

REGIONAL MANAGEMENT GROUP MEETING

Date: November 18, 2011

Time: 9:00 a.m.

Attendees: George Braunstein, Tom Geib, Maximilien Del Rio, Mike Gilmore, Cindy Koshatka, Mark Diorio, Cindy Kemp, Stephanie Clements

Guests: None.

Recorder: Julie Parkhurst

Call to Order: Tom Geib called the meeting to order at 9:00 a.m.

Notes: Notes from October 28, 2011 meeting were approved.

Handouts: Agenda, RMG Meeting Notes (October 28, 2011), Regional Utilization Management Report, FY12 HPR II Regional Funds Budget Status, LIPOS Budget Projections.

Announcements: None.

TOPIC	DISCUSSION	REC/ACTIONS	RESPONSIBLE PARTY	FOLLOW-UP/DATE
Updates	<ul style="list-style-type: none"> • Crisis Project: Renovation costs are being determined and staff is being recruited. Additional beds will not be available until Spring 2012. • START Project: The RFP is out and will close on 12/16/11. The selection committee hopes to have a selection made by the end of February 2012. HPRs I and II are both soliciting a vendor for the project. ES will need to participate in several trainings as the first responders to obtain a level of comfort working with the ID population. • Value Options: There has been some difficulty getting meaningful communication. A Powerpoint presentation that explains the role of Medicaid has been requested by G. Braunstein. Value Options is responding to the RFP. The timeline is unchanged. • VICAP: Transition to new software has been an issue for authorizations. Referrals have dropped by about 1/3, causing concern. M. Gilmore and G. Braunstein 	<p>Clarify a start date for crisis beds. Keep J. Pezzoli informed.</p> <p>Ask B. Buescher if recordings of the trainings can be made through the County media center. Also ask J. Rodgers if trainings can be put in E-learning so others can access it.</p> <p>Send a memo to RMG with Powerpoint when finished.</p> <p>Assistance to Prince William CSB was offered if needed.</p>	<p>RMG</p> <p>G. Braunstein</p> <p>C. Koshatka</p> <p>G. Braunstein</p> <p>G. Braunstein</p>	

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Updates (cont.)	<p>attended the last meeting. Problems exist with Keypro overriding CSB recommendations and authorizing services not CSB recommended (but only 5% of the time). Prince William CSB is using in-school staff to help see clients in a timely way. Fairfax-FC CSB has problems with no-shows and language translation.</p>			
Discussion	<ul style="list-style-type: none"> • ROI Training: C. Koshatka attended this training and is interested in further exploration of this software. • RAFT/ALF/Funding: T. Gleeson wants to move 10 clients from Monroe House to Mary Marshall. Arlington county owns the facility and will absorb costs for the 2 Arlington clients but not the 8 non-Arlington clients; more funds would be needed (\$15K per client). This move will reduce staff travel time. The new facility is near Cherrydale NH which is where the RAFT residents are. C. Kemp asked Alexandria and Fairfax if they felt it was in the best interest of their clients to move. Consider the quality of care being given. G. Braunstein emphasized that this has to be about the clients and not about the staff and RMG will have questions for T. Gleeson. T. Gleeson is alerting the oversight meeting today. • CSUs/Insurance: Access and Woodburn Place accept consumers with commercial insurance for their own CSB but not regional consumers. All CSUs take consumers with Medicaid and Medicare. Brandon House does not take anyone with insurance. It was suggested that we negotiate with insurance companies to get our CSUs in their networks. It was recommended that we endorse insurance at CSUs if clinically appropriate. • Gateway: At the region's request, Gateway is working on fee contracts for each resident where the residents will be required to pay more for their placement than previously. This change is likely to cause a stir so EDs are asked to be prepared for questions/frustration. Meetings are currently taking place monthly with Gateway, NVRPO, and representations from the After 	<p>Determine measures applicable to the region. Reach out to 5 CSBs to form a committee, make a FAQ list and determine tracking criteria. Talk to S. Horan as needed.</p> <p>Explore whether CSUs can join more insurance networks as specialty care. Talk to J. Stratoudakis.</p> <p>Phase in consumer contribution over 3 month period starting 1/1/12.</p>	<p>C. Koshatka</p> <p>C. Koshatka</p> <p>NVRPO</p>	<p>≤ July 2012</p> <p>ASAP</p> <p>1/1/12</p>

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<p>Discussion (cont.)</p>	<p>Managers group; the next one will be held 11/30/11. Monthly meetings with Fellowship ICRTs and Willow Lane are being considered as well.</p> <ul style="list-style-type: none"> • Legislative Liaisons: Prince William is setting up individual meetings with new delegates and senators to present regional priorities (beds in Northern Virginia). DOJ has a Senate Committee meeting at NVTC on 12/5/11. Issues with day provider/employment rates if cuts are made to program enhancements will be addressed. Additional waivers are to be implemented over the next few years but housing and services will be needed. There are issues with supplements. The flat rates are inadequate for those being served. • Transportation: Aftercare transportation ideas include purchasing staff time to use vans at PGH and NVMHI. ES has different needs. • PGH Meeting: The next PGH meeting will be held in Loudoun via polycom on Dec. 7. • SA Recovery Center: A vendor has been chosen but not yet announced. The contract will be awarded within the next week and will start on 12/1/11. 	<p>Track cost of transport to OOR hospitals on TDO. Utilize mileage and police salaries.</p> <p>Review existing rationale for wrap-around services. Forward data to C. Koshatka. Add to agenda for December for Medicaid discussion.</p> <p>More concrete information will be provided at December meeting.</p> <p>Move meeting to Fairfax. Utilize PGH tracking system.</p> <p>Region via Fairfax will be invoicing CSBs for \$10K per CSB.</p>	<p>NVRPO</p> <p>All S. Clements C. Koshatka</p> <p>NVRPO</p> <p>C. Koshatka</p> <p>NVRPO</p>	<p>ASAP</p> <p>Dec 2011 ASAP Dec 2011</p> <p>Dec 2011</p> <p>ASAP</p> <p>ASAP</p>
<p>Budget</p>	<ul style="list-style-type: none"> • Regional Budget and Retained Earnings: The regional budget and retained earnings were discussed and reviewed. NVRPO hopes to make an offer to someone for the financial position. • LIPOS Budget Projections: LIPOS handout was discussed and reviewed. • State Budget: NVRPO is not required to go through the 2-4-6% budget cut exercise this year. Education is off the table. DBHDS may have specific cuts but not general fund money. There may be some new money, but not much. Fairfax is building two group homes for ID that will be funded with CVTC funds and waiver money. 			

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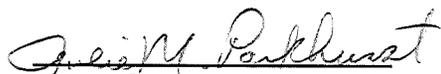
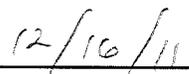
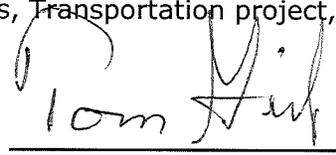
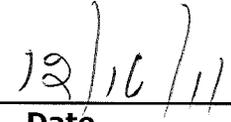
TOPIC	DISCUSSION	REC/ACTIONS	RESPONSIBLE PARTY	FOLLOW-UP/DATE
Data	<p><u>LIPOS</u>: 43 admissions in 10/11. Average LOS is 6.3. Most admissions went to Dominion Hospital. 8 PHP admissions YTD. 23 consumers stayed longer than 12 days YTD.</p> <p><u>NVMHI</u>: 63 admissions in 10/11. 29% TDOs YTD. 30% insured, 29% transferred from LIPOS – 92% occupancy.</p> <p><u>NVTC</u>: 0 regular admissions/discharges for first quarter FY12. 16 respite admissions and 14 discharges for first quarter FY12. 1 emergency admission and no discharges for first quarter FY12. Census=155; census for other TCs=58.</p> <p><u>RDAP</u>: 36 ongoing RDAP plans for first quarter FY12.</p> <p><u>TDOs</u>: 188 commitment hearings were held in 10/11 and 21 clients went out of region.</p> <p><u>Crisis Care</u>: 51 admissions in 10/11; 72% diversion, 25% step-down, 2% NGRI and .4% TDO/CMA YTD. 65% occupancy for 10/11. 39% had a SA diagnosis; 1 admission was a person with ID.</p>	8 of the 30 people currently on the EBL are NGRI.		
Round Robin	<p>Arlington: Arlington is waiting to hear whether there will be any budget cuts or not.</p> <p>NVMHI: A social worker has been recruited. The legislative breakfast will take place on 12/13/11 from 10 a.m. to 12 p.m. M. Del Rio will give an overview of services and stress the importance of adequate funding.</p> <p>NVRPO: START funding should be known today and will be shared when obtained. Note the November and December RMG meetings will take place on the third Friday of the month due to the holidays.</p> <p>Alexandria: Emergency Operations Center will be in effect for Occupy protests. The City is preparing for 6% cuts (approximately \$3 million).</p> <p>NVTC: NVMHI and NVTC are sharing Tim Simmons (HR advocate). Senate Finance HHS Subcommittee will take place on 12/5/11 from 10 a.m. to 12 p.m. in the gym. CSB Executives will have speaking time through VACSB. Mark</p>			

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Round Robin (cont.)	<p>will give a presentation about NVTC. Efforts to move people who wish to move out of NVTC continue; there are currently 18 people who wish to move to an alternative community residential location. There have been several NVTC admission requests, but the individual needs to be eligible for ICF/ID level of care. Some private providers are demanding guardians and not ARs, as health care professionals and local hospitals will not readily accept a signed treatment consent from an AR. Charlie Jones is the new Social Work Director and Dr. Philippe Kane is the new Psychology Director.</p> <p>Fairfax: Fairfax will not know about budget cuts until early 2012. New cuts will impact services.</p> <p>PW: No guidelines regarding the budget.</p>	<p>Teleconferencing with Prince William ADC was offered.</p>	<p>G. Braunstein</p>	

Adjournment: The meeting was adjourned at 11:45 a.m. The next meeting will be on December 16, 2011, at 9:00 a.m. in Chantilly.

Items for next meeting: Medicaid wrap-around services, Transportation project, SA Recovery update.

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