

# Underage Substance Use Prevention

## *Talk. They Hear You.*

Small, ongoing conversations can do a lot to prevent underage drinking and other drug use. Starting these conversations early, by age 9, are important, as research shows that children begin to look at alcohol more positively between ages 9 and 13. According to Fairfax County Youth Survey data, about 12.7 percent of eighth grade students say they have tried alcohol; by grade 12, that number jumps to 37.4 percent.

This presentation is for parents and caregivers of children, teens and young adults, to provide practical tips on how start and continue having conversations about underage drinking and substance use.

### Learn:

- What you can do to prevent your child from drinking and using other drugs.
- Consequences of underage drinking.
- Why small conversations make a big impression.
- Why you should talk with your child about alcohol.
- 5 Conversations Goals for talking with youth about drinking and other drugs.

**Join us for a one-hour presentation to learn the five conversation goals to talk with kids about alcohol and other drugs.**

Click the link to register:



Wednesday, January 17, 10:00am, [bit.ly/TTHY-1-17-24-10am](https://bit.ly/TTHY-1-17-24-10am)  
Wednesday, January 31st, 6:00pm, [bit.ly/TTHY-1-31-24-6pm](https://bit.ly/TTHY-1-31-24-6pm)

Thursday, February 15th, 10:00am, [bit.ly/TTHY-2-15-24-10am](https://bit.ly/TTHY-2-15-24-10am)  
Thursday, February 29th, 6:00pm, [bit.ly/TTHY-2-29-24-6pm](https://bit.ly/TTHY-2-29-24-6pm)

Thursday, March 7th, 10:00am, [bit.ly/TTHY-3-7-24-10am](https://bit.ly/TTHY-3-7-24-10am)  
Wednesday, March 20th, 6pm, [bit.ly/TTHY-3-20-24-6pm](https://bit.ly/TTHY-3-20-24-6pm)



If you have questions, please contact the Wellness, Health Promotion and Prevention team at [CSBPrevention@fairfaxcounty.gov](mailto:CSBPrevention@fairfaxcounty.gov)



Fairfax County is committed to nondiscrimination on the basis of disability in all county programs, services and activities. To request this information in an alternate format, call 703-324-7000, TTY 711.

CSB082023



**i talk**  
they hear you

[WWW.UNDERAGEDRINKING.SAMHSA.GOV](http://WWW.UNDERAGEDRINKING.SAMHSA.GOV)