

REGIONAL MANAGEMENT GROUP MEETING

Date: January 28, 2011

Time: 9:00 a.m.

Attendees: Tom Geib, Mike Gilmore, Tom Maynard, Cindy Kemp, George Braunstein, Max Del Rio, Mark Diorio, Cindy Koshatka, Karen Friesz, Justin Lux

Recorder: Julie Parkhurst

Call to Order: Tom Geib called the meeting to order at 9:00 a.m.

Notes: Notes from the December 17, 2010 meeting were approved.

Handouts: Agenda, RMG Meeting Notes (December 17, 2010), Regional Utilization Management Report, FY11 HPR II Regional Funds Budget Status, HPR2 LIPOS Budget Projections, RMG Meetings Follow-Up List, Email Encryption, Summary of Hospital Operating Expenses Compared to HPR II Contribution for 13 Beds, NVMHI – Summary of Cost Savings derived from the Closure of 1 Admission Unit, NVMHI Worksheet A.

TOPIC	DISCUSSION	REC/ACTIONS	RESPONSI- -BLE PARTY	FOLLOW- UP/DATE
Planning	<p><u>ID Funding:</u> O. Garland will visit and G. Braunstein will discuss using a group home (Braddock Road) for ID crisis stabilization as it is close to NVTC. A. Wooten and M. Diorio are working on this planning. Local needs include a behavioral specialist to go out and consult in the community and emergency respite with behavioral intervention. The goal is to divert ID clients from NVMHI. MH staff will need to be involved in this planning.</p>	<p>Determine where each group along the continuum will go (step up/down) and the skill set needed for treatment.</p> <p>EDs will talk to their ID Directors. Put plan together and price out.</p>	<p>RMG</p> <p>M. Diorio, ID & MH staff, NVRPO</p>	<p>Within 10 days</p>
	<p><u>Crisis Center:</u> A site is still being discussed (NVMHI vs. Inova). Inova would need help with psychiatry and prescreenings by CSBs. Loudoun and Prince William Hospitals and Virginia Hospital Center are discussing possible expansion of MH beds by moving detox and SA. The \$1 mil Barker Amendment is flexibly written: Request \$500K to offset costs of the crisis center and \$500K to extend availability of 13 NVMHI beds. An NVMHI treatment team would be needed; costs are unclear. Other options will be further discussed after 7/1/11.</p>	<p>Determine planning of other hospitals.</p> <p>Inova Plan will be first course of action. S. Repta will be invited to next Crisis Center meeting. NVMHI agreed to not make decisions regarding the empty unit until after 7/1/11 in case Inova plan falls through.</p> <p>Tour F1 and F2 at NMVHI to determine suitability.</p> <p>Have initial presentation.</p>	<p>RMG</p> <p>C. Koshatka</p> <p>M. Del Rio</p> <p>G. Braunstein</p> <p>G. Braunstein C. Kemp</p>	<p>ASAP</p> <p>7/1/11</p> <p>ASAP</p> <p>3/1/11</p>

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<p>Planning (cont.)</p>	<p><u>CSU Funding:</u> Determine where new CSUs are needed in the State. Funding is available for four new sites. Norfolk had a 23 hour bed facility but it closed.</p> <p><u>Encryption:</u> A handout was distributed to the group outlining various options being explored by CSBs. A definition of different technologies is needed (public key, etc.). Program must be user friendly. Data Management Committee is meeting today to come to a common solution between CSBs and the State. Verisign would work with the State. Software must meet HIPAA standards.</p>	<p>Talk to Woodburn Plan regarding TDOs and 23 hour beds.</p> <p>Consult with C. Pumphrey regarding status of DMC position on encryption.</p>	<p>C.Koshatka</p> <p>J. Lux</p>	<p>ASAP</p> <p>2/25/11</p>
<p>Updates</p>	<ul style="list-style-type: none"> • <u>NVCC MOA:</u> The NVCC MOA was distributed for signatures. Arlington was not ready to sign as the County Attorney still has questions. • <u>Youth Funding:</u> \$112K has been earmarked for a children's LIPOS program to start 2/1/11. If money is not spent in one month, a Leland House model will be started. Consider MH and SA clients going to Crossroads. • <u>MH-ID SOP:</u> Update needed. • <u>Meeting Follow-Up List:</u> The list was discussed and updated. 	<p>Signatures collected.</p> <p>Get feedback from MH and ID staff</p>	<p>M. Diorio, C. Koshatka</p>	<p>ASAP</p>
<p>Budget</p>	<ul style="list-style-type: none"> • <u>LIPOS Budget Projections:</u> LOS has increased; some were at Inova where the rate is highest. • <u>Regional Budget:</u> The regional budget was discussed. \$500K is currently unobligated and could be used for the crisis center or an NGRI home. • <u>Return on Investment:</u> Discussion on performance measures, scorecard. 	<p>Explore how much money is being recovered by the State and not being kept by NVMHI. Explore how much would be recovered if Inova were billing and collecting.</p>	<p>NVRPO</p>	<p>Ongoing</p>

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<p>Data</p>	<p><u>Highlights of the UM Report:</u></p> <ul style="list-style-type: none"> • 48 LIPOS admissions in December; 39% transfer rate. • NVMHI had 76 admissions in December. 24% were insured; readmit rate is 13% and 2 ID clients were admitted. They were at 97% occupancy. Arlington has the highest utilization of NVMHI beds per 100K (NGRIs, EBL, forensics, etc.) • 64 admissions to Crisis Care in December with 80% occupancy rate and 0 ID admissions. • 215 commitment hearings in December. 16 of these admissions went out of area. • RAFT's wait list is 9 clients for ALFs and 2 for nursing homes in December. 5 clients are at ESH and 25 at PGH. • Forensics admissions are down. • NVTC census is down to 160 and they need to be down 7 more by 7/1/11 • Wounded Warrior had 65 screenings/referrals, 19 new cases, 9 closed cases and 25 education and training cases for the second quarter. 	<p>Readmits appear to be those who do not follow through with medication, not engaged in treatment/recovery and have housing issues.</p>		
<p>Round Robin</p>	<p><u>NVMHI:</u> More violence is occurring; there has been an increase in arrests resulting in clients going to FairfaxADC.</p> <p><u>Arlington:</u> Still has no Medical Director – hoping for no cuts.</p> <p><u>Alexandria:</u> No cuts will be taken this year.</p> <p><u>NVTC:</u> Respite care admissions have increased. One client injured 20 staff members. There is a movement to close all Training Centers within five years, and parents are advocating actively against this. More regional authority over training center issues may keep more</p>			

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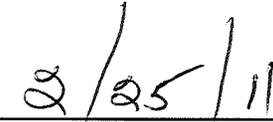
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Round Robin (cont.)	<p>resources in our region. The new Supports for Living document will require more CSB time. A pharmacy meeting will take place on 2/14/11.</p> <p><u>Prince William</u>: Two new positions have been approved; one for youth and 1 in ES. Changes in VRS are impacting staff. New Dr. did not work out.</p> <p><u>Fairfax</u>: \$1.2 mil. cut is being incurred. Proposal is going to General Assembly for bonds for two, six-bed waiver, ID homes. New Deputy Director, Carolyn Castro-Donlan, will start Monday.</p> <p><u>Loudoun</u>: A reduction in county supports is expected.</p>	Coordinate with EDs	3/1/11 implementation date	

Adjournment: The meeting was adjourned at 12:00 p.m. The next meeting will be on February 25, 2011 in Suite 275 in Chantilly.

Items for next meeting: NVCC MOA finalization


 Recorder _____
 Date 2/25/11


 Chair _____


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