FY 2007 Annual Report

FAIRFAX-
FALLS CHURCH
COMMUNITY SERVICES BOARD

Awareness. Caring. Action.

In the spirit of Fairfax County's vision elements to protect and enrich the quality of life for the people, neighborhoods, and diverse communities of Fairfax County, the Fairfax-Falls Church Community Services Board works toward maintaining safe and caring communities.

Fairfax-Falls Church Community Services Board FY 2007 Annual Report

Awareness. Caring. Action.

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Who We Are

The Fairfax-Falls Church Community Services Board (CSB) serves the community as the public agency responsible for planning, organizing and providing services to persons who have a mental illness, mental retardation, or a substance use disorder. Programs are directly operated or provided by private organizations and are licensed by the Virginia Department of Mental Health, Mental Retardation and Substance Abuse Services.

The CSB was established in 1969 by the joint action of Fairfax County and the Cities of Fairfax and Falls Church. The CSB functions as part of the Fairfax County Human Services system. The State Code requires that every jurisdiction in the Commonwealth of Virginia have a CSB.

Our Vision

People receive individualized, quality services when they need them in addition to active support and acceptance in the community.

Our Mission

The mission of the Fairfax-Falls Church Community Services Board is to:

- Serve Fairfax-Falls Church residents with or at risk of severe and persistent mental illness or acute psychiatric/emotional distress; mental retardation; or alcohol or drug abuse or dependency.
- Empower and support the people we serve to live self-determined, productive and valued lives within our community.
- Identify, develop and offer programs on prevention, intervention, treatment, rehabilitation, residential and other support services in a personalized, flexible manner appropriate to the needs of each individual and family whom we serve.

The Fairfax-Falls Church Community Services Board normally meets at 7:30 p.m. on the fourth Wednesday of each month. Meetings are held at the Fairfax County Government Center in Fairfax, Virginia, and the public is invited to attend.

Call the Board Calendar at 703-324-7035, TTY 703-802-3015 or visit our web site at www.fairfaxcounty.gov/csb to confirm time and location.

Message from the Chair

"Awareness. Caring. Action." is the theme of our Annual Report. These three qualities are the critical ingredients in the hard work that have made possible the transformations the CSB has achieved this year.

- Action – In the following pages, you will see the full listing of our many accomplishments in fiscal year 2007, which ended in June 2007. They are organized in life's familiar order: infants and toddlers, children and youth, adults and older adults. The final section includes other achievements which cut across our system of services.
- Caring – We wish to praise our dedicated staff, volunteers, family members and friends who devoted themselves to improving the lives of the people we serve. It is truly inspiring to witness the growing strength in these collaborative relationships.
- Awareness – It has been our goal to increase awareness throughout our community of the needs of our consumers and their families. We are especially pleased at the completion of Fairfax County's Ten Year Plan to End Homelessness, for we know that no matter how effective our services are, they will not achieve all they should if the people we serve do not have stable, affordable housing.

Today, we have an extensive array of services, yet we are challenged by the increasingly complex service and supports needs of the people we serve. We must find creative ways to garner the needed resources to maintain our current level of service and continue to be able to adopt new technologies and more effective treatments as they develop.

While we celebrate the achievements of the past year, we must continue to challenge ourselves to do everything possible to fulfill our mission of empowering and supporting the people we serve to live self-determined, productive and valued lives. It is only through our continued collaborative efforts that we will be able to achieve this goal.

I want to express my sincerest thanks to the CSB Board members and our dedicated staff who have worked so hard and put in such long hours to support our consumers.

Finally, I wish to express our grateful appreciation for the continued support which we receive from throughout our community and most especially from our elected officials.

Mary Ann Beall

Mary Ann Beall
FY 2007 – FY 2008 Chair

Infants and Toddlers

Accomplishments

- **Healthy Choices for a Great Start** – A three-year grant from the Virginia Tobacco Settlement Foundation for more than $192,000 was received by the CSB. "Al's Pals: Kids Making Healthy Choices" is a model preschool prevention program recognized by the Substance Abuse and Mental Health Services Administration and the Departments of Education and Justice. In its first year, the program was implemented in 19 classrooms in 4 preschools/Head Start programs and reached more than 300 children between 3 and 5 years old. Partner sites include Head Start, state-funded Child Development Centers, private centers and in-home day care in all four regions of Fairfax County. Social and behavioral skills of participating preschoolers improved by 20 percent. Additionally, 90 percent of parents reported that they incorporated concepts learned from the Al's Pals program into their parenting techniques.

- **Strengthening Outreach** – Infant and Toddler Connection staff continues to strengthen outreach and support efforts by expanding our collaborations with the Fairfax County Departments of Health, Family Services and Child Protective Services, as well as Inova Fairfax Hospital and Fairfax County Public Schools to ensure infants and toddlers receive appropriate services.

- **Families' Level of Confidence** – Ninety-five percent of the families served by our Infant and Toddler Connection in FY 2007 agreed that early intervention services made them feel more confident in meeting their child's needs.

- **Families Receive Mutual Support** – The Infant and Toddler Connection is increasing the number of families participating in parent support groups. Through this program, families receive mutual support and guidance from each other by attending events with other families who have children with developmental delays or disabilities.

Consumer & Family Stories

"Our son has cerebral palsy. Our case manager is sincere, knowledgeable and compassionate and has provided us with invaluable information covering a wide range of subjects. We have always depended on her for a reassuring response that allayed our apprehensions and concerns." – *Parents of a child receiving services through the Infant and Toddler Connection*

"With my infant son's diagnosis, my world came crashing down. My interventionist's guidance helped me build myself into a functioning person, parent and wife. I will always be so thankful. And so will my boy." – *Parent of a child with quadriplegic cerebral palsy*

Children and Teens

Accomplishments

- **Partnerships to Diversify Youth Mental Health Services** – Efforts to develop new approaches to address youth mental health needs have been undertaken. A funding proposal with the Fairfax County Public Schools, focused on early identification, was completed. In collaboration with Fairfax County Juvenile Court, grant funding was obtained to expand services at the Juvenile Detention Center. Mental Health Services worked closely with the Department of Family Services to develop a provider contract for mental health services at the Kate Hanley Family Homeless Shelter. All of these collaborative efforts contribute to the diversification of youth mental health services.

- **Effective Gang Prevention Programming and Partnerships Continue** – Road DAWG (Don't Associate with Gangs) camp program collaboration continued among the Fairfax County Police Department and eight other Fairfax County agencies. With key involvement of the CSB, more than 100 middle school-aged at-risk youth and their parents/guardians were reached. Enhancements include follow-along services during the school year and a stronger evaluation component pointing to the program's effectiveness.

- **Steering Kids Away from Gangs** – The Smart Kids/Safe Choices gang and violence prevention program focused on 9-13 year olds and served 524 youth through a partnership with the CSB and more than 25 community and faith-based organizations. Program evaluation results indicate that participants had positive shifts in attitudes and beliefs related to violence and gang involvement. Participating organizations demonstrated clear capacity to deliver effective prevention services and work together to address community concerns.

Consumer & Family Stories

"As a senior in college, I attribute most of my success to my community and to Girl Power in particular. When I joined the program in middle school after arriving in the US from Liberia, I was unclear of my future. With the help of Girl Power, I was able to adjust to my community, build my self-esteem and resist peer pressure. Girl Power prepared me for the challenges I would face in college – for that I am very grateful." – *Girl Power participant*

"We were totally lost when our son called from college with suicidal thoughts. You provided guidance, understanding and warmth that made you not only an answered prayer but a hero to all of us. We thank you, not only for what you've done with our son, but for what you do every day for so many." – *Parent of teen receiving Mental Health Services*

Adults

Accomplishments

- **Improving Access to Assessment** – In response to a long and growing waiting list for outpatient services for adults, Mental Health Services designed Access. The Access pilot program provides quick assessment of risk, vulnerability and severity of symptoms so that necessary treatment services can be secured through referral to community resources or within the CSB itself. Alcohol and Drug Services and Mental Health Services developed the assessment tool to allow access to either or both service areas without multiple consumer appointments and duplication of staff efforts.

- **Offering More Choices** – Mental Retardation Services developed Self-Directed (SD) services, an alternative to traditional day support and employment services. SD services empower the individual and his/her family to have greater control and supervision of services, increasing individualized service options and allows families to chose providers who are located in the community closer to home while reducing costs for services.

- **Serving Consumers in the Community** – Mental Health Emergency Services screened and admitted a total of 473 consumers to Crisis Care facilities. Approximately 65 percent of these admissions were diversions from traditional psychiatric inpatient hospitalization, saving approximately 1,995 bed days of care for alternate use or to offset the regional crisis of diminishing psychiatric hospitalization beds. This reduction also reflects the "best practices" philosophy of treating consumers in the least restrictive environment and the Recovery principle of utilizing community-based programming whenever possible.

- **Improving Access to Psychiatric Services** – Alcohol and Drug Services increased the capacity of the Crossroads Adult and Cornerstones programs to serve consumers with co-occurring disorders by adding a psychiatric nurse practitioner to the treatment team. Psychiatric services have been also established at each ADS outpatient site and day treatment program. The services include psychiatric screenings and assessments, monitoring and prescribing activities related to psychiatric medication for consumers with co-occurring disorders.

- **Diversion from Jail** – Alcohol and Drug Services continued to operate the Detox Diversion program in collaboration with the Fairfax County Police Department and the Office of the Sheriff. This program diverts persons in the community who require alcohol and drug services from jail to treatment. The 681 admissions to this program represent a public safety staff time savings of approximately 2,043 hours, which could be utilized for handling more serious crimes.

- **Helping Offenders Transition back into the Community** – Two new state-funded positions in Mental Health Services are providing face-to-face assessments and discharge planning services to adults with serious and persistent mental illnesses who are incarcerated at the Adult Detention Center. This service supports their successful return to the community, linking them with appropriate community services. It also helps to prevent future involvement with the criminal justice system.

- **Services for School Graduates with Mental Retardation** – Mental Retardation Services staff successfully supported all persons requesting day support and vocational services to attain services by the reallocation of existing funding and management initiatives.

- **Regional Collaboration for Effective Services** – Mental Retardation Services staff collaborated with private providers to identify service efficiencies and reduce system-wide costs. Working in collaboration with four other Northern Virginia Community Services Boards, providers were sought for day support, employment and self-directed services for adults with mental retardation. Prospective vendors were encouraged to suggest alternative service models to address changing consumer needs, innovative ways to build community partnerships and additional ways to contain costs.

- **Mentoring Fellow Service Providers** – Mental Health Services' Program for Assertive Community Treatment (PACT) Team was chosen by the Virginia Department of Mental Health, Mental Retardation and Substance Abuse Services (DMHMRSAS) to be a "Mentor Site" for this state-of-the-art service model. Mental Health staff provides consultation for teams from across the nation who wish to implement this evidence-based program. PACT also provides "in-house" consultation and partnering with other CSB staff to expand peer partnerships, facilitate peer training and help reshape services to become more recovery oriented. Additionally, PACT was chosen to host an educational field visit by the United States Department of Health and Human Services, Centers for Medicare & Medicaid Services, so that regulators could appreciate the functional impact and consequences of federal regulations.

- **Help in Recovering from Opiate Dependence** – After the implementation of a successful pilot program, Alcohol and Drug Services expanded the use of the medication Buprenorphine to all ADS residential programs to assist opiate dependent consumers in their recovery. Additionally, working with the Alexandria Community Services Board, ADS also expanded capacity for medically-assisted detoxification services using Buprenorphine.

- **Bringing Down Barriers to Treatment** – In order to increase substance abuse treatment options available to pregnant women and women with children, the New Generations program developed an intermediate length (90 day) treatment track for women which allows them to enter services most appropriate to their needs.

- **New Treatment Track Options** – Alcohol and Drug Services established a sixteen session outpatient treatment track for both English and Spanish speaking adult consumers. Consumers who are assessed as appropriate for this treatment component will have greater flexibility by being able to choose once or twice weekly attendance at the program.
- **Maximizing Medicaid Services** – Mental Retardation Services staff worked to maximize Medicaid revenue by converting services for eligible individuals from County-funded services to Medicaid State Plan Option and Medicaid Waiver services, and the agency collected $4.3 million in Medicaid funding.

Consumer & Family Stories

"Your Mental Retardation Services case workers are excellent! Their help has been invaluable in guiding us through the maze that confronts a family when their child exits the school system and works in the community. They always treat our daughter with dignity and we are so grateful they are a part of our circle of support." – *Parents of a consumer of Mental Retardation Services*

"I lost my wife, my job and my home. I was homeless and lived in a shelter for two months before entering Crossroads. I am so grateful for my treatment experience. I no longer live on the streets and I have my life back. I have a good job, a home to live in and a solid recovery network." – *Crossroads graduate with history of homelessness*

"I was in denial about my mental illness. But your staff worked with me to get me to accept it and to face its limitations along with my potential. I was able to form a strong therapeutic alliance with my therapist and now I have a part time job and have even bought a car. With all these new positive elements in my life, my anger is not the crippling issue it was in the past." – *Consumer of Mental Health Services*

Older Adults

Accomplishments

- **Reaching Out to Older Adults from Diverse Cultures** – Older adults from multicultural backgrounds have unique mental health and wellness needs. Recent collaborative outreach efforts have built new relationships within a context that honors culture while addressing mental health needs. Weekly face-to-face outreach efforts in the Arabic community take place at the ADAMS (All Dulles Area Muslim Society) Islamic Center. Mental Health Services also collaborated with Boat People SOS on their nationally funded project to provide mental health services to Vietnamese elders and their families.
- **Community Support for Older Adults** – New state funds were awarded targeting a regional Gero-psychiatric Services project. This project will work with regional partners and the private sector to provide intensive mental health services to persons in assisted living facilities, nursing homes and community settings, diverting people from state facilities. It also assures stable community options for older adults being discharged from psychiatric facilities.
- **Elderly Wellness Discussion Series Expands** – More than 350 older adults attended the Wellness Discussion Series hosted by Prevention Services which focuses on mental wellness and substance abuse concerns. The series is held at senior centers throughout the County and expanded to additional sites as well as numbers served.

Consumer & Family Stories

"Without the help of your programs, I have no idea where my father would be today. Thanks to your caring staff, we have the peaceful knowledge that he is being cared for despite the many hurdles he has faced in his later years. You all are great and thank you!" – *Daughter of a senior citizen with substance abuse problems*

"If you live your whole life making all the decisions and then discover later in life that you need people to help you make even the most basic of decisions because of your condition or your confusion, it is so important to meet and work with people who seriously, honestly, have your best interests at heart. What a blessing you are." – *Participant in Older Adults Family program*

Community Living

Accomplishments

- **Residential Programs Obtain "Best Practice" Designation** – The Crossroads Youth and Adult residential programs were granted accreditation from the Commission on the Accreditation of Rehabilitation Facilities which requires superior standards of care and excellence in outcomes. This accreditation could increase funding reimbursement from Medicaid and third-party payers.

- **Beeman Commission Established** – To ensure Mental Health Services meets current and future needs, the Board of Supervisors chartered the Josiah H. Beeman Commission which will focus on an improved vision and framework for a future mental health delivery system. The commission consists of locally and nationally recognized mental health service providers and administrators as well as consumers and community stakeholders.

- **Professional Nursing Care** – The CSB Adult Comprehensive Services (ACS) program achieved major advancements in integrating professional nursing care into the mental health system. Five Licensed Practical Nurses were hired to assist with ACS Medical Services, freeing up other professional medical staff for other important duties and helping to ensure that this vulnerable population receives adequate health care.

- **Working to End Homelessness** – With the goal of redesigning services to better meet the needs of people who are homeless, the CSB participated in the implementation of the Plan to Prevent and End Homelessness in the Fairfax-Falls Church Community. Using the "Housing First" model, a program was established to move people directly from homelessness into housing with support services offered on site. A collaborative initiative of CSB and Pathway Homes, the "Housing First" program saw 12 individuals enter the program directly from the streets or homeless shelters. With a place to live, they are more amenable to the support and treatment necessary to assist them in their transition from homelessness. Our team works to engage individuals with treatment services and provides other needed supports.

- **Workers with Mental Retardation Earn Almost $2 Million Dollars** – Mental Retardation Services provided successful employment opportunities for 105 individuals at the Cooperative Employment Program. Together, they earned more than $1.89 million dollars in wages from local employers, worked an average of 32 hours a week and earned an average wage of $10.92 an hour. More than 26 percent of them earned over $25,000 during FY 2007 and more than 70 percent of them received benefits from their employers.

- **Volunteers Donate Over $290,000 in Time and Talent** – The hourly value of services provided by volunteers and interns to the CSB Alcohol and Drug Services division was $290,698. Our volunteer program was recognized by the Virginia Department of Mental Health, Mental Retardation and Substance Abuse Services. The languages spoken by our *Very Important Partners* included American Sign Language, Arabic, French, Thai, German, Hindi, Kannada, Korean, Malayalam, Tamil, Russian, Sign Language PSE, Spanish, Turkish and Vietnamese.

- **County Combines Resources to Battle Hypothermia** – Partnering with other County agencies, the Hypothermia Program was reshaped to improve its overall effectiveness and accessibility for the homeless population. CSB staff was deployed to the County's interagency effort to prevent hypothermia, and outreach to the "street homeless" was expanded. A new Homeless Healthcare Program provides psychiatric outreach to homeless individuals across the County.

- **Consumers Enrolled in Medicare Part D** – Mental Health Services launched a comprehensive effort to enroll all eligible consumers in Medicare Part D, the new Federal program that funds some prescription medications for consumers. The Mental Health Adult Residential Services program enrolled 95 percent of their eligible consumers and Adult Community Services enrolled 90 percent of their eligible consumers. For her work leading this effort, Ms. Mari de Leon of our Mental Health Services staff was presented with a County "Onthank Award," the highest honor given to County employees.

- **System Transformation Funding Awarded** – The CSB was awarded funding to participate in a statewide Virginia Service Integration Project focused on services for people with co-occurring disorders. Major system collaboration has focused on training, service delivery practices, and mentoring that builds system wide capacity to serve people with co-occurring disorders.

- **Dramatic Drop in Recidivism Rates** – By providing wraparound services to former felons, the Virginia Serious and Violent Offender Reentry (VASAVOR) demonstration program has cut their recidivism rate (nationally 35 percent) to 3 percent. CSB Mental Health Services partnered with four other community agencies to successfully get the Virginia Department of Corrections to fund the VASAVOR program which deals exclusively with offenders who have been convicted of serious and violent crimes. The wraparound services include a CSB psychiatrist and therapist on a team to deal with mental health and psychotropic medication issues.

- **Clinical Response Team Reduces Admissions to State Facilities** – Serving 15 individuals in Northern Virginia, a new community-based crisis stabilization service was started for consumers who are dually diagnosed with mental retardation and mental illness. The program provides acute treatment and intervention in home and residential settings, reducing psychiatric hospital bed utilization by an estimated 360 days. The CSB team collaborated with the Northern Virginia Training Center, George Mason University and CSBs of Alexandria, Arlington, Loudoun and Prince William to implement the new service.

- **Our WRAP Groups Climbing Up the Charts!** – The Wellness Recovery Action Plan, known as WRAP, is a peer-to-peer program in which a consumer who is a certified facilitator instructs other consumers in the skills and tools to help them manage their mental illness. Several Mental Health Services programs collaborated on the formation of WRAP groups which help consumers develop self-care strategies and safety crisis plans which are incorporated into their overall treatment plan.

- **Peer Support Another Key to Recovery** – Four new Peer Support Specialists, supported by CSB Adult Crisis Care staff, successfully started a program of Wellness and Recovery principles in a short-term crisis stabilization program. Our consumers take an active role in welcoming and orienting new residents and help to conduct "community" meetings of the "house."

- **Group Home Goes Barrier-Free** – Mental Retardation Services, partnering with RPJ Housing, successfully relocated a directly-operated group home into a barrier-free accessible home. The staff of MRS continuously strives to provide a safe and healthy environment for all individuals and to develop viable, cost-effective residential options that support people with continually changing medical needs.

- **Ethnic Groups Recover Together** – Wellness Groups for people with Spanish or Vietnamese as their primary language were organized at the Woodburn Center. These structured groups help individuals work toward recovery and help establish a work-life balance. Focusing on culturally competent services, the Vietnamese language group is a multi-family model which connects consumers with other community supports and resources.

- **Technology and Environmental Modifications Increasing** – 72 CSB consumers of Mental Retardation Services received Medicaid-funded assistive technology support and 34 requests for environmental modifications were fulfilled. The technology support and environmental modifications help increase the integration of individuals with mental retardation into the community.

- **Recognition Goes to Mental Health Services** – The Foundation for Appropriate and Immediate Temporary Help (FAITH) honored Mental Health Services with an award for outstanding contributions for providing consultation and clinical support to their domestic violence program.

- **Latino Men Get Help Making Smooth Transitions** – Alcohol and Drug Services Outpatient and Residential programs collaborated with Vanguard Services on a transitional housing project for Latino men. Upon completion of treatment at Nuevo Dia, a regional residential treatment program for Latino men, transitional housing and continuing care services are provided to support recovery and success in the community. This program can serve 10-13 men each year and was developed in response to an identified need using existing resources.

Consumer & Family Stories

"I came here and lifted my head up and found myself. People here helped me so much and made me believe that recovery is real. Crossroads has given me hope and I am thankful to everyone involved in this process." – *Crossroads graduate*

"Our associates with disabilities are the hidden gems in our community. They have excellent attendance habits and take great pride in their job duties. I feel such joy at seeing their value of accomplishment and sense of belonging." – *Employer, major retail chain*

"It's a long hard road back from being suicidal, paranoid and hallucinating. But your treatment team worked intensively with me, giving me reinforcement, positive feedback, redirection and teaching me skills. I have made significant progress and have transitioned to a less supervised apartment program. My parents even participated in my family support group and they thank you. And of course I thank you." – *Consumer of Mental Health Services*

Persons Served in FY 2007

Characteristics of Persons Served by CSB Program Areas*					
		Alcohol & Drug Services	Mental Health Services	Mental Retardation Services	Infant & Toddler Connection
Persons Served		5,458	11,190	2,026	1,850
Age	0-2				100%
	0-17	19%	17%	26%	
	18-22	17%	10%	15%	
	23-59	63%	65%	56%	
	60+	1%	8%	3%	
Gender	Male	76%	54%	58%	58%
	Female	24%	46%	42%	42%
Income Level	$0 - $9,999	41%	58%	84%	79%
	$10,000 - $24,999	29%	25%	8%	3%
	$25,000 +	30%	17%	8%	18%
Race	Asian	5%	7%	12%	12%
	Black/African American	21%	22%	10%	10%
	White/Caucasian	48%	52%	68%	69%
	Other	26%	19%	10%	9%
Hispanic Origin		26%	17%	27%	15%

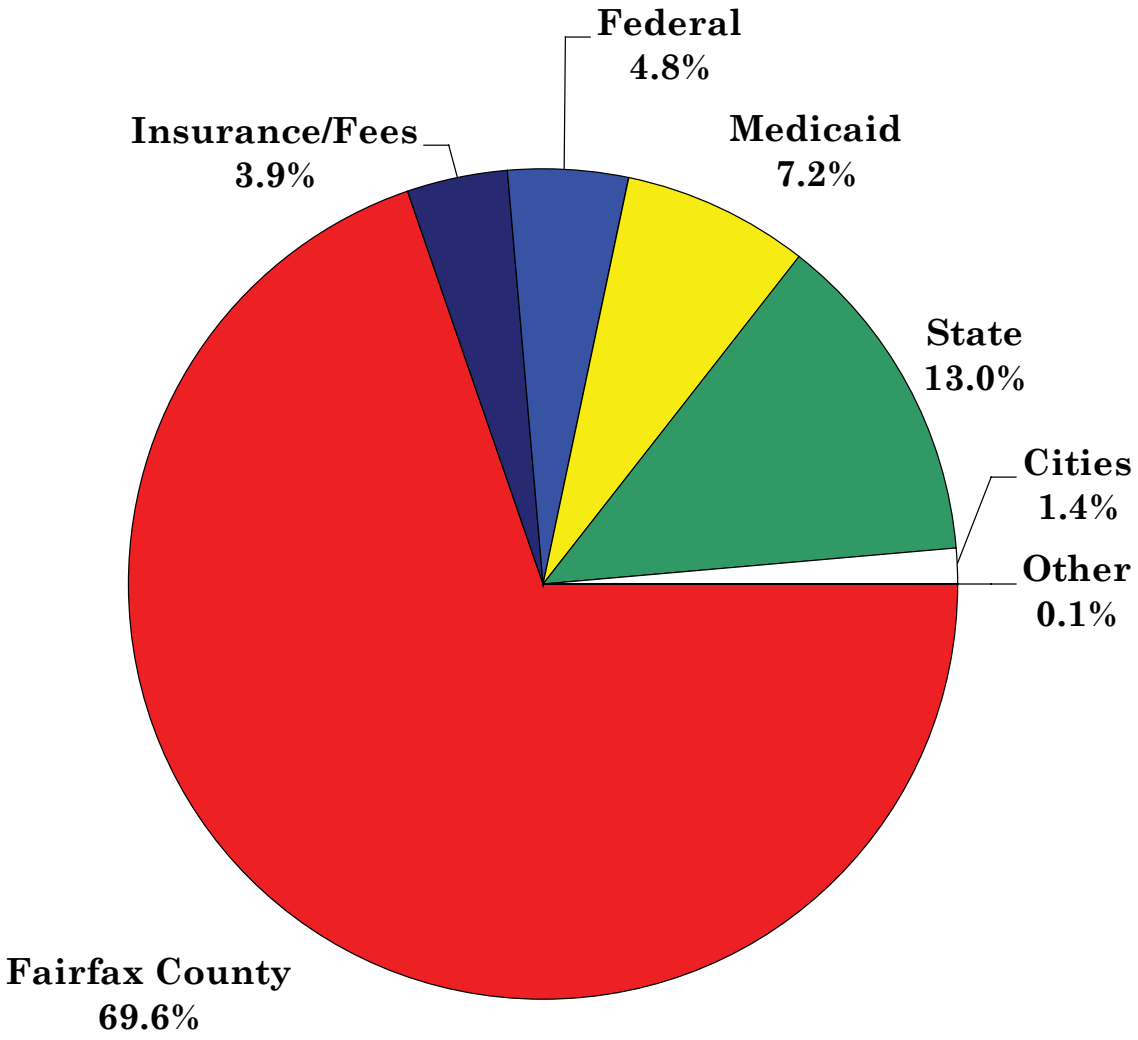
** This is an unduplicated count of persons served.*

Services Delivered in FY 2007

Services Delivered by CSB Program Area				
Persons Served*	Alcohol & Drug Services	Mental Health Services	Mental Retardation Services	Infant & Toddler Connection
Emergency	2,029	6,327		
Outpatient/Case Management	2,870	5,145	1,202	
Methadone	18			
Day Support	367	478	1,188	
Residential	649	1,742	835	
Early Intervention	434	448		1,850
Inpatient	52	152		
Transportation	3	58	304	

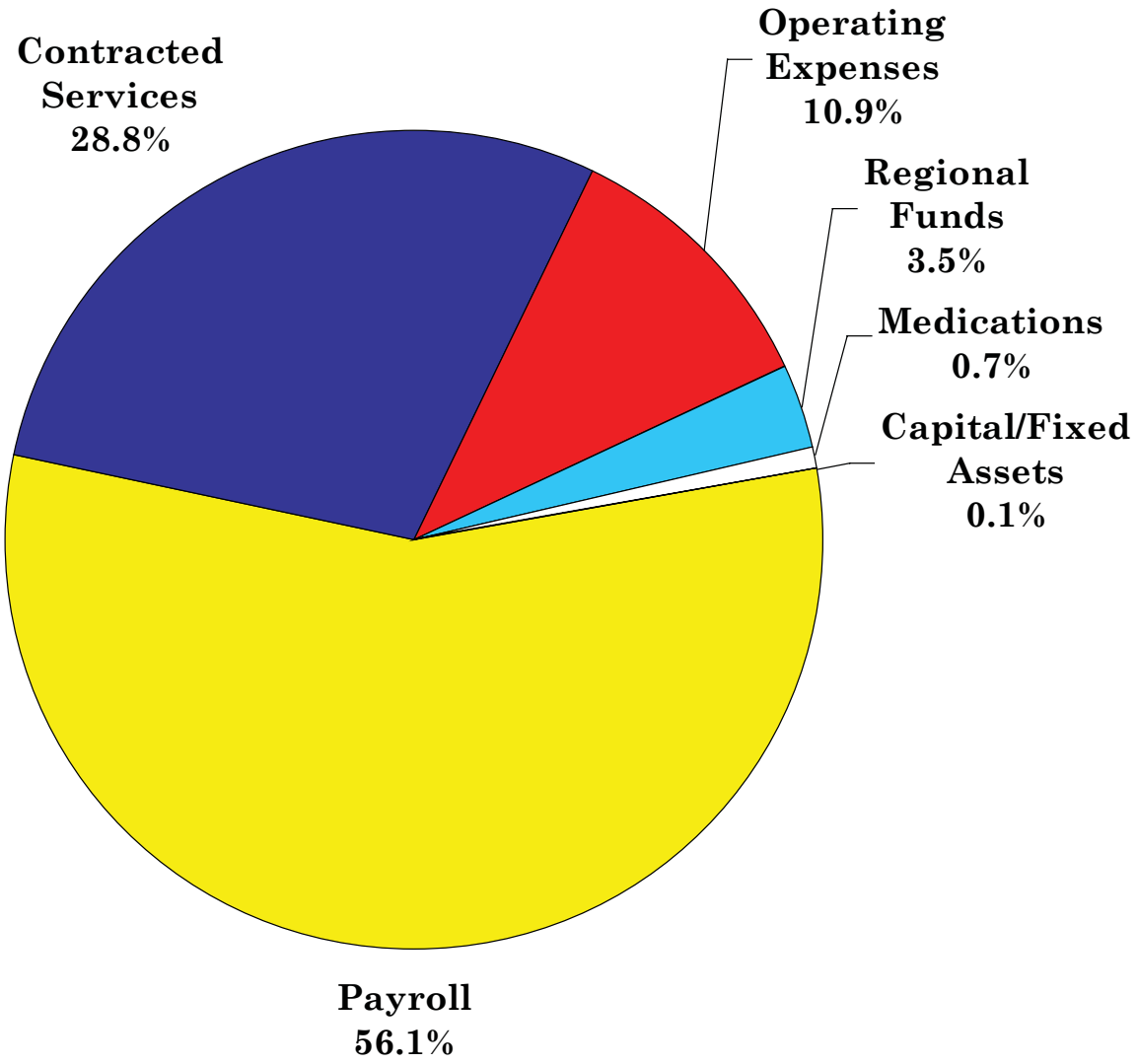
** Some CSB consumers participate in more than one program or service.*

FY 2007 CSB Revenues



Fairfax County	$97,935,840
Insurance/Fees	$5,464,863
Federal	$6,778,116
Medicaid	$10,146,156
State	$18,295,411
Cities	$1,991,781
Other	$94,650
Unspent Fund Balance	($2,042,524)
Total	$138,664,293

FY 2007 CSB Expenditures



Payroll	$77,793,274
Contracted Services	$39,887,826
Operating Expenses	$15,055,021
Regional Funds	$4,900,939
Medications	$945,523
Capital/Fixed Assets	$81,710
Total	$138,664,293

Program Locations

Central Services Unit

Human Services Center
12011 Government Center Parkway,
Suite 836
Fairfax, Virginia 22035
703-324-7000
703-802-3015 (TTY)

Alcohol and Drug Services

Administrative Office
3900 Jermantown Road, Suite 200
Fairfax, Virginia 22030
703-934-5476
703-538-5292 (TTY)

Adult Services
Assessment and Referral Center
3900 Jermantown Road, Suite 201
Fairfax, Virginia 22030
703-359-7040
703-538-5292 (TTY)

Fairfax Detoxification Center
4213 Walney Road
Chantilly, Virginia 20151
703-502-7000
703-538-5292 (TTY)

ADS Youth Services
8350 Richmond Highway, Suite 515
Alexandria, Virginia 22309
703-704-6707
703-538-5292 (TTY)

14170 Newbrook Drive, Suite 200
Chantilly, Virginia 20151
703-961-1080
703-538-5292 (TTY)

107 Park Place
Falls Church, Virginia 22046
703-533-5634
703-538-5292 (TTY)

1850 Cameron Glen Drive, Suite 500
Reston, Virginia 20190
703-481-4004
703-538-5292 (TTY)

Mental Health Services

Administrative Office
12011 Government Center Parkway,
Suite 836
Fairfax, Virginia 22035
703-324-7095
703-802-3015 (TTY)
703-573-5679
(24-hour emergency)

Chantilly Center
14150 Parkeast Circle
Chantilly, Virginia 20151
703-968-4000
703-968-4050 (TTY)

IMP Building
8850 Richmond Highway, Suite 202
Alexandria, Virginia 22309
703-704-7004
703-780-1417 (TTY)

Mental Health Services for Deaf & Hard of Hearing
8348 Traford Lane, Suite 400
Springfield, Virginia 22152
703-866-2100
703-886-2147 (TTY and Videophone)

Mount Vernon Center
8119 Holland Road
Alexandria, Virginia 22306
703-360-6910
703-799-4363 (TTY)

Northwest Center - Reston
1850 Cameron Glen Drive, Suite 600
Reston, Virginia 20190
703-481-4100
703-481-4110 (TTY)

South County Center
8350 Richmond Highway, Suite 415
Alexandria, Virginia 22309
703-704-6355
703-704-7022 (TTY)

Springfield Center
8348 Traford Lane
Springfield, Virginia 22152
703-866-2100
703-451-1245 (TTY)

Woodburn Center
3340 Woodburn Road
Annandale, Virginia 22003
703-573-0523
703-207-6976 (en Espanol)
703-207-7737 (TTY)

Mental Retardation Services

Administrative Office
12011 Government Center Parkway,
Suite 300
Fairfax, Virginia 22035
703-324-4400
703-324-4495 (TTY)

South County Location
Mount Vernon Center
8119 Holland Road
Alexandria, Virginia 22306
703-360-6910
703-799-4362 (TTY)

Infant and Toddler Connection

3750 Old Lee Highway
Fairfax, Virginia 22030
703-246-7121
703-324-4495 (TTY)

Cooperative Employment Program

11150 Main Street, Suite 300
Fairfax, Virginia 22030-5066
703-359-1124
703-359-1126 (TTY)

Prevention Services

3900 Jermantown Road, Suite 200
Fairfax, Virginia 22030
703-934-5476
703-538-5292 (TTY)

Partners in Delivering Services

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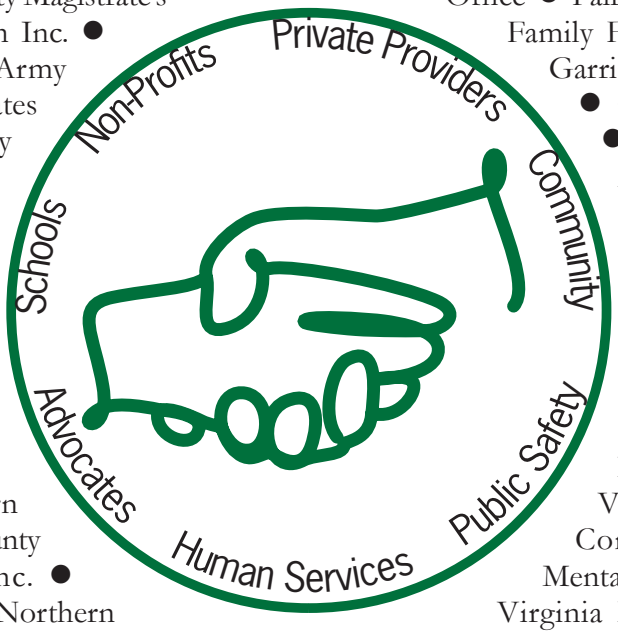

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