

REGIONAL MANAGEMENT GROUP MEETING

Date: December 18, 2009

Time: 9:00 a.m.

Attendees: Tom Geib, Cynthia Kemp, Tom Maynard, Mike Gilmore, Cindy Koshatka, Maximilien Del Rio, Justin Lux, Mark Diorio

Guests: Cathy Pumphrey, David Mangano, Barbara Martinez

Recorder: Julie Parkhurst

Call to Order: Tom Geib called the meeting to order at 9:00 a.m.

Notes: Notes from November 20, 2009 were approved and signed.

Handouts: *Agenda, RMG Meeting Notes (November 20, 2009), Regional Utilization Management Report, Budget Principles, Values Leading to Principles?, FY10 HPR II Regional Funds Budget Status, LIPOS Budget Projection, MH Regional Deaf Services, Proposal to Continue Ryan White Program, Action Planning: Implementing the Peer Specialist Initiative, Special Provisions (re: videoconferencing).*

TOPIC	DISCUSSION	REC/ACTIONS	RESPONSIBLE PARTY	FOLLOW-UP/DATE
<p>Budget Facilitation</p>	<p>C. Pumphrey joined the RMG to facilitate an overview on budget decisions. Priority population needs to be separated from priority services first. There is some concern regarding the SA population. Priority population includes those who have shown commitment with responsibility. It is difficult to make choices that are not consistent with principles. Capacity is finite; however, when population goes up, number of people seen doesn't always go up.</p> <p>The level of risk tolerance may be different for different parties which generates pressure. Risk is one of the first things looked at and is not static. Arlington's model is integrated with public health, housing, etc. and Alexandria is going to follow suit. The severity of the disability needs to be considered at a functional level and not necessarily by diagnosis alone. Loudoun has local funds that are spent on an ICRT for the public's safety and receives no State funding for it.</p> <p>The list of principles needs to be prioritized and RMG needs to</p>	<p>Continue discussion regarding efficiency and safety net piece in January. Discuss how to cope with budget changes. Write white paper.</p>	<p>C. Pumphrey</p>	<p>Jan. 22, 2010</p>

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<p>Budget Facilitation (cont.)</p>	<p>know what is sustainable in both good times and bad. CSB's can't always be all things to all people. Triaging is a continuous effort due to changing acuity levels. Efficiency and effectiveness should be ongoing. Safety net needs to be identified as person centered vs. public health. There is enough commonality of budget principles used across CSBs to come up with a regional framework.</p>			
<p>Data</p>	<p><u>UM Report:</u></p> <ul style="list-style-type: none"> • 35 LIPOS admissions in November. 4.5 day LOS is lower than average LOS for FY09. • NVMHI had 71 admissions in November. 37% of admissions were TDOs. They were at 93% occupancy. The EBL is up to 30. • There were 53 admissions to Crisis Care in November and there was a 77% occupancy rate. • RAFT had 10 clients in ALFs in November. Four clients are in nursing homes, and 4 are in transition. The waiting list is 4 for ALF and 4 for nursing home placements. 5 remain at ESH, 24 at PGH. RAFT is a \$1 million project; however, advocates are fighting for more ALF money (approximately \$400,000 for ten more consumers). • 196 commitment hearings in November; 1000 total for FY10 thus far. 	<p>Part of low admission phenomena could be winter shelters opening. Explore with ES. There may be multiple factors involved.</p>	<p>ES</p>	<p>ASAP</p>
<p>Budget</p>	<p>\$47,500 is available this year for deaf services. Next year \$23,750 will be available. \$26K is currently left for FY10 and only two CSBs have used the funding thus far. Funds are first come, first served.</p> <p>The LIPOS budget is projecting to break even. There is currently a \$69K surplus. There is a dip statewide in LIPOS admissions.</p> <p>Regional budget was discussed. There is an ongoing surplus in FY10 and FY11 in recovery due to the termination of the Trilogy contract.</p>			

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	Arlington and should be able to figure out Prince William.			
Round Robin	<p><u>Loudoun</u>: Loudoun has a new County Executive. They are expecting a \$200 million budget deficit.</p> <p><u>NVMHI</u>: They will host a legislative breakfast and give a presentation on what NVMHI does.</p> <p><u>Arlington</u>: \$45 million deficit. Regarding the next Partnership meeting, please provide contacts if CSA is wanted at meeting. There is discussion about a regional CSU for youth.</p> <p><u>NVTC</u>: ID plan meeting took place and is proceeding. There will be another meeting in January and one in February 2010. S. Jones is looking for space for MH dental clinic and was referred to NVCC in Springfield.</p> <p>State offered funding for a home in our region but some CVTC admissions will need to be housed there; approx. 50 consumers from No. Va. are at CVTC. It will be an ICF or waiver home. Funds could be transferred to the CSB and contracted out. The money has already been bonded for CVTC downsizing. Enhanced waiver services are needed but not available here so it will probably be an ICF. Loudoun has property and will talk with ID staff.</p> <p>As a result of the crisis care study by OIG, there are transition groups to create a standard of care for dually diagnosed. There is a statewide dual diagnosis group being chaired by J. Kelly with participation by Dr. Sherer.</p> <p><u>Fairfax-Falls Church</u>: Budget cuts have forced them into service reductions.</p>	<p>RMG is invited.</p> <p>CSA coordinators contact information can be sent to C. Kemp</p> <p>Explore whether our region can accommodate a regional home for ID consumers.</p>	I.D. Directors	Jan. 12, 2010 at 10:00 a.m. ASAP

Adjournment: The meeting was adjourned at 12:00 p.m. The next meeting will be on January 22, 2010, at 9:00 am in Room 232, Fairfax County Government Center.

Items for next meeting: Continue budget facilitation discussion.

Recorder

Date

Chair

Date