

REGIONAL MANAGEMENT GROUP MEETING

Date: December 17, 2010

Time: 9:00 a.m.

Attendees: Tom Geib, Mike Gilmore, Tom Maynard, Cindy Kemp, Mary Kudless, Max Del Rio, Mark Diorio, Cindy Koshatka, Karen Friesz, Justin Lux, Roger Biraben, Mark Taylor, Robin Remsburg, Margie Rodan

Recorder: Julie Parkhurst

Announcements: Secretary Hazel will be visiting Northern Virginia on 12/22/10. NVMHI went over census this past weekend and it turned out well. The Governor's budget does not call for any new reductions of State facilities or CSBs for FY12.

Call to Order: Tom Geib called the meeting to order at 9:00 a.m.

Notes: Notes from the November 19, 2010 meeting were approved.

Handouts: *Agenda, RMG Meeting Notes (November 19, 2010), Regional Utilization Management Report, FY10 HPR II Regional Funds Budget Status, HPR2 LIPOS Budget Projections, RMG Meetings Follow-Up List, Supplemental MOA (HPR II & NVCC), Draft Presentation to Secretary Hazel, Summary of Hospital Operating Expenses Compared to HPR II Contribution for 13 Beds.*

TOPIC	DISCUSSION	REC/ACTIONS	RESPONSIBLE PARTY	FOLLOW-UP/DATE
<p>Planning</p>	<p><u>Nursing Programming:</u> R. Remsburg and M. Rodan discussed the GMU nursing program and a handout was distributed. More focus will be put on behavioral health in graduate level programs. The DNP program hopes to have graduates by 2015. Grants are pursued and NPs are currently working in the community and Fairfax-Falls Church CSB. CSBs need nursing students in both behavioral and primary care. CSBs noted that the experience students receive at the CSBs is very valuable. Students train in underserved areas, making them more likely to continue working in the public sector if compensated fairly. F-FC has a nursing lead and is trying to establish a career ladder. Medical detox needs more nurses.</p> <p><u>Crisis Center at NVMHI:</u> The focus is on how to manage the loss of all 19 beds as of July 1, 2011. Five options being considered are: expanding CSU services, moving NGRIS elsewhere, expanding medical and social detox services, having 23 hr. bed/drop off capability, and increasing RDAP funding/housing.</p>	<p>GMU requested feedback regarding skills necessary in order to make curriculum relevant.</p> <p>Written summary with costs attached will be necessary.</p>	<p>RMG</p> <p>RMG</p>	<p>12/31/10 – 1/14/11</p>

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TOPIC	DISCUSSION	REC/ACTIONS	RESPONSIBLE PARTY	FOLLOW-UP/DATE
<p>Planning (cont.)</p>	<ul style="list-style-type: none"> • <u>NVCC MOA</u>: The NVCC MOA was distributed for RMG's review. NVCC has no MH clinics onsite and after PW shooting, behavioral health response was not well-coordinated. CSBs would be ERT in the event of a disaster; the lead CSB would depend upon the campus needing assistance. • <u>Wounded Warrior Training</u>: A U.S. Marine peer specialist was just hired for the program. The Wounded Warrior team is a clinical one vs. solely care coordinators. All therapists are Masters level. One more clinician is being hired and each clinician has 15-18 clients. Relationships have been made throughout the community as well. Recent Iraq/Afghanistan combat clients are prioritized in the triage. Weekly support groups have just started in Sterling and will be starting in Burke next week. The Center for Deployment has trainings clinicians can attend locally regarding PTSD. Feedback regarding the WWP has been outstanding. 	<p>RMG will review for signature at next meeting. NVCC will sign as well. Collect contact information for each campus. Have a discussion to establish relationships. Explore whether as a state facility, NVCC would be required to contact police first in the event of an emergency.</p> <p>Training in Psychiatric First Aid will take place. Four additional trainings will take place with the \$16K given by the RMG (TBI, PTSD, Neurobiology of Addiction and a Harvard trainer).</p>	<p>RMG/NVCC</p> <p>R. Biraben</p> <p>RMG</p> <p>R. Biraben</p> <p>WWP</p>	<p>Jan. 2011</p> <p>ASAP</p> <p>ASAP</p> <p>ASAP</p> <p>2/24/11</p>
<p>Secretary Hazel Visit</p>	<p>NVMHI invited the group for a presentation to Secretary Hazel on 12/22/10. M. Del Rio gave an overview of the plan for his visit. Items for the regional presentation were discussed.</p>	<p>A 15 minute regional presentation will be given.</p>	<p>C. Koshatka</p>	<p>12/22/10</p>
<p>Updates</p>	<ul style="list-style-type: none"> • <u>Youth Funding</u>: A proposal for youth funding is still being created. North Spring and Dominion will be approached regarding buying beds for children. Issues exist regarding discharge planning. A bed at Leland House is \$675/day. Psychiatric time is being looked at as well as how many minors have insurance. A handout was distributed and discussed. • <u>Meeting Follow-Up List</u>: The list was reviewed and several items removed. A RUMIS update will take place next month. More ID vendor recruitment is necessary. 	<p>Explore how to access medications. Money needs to be spent by 6/30/11.</p>	<p>NVRPO</p>	<p>ASAP</p>

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Round Robin (cont.)	<u>Fairfax</u> : Co-occurring programs are being assessed. They are trying to merge SA and MH. Mark McGovern is assessing and has also done an SA evaluation at NVMHI and works with CSUs. RMG may be interested in his services at some point.			

Adjournment: The meeting was adjourned at 12:00 p.m. The next meeting will be on January 28, 2011 in Room 232 at the Fairfax County Government Center.

Items for next meeting: NVCC MOA, Surge plan, Youth funding, Hospital refusals, Encryption issues.

Julie M. Parkhurst 1/28/11
Recorder **Date**

Tom Herr
Chair

1/28/11
Date