



PEER JOURNEY TO HOPE

*Peer recovery services for individuals
with mental health concerns*

703-531-3710
TTY 711



CSBPeerJourneytoHope
@fairfaxcounty.gov



FAIRFAX - FALLS CHURCH

**Community
Services Board**

Are you struggling with mental health issues and feeling like you're alone in this journey?

The **Peer Journey to Hope Program** is designed to empower you to take control of your mental health and become the hero of your own story.

Whether you're dealing with anxiety, depression, or other issues, our peer support specialists are here to help you every step of the way.

Our peers have been through similar experiences and can relate to what you're going through. They will listen to you, provide emotional support, and help you navigate the challenges of mental health recovery.

Join us today and take the first step towards a brighter future!

WHO CAN PARTICIPATE?

The Peer Journey to Hope program is open to individuals 18 years of age and older who are residents of Fairfax and Falls Church.

SERVICE LOCATIONS

Peer Journey to Hope program services are available in-person at CSB service sites, and through video telehealth and by phone. Services in the community are also available.



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