

FAIRFAX-FALLS CHURCH COMMUNITY SERVICES BOARD

Lt. Colonel Mark Sites, Chair

Fairfax County Government Center

12000 Government Center Parkway, Conference Rooms 2 & 3

Fairfax, Virginia 22035

Wednesday, April 24, 2013

7:30 p.m.

- | | | | |
|-----|--|-------------------------|-----------|
| 1. | Meeting Called to Order | Mark Sites | 7:30 p.m. |
| 2. | Recognition | Mark Sites | |
| 3. | Matters of the Public | | |
| 4. | Amendments to the Meeting Agenda | Mark Sites | |
| 5. | Approval of Board Minutes: March 27, 2013 Work Session and March 27, 2013 CSB Meeting | Mark Sites | |
| 6. | Matters of the Board | | |
| 7. | Committee Reports | | |
| | A. External Committee Report | Mark Sites | |
| | B. Fiscal Oversight Committee Report | | |
| | C. Intellectual Developmental Disability Workgroup | Jessica Burmester | |
| | D. Substance Use Disorders/Mental Health Workgroup | Mark Sites/Susan Beeman | |
| | E. Other Reports | | |
| 8. | Action Items | | |
| | A. Selection of Nominating Committee | Mark Sites | |
| 9. | Executive Directors Report | George Braunstein | |
| | A. Legislative Update | | |
| | B. County Budget Update | | |
| | C. Training Centers-DOJ Agreement Update | | |
| 10. | Adjournment | | |

Fairfax-Falls Church Community Services Board
March 27, 2013

The Board met in regular session at the Fairfax County Government Center, 12000 Government Center Parkway, Conference Rooms 2 and 3, in Fairfax, VA.

The following CSB members were present: Mark Sites, Chair; Gary Ambrose, Jessica Burmester, Ken Garnes, Mark Gross, Glenn Kamber, Suzette Kern, Lori Stillman and Jane Woods

The following CSB members were absent: Pam Barrett, Mary Ann Beall, Susan Beeman, and Juan Pablo Segura

The following CSB staff was present: Belinda Buescher, Jean Hartman, Evan Jones, Dave Mangano, Davene Nelson, Allan Phillips, Lisa Potter, Susan Sigler Jim Stratoudakis, Lyn Tomlinson, Alan Wooten, Will Williams and Laura Yager

1. Meeting Called to Order

Mark Sites called the meeting to order at 7:35 p.m.

2. Matters of the Public

Lt. Colonel Sites welcomed Gary Ambrose as an At-Large member of the CSB Board and noted Paul Luisada will be joining the Board next month representing the Mt. Vernon District. In addition, Lisa Witt, who recently became the CSB Chief Fiscal Officer, was introduced and welcomed.

3. Approval of the Minutes

A motion was offered by Lori Stillman for approval of the February 20 and February 27, 2013 Board Work Session minutes as well as the February 27, 2013, minutes of the Fairfax-Falls Church Community Services Board meeting. The motion was seconded and carried.

Separately, a statement for the record was provided by Jane Woods as well as Suzette Kern indicating they were unaware during the discussion at the February 27th Board meeting that the proposed letter to the Board of Supervisors (BOS) on prevention-treatment at the schools would include an attachment. It was stated had they been aware the attachment with specific budget requests was part of the motion offered, both Ms. Woods and Ms. Kern would not have voted to send the document forward.

4. Amendments to the Meeting Agenda

A motion was offered by Mark Gross to move the TransCen presentation to Item #5 which was seconded and unanimously passed.

5. Presentation Day and Employment Funding and Services Strategies

Richard Luecking and Ann Deschamps with TransCen, Inc. provided an overview of the report highlighting the research, strengths and concerns, as well as recommendations.

- It was indicated information gathering took place through 1) interviews with key staff with the Fairfax-Falls Church Community Services Board, 2) seven focus groups, 3) representatives from five states including Washington, Missouri, Ohio, Vermont, and Wisconsin, all of which receive local funding for day and employment services, as well as 4) four CSBs in Virginia, Rappahannock, Virginia Beach, Henrico and Chesterfield.
- Recognizing Fairfax County's commitment to provide quality services and contribute its own funding in support of services, some additional strengths noted were the variety of providers, case management along with collaboration with the schools. Two areas of concern were Medicaid reimbursement rates and transitioning individuals from the Training Centers.
- Among the recommendations offered were 1) matching/leveraging local funds to gain additional federal support, 2) broaden waiver eligibility to more individuals with intellectual disability that can be served with federal assistance vs. local funds, 3) incentivize vendors to serve consumers through supported employment which would lower the cost if long term, and 4) if waiting lists exist, prioritize youth exiting the schools that are already working.
- During the discussion, it was indicated the incentive for the state to work with the county in developing waivers that can be federally matched is that money is brought into the state's economy. There would be no cost to the state in this process other than manpower to assist in development.
- As part of prioritizing any wait lists when graduating from schools, it was indicated employment development would be part of the school curriculum to assist in obtaining jobs vs. beginning this process following graduation.

Alan Wooten expressed appreciation for the report and noted even though three reports have previously been undertaken, this is the first to engage nationwide representatives to identify options and expand considerations. Creative and innovative thinking has been brought forth. On April 4th, the Intellectual Developmental Disability workgroup (IDD) will be reviewing the report further in preparation for presentation to BOS.

6. Matters of the Board

Lori Stillman noted she and Jessica Burmester continue to be representatives on the LogistiCare advisory committee to address transportation concerns. The next meeting is May 16th and a notice will be provided to Board members who are encouraged to participate.

A. *FY2014 Budget:*

- Lt. Colonel Sites indicated due to recent activities, clarification is needed by the CSB Board on the budget priority message to relay to the Board of Supervisors in upcoming testimony as well as individual meetings with Supervisors.
- A recommendation was offered that the budget priorities include 1) \$1.1 million to fill staff vacancies, 2) maintain three unfunded positions-- a senior management along

with two prevention positions, and 3) the prevention-school initiative, but not referencing the specific plan or associated funding.

- It was suggested that any message include a statement of appreciation for the designated funding covering the Infant and Toddler Connection (ITC) as well as ID Day and Employment services.
- Deep concern was expressed that the school prevention initiative has not been strategically vetted with the full Board for overall funding planning. It was indicated with scarce resources and the need to support base services of the CSB as well as other county services, the Board has not had the opportunity to review how this initiative should be considered in light of the full Beeman Transformation Plan which is undergoing a deliberative review process.
- It was noted in the spring of 2012 Deputy County Executive Pat Harrison proposed to consolidate prevention services countywide and the full CSB Board has not yet heard the entire plan. In addition, it was indicated the CSB should be working together with the county to ensure there is no duplication of services being proposed in prevention.
- A caution was provided by staff that the school initiative has only a small prevention piece, and is mostly clinical treatment and early intervention.
- Moving forward it was stressed the CSB Board must clearly articulate the message and any method used should be carefully planned with staff as an integral part of the process.
- Noting the CSB school early intervention-prevention proposal has already been submitted to the BOS and the BOS has agreed for the proposal to be an Item for Consideration, it was suggested this initiative be included following the previously identified issues, and if questioned as to the highest ranking, stress funding for filling vacancies as well as the three unfunded positions.
- While discussing an opportunity to work with partners to further flush out the school early intervention-prevention proposal as part of the transformation process, staff indicated requests have been received from the Department of Management and Budget to cost out details of the proposal and provide this information by April 1st. The request is a result of preparing for BOS Consideration Items. It was indicated staff will work with Glenn Kamber as well as CSB staff to gather the specific information and provide the results to all Board members.
- Following further discussion and in light of the early intervention-prevention school initiative as a possible BOS Consideration Item, a motion was offered that the CSB budget advocacy message include:
 - \$1.1 million for filling staff vacancies
 - Maintaining three unfunded positions: one senior management and two Wellness, Health Promotion and Prevention positions
 - The Early Intervention-Prevention school proposal with no reference to specifics, while noting this part of the Beeman Transformation plan is being brought forward in advance of the full plan for possible budget consideration during the FY14 process.
 - Appreciation extended for the ITC as well as Day and Employment services funding.

A motion was presented for approval of the above FY2014 CSB Budget message which was seconded and carried.

- It was emphasized when the Transformation Plan is presented in June, the Board now must include an early intervention-prevention proposal as a priority.

7. Committee Reports

There were no committee reports.

8. Executive Directors Report

Mr. Wooten noted at the March county awards ceremony there were 16 CSB staff that received Outstanding Performance Awards.

Actions Taken –

- ◆ Approval of the February 20 and 27, 2013 CSB Board Work Session minutes and February 27, 2013 regular Board meeting minutes.
- ◆ Approval of a four part FY2014 Budget priority message.

There being no further business to come before the Board, a motion to adjourn was offered, seconded and carried. The meeting was adjourned at 10:20 p.m.

Date

Staff to Board

Fairfax-Falls Church Community Services Board

Work Session

March 27, 2013

The Board met at the Fairfax County Government Center, 12000 Government Center Parkway, Conference Rooms 2 and 3 in Fairfax, VA.

The following CSB members were present: Mark Sites, Chair; Gary Ambrose, Susan Beeman, Jessica Burmester, Mark Gross, Glenn Kamber, Suzette Kern, Ken Garnes, Lori Stillman and Jane Woods

The following CSB members were absent: Pam Barrett, Mary Ann Beall and Juan Pablo Segura

The following CSB staff was present: Belinda Buescher, Allen Berenson, Jean Hartman, Evan Jones, Dave Mangano, Davene Nelson, Patrick McConnell, Allan Phillips, Lisa Potter, Susan Sigler, Jim Stratoudakis, Lyn Tomlinson, Alan Wooten and Laura Yager

Meeting Called to Order:

Mark Sites called the meeting to order at 6:00p.m.

Infant and Toddler Connection:

Allan Phillips and Susan Sigler provided an overview of the Infant and Toddler Connection (ITC) services which is federally mandated to serve all eligible children. The presentation highlighted:

- The Program serves ages 0-3 years for children with a 25% developmental delay, high probability of future delays, and recently added, premature infants defined as 28 or less weeks gestation or incubated for 28 days. It was indicated premies frequently do not need services, but are provided a plan and often referred to the Health Department.
- Services are provided in homes using an adult learning model as children learn best from their caregivers in a familiar, safe setting. Parents/caregivers are coached, assisted in finding their own strengths and provided strategies for child development using every day activities. An individualized Family Service Plan (IFSP) is developed, and at a minimum, is reviewed every 6 months.
- On average, the time in ITC is about 18 months.
- Partnerships include both public and private. While ITC provides intake and development of initial service plan, 85% of families are served by contractors. Collaborators include Inova, schools and the Health Department.
- Beginning at age 2 or when 3 years of age are reached and they are no longer eligible for ITC services, children are transitioned to the schools.
- In FY2012, 3,090 children were served, with over 1,600 being new intakes. Almost 200 left services prior to 3 years of age and 410 entered special education services in the schools.
- The outcome measures include development of positive social, emotional skills; interaction with environment; use of age appropriate behavior; and parent satisfaction.

44.7% demonstrated improved functioning comparable to same age peers compared to statewide 38.18%.

- State training is scheduled in April in an effort to implement a primary provider approach vs. contracted services. It was indicated contractors seem to provide a more clinical approach, and it was also noted, the Medicaid rate would apply the same whether primary provider vs. contracted services.
- In discussion of the federal mandate, it was pointed out the State, through a federal agreement, has the responsibility and contracts with other entities to provide the services. The entities can vary from health departments, schools or whatever system may provide intellectual disability services.
- In response to whether the FY2014 proposed state funding and the \$1.2 reserve fund established by the County will be sufficient for the anticipated services, it was indicated the associated costs should be covered.

Youth & Family:

Patrick McConnell, Allen Berenson, and Lyn Tomlinson outlined the services provided for youth serving those from birth through 18 as well as emerging adults up to 22 years of age. The highlights include:

- The population is youth with or at risk of serious emotional disturbance (SED), substance abuse and/or intellectual disability. Among the disorders are trauma-emotional, physical, sexual abuse, schizophrenia, substance use and addiction, autism, pregnancy, self-harm/harm to others, and criminal activity.
- For every youth, a parent and/or family receive services as well. A large portion of the youth are Medicaid dependent and the families have challenges such as homelessness, unemployment, substance use, mental health, health issues or problems with other children.
- Outpatient services can be provided in various settings which include assessments, care coordination and treatment with individual, group and family therapy. Day treatment offers school built in the mornings with treatment following. 22% of outpatient youth are above the age of 18 years as they do not qualify to be transferred to adult treatment.
- 30% of outpatient services are provided through contractors that are embedded in the clinical teams which work extremely well. It was indicated in this area, the service costs are less when contracted vs. providing in house.
- Residential services are provided through Sojourn House, Leland and Crossroads Youth with stays ranging from 3 to 9 months.
- Additional services include court ordered juvenile forensic treatment through a BETA system and discharge planning for those in state hospitals.
- Collaborators include the schools, foster care, child protective services, Family Preservation Services, Juvenile Court, Health Department and CSA private providers.
- While the relationship with the schools has been challenging as it took an extensive amount of time before acceptance of utilizing CSB counselors, a good working relationship has been established. The limited guidance counselors and social workers provided by the schools are not able to handle the volume. It was indicated there has not been a willingness of the schools to assist with funding behavioral health counselors.
- Case coordination is a large part of the services due to the intensity of services and many collaborators.

- It was estimated about 60-65% of youth are referred by the schools and courts.
- A very small percentage of services provided are covered by private insurance.
- Among the gaps and recommendations for change noted are services for those youth aging out the program along with filling the vacant staff positions creating a backup at the front door. It was noted a position is being considered that would work with both the youth and adult programs to assist with transitioning.
- A regional grant that is renewal may be in the off spring to provide youth mobile crisis services. In addition, the Juvenile Court may be willing to collaborate in funding a position to assist in this area.

Wellness, Health Promotion and Prevention Services:

In presenting the overview of Wellness, Health Promotion and Prevention (WHPP) services, Laura Yager was joined by CSB staff Jamie MacDonald, Pouneh Zeraat, Amy Smith and Luz Zuleta. The highlights included:

- The goal of this service area is to promote emotional health and reduce the likelihood of mental illness, substance abuse, violence and suicide.
- The focus and design is for people in the community who do not need treatment, which in essence is 1.2 million countywide, is beyond traditional programs and takes place where people gather, not at CSB sites.
- Participation is voluntary and is for people who may have early signs of behavioral problems and/or at risk. High value is placed on cultural and linguistic services.
- The spectrum of prevention includes influencing policy and legislation, changing organizational practices, fostering coalitions and building capacity in the community, educating providers, promoting community education and strengthening individual knowledge and skills.
- There is a wide range of partners from non-profits, health care networks to faith-based organizations.
- It was indicated the most prevalent gap is staff reductions which total 70% over the last 7 years.
- A testament to the powerful work provided by staff is the unprecedented national recognition received 7 times in the past 12 years.
- In highlighting areas that work well, it was noted evidenced based programs are proven to be effective when implemented as designed, and collaborative, cross-disciplinary approaches are most effective.
- A separate state data collection method is used for these services, and it was pointed out while the CSB served in 2012 about 20,000 individuals in the disability programs, WHPP served over 18,000. Additional outcomes noted were in the areas of Mental Health First Aid training, Parent Raising Safe Kids and Al's Pals all of which increase the skills and knowledge of the participants in these areas.
- Recommendations for change:
 - As part of CSB Transformation Planning, the CSB Board is urged to undertake a realistic assessment of the WHPP model and goals and whether they can be achieved within the CSB alone given service priorities and the loss of 70% of the staff.

- Urge consideration of supporting cross agency collaboration and/or a consolidation concept which would require an organizational shift and allow for additional capacity.
- Support training 10 youth mental health first aid instructors.
- Develop a strategic plan with priorities to help the Board and community understand this service area.
- Depending on the service model adopted, determine if contracting some services is desirable. A Request for Information (RFI) has just been released to contract over \$500K for substance use prevention which is system changing and will increase capacity.
- Over time, more than half of the WHPP staff has been transferred to other areas in the CSB system in preparation for consolidation, which has been extremely successful in enhancing services, and those served while further limiting WHPP services.
- In light of the budget reductions and further staff reductions which the future may hold, the Board was challenged to determine if the WHPP mission can be met solely by the CSB. It was indicated to do so, would require a commitment of more staff. The Board was also urged to recognize that WHPP staff has been demoralized by the severe staffing cuts over the years and cannot continue in this direction.

Lt. Colonel Sites indicated due to the CSB Board meeting scheduled at 7:30pm, further discussion would take place at a later time.

The work session was adjourned at 7:25 p.m.

Date Approved

Staff to the Board