks.

**Life Skills (males):** Students explore and discuss budgeting, decision making, mental health, and communication. Class meets once a week for 4 weeks. (Spanish Class meets once a week for 7 weeks).

**Parenting (females):** Students explore and discuss the stages of childhood development, punishment versus discipline, communication and more. Class meets once a week for 6 weeks.

**Fatherhood (males):** Students explore and discuss the role of the Father in the family, the challenges of parenting after separation, stages of childhood development, communication, discipline and more. Class meets once a week for 10 weeks.

**Keyboarding:** Training is designed to teach finger placement, knowledge of letter placement, and increase typing speed. Students are enrolled until a basic "words per minute" ratio is met. Class meets once a week for a maximum of 12 weeks.

**Basic Computer Skills:** The class helps students develop basic computer skills in four Microsoft Office Programs, Word, Excel, Power Point and Outlook. Class meets once a week for 10-12 weeks

**Anger Management:** The class helps students identify the beliefs, triggers, thoughts and feelings in their personal "Cycle of Violence". Students discover practical tools and techniques to break the cycle. Class meets once a week for 7 weeks.

**Employability Skills:** Students focus on exploring career goals, preparing job applications, designing resumes and cover letters, and practicing interviewing skills. Class meets once a week for 6 weeks.

**Impact of Crime (IOC):** This restorative justice class is part of an educational and rehabilitative program designed to assist offenders in taking responsibility for the crimes that they have committed. Class meets twice a week for 8 weeks.

**Workplace Skills:** Students explore and discuss skills required for success on the job, with an emphasis on cooperative work relationships, decision making and critical thinking in the work place. Class meets once a week for 6 weeks.

**Financial Planning:** Students explore and discuss topics such as budgeting, savings, insurance cash flow, investments, Social Security, credit and other money matters. Class meets once a week for 5-7 weeks.

**Orientation Class:** Eligible inmates receive basic information about available OAR classes and the enrollment process at the Adult Detention Center. Class meets once a week throughout the year.

**"Training, Coaching and Continuing Education is provided for all Volunteers"**

**For More Information:**

**Contact Dana Hayden/Volunteer Program Manager:** [dhayden@oarfairfax.org](mailto:dhayden@oarfairfax.org) Phone: 703-246-3033

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Volunteer Fairfax is building a better community through service. As a respected leader of community volunteerism for more than 37 years, Volunteer Fairfax connects individuals, youth, seniors, families and corporations to volunteer opportunities in Northern Virginia and the Washington DC Metro Region.

## VOLUNTEER FAIRFAX PROGRAMS

### Information and Referral

Through both personal interaction and website referrals, Volunteer Fairfax connects the community - families, teenagers, seniors, corporate groups, young adults, working adults, individuals and groups - to opportunities through traditional and emerging forms of communication. Our searchable database of volunteer opportunities, allows volunteers to search up-to-date opportunities instantly.

### Skills-Based Volunteering

In addition to basic volunteer referral, Volunteer Fairfax offers a multitude of opportunities for skills-based volunteering. However specialized your skill may be, your talents could be utilized to make a difference in the lives of others around you. New volunteer opportunities are posted on our website daily. Visit [www.volunteerfairfax.org](http://www.volunteerfairfax.org) for more information.

### Volunteers for Change

This flexible volunteer program for anyone with limited time offers a monthly calendar with more than 50 different one-time projects in which to participate. The commitment is minimal, the impact is not.

### BusinessLink

Volunteer Fairfax helps area businesses become engaged through a variety of services ranging from free consultations to fee-for service project management and sponsorship benefits. Additionally, Volunteer Fairfax convenes the Corporate Citizenship Roundtable of Northern Virginia, a group of community relations and employee volunteer program managers, to discuss best practices, share resources and provide peer-to-peer support.

### Emergency Response

Volunteer Fairfax works with agencies to train pre-affiliated volunteers prior to a disaster and collaborates with the Fairfax County Office of Emergency Management to coordinate spontaneous volunteers in times of disaster.

### Alternative Community Service (ACS)

Volunteer Fairfax annually places over 700 court-referred clients through its ACS program. These clients contribute approximately 26,000 hours of community service annually to local agencies.

### Community Collaboration

Volunteer Fairfax values its many community partners and relationships, recognizing that through collaborative efforts knowledge can be shared, resources leveraged and capacity built to achieve all missions.

### RSVP - Northern Virginia

We engage persons 55 and older in volunteer service to meet critical community needs while providing a high quality experience that will enrich the lives of the volunteers. RSVP matches the volunteer's interests, skills and experience with the best volunteer placement.

### Agency Relations

Volunteer Fairfax works to strengthen local nonprofit and government agencies through volunteerism, helping them become stronger and more effective. Volunteer Fairfax services go far beyond online volunteer recruitment and recognition, as Volunteer Fairfax partners gain access to coordinated group volunteer projects, community-wide services events and large corporate days of service.

TO START VOLUNTEERING TODAY, VISIT [WWW.VOLUNTEERFAIRFAX.ORG](http://WWW.VOLUNTEERFAIRFAX.ORG) AND CLICK ON "VOLUNTEER NOW!" OR CONTACT VOLUNTEER FAIRFAX AT 703-246-3460.

## VOLUNTEER FAIRFAX PROGRAMS CONTINUED...

### Fairfax County Volunteer Service Awards

Each April, Volunteer Fairfax recognizes outstanding community volunteers. Nominees and award winners are recognized at a breakfast ceremony supported by area businesses, elected officials and community leaders. In the Awards' 21 year history, over 2,200 volunteers have been honored.

### VolunteerFest

Held in conjunction with National Make a Difference Day, VolunteerFest engages more than 1,000 volunteers at Fairfax County nonprofits, the 4th Saturday of each October.

### Give Together: A Family Volunteer Day

In celebration of Martin Luther King, Jr. Day, this event offers families with young children the opportunity to give back to the community by working on service projects provided by nonprofits from the region.

### Youth Services

Volunteer Fairfax recognizes that youth volunteers are one of the nation's greatest assets. The youth program includes a Directory for Youth Service Opportunities, our Youth Advisory Board composed of high school students, and an ongoing partnership with Fairfax County Public Schools and Libraries to help bring information on volunteering to all local students.

### Global Youth Service Day

Each year Global Youth Service Day mobilizes youth to improve their communities. The largest service event in the world, GYSD is celebrated locally through a variety of youth friendly volunteer projects.

### BoardLink Northern Virginia

Have you ever considered serving on a board? Board service can provide you with a chance to expand and sharpen your professional skills while making a positive impact on a nonprofit organization. Our board matching program makes finding the right fit easier.

### Nonprofit Training Series

Volunteer Fairfax offers unique training opportunities for nonprofits. The Volunteer Management Training Series provides tips, tools and tricks for nonprofits looking to create, manage, and grow a volunteer program.



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