

## REGIONAL MANAGEMENT GROUP MEETING

**Date:** May 27, 2011

**Time:** 9:00 a.m.

**Attendees:** Cindy Kemp, George Braunstein, Tom Maynard, Maximilien Del Rio, Carol Layer, Cindy Koshatka, Justin Lux, Barbara Martinez (for one hour), Mark Diorio (at 11 am)

**Guests:** Olivia Garland (via conference call for one hour)

**Recorder:** Justin Lux and Cindy Koshatka

Call to Order: Cindy Koshatka called the meeting to order at 9:00 a.m.

Notes: Notes from April 29, 2011 meeting were approved with one change.

Handouts: *Agenda, RMG Meeting Notes (April 29, 2011), Regional Utilization Management Report, FY11 HPR II Regional Funds Budget Status, LIPOS Budget Projection, Child MH Expenditure Report, Proposal for Residential Crisis Stabilization Program Funding (for Inova CIC Center), NVMHI Bed Purchase Extension MOA*

**Announcements:**

Justin Lux has taken a job with aol. His last day with NVRPO will be June 10, 2011.

| TOPIC                      | DISCUSSION  | REC/ACTIONS   | RESPONSIBLE PARTY       | FOLLOW-UP/DATE                            |
|----------------------------|---|---|-------------------------|---|
| <b>NVMHI MOA</b>           | NVMHI MOA that extended HPR II's purchase of 13 beds through December 31, 2011 was reviewed and revised to indicate transfer of the \$750,000 cost. Payments will be issued in two quarterly payments. Second quarter invoice will be reduced if NVMHI can achieve cost savings on operating the 13 beds, such as hiring a P-14 psychiatrist. | Revise MOA to reflect RMG updates.<br>RMG agreed to sign MOA<br>John P at NVMHI will invoice RPO            | RPO<br><br>RMG<br>NVMHI | Get signatures at 6/24 RMG meeting        |
| <b>MOAs with Four CSBs</b> | Four MOAs (regarding provision of prescreenings for persons needing recommitment at ESH, PGH, CSH, and WSH) with Colonial, Crossroads, PD 19, and Valley CSBs were updated.   | No changes recommended except for extension to next fiscal year<br>Send to four CSBs for their ED signature | 5 EDs<br><br>RPO        | Get 2 more signatures at 6/24 RMG meeting |
| <b>Wounded</b>             | <ul style="list-style-type: none"> <li>• State has issued a new WWP MOA that is different from</li> </ul>   |   |                         |   |

## REGIONAL MANAGEMENT GROUP MEETING

| TOPIC                               | DISCUSSION  | REC/ACTIONS  | RESPONSIBLE PARTY  | FOLLOW-UP/DATE   |
|-------------------------------------|---|--|--|--|
| <b>Warrior MOA</b>                  | <p>the prior MOA</p> <ul style="list-style-type: none"> <li>• State wants more non-Loudoun consumers served, wants more control of operations, wants veterans for various events; Loudoun CSB is willing to work with them, i.e., willing to set goals for non Loudoun consumers, offer invitations to vets for various events</li> <li>• Data entry – CSB is concerned over specific client related information going to state without a signed release</li> <li>• State wants operational control; Loudoun County (attorney) can't accept clinical liability without operational control</li> </ul> | <p>Send revised MOA to state and see if they agree with revisions<br/>Keep RMG updated on status</p>   | <p>T. Maynard<br/><br/>T. Maynard</p>  | <p>5/31/11</p>   |
| <b>Partnership Meeting Planning</b> | <p>Discussion regarding future directions for the Partnership meeting: Ideas included:</p> <ul style="list-style-type: none"> <li>• Theme based meetings so people can attend based on their interests</li> <li>• Advertise meeting agenda in regional newsletter</li> <li>• Offer call-in opportunity</li> <li>• Pursue availability of vouchers for travel and child care</li> <li>• Consider outreach to stakeholders</li> </ul> <p>Child services proposal came from this Partnership meeting</p>   | <p>Continue meeting quarterly<br/>Create interest survey that can go into the newsletter and can be used at the next meeting<br/>Set priorities at next Partnership meeting</p> <p>Sent to VACSB and DBHDS for funding considerations</p>  | <p>C. Koshatka<br/><br/>C. Kemp, M Del Rio<br/><br/>C. Kemp</p>                          | <p>6/24/11<br/><br/><br/>Completed</p>                       |
| <b>Regional Recovery SA Center</b>  | <p>Funding request to the region of \$80,000 for embedding DD peer run recovery services into existing peer run consumer drop-in centers. FFC, Arlington, and Alexandria are partnering for regional peer support and ongoing substance abuse peer support services</p> <p>Loudoun and PW CSBs will potentially join if they can contribute \$10K each for two years (or ideally on an ongoing basis)<br/>SA Directors crafted this recommendation; ask them to give us an update about how to move forward</p>   | <p>Approved \$160,000 (\$80,000 x 2 years) of one time recovery funds (retained earnings)<br/>Consider using part or all of \$79,199 of ongoing recovery funds after CIC award has been announced<br/>Review this option</p> <p>Talk to J. Bullock Chair<br/>Draft RFP for RMG</p> | <p>RMG<br/><br/>RMG<br/><br/>T. Maynard and T. Geib<br/><br/>C. Kemp<br/>B. Martinez</p> | <p>Next RMG meeting<br/><br/>ASAP<br/><br/>ASAP<br/>ASAP</p> |

## REGIONAL MANAGEMENT GROUP MEETING

| TOPIC                                   | DISCUSSION   | REC/ACTIONS  | RESPONSIBLE PARTY                              | FOLLOW-UP/DATE              |
|---|--|--|--|-----------------------------|
| <b>New ID Funding</b>                   | Joan Beasley is known expert on ID model called START. She believes that there should be designated CSU for ID consumers. Use existing services and add/supplement new services, train staff, build crisis system. Use existing facilities as backup to community when needed.   | HPR II has been selected as the first locality to work with Dr. Beasley<br>Send START summary to RMG     | C. Koshatka                                    | ASAP                        |
| <b>Durman Contract</b>                  | Contract expires on 6/30/11.<br>No new identified tasks at this point.   | Renew contract for next FY.  | B. Martinez                                    | ASAP                        |
| <b>Crisis Intervention Center (CIC)</b> | Proposal sent to DBHDS on 5/20/11<br>Additional money for security staff to accommodate Transfer of Custody was requested<br>City of Fairfax has questions about this project<br>Outreach to State legislators to discuss the project: Explain how we are addressing acute care needs of consumers in our region, filling in part of the crisis continuum of care. | Meeting at 1pm to discuss CIC center<br><br>Meet with City Council                                       | G. Braunstein,<br>C. Kemp<br><br>G. Braunstein | Ongoing                     |
| <b>Medication</b>                       | Medication repackaging training is a new 1 ½ day training per a memo from M. O'Connor  | Considered regional training but instead leaving it to the CSB Medical Directors to arrange the details  |  |                             |
| <b>Training for CSB Psychiatrists</b>   | Need transfer of knowledge. All of our ID expertise is in Mike Sherer. Consider having CSB psychiatrists sit alongside him to gain knowledge, skills, expertise, etc.  | Develop plan for this training, including time commitment, how to apply<br><br>Consider outcome measures | C. Koshatka,<br>M. Diorio                      | Next RMG meeting on 6/24/11 |
| <b>VACSB Public Policy Committee</b>    | VACSB will be making recommendations for budget priorities for the state in the next two weeks.<br>Child proposals are the #1 priority at this time.<br>Adult proposals will be reviewed on June 1.<br>Proposals will be rank ordered<br>CIC proposal if not completely funded will be included  | Develop a proposal for Adult RDAP funding<br>Ask for budget amendment if needed                          | C. Koshatka to<br>G. Braunstein<br>RMG         | 5/31/11                     |
| <b>Human Services Presentation</b>      | Scheduled for June 17 at NVRC.<br>C. Kemp is not available.  | Confirm expectations with M. Gilmore   | C. Koshatka                                    | 5/31/11                     |

## REGIONAL MANAGEMENT GROUP MEETING

| TOPIC                     | DISCUSSION   | REC/ACTIONS  | RESPONSIBLE PARTY                     | FOLLOW-UP/DATE               |
|---------------------------|--|--|---------------------------------------|------------------------------|
| <p><b>Budget</b></p>      | <p>Child MH: Have accrued approximately \$90,000 of expenses in the Child MH project for acute hospitalizations. Plan proposed to continue admissions through June 20<sup>th</sup>. The goal is to fully expend these funds without leaving a balance. Any overspending will be disbursed from LIPOS carryover funds.</p> <p>LIPOS Projections: Projected and actual expenses have risen relative to FY 2010. We will incur a liability of approximately \$300,000 for claims received in FY12 for hospitalizations during FY11.</p> <p>Regional budget summary presented.</p> | <p>Approved</p> <p>LIPOS increases are partly a result of increased LOS at NVMHI: More serious clinical issues, new staff. Importance of crisis avoidance. Review admissions to determine whether some could have been diverted: Present to NVMHI UM Committee</p> | <p>RMG/NVRPO</p> <p>C. Koshatka</p>   | <p>June 2011</p>             |
| <p><b>Data</b></p>        | <ul style="list-style-type: none"> <li>• 54 LIPOS admissions; 30 used LIPOS more than once</li> <li>• 62 NVMHI admissions: Lower than usual. Occupancy rate is 98%; 50% of admissions were TDOs; 34% of admissions had insurance; 19 persons have stayed longer than 2 years</li> <li>• 209 commitment hearings: Higher than monthly average; 17 out of region TDOs</li> <li>• 58 CSU admissions</li> </ul>  | <p>Continue to review LIPOS high utilizers with Aftercare Managers</p> <p>Review TDOs and insured admissions to NVMHI with Emergency managers</p>  | <p>C. Koshatka</p> <p>C. Koshatka</p> | <p>Ongoing</p> <p>6/2/11</p> |
| <p><b>Round Robin</b></p> | <p><b>NVMHI:</b> Possible gradual bed reduction at NVMHI prior to 12/30/11. Adding psychiatrists.</p> <p><b>Arlington:</b> Gap for assisted living for ID and MH. 8 years ago the County purchased 30 bed ALF for ID and MH and transformed to 52 bed unit modeled after Stevenson Place. Coming online soon as Mary Marshall Center: 100 people on the waiting list. VOA will be contractor for services (facility and services). Individuals get auxiliary grants.</p> <p>Review of children's services: Hired consultant, plans for a</p>                                   | <p>Consider privatizing part of NVMHI (the closed unit) and subcontract with NVMHI so insurance can stay in the region</p>   | <p>RMG</p>                            |                              |

## REGIONAL MANAGEMENT GROUP MEETING

| TOPIC | DISCUSSION  | REC/ACTIONS | RESPONSIBLE PARTY | FOLLOW-UP/DATE |
|-------|---|-------------|-------------------|----------------|
|       | <p>major review and transformation of services.<br/>Review of nursing: Hired consultant.</p> <p><b>Loudoun:</b> Margaret Graham has made great accomplishments in the Developmental Services division. Opening 6 bed ICF next week; Community Residences Inc. is running the program.</p> <p><b>Fairfax-FC:</b> In process of expanding intensive case management with six new teams. Expanding medical detox beds by 5 as of July 1, 2011. Negotiations with Amerigroup to provide medical home for CSB consumers.</p> <p><b>Alexandria:</b> Received \$25K grant to upgrade software for Methadone program</p> <p><b>NVTC:</b> 158 persons at NVTC; 2 are ready to leave. Monthly meetings regarding admissions and discharges with CSBs and DBHDS are going well. New Clinical Director, Kevin Shock, will start on 6/1/11. Dental externship has funding for next year. Construction at NVTC is 4-6 weeks behind. NoVA regional ID plan – status is undetermined. Nancy Mercer of the ARC has resigned.</p> |             |                   |                |

**Adjournment:** The meeting was adjourned at 12:00 p.m. The next meeting will be on June 24, 2010, at 9:00 am in at Chantilly Suite 275.

**Items for next meeting:**

\_\_\_\_\_  
Recorder

\_\_\_\_\_  
Date

\_\_\_\_\_  
Chair

\_\_\_\_\_  
Date