

Outstanding Performance Awards for SOC Blueprint Accomplishments



In July, Betty Petersilia, Janet Bessmer, Desiree Gordon and Jesse Ellis (not pictured) received Outstanding Performance Awards for their leadership in developing a multi-year Children's Behavioral Health System of Care Blueprint that was completed in March and endorsed by county and school system leadership in April. They worked diligently to ensure that Blueprint strategies will significantly benefit all children and families with behavioral health challenges.

KUDOS!



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New CANS Forms

You've likely noticed the recent changes to the Child and Adolescent Needs and Strengths assessment form located on the FairfaxNet. A space for the CSA case manager's supervisor's name has been added to the CANS form. To expedite processing of the CANS form when a bubble or module is missed, supervisors will be notified along with case manager about corrections required. Please respond promptly to avoid delays.

A Parent's Perspective: Team-based Planning Feedback



It is an especially bright day in the CSA program when a case manager shares feedback about how the team-based planning meeting is impacting families. Below is a brief note from Laura Thieman, LCSW, RPT, FCPS School Social Worker to Lisa Morton, Team Based Planning Coordinator.

"Thank you for your consultation today. I'd like to extend my gratitude to the CSA staff on behalf of a mom I have been working with. After our first team-based meeting, she said, **"I feel so encouraged. I have never had a team before!"** Her father, who has provided a great deal of emotional support, has remarked a number of times how different this experience is as compared to the countless other times that this mom has tried to address the complex and multi-faceted areas of struggle which impact her son and his functioning. The most powerful dimension by far is seeing how **mom's voice has gotten stronger**. Even her **physical posture has shifted** between the first and second meetings. The team has earned her trust and we truly safeguard it. We see her relying on the strength of the team to help support and bolster strengths while also collaboratively supporting areas of need. "

REVISED: Part II of the Local Policy Manual has been updated. Go to <http://fairfaxnet.fairfaxcounty.gov/Dept/DFS/csa/Documents/pdf/manuals/LocalPolicyManual.pdf>

Parting Words from James J. McCarron Jr. Director of Probation Services, JDRDC

To my CSA and Human Service Agency friends and partners,

As I head out the door to retirement, I just want to say thank you for all the outstanding work you do for the citizens, children, youth, and families of Fairfax County. Your support and collaboration with JDRDC, and the Court Services Unit, Probation staff, is truly the backbone of service delivery in the community to those clients who depend on public services to receive the help to recover, rehabilitate, and become healthy. Without your partnership, probation officers and the judiciary of JDRDC could not meet its mission and vision to provide the best services to the clients of the Court.

I will miss everyone, and remember our partnerships with fondness.

Jamie

Trauma Tip #6 : Back to School

As children head back to school, it is important to remember that the demands of school at times requires unrealistic expectations of students, and students with histories of trauma who are reprimanded or corrected, even slightly, or perceive being insulted by teachers or other school staff may react with rage and other disruptive behaviors due to the fight or flight response common in individuals with trauma histories. Instead, school staff can help children cope in the school setting by offering small acts of kindness such as some encouraging, comforting words. Giving children time and space in a supportive environment to calm down after an upsetting event may be helpful. Understanding the youth's aggressive words or behaviors as a reflection of their trauma and not a reflection on you, the teacher, staff, or provider will also help reduce the potential to escalate the situation due to a negative reaction. While consequences may be necessary and appropriate, a trauma-informed reaction from staff after a behavioral incident may help reduce future incidents from occurring and provide the student with support to help him or her heal more quickly and be more available for learning.



Pictured above James J. McCarron Jr., retiring Director of Probation Services is congratulated and thanked for his many years of service as a CSA Management Team member by Deputy County Executive, Patricia Harrison, Chair of CPMT (August 12, 2016).



Getting to Know **New Leadership** in JDRDC



Matthew Thompson,
Assistant Director

What is your current position title and what are your responsibilities? My new position and title is Assistant Director, Court Services—Probation Division. In my new role I am responsible for overseeing all Juvenile Probation and Intake Services, Domestic Relations Intake, adult probation services under the Community Corrections unit, as well as the Supervised Release and Visitation programs.

How long and in what capacities have you been involved with the CSA program? My experience with CSA dates back to my years as a field probation officer where I would convene Child Specific Teams in order to identify and access CSA funded services to assist and meet the needs of the youth and families that I was working with. When I was the Assistant Director of our Center County probation office in Fairfax City, I attended CSTs on unassigned cases where the Juvenile Court was requested to attend. I always enjoyed attending these meetings because it gave me the opportunity to try and assist youth and families, who were often in crisis and help prevent them from becoming involved with the court. As a supervisor, I was responsible for staffing cases with probation officers and approving case management decisions and recommendations for court which often included a requirement to cooperate with CSA recommended services. I also served as a FAPT alternate on the North County FAPT. More recently, I was asked to represent JDRDC on the CSA Stakeholder's workgroup where I served for two years as the co-chair. Upon being promoted to my current position, I resigned my position on the CSA Stakeholder's group and now serve as the JDRDC representative to the CSA Management Team.

What are a few priorities, changes or challenges facing JDRDC in the upcoming year? Probably the biggest change to JDRDC has been with the recent retirement of a number of staff from senior leadership positions. Although the loss of experience and institutional knowledge is undeniable, it is also a very exciting time for our agency. Over the past several years, JDRDC has been engaged in juvenile justice reform efforts. We have adopted a number of evidenced based practices, including the use of validated risk and needs assessments to guide our recommendations in court and drive case planning, and also trained our staff in the use of Motivational Interviewing and trauma informed care. We also continue to increase the use of diversion to prevent low-risk, first time offenders from penetrating deeper into the court system and reduce the disproportionate overrepresentation of youth of color involved in the juvenile justice system. Moving forward JDRDC continues to face a number of challenges, particularly around our transformation efforts and enlisting the support and collaboration of key stakeholders in the process. Other challenges the court faces include, transportation and access to services for our clients, language and cultural barriers, and the shortage of mental health and trauma informed services to meet the needs of the youth and families that we serve, to name a few.

Outside of work, what are some of your interests and hobbies? I am married and the father of three boys under the age of 8. My wife also works full-time as a Marketing Manager for a large defense contractor, so between taking care of our kids and managing our careers, we don't seem to have a lot free time! However, when we do have free-time, we love spending time together as a family, being outdoors and staying active. Some of our favorite past times include hiking, camping and taking day-trips to get out of town. The boys love swimming, so we're pretty much weekend regulars at our neighborhood swimming pool! I am also a brown-belt in Krav Maga, an Israeli self-defense system, which I have trained in since 2007.

CSA Form Changes on the Web

	Forms	Brief Description of Change
1	All forms, County and Fairfaxnet site	Name of program updated to Children's Services Act; Logo, footer updated. Additional changes may occur with SOC rebranding initiative.
2	Team Based Planning Form	Removed the ICC request because ICC referral is now a separate form; Update CANS items (social behavior is intentional misbehavior).
3	Case Manager report	Moved "Treatment Team Plan to Transition to Less Intensive Services" to above the Community Based services request
4	ICC Referral Form	Moved race and Hispanic boxes to the Demographics section.
5	Change status form	Portrait orientation not landscape. Will remove boxes 2 and 3 and replace with a box for changes in demographics address; Change the font.
6	Case Manager checklists	Under revision
7	Consent form	Added space for parent email.
8	Encumbrance form	Portrait orientation not landscape. Page 2 added to define service names. Page 2 DOES NOT need to be submitted; it is for reference only. Added boxes to indicate if the service is not for the child but for the parent (new state requirement).
9	ADS Consent	Under revision. Name of form to be updated. Staff need training about when specific consent needed to release/exchange information about substance use.
10	Certificate of Need (CON)	Change the font and logo
11	Other Agency Placed (OAP) form	Updated by Patricia Coleman and Howard Johnson
12	Parental Agreement	On the last page change "representative" to Program Manager
13	Copayment forms	Name revised to Parental Contribution. Scale currently under revision but not adopted by CPMT. Continue to use current scale.
14	Spanish forms	Have not yet been updated yet.
15	Family Guide to CSA: Information about CSA for Parents and Caregivers	Added individual handouts for parents on various topics. Can be combined to make a Family Guide.
16	Local Policy Manual	Name of CSA updated to Children's Services Act throughout. Part 2 of manual updated for CPMT review and approval. "Parental Copayment" changed to "Parental Contribution" to be consistent with state language.

CSA SOC TRAINING SCHEDULE

Register for training sessions at <https://ffclearning.fairfaxcounty.gov/Default.aspx>. Contact Tanisha.Capers@fairfaxcounty.gov or 703-324-5634 with questions. Please register at least 3 days prior to each session. Training sessions will be cancelled without a minimum number of registered participants.

Part I: Intro to System of Care and Team Based Planning

Objective: Overview of Systems of Care principles and Practice Standards and methods to effectively facilitate team based planning meetings.

Thursday, September 29, 2016, 1:00 pm to 4:00 pm

Pennino Building, 12011 Government Center Parkway, Room 206A

Part II: Facilitating Family Resource Meetings (DFS-CYF exempt)

Objective: Overview on preparing the youth, family and team members for the meeting; developing an action plan during the meeting; identifying needs, strengths, objectives and tasks; assessing risk and identifying resources and referrals; and keeping the group focused and moving through the meeting process.

Thursday, October 20, 9:00 am to 12:00 pm

Pennino Building, 12011 Government Center Parkway, Room 206, Fairfax, Virginia 22035

Part III: Accessing CSA Services

Objective: Overview of CSA eligibility criteria, referral process, forms, CANS requirements, resources, contracts, and utilization review process.

Thursday, November 3, 2016, 1:00pm – 4:00 pm

Herrity Building, Room # 106, 12055 Government Center Pkwy., Fairfax, VA 22035

CANS Refresher Course

Tuesday, November 8, 10:00 am to 11:30 am (Fairfax)

Herrity Building, Room 107, 12055 Government Center Pkwy, Fairfax, VA 22035

Copayment Training

Objective: Overview of the copayment form, income documentation, copay waivers and exemptions, financial hardships, Medicaid impact, and the billing process.

Thursday, September 8th from 1:00 pm to 3:00pm

Pennino Building, Room 200, 12011 Government Center Parkway, Fairfax, VA 22035



Training Requirements

Within the first 12 months of hire, CSA lead case managers, supervisors of lead case managers, Family Assessment and Planning Team (FAPT) members, and CSA staff are required to attend CSA-SOC training events, Parts 1, 2, & 3. Attendance is required of DFS-CYF staff, FCPS and FCCPS school social workers, FCPS-MAS staff, probation officers, and CSB therapists who work with the CSA program. Families and providers are invited and encouraged to attend.

CSA by the Numbers		July Data	
Number of Full FAPT planning meetings	15	Number of Referrals for ICC	13
Number of requests for community-based and residential services	159	Non-DFS Initial Family Resource Meetings/Family Partnerships Meetings	27
Number of Medicaid submissions for TFC	54	Number of Wraparound Fairfax cases	10
Number of Medicaid submission for RTC	38	Number of ICC cases-Leland UMFS Community	9
Number of direct parent inquiries to CSA	6	Number of Family Partnership Meeting meetings	101
Number of Mental Health Resource cases	52	Number of copayment assessments	48
Number of CANS entered	373	Number of waivers and reductions	16
Number of ICC cases Leland UMFS Residential	0		