



FAIRFAX - FALLS CHURCH

Community Services Board

PEER JOURNEY TO HOPE

Are you struggling with mental health issues and feeling like you're alone in your journey?

The **Peer Journey to Hope Program** is designed to empower you to take control of your mental health and become the hero of your own story.

We believe that everyone deserves access to quality mental health care, and our program provides you with the tools, resources, and support you need to achieve your goals.

Whether you're dealing with anxiety, depression, or other mental health issues, our peer support specialists are here to help you every step of the way.

Our peers have been through similar experiences and can relate to what you're going through. They will listen to you, provide emotional support, and help you navigate the challenges of mental health recovery.

We're here to help you overcome your challenges and achieve your goals. You deserve to live a fulfilling life, and we're here to support you every step of the way.

Join us today and start your journey towards a happier, healthier you!



SERVICE LOCATIONS

Peer Journey to Hope program services are available in-person at CSB service sites, and through video telehealth and by phone. Services in the community are also available.

WHO CAN PARTICIPATE?

The Peer Journey to Hope program is open to individuals 18 years of age and older who are residents of Fairfax or Falls Church.

CONTACT



703-531-3710

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