

Travel Training Volunteer Mentor Program

As the need for travel training grows, so will our need for volunteers.

Experienced commuters make ideal mentors for people who are new to public transportation.

If you are interested in teaching others how to safely and efficiently use public transportation or would be willing to travel as a companion with a senior using public transportation, please join us in this new and exciting program.

Training is available.

To volunteer, please call us at 703-877-5800.



Travel Training for Seniors

Travel Training is available at little or no cost to the senior adults of Fairfax County 65 and older on a one-on-one basis or as a group.

Call the Fairfax County Department of Transportation Senior Programs for more information or to request free training:

703-877-5800,

TTY 711

www.fairfaxcounty.gov/fcdot

Our operating hours are:

Monday – Friday

8:00a.m. – 4:30p.m.



This is a publication of Fairfax County, Virginia.



In compliance with the ADA, if accommodations or alternative formats are needed, please call 703-877-5600, TTY 711.

TRAVEL TRAINING

for Seniors and Persons with Disabilities in Fairfax County



March 26, 2009

WHAT IS...TRAVEL TRAINING?



Travel Training for senior citizens is part of Fairfax County's Senior Transportation Program.

This effort supports independence of our senior population by offering more accessible transportation options.

Using the public transportation system in Fairfax County is an affordable, reliable, and safe means of mobility for adults who are no longer comfortable traveling in their own vehicles.

Travel Training Teaches How to...

- Plan a trip by bus
- Read a bus and rail schedule
- Pay bus fare
- Transfer
- Reach specific destinations
- Access local transportation resources



Take the Bus to...



- Volunteer Activities
- Recreation Classes
- Medical Offices
- Shop
- Sightseeing Trips
- Visit Friends & Family
- Anywhere You Want to Go!!

Benefits of Travel Training

- Access to low-cost transportation
- Increased confidence and independence in travel
- Use of a safe and reliable transportation system
- FREE bus/rail fare during training
- Provides resources which promote and encourage active participation in local community

