

MINUTES FROM MH WORKGROUP MEETING
Thursday, April 24, 2003

Recorded by Leslie Weisman, LCSW
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Welcome and Introductions were made.

Updates since last MH Workgroup Meeting – Steering Committee met on 4/10/03. Updates were provided from MH Workgroup and Structural Work Group. John Morrow summarized the Community Forums/Consumer Focus Groups. Overview provided of ongoing meetings with the private hospitals. These meetings are beginning to address several issues, e.g. challenges in admitting particular client populations, discussion of the Levels of Treatment matrix, need for discharge planning resources for the private hospitals. These meetings will be ongoing.

DAD Coordinating Committee met on 4/10/03. Michael Oprysko and John Dool from Central Office joined the group. The discussion focused on the RFP for private bed purchase. Mr. Oprysko is the Director of Purchasing at Central Office.

Private Psychiatric Hospital Group met on 4/23/03. This group was updated on the Partnership Project activities. Lengthy discussion of the Institute's Level of Inpatient Treatment Matrix. The private hospitals will use the tool to reflect their client population. This group has at least two more meetings set up.

Aftercare Coordinators Meeting on 4/24/03. Discussed a variety of issues including pass to discharge, opportunities needed for transitional experiences prior to discharge from state facilities, Extraordinary Barrier Forms, clarification around updating Needs upon discharge form and Pre-Discharge Plan, CSB to CSB transfers, additional uses for private bed purchase dollars.

Updates from Committees/Focus Groups –

Steering Committee – Jim Thur states that the Partnership will focus primarily on the needs of SMI adults. There will be some emphasis on substance abuse and geriatric mental health, less emphasis right now on children and adolescents.

DAD Coordinating Committee – see above for update on 4/10/03 meeting.

Forensics Group – this has not been a well defined group over the course of the project. A plan was made to have a subgroup meet on 5/9/03 to review forensic issues that have been looked at over the course of the project. This group will identify all issues, both broad and specific, that may need attention.

Aftercare Coordinators – see above for update on 4/24/03 meeting.

Updates from Jim Thur - Reminder to group that there is now a website for the Northern Virginia Regional Partnership. The group was informed that Central Office has provided \$10,000 to each HPR for a consultant to help with the projects. These dollars can be used flexibly and creatively, e.g. to assist families and/or consumers with transportation costs to attend the meetings. Prince William CSB will be the fiscal agent for these dollars in Northern Virginia.

Report/Update on Levels of Treatment Matrix – the private hospitals will use the tool to reflect their patient population. When the matrix was used recently at NVMHI there were 129 patients: 1 in Level 1; 16 in Level 2; 58 in Level 3; 54 in Level 4. Some discussion of the clients that are referred out of the area because NVMHI has no beds and numerous local private hospitals will not accept the patients.

Summary of Access and Alternatives Report and Initial Report on Data Analysis (Joan Durman) – Dr. Durman presented her power point presentation which summarized the above report and presented the

critical issues/data to focus upon or explore further. Dr. Durman also distributed a “Work Sheet for MH Work Group, Restructuring Plan.”

This work sheet outlines short-term and long-term strategies for restructuring in our region. We began to go through the work sheet as a group and this process will continue over the next few weeks.

Next Steps – Meeting Plan for May – July 2003

Thursday, May 15 8:30 a.m. – 11:30 a.m. Steering Committee (Fairfax County Government Center, Rm 9-10)

Tuesday, May 20 12:30 p.m. – 3:30 p.m. Mental Health Workgroup (Fairfax County Government Center, Rm 4,5)

Thursday, June 5 12:30 p.m. – 3:30 p.m. MH Workgroup Meeting (Location: NVMHI)

Tuesday, June 17 12:30 p.m. – 3:30 p.m. MH Workgroup Meeting (Room 4/5 Fairfax County Government Center)

Tuesday, July 15 12:30 p.m. – 3:30 p.m. MH Workgroup Meeting (Room 4/5 Fairfax County Government Center)