

REGIONAL MANAGEMENT GROUP MEETING

Date: February 24, 2012

Time: 9:00 a.m.

Attendees: George Braunstein, Mike Gilmore, Cindy Koshatka, Mark Diorio, Cindy Kemp, Maximilien Del Rio, Stephanie Clements, Margaret Graham, Lisa Madron, Tom Young

Absent: Tom Geib, Joe Wilson

Guests: Jim Stewart, Olivia Garland, Heidi Dix, John Pezzoli, Alan Wooten, Phil Caldwell, Joanna Barnes, Barry Seaver, Jen Kurtz, Glenda Blake, Evan Jones, Peggy Lawrence, Lee Price, Jay Benz, Keven Schock, Brian Mack, Kelly Rhineheimer, Lara Lafin, Carol Layer

Recorder: Julie Parkhurst

Call to Order: Mike Gilmore called the meeting to order at 9:00 a.m.

Notes: Notes from January 27, 2012 meeting were approved and signed.

Handouts: Agenda, RMG Meeting Notes (January 27, 2012), Regional Utilization Management Report, FY12 HPR II Regional Funds Budget Status, LIPOS Budget Projections, U.S. DOJ & VA Settlement Agreement, Letter to Heidi Dix from Arlington CSB, Questions Regarding DOJ Settlement.

Announcements: None.

TOPIC	DISCUSSION	REC/ACTIONS	RESPONSIBLE PARTY	FOLLOW-UP/DATE
Brief Updates	<ul style="list-style-type: none"> • <u>RAFT:</u> The RAFT team will not be moving to Arlington and things are going well with the program. • <u>Crisis Project:</u> Repairs are in progress and will take six to eight weeks to complete. Project is anticipated to begin in August, possibly sooner. • <u>SA Recovery:</u> CSBs will be billed in July. C. Kemp had asked for positions to be equal among CSBs but SA directors are satisfied as is. • <u>Deaf:</u> The next meeting will be held on March 6, 2012 at WSH. \$23K of deaf funding from the state is currently available to the Region. Hospitals do not have resources. Fairfax has a contract with a video signing 	<p>Have an SA representative from Fairfax come to explain the project.</p> <p>Look at local resources for short-term clients.</p>	<p>G. Braunstein</p> <p>RMG</p>	<p>April 2012</p> <p>ASAP</p>

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<p>Brief Updates</p>	<p>provider.</p> <ul style="list-style-type: none"> • Juvenile Justice Grant: A meeting will be held with GMU in mid-March. Carolyn Castro-Donlan is leading this project and is interested in determining interest from CSBs in our region. • NVMHI Budget Amendment: The State will possibly contribute \$900K if the region does a match. Explore what type of match is proposed. Maintaining 15-20 beds in northern Virginia will cost \$2 million. VACSB will advocate for Northern Virginia but needs to know what amount is needed. NVMHI is trying to hire psychiatrists. • Fairfax Adolescent Beds: Fairfax Hospital has stopped admissions of adolescents because of concerns of our local licensing staff. This reduced capacity for adolescent admissions might create a problem for Fairfax-Falls Church CSB and possibly for others if Fairfax-FC CSB starts using more beds at Dominion Hospital. 	<p>Get input from T. Geib so G. Braunstein can get language to VACSB.</p> <p>Monitor</p>	<p>G. Braunstein/ T. Geib</p> <p>NVRPO</p>	<p>By 2/27/12</p> <p>Ongoing</p>
<p>Budget</p>	<ul style="list-style-type: none"> • Regional Budget: LIPOS is currently \$200k in deficit. Only the LIPOS column was updated. 			
<p>Data</p>	<p><u>LIPOS:</u> 49 admissions in 1/12. Average LOS is 6 days. Most admissions went to Dominion. 15 PHP admissions YTD. 32 consumers stayed longer than 12 days YTD.</p> <p><u>NVMHI:</u> 60 admissions in 1/12. 27% TDOs YTD. 30% insured, 29% transferred from LIPOS – 91% occupancy. 27 people on the EBL. 1 ID admission.</p> <p><u>TDOs:</u> 200 commitment hearings were held in 1/12 and 19 clients went out of region.</p> <p><u>Crisis Care:</u> 69 admissions in 1/12; 76% diversion, 22% step-down, 1% NGRI and .6% TDO/CMA YTD. 82% occupancy for 1/12. 40% had a SA diagnosis; 2 admissions had an ID diagnosis.</p>	<p>Discuss telepsychiatry because psychiatric services are not available 24/7 at some CSBs. Explore w/Medical Directors regarding collaboration.</p> <p>ACCESS CSU will increase capacity by 2 beds.</p>	<p>NVRPO</p> <p>C. Koshatka/ S. Clements</p>	<p>ASAP</p> <p>ASAP</p>

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ID/DOJ Discussion	<p>Presentation by Commissioner Stewart: Three primary findings came out of the settlement agreement between the Commonwealth of Virginia and DOJ. 1) Resources are not integrated. 2) Community capacity is not adequate, and 3) Discharge procedures at training centers are inconsistent. By 2015/16, there will be fewer than 150 people in training centers in Virginia. The State could not keep the training centers open or get enough waivers to meet needs. Currently, 805 waiver slots are guaranteed for training center discharges.</p> <p><u>Community Capacity:</u> Hopefully, workers will move to alternatives created in the communities and there will be more home care with respite supports. Expansion in provider capacity is expected to take place in 18 months and onward.</p> <p><u>Discharges:</u> DOJ expects discharge processes to be extremely individualized. The discharge process will include five DBHDS community integration staff to be sure process is consistent. Meetings will take place within six weeks for people who want to move. Barriers need to be worked and completed by target dates.</p> <p><u>Regional response:</u> Work will be done regionally. Northern Virginia needs a business plan. Case management needs to be a separate role from the provider. Licensure and human rights will be expanded. There will be greater transparency in data elements and requirements. Lack of transportation is a concern. The reimbursement rate for the waivers is still being reviewed.</p> <p><u>Review of letter from RMG to DBHDS:</u> \$985K for START is ongoing. Trust fund is one-time money at this time. \$30M of ongoing money is needed.</p>	<p>Develop specialties like RCSC in communities.</p> <p>Additional training will be given to providers to ensure competency.</p> <p>Prepare case managers for a new view of their job role as they will be the front line in accountability.</p> <p>Data elements and requirements will be independently reviewed</p> <p>Communication with parents must be consistent between the State and the CSBs.</p>	<p>Region</p> <p>State</p> <p>CSBs</p> <p>John Fletcher</p> <p>State/CSBs</p>	<p>Ongoing</p> <p>ASAP</p> <p>Ongoing</p> <p>Ongoing</p> <p>Ongoing</p>

Adjournment: The meeting was adjourned at 12:00 p.m. The next meeting will be on March 30, 2012, at 9:00 a.m. in Chantilly.

Items for next meeting: Advance Directives

Julie M. Parkhurst 4/27/12
 Recorder Date

Tom Hill
 Chair

4/26/12
 Date