

# Comprehensive Services Act Newsletter

*Info for accessing resources across the public child serving agencies for at-risk youth and families  
A Partnership of CSA, DAHS, DFS, CSB, JDRDC, FCPS, Families and the Private Provider Community*



November 24, 2014



*The spirit of Thanksgiving is not only counting your blessings but sharing them, too! On behalf of at-risk children and their families **THANK YOU** for inspiring hope and supporting services to improve lives and communities.*

*Happy Thanksgiving from CSA!*

## **GRATITUDE FOR SYSTEM OF CARE PARTNERS INOVA Kellar Training Series**

A special thank you to **INOVA Keller** for generously providing 10 training slots for county and school staff to attend Promote Body Acceptance and Prevent Eating Disorders on October 3, 2014. Keller's small act of kindness has had a positive rippling effect. First, staff who attended this training learned valuable information about an eating disorder prevention program for adolescent girls and young women and how to identify risk factors, and how to deliver the groups locally. As often is the case after a training, staff return to their agencies and share what has been learned with their colleagues and transfer knowledge to them. School staff went one step further and have plans to run the Body Project groups within Fairfax County public schools (FCPS). Now, students will benefit from the Kellar training series and be able to attend groups to adopt healthy body image and prevention strategies. FCPS social workers Lori Klein and Karla Mettling attended a presentation on and are looking forward to implementing these groups within FCPS.

The Body Project is a program designed by Dr. Eric Stice, with the Oregon Research Institute. It is a group curriculum designed to promote body acceptance and prevent eating disorders targeting young woman between the ages of 15-21. According to Dr. Stice, body image concerns are among the top anxieties that today's youth face. "Body dissatisfaction is one of the most potent and consistent predictors of future eating disorder and major depression onset among young women," explained Dr. Stice during the seminar. The groups are designed to be an interactive discussion lasting for 60 minutes over four sessions to help raise awareness of societal pressures. These groups have been implemented across the country at both the high school and college level and have yielded great success.

**We are grateful to our community partners who assist us in expanding our capacity as a system to delivering effective treatments and services to families.**



## Wraparound Fairfax Team Welcomes New Intensive Care Coordinators

The Wraparound Fairfax Team facilitates a team-based planning process to support youth, and their families, who are at risk for out-of-home placement or youth that are currently in placement and transitioning back to their community. Facilitators implement the Wraparound Model in which services and supports are accessed, coordinated and delivered in a strengths-based, individualized, family/youth-driven manner.

Manila Consultants have completed their second assessment of wraparound fidelity monitoring for the team. The team is scored on the Wraparound Fidelity Index (WFI), which is then compared to national averages. Overall, the team is implementing the Wraparound Model at or above the national level in many areas. The team scored the highest on the Team-based (FFX-81 National-78) and Collaboration (FFX-94 National-88) scales. The team shares this success with their community partners and stakeholders that have embraced the model.

The Wraparound Fairfax Team is currently fully staffed (6 facilitators) and accepting referrals at this time. Please visit the CSA website for further information and to complete the referral application. The CSB would like to introduce the newest facilitators to join the Wraparound Fairfax Team: Katherine Felt and Laurie Johnson.



**Katherine Felt** began her career in Residential Treatment Centers in Utah. It was through those experiences, where she had begun to understand the importance of treating the family as a whole. Kate received her BA degree in family studies from Weber State University. During this time, she also gained experience providing case management for people with Traumatic Brain Injuries. In 2011, Kate moved to Washington State where she received a MA in Marriage and Family Therapy from Pacific Lutheran University. There she worked with a community mental health facility focusing on providing family therapy for disadvantaged individuals. As an intern, Kate had the opportunity to work with adolescence and multidisciplinary team members in order to provide the most collaborative approach possible to address the individual needs of youth and families. Prior to re-locating to Virginia, Kate had been a part of the team at a transitional housing program which accommodated homeless young adults 18-24 years of age. Kate is currently pursuing licensure in Marriage and Family Therapy.

**Laurie Johnson** was previously employed by the Department of Family Services where she worked for Child Protective Services as an investigator. Laurie was a member of the sex abuse unit where she received specialized training in forensic interviewing and collaborated closely with Fairfax County Police, Criminal Investigation Bureau. Prior to working with Fairfax County, Laurie was the Program Manager at a residential crisis stabilization facility for adolescents. Additionally, Laurie has also worked as a Youth Counselor at a long term residential treatment facility for adolescent females. Laurie has had internships in foster care and adoption as well as Head Start. Prior to her career in Social Services, Laurie served in the U.S. Air Force. Laurie received her Masters of Social Work from George Mason University in 2012. Laurie has experience working with clients who have significant trauma history, especially sexual abuse survivors and adolescents with significant mental health needs.



To submit a referral for Intensive Care Coordination services, contact Suzette Reynolds, Utilization Review Analyst by email at [Suzette.Reynolds@fairfaxcounty.gov](mailto:Suzette.Reynolds@fairfaxcounty.gov) or email at 703-653-1369 and include a Consent form, Team-Based Planning and Request form, and CSA Eligibility Determination form.



## CSA System of Care Training

### Training Registration:

County staff should register on the Employee Learning Center at <https://fxcounty.plateau.com/plateau/user/login.jsp>

Non-county staff may register by email at [Tanisha.Capers@FairfaxCounty.Gov](mailto:Tanisha.Capers@FairfaxCounty.Gov) For accommodations or additional information contact Tanisha Capers at 703-324-5634. Contact your agency training coordinator with specific questions about training requirement

**Good News!** Non-county staff including providers, parent representatives, volunteers and contractor may open a learning account to register for training sessions. See instructions below.

### Create new external account

1. Open Internet Explorer

In the URL bar type in <https://externallearning.fairfaxcounty.gov> and press **enter**

On the right side of Employee U, find **Create Account** hyperlink and click on it

2.Fill in the required (\*) information below.

#### Login ID:

Enter in your County email address. This email address will be used as your Login ID to log on to Employee U.  
(For example: [jane.doe@fairfaxcounty.com](mailto:jane.doe@fairfaxcounty.com))

#### Password:

- follow password policy
- Minimum password length is 6 characters
- 1 uppercase and lowercase letters
- 1 special character (for example:!, \$, #, %)
- 1 number

**Confirm Password:** Confirm your password

**First Name:** Enter in your first name

**Last Name:** Enter in your last name

**Email Address:** Enter in the email address that was use for the Login ID

**Organization:** Click **Select**

3. In **Select Organizations**, under **Find Organization** : type in **New** and click **Search**

4. Select the radio button next to **All Fairfax County Non-Employees (New Account)**, and then click **Save** to go back to the main screen

5. Click **Create**

\*\*\*A notification and confirmation email will be sent to the registered email address.

### Part I: Into to System of Care and Team-Based Planning

Dec. 2nd – Tuesday, 1:30pm - 4:30pm,  
Government Center  
12000 Government Center Parkway, Rms. 4/5  
Fairfax, VA 22035

### Part II: Accessing CSA Services

Dec. 18th – Thursday, 9:00am - 12:00pm  
Government Center  
12011 Government Center Parkway, Conf. 4/5  
Fairfax, VA 22035

### Part III: Facilitating Family Resource Meetings

December 11—Thursday, 1:00pm - 4:00pm  
Government Center  
12000 Government Center Parkway, Conf. Rm. 2/3  
Fairfax, Virginia 22035

January 13, 2015, 9:00am -12:00pm  
Herrity Building, Rm. 107  
12055 Government Center Parkway  
Fairfax, Virginia 22035

## SUGGESTIONS, COMMENTS, & QUESTIONS

James Gillespie, Program Manager	703-324-5442
Shanise Allen, Management Analyst	703-324-8241
Maureen Altman, Utilization Review	703-324-7822
Janet Bessmer, Utilization Review Manager	703-324-7932
Sarah Young, FAPT Coordinator	703-324-7420
Chris Metzbower, Management Analyst	703-324-7890
Lisa Morton, Team Based Planning Coord.	703-324-5863
Suzette Reynolds, Utilization Review	703-324-7752
Mariann Gabor, Admin. Assist.	703-324-7938

### CSA Fax number

**703-653-1369**

### FRU/CSA Support Staff

Tami Watts, Medicaid Case Analyst	703-324-7120
Vickie Grazioli, FRU/CSA Analyst	703-324-5858
Janelle Wilson, FRU Case Analyst	703-324-7204
Tanisha Capers, FRU Project Specialist	703-324-5634

### CSA Contracts

Barbara Martinez Contracts Manager	703-324-8484
CSA Website: <a href="http://infoweb/hs/csa/">http://infoweb/hs/csa/</a>	
State Website: <a href="http://www.csa.state.va.us">www.csa.state.va.us</a>	