REGIONAL MANAGEMENT GROUP MEETING

Date: June 22, 2012 **Time:** 9:00 a.m.

Attendees: Tom Geib, George Braunstein, Mike Gilmore, Joe Wilson, Cindy Kemp, Mark Diorio, David Lyon (by phone), Cindy Koshatka, Tom Young, Lyanne Trumbull, Stephanie Clements.

Absent: None.

Guests: Heidi Dix, Margaret Graham

Recorder: Julie Parkhurst

Call to Order: T. Geib called the meeting to order at 9:00 a.m.

Notes: Notes from May 25, 2012 meeting were approved and signed.

Handouts: Agenda, RMG Meeting Notes (May 25, 2012), Regional Utilization Management Report, FY12 HPR II Regional Funds Budget Status, LIPOS Budget Projections, START Updates: June 2012, START Services DD letter, Needs and Issues of NOVA Population, ID Needs, Encryption.

TOPIC	DISCUSSION	REC/ACTIONS	RESPONSI-BLE PARTY	FOLLOW-UP/DATE
MH	**Northern Virginia Bed Study:** • Study participants are being recruited from among NVMHI, CSBs, and private hospitals. Community alternatives will be explored. • R. Romano did a presentation on unexecuted TDOs and has comparative statewide data.			
	CSU Project: • Just over $1 million is available for crisis care. Prince William CSB is the fiscal agent and is drafting a scope of work that includes capacity for detox and TDOs. RFP is expected to be published by August. Two models are being requested, a six bed and an 8 bed facility.	Reach out to SA directors to see what they are aware of.	CSBs	ASAP
	• Training from Dr. Mee-Lee on ASAM model regarding substance induced emergencies is an option if funding is available. • M. Randall asked Prince William CSB to be on a workgroup regarding SA clients threatening suicide to get to a State hospital.	C. Castro-Donlan will let C. Koshatka know what the cost is.	RMG	7/27/12

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ID	**Day Support Contracts:** • Handouts were distributed by M. Graham and M. Diorio. • Some CSBs use many vendors and others use only a few. Vendors must offer a lower rate to other jurisdictions if they offer it to one. The contracts process is changing in Fairfax so higher rates will include proof of need. • 1,255 people are being supported by the Fairfax day support budget. A consultant will be coming to Fairfax by the end of the summer with recommendations ready by the end of 2012. • The contract is in effect until 2015. If the model changes, a new RFP can go out.	Jurisdictions will decide whether they want to be on Fairfax's contract or not. Revisit in August.	CSBs RMG	 Aug. 2012
	START: • Handout of START highlights was distributed. • State stakeholder meeting will take place on 6/25/12 in Henrico. • SIRS database is being piloted in Region III. • Lori Pumphrey is the START Director who started on 6/18/12. Phillipe Kane is the START Clinical Director. They will be interviewing coordinators next week • A home has been purchased in Woodbridge and is being renovated with an expected operations date of September/October 2012. • START presented to MVLE this week. L. Pumphrey will be visiting each CSB's ID Directors. • Director and Regional office are working on licensing. The team can consult but cannot provide services until licensing is in place. A few referrals have already been made. • If ES needs START services, they will have a number to call and START coordinators will be on call 24/7. START is designed as a complement to existing services and is not replacing anything. • The proposal regarding RCRT will go to RMG in July. • A letter was distributed regarding additional funding. $1.5 million is available for FY13. • Language regarding DD will be added to START MOA.	Train CIT programs in our region Waiver process will be revised. Letters will go out around the end of the summer.	START DBHDS	Fall Next 2 yrs
	RFI: • 29 responses were received in response to the RFI and did not include as much detail as was hoped. No costs were received. • RMG would like to know what capacity vendors have to serve NVTC residents. Providers will need to develop capacity for various placements along a timeline.			

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ID (cont.)	• Summarize needs of NVTC residents. **Regional ID Stakeholders Group:** • The NVRC handout will be distributed at the meeting this afternoon.	Create a matrix with costs per person. Categorize by residential, day support, transportation. Include what waiver will cover and what wavier will not cover.	ID Directors	August 2012
Updates	**MOAs:** MOAs were signed for SAARA, START, and recert hospitals. **Child Funding:** • A child proposal for $300k for 24/7 in-home, child psychiatry and MCU is due 7/27/12. The goal is to keep youth at home, in school and functioning in their communities. • A. Berenson is the lead. He will coordinate with C. Koshatka. **Encryption:** • Digital certificates are being pursued by the CSBs except for Arlington. A handout was distributed. • DBHDS will pay for two per CSB • One time funds may be needed to fund other persons who need these certificates.	Alert CSB Youth lead about proposal due to RMG on 7/20/12 and discussed at the phone meeting on 7/23/12. Retained earnings will be discussed at next RMG meeting	EDs RMG	7/20/12 and 7/23/12. July 2012
Budget	**Regional Budget Updates:** • $283,281 will come back to the region from NVMHI. • Just over $1 million will be transferred to Prince William for the CSU project. • $4,638 is being returned from the Wounded Warrior Project. **Wounded Warrior:** • J. Thur would like to attend the RMG in July or August. • Three budget scenarios were presented. Scenario 1 was chosen. Project can request unexpended funds if needed. **VACSB Budget Priorities:** • C. Koshatka is creating a document regarding RDAP money for G. Braunstein. Aftercare Managers are requesting a facility (greenhouse model) with nursing home level of care and an ICRT+. • RAFT would like $100K for three additional ALF beds	Close out FY12 and discuss child MH retained earnings. Forward to G. Braunstein.	NVRPO/RMG C. Koshatka	7/27/12 By 6/25/12

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Data	**LIPOS:** 14 admissions in 5/12. Average LOS is 5.4 days. Most admissions went to Mt. Vernon. 20 PHP admissions YTD. 35 consumers stayed longer than 12 days YTD. **NVMHI:** 76 admissions in 5/12. 23% TDOs YTD. 17% were insured, 89% occupancy. 24 people on the EBL. 2 ID admissions. **TDOs:** 178 commitment hearings were held in 5/12 and 13 clients went out of region. **Crisis Care:** 68 admissions in 5/12; 76% diversion, 22% step-down, 1% NGRI and 1% TDO/CMA YTD. 87% occupancy for 5/12. 38% had a SA diagnosis; two had an ID diagnosis.			
Round Robin	**Arlington:** Access CSU is going from four to six beds. A new contract has been signed with Fellowship. The old location will be used as a transitional placement. A new place is being sought. Arlington was unable to apply for the National Council grant. **Loudoun:** A reorganization is taking place. Case management is being separated from therapy. Medicaid, Medicare and indigent persons are the focus. Those with private insurance will be forwarded to private providers. Completion is expected by September 2012. **Fairfax:** Buying eight homes through the housing department to be used for programs. Expanding urgent care services and taking off overload of Emergency Services. Services will focus on the SMI population. Credible EHR is up and running. **Alexandria:** Cindy Kemp, Mike Gilmore and ANSI are getting unsung hero awards next Thursday from the Virginia Healthcare Foundation. **Prince William:** Jackie Turner will replace Brian Miller as ID Director.			

Adjournment: The meeting was adjourned at 12:00 p.m. The next meeting will be on July 27, 2012, at 9:00 a.m. at Chantilly, Suite 200 Multipurpose Room.

Items for next meeting: Retained earnings

Julie M. Parkhurst 7/27/12
Recorder **Date**

Tom Hill
Chair

7/27/12
Date