

Comprehensive Services Act Newsletter

*Info for accessing resources across the public child serving agencies for at-risk youth and families
A Partnership of CSA, DAHS, DFS, CSB, JDRDC, FCPS, Families and the Private Provider Community*

January 20, 2015

CSA Program Passes State Audit



For the first time in more than a decade, the Fairfax-Falls Church CSA Program was selected for a state audit, and we passed with flying colors! To quote the December 17 letter from the Virginia Office of Comprehensive Services to CPMT Chair Pat Harrison, “Based on the review and examination of the self-assessment workbook and supporting documentation provided by the Fairfax-Falls Church CPMT Program, our independent validation concurs with the conclusion reported by the Fairfax-Falls Church CPMT that no significant observations of non-compliance and/or weakness were found in the design or operation of the internal controls applicable to the process or services conducted on behalf of the Fairfax-Falls Church CSA. We would like to thank the Fairfax-Falls Church CPMT and related CSA staff for their contributions to completing the CSA Self-Assessment Workbook. We also would like to acknowledge the excellent assistance and cooperation that was provided by Jim Gillespie, Program Manager, during our site visit. Mr. Gillespie’s efforts enabled the audit staff to quickly resolve any questions/concerns that we observed during the validation process.”

In 2013 and 2014 dozens of staff from all CSA participating systems spent hundreds of hours in preparation for the audit. Your efforts are much appreciated! Special thanks are in order for Gail Ledford and Mary Ann Panarelli, the CPMT subgroup that oversaw audit preparation. The staff members who participated in the audit preparation project are listed on page 6. If you assisted with the audit but are not listed, please let us know so you can be recognized in a future edition.

SAVE THE DATE

**Vulnerability and Resilience
Strategies for Youth and Families**

14th Annual Northern Virginia CSA Symposium and Provider Fair

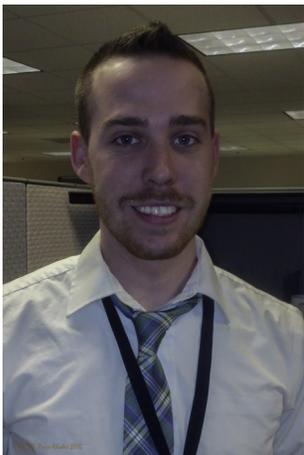
Wednesday, March 11

8 a.m. to 3 p.m.

At the Ernst Cultural Center
Northern Virginia Community College
Annandale, Virginia

Join us for a regional training event and expo with dynamics speakers and presentations where you will have an opportunity to earn educational contact hours as well as meet and great CSA provider throughout the day. Registration is open during the month of February. Be sure to register as space is limited.

**Welcome Aboard, Peter!
New FRU Case Analyst**



Case managers should forward a copy of their annual **CANS certificates** to Peter.Flint@FairfaxCounty.gov or send to CSA fax at 703-653-1369.

Secondary Employment Training Statement

On January 24, 2014 CPMT approved an action plan calling for the development and implementation of a training curriculum on secondary employment based on the human resource policies of Fairfax County, Fairfax and Falls Church cities, Fairfax County Public Schools, and Falls Church City Public Schools, for staff who work with CSA.

After review of the above-referenced HR policies, and discussion of historical occurrences that have led to staff disciplinary actions in programs other than CSA, the CPMT Audit Subgroup of Gail Ledford and Mary Ann Panarelli approved the following secondary employment statement for public agency staff who carry CSA cases, their supervisors, CSA staff, and CSA Management Team and CPMT members.

Public agency staff, who as part of their job responsibilities may initiate and/or monitor the purchase of services with CSA funding, those who supervise such staff, members of the CPMT, CSA Management Team, FAPT, state-approved Multi-Disciplinary Teams and staff employed by the CSA Program, shall not accept outside employment, defined as any work performed or service provided, including self-employment, from any agency, organization or individual with an Agreement for Purchase of Services with the Fairfax-Falls Church CPMT. Any individual listed above who has outside employment with an organization or individual with a contract for services with the Fairfax-Falls Church CPMT must immediately disclose that relationship to their supervisor or manager, and must discontinue outside employment, consistent with the policies of their public employer. Supervisors and managers of individuals who currently have outside employment may schedule the timing of the required discontinuation to minimize the adverse impact on clients being served, consistent with the policies of their public employer.

Medicaid and CANS Contacts



Effect January 15, Vickie Grazioli has replaced retiring FRU Medicaid Case Analyst, Tami Watts. Vickie will be the point of contact regarding submission of Medicaid paperwork for residential and therapeutic foster care placements. Due to Vickie's promotion, her position became vacant and has been filled by Peter Flint, a new FRU team member. Case managers should now forward a copy of their annual CANS certificates to the attention of Peter.Flint@FairfaxCounty.gov or send to CSA fax at 703-653-1369.

Vickie Grazioli, Medicaid Case Analyst

Phone: 703-324-7120

Fax: 703-803-7128

NAMI Northern Virginia Brings Mental Health Education to Northern Virginia Schools



Given our heightened awareness of mental health issues in our public schools, here is a welcome development. NAMI Northern Virginia is implementing two new education programs: NAMI Ending the Silence (ETS) and NAMI Parents and Teachers as Allies (PTA). Both programs, facilitated by trained volunteers, focus on early identification of mental health issues and effective intervention.

Offered to high school and middle school students in Northern Virginia, the 50-minute ETS program includes two presenters: an adult openly discussing the facts surrounding mental illness, and a young person sharing his or her lived experiences with mental illness and recovery. The ETS program aims to promote awareness and lessen the stigma surrounding mental health issues in schools and the greater community.

PTA's four-person panel provides information and shared lived experiences regarding mental illness to school educators: teachers, administrators, counselors, and support personnel. The panel provides a review of the early signs of mental illness and the needs of students (and family members) confronting the traumatic impact of mental illness, followed by a moderated question and answer discussion. Designed as a 2-hour presentation, PTA can be shortened to meet specific time constraints.

NAMI Northern Virginia is the local affiliate of the National Alliance on Mental Illness. Further information is available from Kristen Marks, Program Director, by sending an email to info@nami-nova.org or by calling 703 968-4007. A complete listing of the NAMI signature programs and other services provided by NAMI Northern Virginia is available at their website: www.NAMI-NorthernVirginia.org



RESOURCES for Families and Professionals

The FCPS special ed conference is March 7- registration opens later this month.
<http://fcps.edu/dss/conference/2015/flier.pdf>

Free Youth and Young Adults: Stronger Together peer support groups, meeting twice monthly on Thursdays (Jan 8 and 22; Feb 5 and 19, etc.); parent/caregivers meet in own group at same time.
More at <http://formedfamiliesforward.org/youth-together-peer-group/>. Groups are open to new members; light dinner served!

Evaluations and Assessments for Youth and their Families in our System of Care

In the course of your work with youth and their families, an evaluation can be a valuable diagnostic tool used in case management and treatment planning. However, selecting the right type of evaluation can be challenging. Do you struggle with whether or not to make a referral for a neuropsychological, psychological, psychological assessment or mental health assessment? Do you know the differences between them? Each evaluation uses different methods, examines different areas, and can vary greatly in costs. No one wants to purchase services that are not needed or to use an evaluation when it is not needed. The CSA Management team recommended developing this training to address the aforementioned questions and provide clarification on choosing the right evaluation.

Psychologist, Janet Bessmer, PhD, Utilization Review Manager and CSA staff will provide an overview of the types of evaluation services funded through CSA. Each year case managers request FAPT funding for psychological, neurological, parent child, and psychiatric assessments for children and families. This training will define the types of evaluations commonly used and the specific use for each.

Learning Objectives:

This training will provide clarification on the following:

- ◆ What is an appropriate referral?
- ◆ When is an evaluation/testing needed?
- ◆ What do you do with the results when you get them?
- ◆ How do the test results inform service planning?
- ◆ Are we buying more than we need?
- ◆ What are the practice guidelines for using evaluations?

Audience:

CSA Case managers and supervisors from Fairfax County Public Schools (FCPS), Juvenile and Domestic Relations District Courts (JDRDC), Children Youth and Family Services (CYF), and Community Services Board (CSB) who work with at-risk youth and their families. FAPT members, parent representatives, and providers are welcome to attend this free training.

Registration:

RSVP by Friday, March 13th to Tanisha.Capers@Fairfaxcounty.gov. Please contact Tanisha Capers at 703-324-5634. if you have questions or need special accommodations.

Date/Location/Time:

Weds. March 18, 2015

Alexandria/South County, Human Services Office, Room 221A/B

8350 Richmond Highway

1:00pm to 3:30pm

Fairfax County is committed to nondiscrimination on the basis of disability in all county programs, services and activities. Reasonable accommodations will be provided on request.

TRAINING

On February 10, Formed Families Forward is hosting national expert on child/youth trauma, Dr. Allison Sampson-Jackson and attachment counselor Karen Chaudhry for an all-day professional workshop “Learning, Healing and Helping: The Role of Educators & Other Caring Adults in Attachment and Trauma”. There are a limited number of reduced-fee scholarship registrations for adoptive, foster and kinship parents and caregivers.

A Professional Workshop on Trauma-Informed Practices

Learning, Healing and Helping:

The Role of Educators & Other Caring Adults in Attachment and Trauma

Children and youth who have experienced trauma and broken attachments have a hard time learning and achieving in school. Join us for an interactive workshop with national child trauma expert Dr. Allison Sampson-Jackson and attachment counselor Karen Chaudhry. Educators, social workers, counselors, school security, and other child-serving professionals are encouraged to attend!

Tuesday, February 10, 2015
8:30AM-4:00PM

Professional (educator, social worker,
other professional) : \$45.00

Parent/Caregiver scholarship (foster,
adoptive, kinship): \$10.00

Box lunch included in ticket price



Sponsored by:



Co-sponsors:



4031 University Dr., Suite 100
Fairfax, VA 22030

More information and registration at www.formedfamiliesforward.org
(703) 539-2904

CSA STAFF

James Gillespie, Program Manager
703-324-5442
Shanise Allen, MAIII
703-324-8241
Maureen Altman, UR Analyst
703-324-7822
Janet Bessmer, UR Manager
703-324-7932
Kimberly Jensen, UR Analyst
703-324-3868
Chris Metz bower, MA III
703-324-7890
Lisa Morton, TBP Coordinator
703-324-5863
Suzette Reynolds, UR Analyst
703-324-7752
Sarah Young FAPT Coordinator
703-324-7420
Mariann Gabor, Admin. Assist.
703-324-7938

CSA Fax number
703-653-1369

FRU/CSA Support Staff

Vickie Grazioli, Medicaid Analyst
703-324-7120
Peter Flint, Case Analyst
703-324-5858
Janelle Wilson, Case Analyst
703-324-7204
Tanisha Capers, Project Specialist
703-324-5634

CSA Contracts

Barbara Martinez, CSA Contracts
703-324-8484
CSA Website: <http://infoweb/hs/csa/>
State Website: www.csa.state.va.us

Let's Do Lunch Child and Adolescent Needs Strengths Assessment

Join CANS Super Users for a lunchtime roundtable discussion on how to use the Child Adolescent Needs and Strengths Assessment (CANS).

Your time is sure to be well spent getting your questions answered and gaining clarity on how to score and use the CANS.

A CANS Brown Bag Lunch Series

Fairfax Pennino Building Room 206 Fairfax VA Wednesday February 18, 2015 10am-1:30pm	Alexandria/South County Human Services Office 8350 Richmond Highway Room 221A/B Thursday February 19, 2015 10:30am -1:30pm	Annandale Heritage Conference Center Room C Tuesday March 3, 2015 10:30am – 1:30pm
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No Registration required!

For more information contact your CANS Super User !

Special Thanks to all who helped with the state audit!!

Staci Alexander, CPMT
Maureen Altman, CSA
Shanise Allen, CSA
Jean Bartley, CSB
Allen Berenson, CSB
Janet Bessmer, CSA
Tanisha Capers, FRU
Fran Davison, JDRDC
Keesha Edwards, DFS
Sue Elman, FCPS
Beth Felty, CSA
Benazir Ferozi, FCPS
Barbara Fischer, FCPS
Monica Foote, DAHS
Mariann Gabor, CSA
Cristy Gallagher, CPMT
Jim Gillespie, CSA
Vicky Grazioli, FRU
Vicki Hall, DAHS
Marijke Hannam, DAHS
Rachel Jackson, DFS
Howard Johnson, FCPS
Dan Lanham, JDRDC

Gail Ledford, DAHS
Kim Martin, DAHS
Barbara Martinez, DAHS
Robyn McCoy, DAHS
Karen Mellon, DAHS
Chris Metzbower, CSA
Stephen Moore, JDRDC
Lisa Morton, CSA
Michael Moxley, CSB
Kamonya Omatete, DFS
Amy Parmentier, FCPS
Mary Ann Panarelli, FCPS
Stephanie Pegues, DFS
Alyson Peirce, DAHS
Suzette Reynolds, CSA
Joan Rodgers, CSB
Jo Rutledge, DFS
Hoda Saleeb, DAHS
Ursula Santi, DAHS
David Scarborough, FCPS
John Simmons, DAHS
Jacqueline Sott, CSB
Tami Watts, FRU
Keith Wong, DFS
Janelle Wilson, FRU
Sarah Young, CSA