

Comprehensive Services Act Newsletter

Info for accessing resources across the public child serving agencies for at-risk youth and families
A Partnership of CSA, DAHS, DFS, CSB, JDRDC, FCPS, Families and the Private Provider Community



October 24th, 2013

Upcoming CSA/SOC Case Manager Level 100 Required Sessions

- ◆ Intro to System of Care & Team-based Planning
12/ , 1pm-4pm
 - ◆ Accessing CSA Services
12/12, 9am-12pm
 - ◆ Facilitating Family Resource Meetings
1/9, 9am-12pm
- Supervisors
- ◆ CSA Booster and Q/A session
10/31, 9:30am -11:30am

See training registration & details on page 4.

Inside this Edition

- ◆ New Home-based Requirements
- ◆ Supervisor's Signature Needed
- ◆ 5-Day Rule
- ◆ New Home-based Categories
- ◆ Regional Trainings
- ◆ CSA Team-Building
- ◆ New Leland ICC Staff
- ◆ Kudos to Sojourn House
- ◆ CSA Office & Staff Contact Info

Shanise Allen, LCSW
CSA Newsletter Editor
DFSCSA@FairfaxCounty.Gov

Home-based Services, Medicaid, and CSA



The new state CSA policy about “home-based” services and Medicaid is now in effect, and CSA and Contracts staff are working quickly to make sure we are in compliance. The new policy will require us to be clearer about whether we are purchasing a specific type of Medicaid-reimbursable service called Intensive In-Home Services (IIHS) and if so, documenting that the youth meets all the medical necessity criteria. In the short-term, CSA staff will be screening all requests for “home-based” services. If the request might qualify as IIHS, UR staff will review

the criteria and determine the appropriate type of “home-based” service, signing off on IIHS as appropriate. For requests that are not for IIHS, CSA staff will make sure that the FAPT is aware of the appropriate service type.

Case managers are strongly encouraged to carry on as usual, making sure FAPT documentation describes the youth and family needs clearly, indicates the goals and purpose for “home-based” services, and rates are as needing intervention on the CANS. Training on the new policy and its implications will be offered to supervisors and the case carrying staff within the next few months.

See related article on Page 4 for more information.

A Sign of the Times

The CSA Management Team has decided that supervisor signatures are to be required on two CSA forms: The *Case Manager Report to FAPT* and the *Case Status Change Form*. Supervisors are being brought into the loop to maintain quality control and to assist in the training of new staff as they become involved with CSA cases. As with all CSA forms, when you need these please pull them from the CSA Fairfax Net site to be sure you're getting the most recent version.

What is the 5-Day Rule?

Unless you are in the habit of re-reading the CSA policy manual routinely, please take note of the policy transmittals sent to you periodically which are snapshots of the important changes to CSA processes. **Did you know in 2010, the CSA Management Team approved policy requiring that case managers report to the CSA Office within five working days the start or end services?** These services include residential treatment, group home placement, therapeutic foster care placement, home-based services, and intensive care coordination? Are you adhering to the 5-day rule by notifying CSA of case changes? If not, it is never too late to start using the Case Status Change form by completing and faxing it to CSA at 703-653-1369.

All CSA forms can be accessed on the CSA homepage on Fairfax Net.

Save the Date!!

2014 Northern Virginia CSA Symposium and Vendor Fair Wednesday, March 12, 2014

Northern Virginia Community College, Annandale Campus
Registration opens in early 2014.

Clarification about CSB participation in Team-based Planning Meetings

The CSA local policy manual specifies that CSB participation is required when significant behavioral health, substance abuse and/or intellectual disability needs are to be addressed, and the youth has significant risk factors. (CSA local policy manual pg. 35)

This requirement translates into at least one rating of 2 or 3 on both the Child Behavioral/Emotional Needs subscale and the Child Risk Behavior subscale on the CANS (5+). In other words, a CSB representative must participate in the development of the action plan when there is at least one actionable need on each subscale: Behavioral/Emotional and Risk Behavior. It is important that the rating of the youth on these two scales is as accurate as possible when requesting an initial team-based planning meeting. Under-scoring in the initial request may result in the CSB not being asked to participate when later it is clear that their participation should have been required, and the request will not be reviewed by the FAPT until the CSB requirement has been met.

The content of the CANS (0 to 4) is slightly different in that the Risk Behaviors listed are predominantly risks to the child, not risk behaviors emitted by the child. For children in this age group, the CSB requirement for participation is only in effect when the child has at least one score of 2 or 3 on the Behavioral/Emotional Needs subscale and on at least one of the following three items of the Risk Behaviors subscale: Pica, Self-Harm, and Sexually Reactive Behavior.

In addition, behavioral health care needs of the caregiver do not necessitate CSB participation. Although there may be benefits to their participation and the caregiver's treatment provider may certainly attend as appropriate, CSA does not require it for the request to be presented for FAPT review.

Welcome Aboard!



Kaitlin Bishop joined the **Leland House** team as a Youth Counselor in July 2012 and was promoted to the role of **Intensive Care Coordinator (ICC worker)** in May 2013. In her role as a Youth Counselor, she led psycho-educational groups, engaged and interacted with youth and the parents of youth in treatment, facilitated intakes with new residents, coordinated and collaborated with team members about the care of each youth in treatment with understanding of resident's strengths and needs. Kaitlin earned a Master's degree in Social Work from George Mason University.

Kaitlin's educational background and knowledge base, value of families and teams, experience working in a residential setting and providing case management services, and experience with assessing and building relationships with teens, parents, and other helping professionals lend her to be an excellent fit for the position of ICC worker. Kaitlin Bishop can be contacted at kbishop@umfs.org or 703.222.3558 ext. 110.

New Leland House Intensive Care Coordination Staff



Elizabeth Carter is a newly added member of the Leland House team serving in the role as Intensive Care Coordinator (ICC). She joined the team in August 2013. Elizabeth earned a Master's degree in Social Work from Fordham University. She joined the Leland House team with experience working in an adolescent inpatient setting, Arbour-Fuller Hospital, providing case management services which required collaboratively working with parents/guardians, providers, and others in preparing for the discharge of each adolescent client which included making referrals to outpatient providers and to other services as appropriate. Elizabeth participated in interdisciplinary team meetings and facilitated family systems meetings. Working with the same agency, Elizabeth obtain two years of experience as an in-home clinician where she conducted in-home family and individual therapy, supported youth and families in participating in client-related community meetings, made referrals as appropriate, interacted with insurance companies about authorizing treatment for services based on clinical necessity, worked collaboratively on an interdisciplinary team to develop treatment plans, and monitor compliance with agency standards with regards to

documentation. In addition to this experience, Elizabeth has worked as an Intake/Compliance Coordinator and Case Manager with For Children's Sake of Virginia. Elizabeth served in different roles while employed by the above mentioned agencies and has a unique combination of experience working with adolescents away from home in an inpatient setting, working with youth and families in the home environment providing in-home services, facilitating individual and family therapy sessions, engaging youth and families during the intake process, providing case management and care coordination services for youth in the community and youth in an inpatient setting, and is familiar with various systems as they impact youth and families. It is these experiences, her knowledge base, and understanding of the importance of communication among team members that lend her to be a wonderful addition to the team as an ICC Worker. Elizabeth can be contacted at ecarter@umfs.org or 703.222.3558 ext. 111.

Farewell Home-Based Services, Hello In-Home Services!

For years we've been using the umbrella term "Home-Based" to identify a variety of CSA-funded services provided to children, youth and families within the home and community. And a big umbrella it is, spanning in-home therapies, home-based counseling, mentoring, in-home respite and even supervised visitation. Responding to new state policy, in September the Community Policy and Management Team (CPMT), our local CSA governing board, closed the "Home-Based" umbrella and in its place opened several categories of services and supports that are provided in the home and community. These include:

- ◆ Intensive in-home services
- ◆ In-home services
- ◆ Intensive family preservation services
- ◆ Family preservation services
- ◆ Mentoring
- ◆ Behavior therapy/management
- ◆ Supervised visitation
 - ◆ Therapeutic
 - ◆ Monitored
- ◆ Mental health supports

These more accurate and precise categories will help families, case managers and providers to select services that best meet the individualized needs of children and youth, and will assist in identifying service gaps. In order meet a tight deadline for implementing state policy the new service categories will take effect November 1, prior to finalizing their definitions. During the next few months an inter-agency workgroup, in collaboration with providers, will develop new service definitions and models, an evaluation process and a training plan. Based on the efforts of the workgroup and experience with the new service categories, there will likely be additional revisions to the service categories and/or definitions by next July.

Recognizing that these categories will be evolving over the next few months, case managers will not be required to use them until February or later. CSA staff will review all requests for home-based services and any of the categories listed above, and identify the correct new service category for consideration by FAPT. Services to youth and families will not be jeopardized if the case manager does not choose the correct category. Case managers are encouraged to select the category that best describes the service being requested.

Regional Training for Supervisors on the New Home-based (In-home) Requirements

<p>Thursday, Oct.24 10:00am to 11:00am FCPS - School Social Work 3877 Fairfax Ridge Road, Rm. C11 –B Fairfax, VA 22030</p>	<p>Wednesday, Oct. 30th 11:00pm to 12:00pm Reston / Northwest Center 1st floor Multipurpose Room (600A)</p>	<p>Wednesday, Nov. 13th 10:00am to 11:00am Alexandria/South County Center 2nd Floor, Room 219 (Mount Hybla)</p>	<p>Friday, Nov. 15 1:00pm to 2:00pm Fairfax/Old Courthouse 4000 Chain Bridge Road, Suite 2700 Fairfax, VA 22030</p>
---	--	--	--

REGISTRATION:

To learn more information on the Medicaid requirements related to home-based services, register to attend a regional training session by contacting Shanise.Allen@FairfaxCounty.gov.

Is CSA the Scariest? Team-Building Taken to the Next Level

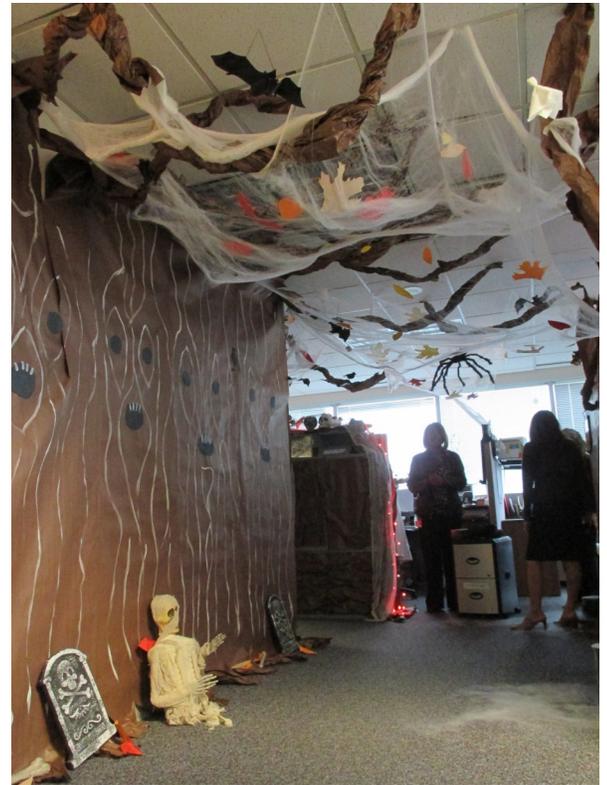


On Friday, October 11th, CSA settled a long running battle against the Federal Reimbursement Unit by winning the Workstation Decoration Challenge with the highest total points earned. Unbeknownst to each team, both selected forest themes. Colleagues in the Pennino Building visited and strolled through both spooky spaces and judged by completing anonymous ballots in the categories of originality and execution.

CSA's Enchanted Forest

CSA's team-building exercise is a great morale booster and we challenge other teams in the Pennino Building to join us next year, if you dare!

FRU's Spooky Décor
This guy might need a vacation.



Congrats to the CSB's Sojourn House and Crossroads Youth

Kudos to Sojourn House and Crossroads Youth for earning a **3-year renewal** from both the Virginia Dept. of Behavioral Health and Developmental Services (DBHDS), Office of Licensing and the Commission on Accreditation of Rehabilitation Facilities, (CARF). CARF is an independent, nonprofit accreditor of health and human services programs. A 3-year renewal is no easy feat to achieve and more than just a certificate hanging on the wall. Re-accreditation is evidence that Sojourn House and Crossroads Youth provide a proven standard of excellence in practice and the provision of services. Our SOC community appreciates the continuous high quality of service to at-risk youth and their families. Keep up the good work!

CSA SOC Training Case Manager Level 100 Required Sessions*

Part 1: Intro to System of Care and Team-Based Planning

Dec. 3rd – Tuesday, 12:00pm - 4:00pm
Herrity Building, room 106/107
12055 Government Center Parkway
Fairfax, VA 22035

Part 2: Accessing CSA Services

Dec. 12th - Thursday, 1:00 pm to 4:00pm
Government Center, Conference Rooms 8
12000 Government Center Parkway
Fairfax, VA 22035

Part 3: Facilitating Family Resource Meetings *

Jan. 9th - Friday, 9:00am to 12:00 pm
Government Center, Rooms 9/10
12011 Government Center Parkway
Fairfax, VA 22035

CSA Supervisor's Training

Booster and Q/A Session

Thursday, October 31, 9:30am to 11:30am
Pennino Building, Room 206A
12011 Government Center Parkway
Fairfax, Virginia 22035

REGISTRATION INFO:

CSA case manager required training is open to the provider community, parents, and others involved with at-risk youth and families. Case managers hired after Oct. 1, 2012 are required complete Intro to SOC/TBP, Accessing CSA, and Family Resource Meeting Facilitation training sessions within the first 12 months of hire and to obtain CANS certification. The CSA Supervisor's session is intended for supervisors whose staff manage CSA cases. If senior staff approve and sign CSA paperwork for staff, they may attend as well.

To register for training county staff may register on the Employee Learning Center at
<https://fxcounty.plateau.com/plateau/user/login.jsp>

FCPS and Non-county staff may register by email at Shanise.Allen@FairfaxCounty.Gov or call at 703-324-8241 with any questions or concerns.

***DFS-CYF is exempt from attending Part 3: FRM training, as they have met the requirement by attending a state mandated session on the topic.
Reminder!**

CSA STAFF

James Gillespie, Program Manager
703-324-5442

Shanise Allen, MAIII
703-324-8241

Maureen Altman, UR Analyst
703-324-7822

Janet Bessmer, UR Manager
703-324-7932

Beth Felty, FAPT Coordinator
703-324-7406

Sarah Harmon, UR Analyst
703-324-7420

Chris Metz bower, MA III
703-324-7890

Lisa Morton, TBP Coordinator
703-324-5863

Suzette Reynolds, UR Analyst
703-324-7752

Mariann Gabor, Admin. Assist.
703-324-7938

CSA Fax number

703-653-1369

FRU/CSA Support Staff

Tami Watts, Medicaid Case Analyst
703-324-7120

Vickie Grazioli, FRU/CSA
703-324-5858

Janelle Wilson, FRU/CSA
703-324-7204

CSA Contracts

Barbara Martinez,

CSA Website: <http://infoweb/hs/csa/>

State Website: www.csa.state.va.us

**Shanise Allen, LCSW
CSA Newsletter Editor
DFSCSA@FairfaxCounty.Gov**